

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 1 Women 100 Meter Dash Novice**

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Bradbury, Sarah	E.L. Crossley		13.29Q	1.7	3
2 Kause, Kina	West Niagara		13.56Q	2.9	1
3 Eudovic, Indira	NotreDame		14.18Q	2.3	2
4 Kelly, Addison	AN Myer		13.86Q	1.7	3
5 Nolan, Juliet	West Niagara		13.90Q	2.9	1
6 Crossfield, Ciana	Eastdale		14.31Q	2.3	2
7 Anderson, Gillian	AN Myer		14.04q	1.7	3
8 Iheuwokwu, Emily	Eden High School		14.11q	1.7	3
9 Douglas, Rowen	West Niagara		14.34	2.9	1
10 Charbonneau, Bella	AN Myer		14.50	1.7	3
11 Greenridge, Arianna	Sir Winston Chur		15.04	2.3	2
11 Verroche, Eunice	Stamford Secondary		15.04	1.7	3
13 Marsden, Kylie	West Niagara		15.12	2.9	1
14 Malcolm, Alida	West Niagara		15.17	2.9	1
15 Vernal, Keneya	NotreDame		15.28	2.3	2
16 Wilson, Machara	E.L. Crossley		15.47	2.3	2
17 Ribaric, Adelaide	Laura Secord		15.62	2.3	2
18 Tiffin, Emersyn	Centennial		15.74	2.3	2
19 Allen, Myah	West Niagara		15.90	2.9	1
20 Laguerre, Sam	TSS,Thorold, ON		15.94	2.3	2
21 Cabio, Priya	Stamford Secondary		16.38	1.7	3
22 Alessandrino, Ava	Collegiate		17.54	2.9	1
23 Jacakin, Felicity	Stamford Secondary		18.14	1.7	3

Event 2 Men 100 Meter Dash Novice

Name	Year School	Seed	Prelims	Wind	H#
1 Goguen, MahKyri	AN Myer		11.29q	3.1	3
2 Corredor, Luis	AN Myer		11.39q	3.1	3
3 Woodside, Tryique	NotreDame		11.40q	1.8	1
4 Mohammed, Musab	Westlane		11.64q	2.9	2
5 Nunes, Luke	Sir Winston Chur		11.81q	2.9	2
6 Heidman, Anderson	West Niagara		11.93q	3.1	3
7 Goar, Dylan	West Niagara		12.00q	3.1	3
8 Cranston, King	Centennial		12.13q	3.1	3
9 Amofa, Josh	Eden High School		12.44	2.9	4
10 Abbas, Zayne	SOGS,St. Catharines		12.67	3.1	3
11 Raczkowski, Lucas	E.L. Crossley		12.76	2.9	4
12 Gane, Norman	Sir Winston Chur		12.93	2.9	2
13 Pickett, Calen	Ridley College		13.07	1.8	1
14 Garcia, Andreas	Laura Secord		13.08	2.9	4
15 Currie, Cyliss	Port Colborne		13.13	2.9	4
16 Taylor, Luke	Eden High School		13.16	2.9	4
17 Nakhuda, Rehan	Westlane		13.24	2.9	2
18 Zhao, Pukii	Ridley College		13.28	1.8	1
19 Csoli, Darwin	Laura Secord		13.33	2.9	4
20 Lees, Hudson	SOGS,St. Catharines		13.66	2.9	2
21 Jones, Aiden	West Niagara		13.72	3.1	3
22 Dritsakos, IIias	Ridley College		13.74	1.8	1
23 Kisozi, Elijah	Eastdale		13.76	1.8	1

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 2 Men 100 Meter Dash Novice**

24	Warden, Colton	Eastdale	14.14	1.8	1
25	Mann, Harkit	Westlane	14.41	2.9	2
26	Nathans, Quinn	Ridley College	14.47	1.8	1
26	Chang, David	Westlane	14.47	2.9	2
28	Verma, Armaan	E.L. Crossley	14.53	2.9	4
29	Abantao, Jacob	Stamford Secondary	14.77	1.8	1
30	Gutlay, Christian	Westlane	16.63	2.9	2

Event 3 Women 200 Meter Dash Novice

Name	Year	School	Seed	Finals	Wind	H#
Finals						
1	Henry, Aaliyah	AN Myer	27.87	3.6	2	
2	Dennis, Koko	Eden High School	28.09	3.2	3	
3	McGlynn, Maggie	E.L. Crossley	28.27	3.6	2	
4	Nolan, Juliet	West Niagara	29.18	2.0	1	
5	Kause, Kina	West Niagara	29.56	2.0	1	
6	Eudovic, Indira	NotreDame	29.90	3.6	2	
7	Kelly, Addison	AN Myer	30.30	3.6	2	
8	Douglas, Rowen	West Niagara	30.72	2.0	1	
9	House, Mackenzie	SOGS,St. Catharines	30.77	3.2	3	
10	Crossfield, Ciana	Eastdale	30.82	3.2	3	
11	Verroche, Eunice	Stamford Secondary	32.10	3.2	3	
12	Greenridge, Arianna	Sir Winston Chur	32.30	3.2	3	
13	Malcolm, Alida	West Niagara	32.70	2.0	1	
14	Helget, Brooklyn	West Niagara	32.76	2.0	1	
15	Marsden, Kylie	West Niagara	33.53	2.0	1	
16	Prince, Hailey	NotreDame	34.37	3.6	2	
17	Cabio, Priya	Stamford Secondary	34.61	3.2	3	
18	Alessandrino, Ava	Collegiate	37.06	2.0	1	
19	Allen, Myah	West Niagara	1:00.32	2.0	1	

Event 4 Men 200 Meter Dash Novice

Name	Year	School	Seed	Finals	Wind	H#
1	Mohammed, Musab	Westlane	23.90	2.4	1	
2	Woodside, Tryique	NotreDame	24.11	2.7	2	
3	Cranston, King	Centennial	24.90	2.7	2	
4	Nunes, Luke	Sir Winston Chur	25.18	2.7	2	
5	Heidman, Anderson	West Niagara	25.76	2.7	2	
6	Amofa, Josh	Eden High School	25.87	2.4	1	
7	VandenEnden, Job	Eden High School	27.18	2.4	1	
8	Pickett, Calen	Ridley College	27.75	2.7	2	
9	Currie, Cyliss	Port Colborne	27.83	2.7	2	
10	Csoli, Darwin	Laura Secord	27.84	2.4	1	
11	Garcia, Andreas	Laura Secord	28.25	2.4	1	
12	Nakhuda, Rehan	Westlane	29.03	2.4	1	
13	Chang, David	Westlane	30.24	2.4	1	
14	Abantao, Jacob	Stamford Secondary	32.35	2.7	2	
15	Gutlay, Christian	Westlane	35.17	2.4	1	

