**Highland Region Track and Field Championships 2025**

**Friday May 23 - Track Events**

10:00 a.m. 80 m Hurdles Timed Final Junior Girls

80 m Hurdles Timed Final Intermediate Girls

80 m Hurdles Timed Final Senior Girls

10:30 a.m. 100 m Hurdles Timed Final Junior Boys

100 m Hurdles Timed Final Intermediate Boys

100 m Hurdles Timed Final Senior Boys

11:00 a.m. 400 m Timed Final Junior Girls

400 m Timed Final Junior Boys

400 m Timed Final Intermediate Girls

400 m Timed Final Intermediate Boys

400 m Timed Final Senior Girls

400 m Timed Final Senior Boys

12:00 p.m. 100 m Semi Final Junior Girls

100 m Semi Final Junior Boys

100 m Semi Final Intermediate Girls

100 m Semi Final Intermediate Boys

100 m Semi Final Senior Girls

100 m Semi Final Senior Boys

1:30 p.m. 1500 m Timed Final Junior Girls

1500 m Timed Final Junior Boys

1500 m Timed Final Intermediate Girls

1500 m Timed Final Intermediate Boys

1500 m Timed Final Senior Girls

1500 m Timed Final Senior Boys

2:30 p.m. 100 m Final Junior Girls 100 m Final Junior Boy

100 m Final Intermediate Girls

100 m Final Intermediate Boys

100 m Final Senior Girls

100 m Final Senior Boys

**Highland Region Track and Field Championships 2025**

**Friday 23 May 2025**

**Time Field Events Officials (schools)**

10:00 a.m. Long Jump Senior Boys Bayview /

High Jump Junior Girls DAL / EREC

Triple Jump Intermediate Girls WEC/SAERC/BAD

Shot Put Junior Boys TEC / RECA

Discus Senior Girls CBHEC/A / MCS/MA

Javelin Intermediate Boys IEC/A / NDA

12:00 p.m. Long Jump Junior Boys Bayview /

High Jump Intermediate Girls DAL / EREC

Triple Jump Senior Girls WEC/SAERC/BAD

Shot Put Intermediate Boys TEC / RECA

Discus Junior Girls CBHEC/A / MCS/MA

Javelin Senior Boys IEC/A / NDA

2:00 p.m. Long Jump Intermediate Boys Bayview /

High Jump Senior Girls DAL / EREC

Triple Jump Junior Girls WEC/SAERC/BAD

Shot Put Senior Boys TEC / RECA

Discus IntermediateGirls CBHEC/A / MCS/MA

Javelin Junior Boys IEC/A / NDA

**Highland Region Track and Field Championships 2025**

**Saturday May 24 – Track Events**

10:00 a.m. 200 m Semi Final Junior Girls / Junior Boys

200 m Semi Final Intermediate Girls / Intermediate Boys

200 m Semi Final Senior Girls / Senior Boys

11:00 a.m. 800 m Timed Final Junior Girls / Junior Boys

800 m Timed Final Intermediate Girls / Intermediate Boys

800 m Timed Final Senior Girls / Senior Boys

12:00 p.m. 100 m Timed Final Special Athletes

12:10 4 X 100 m Timed Final Junior Girls / Junior Boys

4 X 100 m Timed Final Intermediate Girls / Intermed. Boys

4 X 100 m Timed Final Senior Girls / Senior Boys

1:30 p.m. 200 m Final Junior Girls / Junior Boys

200 m Final Intermediate Girls / Intermediate Boys

200 m Final Senior Girls / Senior Boys

2:30 p.m. 3000 m Final Junior Girls / Junior Boys

3000 m Final Intermediate Girls / Intermediate Boys

3000 m Final Senior Girls / Senior Boys

3:30 p.m. 4x400 Timed Final Junior Girls

4x400 Timed Final Junior Boys

4x400 Timed Final Intermediate Girls

4x400 Timed Final Intermediate Boys

4x400 Timed Final Senior Girls

4x400 Timed Final Senior Boys

**BANNER PRESENTATIONS 5:00 PM**

**Highland Region Track and Field Championships 2025**

**Saturday May 24**

**Time Field Events Officials (schools)**

10:00 a.m. Long Jump Intermediate Girls Bayview /

High Jump Senior Boys DAL / EREC

Triple Jump Junior Boys WEC/SAERC/BAD

Shot Put Junior Girls TEC / RECA

Discus Intermediate Boys CBHEC/A / MCS/MA

Javelin Senior Girls IEC/A /NDA

12:00 Long Jump Junior Girls Bayview /

High Jump Junior Boys DAL / EREC

Triple Jump Intermediate Boys WEC/SAERC/BAD

Shot Put Senior Girls TEC / RECA

Discus Senior Boys CBHEC/A / MCS/MA

Javelin Intermediate Girls IEC/A / NDA

1:00 p.m. Long Jump Special Athletes

1:30 p.m. Shot Put Special Athletes

2:00 p.m. Long Jump Senior Girls Bayview /

High Jump Intermediate Boys DAL / EREC

Triple Jump Senior Boys WEC/SAERC/BAD

Shot Put Intermediate Girls TEC / RECA

Discus Junior Boys CBHEC/A / MCS/MA

Javelin Junior Girls IEC/A /NDA