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 5 Women 400 Meter Dash Novice**

Name	Year School	Seed	Finals
1 Henry, Aaliyah	AN Myer		1:04.25
2 Dennis, Koko	Eden High School		1:05.70
3 Melmoth, Callie	SOGS, St. Catharines		1:14.90
4 Ward, Leah	Stamford Secondary		1:16.96
5 Verroche, Eunice	Stamford Secondary		1:17.21

Event 6 Men 400 Meter Dash Novice

Name	Year School	Seed	Finals
1 Mohammed, Musab	Westlane		56.10
2 Heidman, Anderson	West Niagara		59.70
3 Zahra, Cameron	Sir Winston Chur		59.94
4 Larsen, Wyatt	West Niagara		1:01.34
5 Lees, Hudson	SOGS, St. Catharines		1:06.38
6 Nakhuda, Rehan	Westlane		1:07.75

Event 7 Women 800 Meter Run Novice

Name	Year School	Seed	Finals
1 Guglielmi, Michaela	NotreDame		2:31.31
2 Bodner, Alyssa	Centennial		2:37.26
3 Macdonald, Violet	Laura Secord		2:38.73
4 Henry, Aaliyah	AN Myer		2:38.85
5 Mackie, Anissa	Laura Secord		2:54.24
6 Fredrich, Alexis	Port Colborne		3:02.52
7 Melmoth, Callie	SOGS, St. Catharines		3:04.33
8 Burgess, Mckayla	NotreDame		3:05.98

Event 8 Men 800 Meter Run Novice

Name	Year School	Seed	Finals
1 Garbes, Samuel	West Niagara		2:08.67
2 Miller, Jack	Sir Winston Chur		2:21.22
3 Savage, Evan	Sir Winston Chur		2:22.99
4 Zahra, Cameron	Sir Winston Chur		2:45.96
5 Al Khabteeb, Ali	West Niagara		3:15.35

Event 9 Women 1500 Meter Run Novice

Name	Year School	Seed	Finals
1 Quinn, Mazie	Sir Winston Chur		5:07.20
2 Guglielmi, Michaela	NotreDame		5:17.86
3 Bodner, Alyssa	Centennial		5:26.60
4 Macdonald, Violet	Laura Secord		5:28.05
5 Mackie, Anissa	Laura Secord		6:14.03
6 Fredrich, Alexis	Port Colborne		6:23.11
7 O Hara, Victoria	West Niagara		6:41.54

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 10 Men 1500 Meter Run Novice**

Name	Year School	Seed	Finals
1 Hallett, Deagen	Sir Winston Chur		4:25.24
2 Miller, Jack	Sir Winston Chur		4:43.42
3 Lindley, Cole	West Niagara		4:48.32
4 Millen, Jacob	Eden High School		4:57.04
5 Keksi, Dominc	NotreDame		4:58.48
6 Savage, Evan	Sir Winston Chur		4:59.61
7 Sloetjes, Nathan	Port Colborne		5:08.43
8 Troup, James	West Niagara		5:10.01
9 Radtke-Harris, Leo	West Niagara		5:21.43
10 Stafford, Will	Eden High School		5:27.26
11 Vernon, Daniel	Ridley College		5:40.94
12 Cunningham, Neil	Collegiate		6:12.63
13 Okabo-Small, Mordecai	Centennial		9:11.16

Event 11 Women 3000 Meter Run Novice

Name	Year School	Seed	Finals
1 O Hara, Victoria	West Niagara		14:32.60

Event 13 Women 80 Meter Hurdles Novice

Name	Year School	Seed	Finals	Wind
1 McGlynn, Maggie	E.L. Crossley		14.47	NWI
2 Cannon, Peytyn	SOGS,St. Catharines		16.46	NWI
3 Douglas, Rowen	West Niagara		16.50	NWI
4 Hunt, Sophie	West Niagara		17.61	NWI
5 Mamadova, Naila	SOGS,St. Catharines		17.89	NWI
6 Burke, Maeve	SOGS,St. Catharines		18.54	NWI
7 Helget, Brooklyn	West Niagara		19.95	NWI
8 Bradbury, Sarah	E.L. Crossley		20.00	NWI

Event 14 Men 100 Meter Hurdles Novice

Name	Year School	Seed	Finals	Wind
1 Jones, Aiden	West Niagara		20.04	NWI

Event 15 Women 300 Meter Hurdles Novice

Name	Year School	Seed	Finals
1 Nebesny, Maya	Sir Winston Chur		57.02
2 Kelly, Addison	AN Myer		57.47
3 Cannon, Peytyn	SOGS,St. Catharines		1:03.70
4 Burke, Maeve	SOGS,St. Catharines		1:05.77
5 Chcoski, Taylor	Sir Winston Chur		1:06.63

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 17 Women High Jump Novice**

Name	Year School	Seed	Finals
1 Rodgers, Savannah	Westlane		1.35m
2 Gray, Ali	Sir Winston Chur		1.26m
3 Dekker, Corie	Centennial		1.23m
4 Melmoth, Callie	SOGS, St. Catharines		1.15m
4 Mamadova, Naila	SOGS, St. Catharines		1.15m
4 Ihewuokwu, Emily	Eden High School		1.15m

Event 18 Men High Jump Novice

Name	Year School	Seed	Finals
1 VanBerkel, Kade	Eden High School		1.75m
2 Turner, Brycen	Centennial		1.55m
3 Nathans, Quinn	Ridley College		1.35m
3 Driedger, Eli	Eden High School		1.35m

Event 21 Women Long Jump Novice

Name	Year School	Seed	Finals	Wind
1 Tzvetkov, Sophia	SOGS, St. Catharines		5.23m	NWI
2 Ankersmit, Vaeda	Eden High School		4.76m	NWI
3 Ihewuokwu, Emily	Eden High School		4.75m	NWI
4 Henderson, Isla	E.L. Crossley		4.46m	NWI
5 Vernal, Keneya	NotreDame		4.10m	NWI
6 Wilson, Machara	E.L. Crossley		3.98m	NWI
7 Laguerre, Sam	TSS, Thorold, ON		3.95m	NWI
8 Knight Williams, LeAndri	AN Myer		3.93m	NWI

Event 22 Men Long Jump Novice

Name	Year School	Seed	Finals	Wind
1 Woodside, Tryique	NotreDame		6.55m	NWI
2 Goar, Dylan	West Niagara		6.23m	NWI
3 Hotham, Jordan	E.L. Crossley		5.27m	NWI
4 Abbas, Zayne	SOGS, St. Catharines		5.08m	NWI
5 Caron, Evan	Centennial		5.00m	NWI
6 Guindon, Xavier	E.L. Crossley		4.85m	NWI
7 Currie, Cyliss	Port Colborne		4.68m	NWI
8 Hooker, Daniel	Centennial		4.35m	NWI
9 Verma, Armaan	E.L. Crossley		4.32m	NWI
10 Kisozi, Elijah	Eastdale		4.15m	NWI
11 Warden, Colton	Eastdale		3.94m	NWI
12 Nathans, Quinn	Ridley College		3.90m	NWI
13 Jones, Aiden	West Niagara		3.88m	NWI
14 Hutchinson, Royce	E.L. Crossley		3.71m	NWI
15 Cunningham, Neil	Collegiate		3.27m	NWI

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 23 Women Triple Jump Novice**

Name	Year	School	Seed	Finals	Wind
1 McGlynn, Maggie		E.L. Crossley		9.12m	NWI
2 Nebesny, Maya		Sir Winston Chur		8.95m	NWI
3 Henderson, Isla		E.L. Crossley		8.59m	NWI
4 Rodgers, Savannah		Westlane		8.52m	NWI
5 Wilson, Machara		E.L. Crossley		8.41m	NWI
6 Bielecka, Zofia		Sir Winston Chur		7.92m	NWI
7 Springer, Nyomi		Eastdale		7.61m	NWI
8 Adeloje, Mobolaji		Westlane		7.54m	NWI
9 Pwer, Kaylee		Eden High School		6.88m	NWI
10 Chcoski, Taylor		Sir Winston Chur		6.64m	NWI
11 Richardson, Emery		Eastdale		4.34m	NWI

Event 24 Men Triple Jump Novice

Name	Year	School	Seed	Finals	Wind
1 Nunes, Luke		Sir Winston Chur		11.55m	NWI
2 Hotham, Jordan		E.L. Crossley		10.76m	NWI
3 Goar, Dylan		West Niagara		10.29m	NWI
4 Pickett, Calen		Ridley College		8.94m	NWI
5 Hutchinson, Royce		E.L. Crossley		8.38m	NWI

Event 25 Women Shot Put Novice

Name	Year	School	Seed	Finals
1 Rodgers, Savannah		Westlane		11.38m
2 Beck, Summer		TSS,Thorold, ON		8.97m
3 Walker, Bella		TSS,Thorold, ON		8.10m
4 Dobrocky, Ava		E.L. Crossley		7.94m
5 Foster, Elodie		Westlane		7.64m
6 Springer, Nyomi		Eastdale		7.57m
7 Alfred, Makayla		TSS,Thorold, ON		7.35m
8 Pwer, Kaylee		Eden High School		7.14m
9 Henderson, Isla		E.L. Crossley		6.91m
10 Cannon, Peytyn		SOGS,St. Catharines		6.46m
11 Sobieraj, Harlowe		Eastdale		6.42m
12 Helget, Brooklyn		West Niagara		6.22m
13 Aikenhead, Laurel		Laura Secord		5.91m
14 Butcher, Sylvia		West Niagara		5.77m
15 Millar, Bree		West Niagara		5.68m
16 Hunt, Sophie		West Niagara		5.05m
17 Alessandrino, Ava		Collegiate		4.89m
18 Florov, Violet		Collegiate		3.82m
19 Gayle, Ziyah		Collegiate		3.73m
20 Hornby, Hunter		Collegiate		3.62m

Event 26 Men Shot Put Novice

Name	Year	School	Seed	Finals
1 Gillen, Jordan		E.L. Crossley		12.58m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 26 Men Shot Put Novice**

2 Connolly, Deacon	Stamford Secondary	10.64m
3 Bokma, Keaton	Stamford Secondary	10.50m
4 Johnson, Kelvin	TSS,Thorold, ON	9.69m
5 VanBerkel, Kade	Eden High School	7.72m
6 Nathans, Quinn	Ridley College	7.56m
7 Driedger, Eli	Eden High School	7.42m
8 Alhamoud, Mohamad	E.L. Crossley	6.95m

Event 27 Women Discus Throw Novice

Name	Year School	Seed	Finals
1 Rodgers, Savannah	Westlane		26.50m
2 Lariviere, Kendra	Centennial		22.92m
3 Walker, Bella	TSS,Thorold, ON		22.76m
4 Dobrocky, Ava	E.L. Crossley		21.16m
5 Foster, Elodie	Westlane		18.20m
6 Sobieraj, Harlowe	Eastdale		17.49m
7 Lepage, Lexie	Centennial		16.72m
8 Millar, Bree	West Niagara		16.26m
9 Friesen, Lauren	Laura Secord		14.73m
10 Aikenhead, Laurel	Laura Secord		12.46m
11 Butcher, Sylvia	West Niagara		11.83m
12 Alfred, Makayla	TSS,Thorold, ON		11.22m

Event 28 Men Discus Throw Novice

Name	Year School	Seed	Finals
1 Bokma, Keaton	Stamford Secondary		40.77m
2 Gillen, Jordan	E.L. Crossley		37.34m
3 Johnson, Kelvin	TSS,Thorold, ON		32.32m
4 Radtke-Harris, Leo	West Niagara		27.51m
5 Dodridge, Jackson	Centennial		24.57m
6 Alhamoud, Mohamad	E.L. Crossley		21.99m

Event 29 Women Javelin Throw Novice

Name	Year School	Seed	Finals
1 Rodgers, Savannah	Westlane		29.16m
2 Foster, Elodie	Westlane		22.03m
3 Friesen, Lauren	Laura Secord		21.36m
4 Beck, Summer	TSS,Thorold, ON		19.67m
5 Searson, Avery	Laura Secord		19.25m
6 Walker, Bella	TSS,Thorold, ON		17.54m
7 Lepage, Lexie	Centennial		17.27m
8 Leone, Hannah	Centennial		15.65m
9 Tiffin, Emersyn	Centennial		14.34m
10 Ribaric, Adelaide	Laura Secord		13.72m
11 Dekker, Corie	Centennial		12.95m
12 Fazekas, Madi	Centennial		12.53m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 31 Women 4x100 Meter Relay Novice**

School	Seed	Finals
1 AN Myer 'A'		55.04
2 West Niagara 'A'		56.21
3 NotreDame 'A'		59.06
4 Governor Simcoe 'A'		1:00.54

Event 32 Men 4x100 Meter Relay Novice

School	Seed	Finals
1 West Niagara 'A'		49.84
2 Westlane 'A'		58.75

Event 33 Women 100 Meter Dash Junior

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Salacup, Steph	Eden High School	13.58q	1.9	3	
2 Zanutto, Violet	Centennial	13.62q	2.5	2	
3 Dusome, Sabrina	Centennial	14.16q	2.5	2	
4 Bangura, Angela	TSS,Thorold, ON	14.20q	1.9	3	
5 Coull, Lindsay	Westlane	14.21q	1.9	3	
6 Banks, Rio	West Niagara	14.32q	2.3	4	
7 Saint-Phar, Sophia	NotreDame	14.36q	2.3	4	
8 Ijaodola, Dara	Centennial	14.39q	2.5	2	
9 Rosati, Olivia	AN Myer	14.56	2.2	1	
10 Xieo, Ophelia	Eden High School	14.74	1.9	3	
11 McTaggart, Valerie	E.L. Crossley	14.75	2.2	1	
12 Fiddes, Rylee	E.L. Crossley	14.80	2.2	1	
13 Otubu-Ufuoma, Mirabell	NotreDame	14.88	2.3	4	
14 Hiyas, Kaniella	Centennial	15.03	2.5	2	
15 Gruarin, Jillian	E.L. Crossley	15.04	2.2	1	
16 Warnock, Rylee	Sir Winston Chur	15.08	1.9	3	
17 Voynovich, Mabel	Centennial	15.20	2.5	2	
17 Sider, Ava	E.L. Crossley	15.20	2.2	1	
19 Ejere, Flourish	Eastdale	15.45	2.3	4	
20 Wisdom-James, Makayla	Eden High School	15.46	1.9	3	
21 Javaheri, Mona	Centennial	15.50	2.5	2	
22 Colangelo, Julia	E.L. Crossley	15.60	2.2	1	
23 Fawkes, Emily	E.L. Crossley	15.63	2.2	1	
24 Paul, Amarachi	Centennial	15.66	2.5	2	
25 Muldowney, Laine-Marie	West Niagara	16.13	2.3	4	
27 Amaiu, Evona	Stamford Secondary	16.98	2.5	2	
28 Farrag, Larmar	AN Myer	17.81	2.2	1	
29 Conklin, Jariya	TSS,Thorold, ON	17.91	1.9	3	
30 Sobhie, Jana	Sir Winston Chur	18.07	1.9	3	

Event 34 Men 100 Meter Dash Junior

Name	Year School	Seed	Prelims	Wind	H#
1 Sraku-Antwi, Lemy	AN Myer	10.98q	2.6	3	

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 34 Men 100 Meter Dash Junior**

2	Wislon, Evan	Eden High School	11.64q	3.1	2
3	Proudlock, Reed	Westlane	11.87q	1.5	1
4	Liew, Alex	NotreDame	11.90q	2.6	3
5	Davis, Malachi	Laura Secord	12.03q	2.1	4
6	Kotsis, Matt	E.L. Crossley	12.06q	2.1	4
7	Parent, Max	Eden High School	12.12q	3.1	2
8	Elue, Benny	Eden High School	12.16q	3.1	2
9	Ivory, Ezra	AN Myer	12.38	2.6	3
10	Thomas, Tyrone	Centennial	12.39	2.6	3
11	Seehagel, Malaki	E.L. Crossley	12.42	2.1	4
11	Duncan, Zac	West Niagara	12.42	2.6	3
13	Cunningham, Gabryel	Estdale	12.46	2.1	4
14	Payne, Collin	Centennial	12.59	2.6	3
15	McLeod, Caleb	Port Colborne	12.69	1.5	1
16	Ferguson, Devante	Centennial	12.75	2.6	3
17	Lopes, Nico	Eden High School	12.84	3.1	2
18	Uwaifo, Nosa	Eden High School	12.86	3.1	2
19	Cabrera, Alexander	NotreDame	13.09	3.1	2
20	Maceachern, Maddox	Stamford Secondary	13.16	1.5	1
21	Dolon, London	Laura Secord	13.31	2.1	4
22	Bradford, Ronin	Westlane	13.32	1.5	1
23	Ajomiwe, Divine-Wisdom	Collegiate	13.35	1.5	1
24	Kang, Franklin	Eden High School	13.52	3.1	2
25	Geronimo, Gabrielle	NotreDame	13.67	3.1	2
26	Triles, Kurt	Stamford Secondary	13.98	1.5	1
27	Chen, Mark	Westlane	14.00	1.5	1
28	Tewari, Arnav	Port Colborne	14.21	1.5	1

Event 35 Women 200 Meter Dash Junior

Name	Year School	Seed	Finals	Wind	H#
Finals					
1	Gayle, Amairah	Collegiate	26.90	4.1	2
2	Van Grieken, Meena	Sir Winston Chur	27.31	4.1	2
3	Coull, Lindsay	Westlane	29.61	4.1	2
4	Otubu-Ufuoma, Mirabell	NotreDame	29.63	3.6	1
5	Fiddes, Rylee	E.L. Crossley	30.43	4.1	2
6	Warnick, Lila	Laura Secord	30.84	4.1	2
7	Paul, Amarachi	Centennial	32.15	3.6	1
8	Bangura, Angela	TSS,Thorold, ON	32.33	3.6	1
9	Huang, Emily	Eden High School	34.10	3.6	1
10	Amaiu, Evona	Stamford Secondary	39.00	3.6	1
11	Conklin, Jariya	TSS,Thorold, ON	40.14	3.6	1

Event 36 Men 200 Meter Dash Junior

Name	Year School	Seed	Finals	Wind	H#
1	Sraku-Antwi, Lemy	AN Myer	22.80	3.1	2
2	Wislon, Evan	Eden High School	24.15	3.1	2
3	Davis, Malachi	Laura Secord	24.58	3.9	3
4	Proudlock, Reed	Westlane	24.70	2.4	1
5	Theodore, Jase	Sir Winston Chur	24.72	3.9	3

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 36 Men 200 Meter Dash Junior**

6 Parent, Max	Eden High School	25.12	3.1	2
7 Vanderwyk, Noel	West Niagara	25.23	3.1	2
8 Thomas, Tyrone	Centennial	25.53	2.4	1
9 Elue, Benny	Eden High School	25.97	3.1	2
10 Cunningham, Gabryel	Eastdale	26.04	2.4	1
11 Seehagel, Malaki	E.L. Crossley	26.06	2.4	1
12 Ferguson, Devante	Centennial	26.43	2.4	1
13 Lopes, Nico	Eden High School	26.83	3.1	2
14 Harrold, Evan	Westlane	27.59	2.4	1
15 Maceachern, Maddox	Stamford Secondary	28.15	3.9	3
16 Geronimo, Gabrielle	NotreDame	28.81	3.9	3
17 Ajomiwe, Divine-Wisdom	Collegiate	29.40	3.9	3
18 Tewari, Arnav	Port Colborne	30.66	2.4	1
19 Nwankpa, Mezie	TSS,Thorold, ON	30.97	3.9	3

Event 37 Women 400 Meter Dash Junior

Name	Year School	Seed	Finals
1 Van Grieken, Meena	Sir Winston Chur	1:02.46	
2 Van Grieken, Amara	Sir Winston Chur	1:02.91	
3 Toby-Erwig, Aiyanna	West Niagara	1:03.92	
4 Nickason, Ali	Eden High School	1:05.24	
5 Gao, Michelle	Ridley College	1:13.41	
6 Vanderburgh, Jean	Eden High School	1:15.50	

Event 38 Men 400 Meter Dash Junior

Name	Year School	Seed	Finals
1 Harrold, Evan	Westlane	59.67	
2 Daly, Robert	West Niagara	1:00.93	
3 Tonnies, Jackson	Port Colborne	1:02.56	
4 Abban-Desbouvrie, Mark	Sir Winston Chur	1:05.66	
5 Tewari, Arnav	Port Colborne	1:07.70	
6 William, Micah	Centennial	1:10.05	
7 Bruk, Zayemakuale	Collegiate	1:21.10	

Event 39 Women 800 Meter Run Junior

Name	Year School	Seed	Finals
1 Goodfellow, Amaya	West Niagara	2:49.82	
2 Vanderburgh, Jean	Eden High School	3:03.65	

Event 40 Men 800 Meter Run Junior

Name	Year School	Seed	Finals
1 Nicholson, Aidan	Sir Winston Chur	2:21.59	
2 Smith, Ayden	Port Colborne	2:21.96	
3 Vacher, Kunwar	Westlane	2:48.70	
4 Abban-Desbouvrie, Mark	Sir Winston Chur	2:54.55	

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 41 Women 1500 Meter Run Junior**

Name	Year School	Seed	Finals
1 Ray, Sydney	NotreDame		4:49.25
2 Crowe, Violet	SOGS,St. Catharines		4:57.93
3 McGinn, Lucy	West Niagara		5:45.66
4 Stafford, Lottie	Eden High School		5:48.61
5 Sider, Ava	E.L. Crossley		5:59.24
6 Van Geest, Chloe	West Niagara		6:03.93
7 Soukop, Zoe	Sir Winston Chur		6:09.57
8 Quait, Alexis	AN Myer		6:32.44
9 Baron, Kate	West Niagara		6:32.91
10 New, Lauryn	Sir Winston Chur		6:40.20
11 Wang, Cora	Ridley College		6:40.36
12 Boyd, Tobie	Centennial		7:11.74

Event 42 Men 1500 Meter Run Junior

Name	Year School	Seed	Finals
1 Shuker, Rocco	West Niagara		4:29.19
2 Sloetjes, Christian	Port Colborne		4:31.67
3 Nicholson, Aidan	Sir Winston Chur		4:43.71
4 Lee, Alex	Centennial		5:04.58
5 Tischler, Quinn	Centennial		5:09.17
6 Bayne, Josh	Eden High School		5:19.75
7 Vacher, Kunwar	Westlane		5:47.10
8 Chen, Mark	Westlane		5:48.90
9 Jaramillo, Adrian	TSS,ON, ON		6:06.78
10 Bruk, Zayemakuale	Collegiate		6:21.93
11 Johnston, Tristan	TSS,Thorold, ON		6:26.87
12 Qubaja, Mohammad	TSS,ON, ON		6:52.70

Event 43 Women 3000 Meter Run Junior

Name	Year School	Seed	Finals
1 McGinn, Lucy	West Niagara		12:21.30
2 Stafford, Lottie	Eden High School		12:43.94
3 Marando, Payton	Eden High School		13:10.98
4 Van Geest, Chloe	West Niagara		13:34.85
5 Jiang, Vivian	Sir Winston Chur		14:51.16
6 Quait, Alexis	AN Myer		15:01.96
7 Baron, Kate	West Niagara		17:20.55
8 Salter, Sienna	Eden High School		17:50.56

Event 44 Men 3000 Meter Run Junior

Name	Year School	Seed	Finals
1 Clark, Keegan	Sir Winston Chur		11:23.69
2 Bayne, Josh	Eden High School		11:26.16
3 Chen, Mark	Westlane		11:45.70
4 Johnston, Tristan	TSS,Thorold, ON		12:32.54

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 45 Women 80 Meter Hurdles Junior**

Name	Year School	Seed	Finals	Wind
1 Toby-Erwig, Aiyanna	West Niagara		13.64	NWI
2 Lapcevich, Jayen	West Niagara		13.84	NWI

Event 46 Men 100 Meter Hurdles Junior

Name	Year School	Seed	Finals	Wind
1 Jackson, Cam	E.L. Crossley		15.70	NWI
2 Duncan, Zac	West Niagara		16.25	NWI
3 Kang, Franklin	Eden High School		18.29	NWI
4 Uwaifo, Nosa	Eden High School		22.94	NWI

Event 47 Women 300 Meter Hurdles Junior

Name	Year School	Seed	Finals
1 Toby-Erwig, Aiyanna	West Niagara		53.73
2 Adam, Avaia	SOGS, St. Catharines		57.96

Event 48 Men 300 Meter Hurdles Junior

Name	Year School	Seed	Finals
1 Larsen, Chase	West Niagara		42.94
2 Wislson, Evan	Eden High School		43.54
3 Jackson, Cam	E.L. Crossley		46.52

Event 49 Women High Jump Junior

Name	Year School	Seed	Finals
1 Gayle, Amairah	Collegiate		1.50m
2 Nickason, Ali	Eden High School		1.40m
3 Van Krimpen, Parker	Centennial		1.35m
4 Huang, Emily	Eden High School		1.15m

Event 50 Men High Jump Junior

Name	Year School	Seed	Finals
1 Bretzlaff, Charlie	AN Myer		1.65m
2 Nykolaychuk, Alex	E.L. Crossley		1.50m

Event 53 Women Long Jump Junior

Name	Year School	Seed	Finals	Wind
1 Gayle, Amairah	Collegiate		5.48m	NWI
2 Xieo, Ophelia	Eden High School		4.72m	NWI
3 Lapcevich, Jayen	West Niagara		4.67m	NWI
4 Nickason, Ali	Eden High School		4.66m	NWI
5 Bangura, Angela	TSS, Thorold, ON		4.59m	NWI

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 53 Women Long Jump Junior**

6	Farrag, Larmar	AN Myer	4.55m	NWI
7	Godin, Jillian	Sir Winston Chur	4.51m	NWI
8	Warnick, Lila	Laura Secord	4.33m	NWI
9	Moore, Amber	Port Colborne	4.02m	NWI
10	Salacup, Steph	Eden High School	3.82m	NWI
11	Rosati, Olivia	AN Myer	3.25m	NWI
--	Wisdom-James, Makayla	Eden High School	DQ	NWI
--	Cousins, Gwenith	Sir Winston Chur	DQ	NWI

Event 54 Men Long Jump Junior

Name	Year	School	Seed	Finals	Wind
1	Sraku-Antwi, Lemy	AN Myer		6.04m	NWI
2	Bretzlaff, Charlie	AN Myer		5.48m	NWI
3	Liew, Alex	NotreDame		5.30m	NWI
4	Walker, Keimah	SOGS, St. Catharines		5.24m	NWI
5	Dolon, London	Laura Secord		5.13m	NWI
6	McLeod, Caleb	Port Colborne		5.10m	NWI
7	Cabrera, Alexander	NotreDame		5.01m	NWI
8	Jaramillo, Adrian	TSS, ON, ON		5.00m	NWI
9	Ferguson, Devante	Centennial		4.97m	NWI
10	Maceachern, Maddox	Stamford Secondary		4.85m	NWI
11	Gravelle, Kobe	Port Colborne		4.83m	NWI
12	Kang, Franklin	Eden High School		4.75m	NWI
13	Geronimo, Gabrielle	NotreDame		4.69m	NWI
14	Ajomiwe, Divine-Wisdom	Collegiate		4.52m	NWI
15	Nykolaychuk, Alex	E.L. Crossley		4.45m	NWI
16	Triles, Kurt	Stamford Secondary		4.35m	NWI
17	Lopes, Nico	Eden High School		4.31m	NWI
18	Negash, Sami	Centennial		4.21m	NWI
19	William, Micah	Centennial		4.03m	NWI
--	Smith, Ayden	Port Colborne		X4.56m	NWI

Event 55 Women Triple Jump Junior

Name	Year	School	Seed	Finals	Wind
1	Lapcevich, Jayen	West Niagara		9.84m	NWI
1	Xieo, Ophelia	Eden High School		9.84m	NWI
3	Salacup, Steph	Eden High School		9.68m	NWI
4	Dusome, Sabrina	Centennial		9.64m	NWI
5	Van Krimpen, Parker	Centennial		9.31m	NWI
6	Farrag, Larmar	AN Myer		5.95m	NWI

Event 56 Men Triple Jump Junior

Name	Year	School	Seed	Finals	Wind
1	Lee, Alex	Centennial		10.65m	NWI
2	William, Micah	Centennial		9.21m	NWI

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 57 Women Shot Put Junior**

Name	Year	School	Seed	Finals
1 Siolkowsky, Helena		E.L. Crossley		10.67m
2 Goulding, Madelyn		Port Colborne		10.47m
3 Moore, Brooke		E.L. Crossley		9.82m
4 Bobie-Frimpong, Grace		West Niagara		7.59m
5 Colangelo, Julia		E.L. Crossley		6.57m
6 Conklin, Jariya		TSS,Thorold, ON		4.96m

Event 58 Men Shot Put Junior

Name	Year	School	Seed	Finals
1 Aljafra, Amr		Sir Winston Chur		11.37m
2 Royer, Hayden		Port Colborne		11.01m
3 Fournier, Kaidyn		TSS,ON, ON		10.77m
4 Bataineh, Mustafa		Sir Winston Chur		10.47m
5 Gelka, Seth		Eastdale		10.29m
6 Cadot, Tanner		Port Colborne		8.34m
7 Palani-Jafi, Zanyar		Sir Winston Chur		8.05m
8 Marino, Ben		West Niagara		7.86m

Event 59 Women Discus Throw Junior

Name	Year	School	Seed	Finals
1 Goulding, Madelyn		Port Colborne		27.51m
2 Jacobi, Faith		Centennial		26.24m
3 Moore, Brooke		E.L. Crossley		23.94m
4 Zanutto, Violet		Centennial		23.47m
5 Dahl, Kaleigh		E.L. Crossley		20.09m

Event 60 Men Discus Throw Junior

Name	Year	School	Seed	Finals
1 Gelka, Seth		Eastdale		40.66m
2 Royer, Hayden		Port Colborne		36.59m
2 Cadot, Tanner		Port Colborne		36.59m
4 Bataineh, Mustafa		Sir Winston Chur		35.14m
5 Fournier, Kaidyn		TSS,ON, ON		33.76m
6 Marino, Ben		West Niagara		27.03m
7 Aljafra, Amr		Sir Winston Chur		24.46m
8 Palani-Jafi, Zanyar		Sir Winston Chur		22.71m

Event 61 Women Javelin Throw Junior

Name	Year	School	Seed	Finals
1 Moore, Brooke		E.L. Crossley		23.99m
2 Molano-Caballero, Sara		Sir Winston Chur		23.09m
3 Dahl, Kaleigh		E.L. Crossley		22.65m
4 Goodfellow, Amaya		West Niagara		22.64m
5 Voynovich, Mabel		Centennial		22.13m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 61 Women Javelin Throw Junior**

6	Panici, Eryn	Laura Secord	20.86m
7	Maguire, Julie	Centennial	18.67m
8	Goulding, Madelyn	Port Colborne	15.56m
9	Muldowney, Laine-Marie	West Niagara	11.14m

Event 62 Men Javelin Throw Junior

Name	Year School	Seed	Finals
1 Collee, Hunter	NotreDame		39.83m
2 Jackson, Cam	E.L. Crossley		38.61m
3 Liew, Alex	NotreDame		33.60m
4 Lucia, David	E.L. Crossley		33.20m
5 Dubourdieu, Logan	Centennial		32.27m
6 Aljafra, Amr	Sir Winston Chur		28.90m
7 Powell, Hayden	Laura Secord		27.84m
8 Walker, Keimah	SOGS,St. Catharines		25.96m
9 Palani-Jafi, Zanyar	Sir Winston Chur		19.94m
10 Nwankpa, Mezie	TSS,Thorold, ON		15.31m

Event 63 Women 4x100 Meter Relay Junior

School	Seed	Finals
1 Sir Winston Churchill 'A'		52.83
2 Eden High School 'A'		55.85
3 West Niagara 'A'		56.01
4 E.L. Crossley 'A'		56.51
5 E.L. Crossley 'B'		57.02

Event 64 Men 4x100 Meter Relay Junior

School	Seed	Finals
1 West Niagara 'A'		47.24
2 Eden High School 'A'		47.50
3 Centennial 'A'		48.30
4 Westlane 'A'		49.02
5 NotreDame 'A'		49.99
6 E.L. Crossley 'A'		51.31

Event 65 Women 100 Meter Dash Senior

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Bodner, Madeleine	Centennial		13.65Q	1.6	1
2 Nyforavska, Karolina	E.L. Crossley		13.76Q	3.1	2
3 Salami, Aishat	Stamford Secondary		16.45Q	2.6	3
4 Morgan, Julianne	E.L. Crossley		14.03Q	3.1	2
5 Saint-Phar, Alisha	NotreDame		14.18Q	2.6	3
6 Kirilova, Reni	AN Myer		14.24Q	1.6	1
7 Briones, Irene	SOGS,St. Catharines		14.14Q	3.1	2
8 Williams, Iyla	AN Myer		14.72Q	1.6	1

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 65 Women 100 Meter Dash Senior**

9	Laguerre, Mia	TSS,Thorold, ON	14.48	3.1	2
10	Powers, Angelea	TSS,Thorold, ON	15.34	3.1	2
11	Sands, Kashi	Eastdale	15.40	2.6	3
12	Stanley, Emma	NotreDame	15.56	1.6	1
13	Alexis, Izzie	NotreDame	15.68	1.6	1
14	Jimeno, Brisa	Centennial	15.78	1.6	1
15	MacDonald, Nevaeh	TSS,Thorold, ON	16.44	3.1	2
16	Nesbitt, Karissa	Centennial	17.10	1.6	1

Event 66 Men 100 Meter Dash Senior

Name	Year	School	Seed	Prelims	Wind	H#
1	Fyfe, William	Westlane		11.51q	2.6	2
2	Benko, Will	NotreDame		11.54q	2.9	1
3	Wurgler, Alexander	Sir Winston Chur		11.69q	3.4	5
4	Marks, Kyle	Eastdale		11.73q	1.5	3
5	MacDonald, Graeme	E.L. Crossley		11.81q	2.6	2
6	Gill, Cohen	Ridley College		11.92q	3.4	5
7	Lanzar, Benric john	NotreDame		11.94q	2.9	1
8	Burlock, Nathaniel	Ridley College		11.98q	1.3	6
9	VanMill, Aidan	NotreDame		12.01	2.9	1
10	Nguyen, Kevin	Ridley College		12.11	1.3	6
11	Akin-Francis, Oluwajomil	NotreDame		12.13	2.9	1
12	Ryan, Jack	E.L. Crossley		12.16	2.6	2
13	Idowu, Farhan	Centennial		12.19	3.4	5
14	Regney, Torin	Ridley College		12.29	1.3	6
15	Jacks, Jacob	Westlane		12.33	2.6	2
16	Lampman, Tyler	TSS,Thorold, ON		12.34	-0.9	4
17	Uwaifo, Osasu	Eden High School		12.37	-0.9	4
18	Ncwana, Hunter	Ridley College		12.38	1.3	6
19	Bailey Camara, Christian	Centennial		12.39	3.4	5
20	Seehagel, Albino	E.L. Crossley		12.43	-0.9	4
21	Giannetti, Mario	Ridley College		12.44	1.3	6
22	Osisanwo, Dara	Centennial		12.58	3.4	5
23	Eller, Griffin	E.L. Crossley		12.60	2.6	2
23	Day, Andrew	Laura Secord		12.60	1.5	3
25	Murawiec, Isaiah	Eastdale		12.63	1.5	3
26	Ewetan, Hamani	E.L. Crossley		12.73	-0.9	4
27	Muyioke, Donald	NotreDame		12.74	2.9	1
28	Cruz, Dominic	AN Myer		12.75	2.9	1
29	Anderson, Connor	E.L. Crossley		12.79	2.6	2
30	Iroko, Mayowa	NotreDame		12.91	2.9	1
31	Haider, Shahzada	AN Myer		12.99	2.9	1
32	Tremblay, Ethan	Westlane		13.00	2.6	2
33	Hodgson, Cole	Ridley College		13.07	1.3	6
34	Stoner, Logan	Collegiate		13.09	3.4	5
35	Stegner, Cole	E.L. Crossley		13.27	-0.9	4
36	Tadas, Francis	SOGS,St. Catharines		13.31	1.5	3
37	Nartey, Clive	Laura Secord		13.36	1.5	3
38	Narang, Avi	Centennial		13.38	3.4	5
39	Annett, Phoenix	E.L. Crossley		13.52	-0.9	4
40	Serafinchan, Adan	Stamford Secondary		13.68	1.5	3
41	Bushx, Sheikh	Stamford Secondary		13.77	1.5	3

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 66 Men 100 Meter Dash Senior**

42 Zubic, Aleksa	Westlane	13.89	2.6	2
43 Hussain, Muhammad	Laura Secord	13.93	1.5	3
44 Ariyaratna, Akindu	E.L. Crossley	16.19	-0.9	4

Event 67 Women 200 Meter Dash Senior

Name	Year School	Seed	Finals	Wind
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Finals

1 Kozma, Julia	Laura Secord	30.10	3.0	
2 Nolan, Amelia	West Niagara	30.19	3.0	
3 Sands, Kashi	Eastdale	31.53	3.0	
4 Williams, Iyla	AN Myer	31.57	3.0	
5 Ejere, Flourish	Eastdale	33.61	3.0	
6 Salami, Aishat	Stamford Secondary	34.86	3.0	
7 John, Rebecca	NotreDame	38.86	3.0	

Event 68 Men 200 Meter Dash Senior

Name	Year School	Seed	Finals	Wind	H#
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1 Fyfe, William	Westlane	23.15	5.0	2	
2 Benko, Will	NotreDame	23.73	3.8	1	
3 Marks, Kyle	Eastdale	23.82	5.0	2	
4 Wurgler, Alexander	Sir Winston Chur	24.10	1.4	4	
5 Nguyen, Kevin	Ridley College	24.89	2.0	5	
6 VanMill, Aidan	NotreDame	24.99	3.8	1	
7 Burlock, Nathaniel	Ridley College	25.11	1.4	4	
8 Downie, Marco-Dien	NotreDame	25.30	3.8	1	
9 Regney, Torin	Ridley College	25.38	2.0	5	
10 Giannetti, Mario	Ridley College	25.52	3.8	3	
10 Seehagel, Albino	E.L. Crossley	25.52	5.0	2	
12 Day, Andrew	Laura Secord	26.01	3.8	3	
13 Jacks, Jacob	Westlane	26.20	5.0	2	
14 Iroko, Mayowa	NotreDame	26.35	3.8	1	
14 Murawiec, Isaiah	Eastdale	26.35	5.0	2	
16 Muiyioke, Donald	NotreDame	26.41	3.8	1	
17 McDonough, Adonis	West Niagara	26.61	1.4	4	
18 Ncwana, Hunter	Ridley College	26.62	2.0	5	
19 Ewetan, Hamani	E.L. Crossley	26.64	5.0	2	
20 Burchett, Nolan	Ridley College	26.87	2.0	5	
21 Kotapuri, Ruslan	West Niagara	26.94	1.4	4	
22 Nartey, Clive	Laura Secord	27.23	3.8	3	
23 Ra, Oji	Stamford Secondary	27.71	3.8	1	
24 Hodgson, Cole	Ridley College	28.09	2.0	5	
25 Dhaquane, Jamal	Stamford Secondary	28.51	3.8	1	
26 Annett, Phoenix	E.L. Crossley	28.53	5.0	2	
27 Ajomiwe, Amblessed	Collegiate	28.57	3.8	3	
28 Bushx, Sheikh	Stamford Secondary	28.82	3.8	1	
29 Gagne, Nathan	Ridley College	28.95	2.0	5	
30 Uwaifo, Osasu	Eden High School	29.25	1.4	4	
31 Cruz, Dominic	AN Myer	29.32	1.4	4	
32 Modeyin, Greatson	TSS,ON, ON	31.30	3.8	3	
33 Nathans, Quinn	Ridley College	32.11	2.0	5	

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 68 Men 200 Meter Dash Senior**

34 Ariyaratna, Akindu	E.L. Crossley	32.83	5.0	2
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Event 69 Women 400 Meter Dash Senior

Name	Year School	Seed	Finals
1 Nolan, Amelia	West Niagara		1:12.39
2 Minor, Reese	West Niagara		1:13.47
3 Ward, Sophie	Stamford Secondary		1:15.42
4 Ferencevic, Celeste	NotreDame		1:21.73
5 Berardi, Amalynn	SOGS,St. Catharines		1:29.09

Event 70 Men 400 Meter Dash Senior

Name	Year School	Seed	Finals	H#
1 Ryan, Jack	E.L. Crossley		57.27	1
2 Snack, Zachary	Centennial		57.80	3
3 Downie, Marco-Dien	NotreDame		58.40	1
4 Geissler, Hayden	Westlane		59.11	2
5 Malcolm, Tiago	West Niagara		59.27	3
6 Owen, Chase	Centennial		59.54	3
7 Sviergoia, Aaron	NotreDame		59.78	1
8 Jacks, Jacob	Westlane		59.85	2
9 Tremblay, Ethan	Westlane		1:00.43	2
10 Forrest, Zach	SOGS,St. Catharines		1:00.74	2
11 Robinson, Gavin	E.L. Crossley		1:01.25	1
12 Maack, Emil	Laura Secord		1:03.16	2
13 Pettet, Michael	NotreDame		1:03.61	1
14 Kotapuri, Ruslan	West Niagara		1:04.20	3
15 Mussell, Jacob	Collegiate		1:05.54	2
16 Dhaquane, Jamal	Stamford Secondary		1:05.80	3
17 Annett, Phoenix	E.L. Crossley		1:06.80	1
18 Serafinchan, Adan	Stamford Secondary		1:08.53	3

Event 71 Women 800 Meter Run Senior

Name	Year School	Seed	Finals
1 Jeffery, Lydia	E.L. Crossley		2:37.05
2 Ankersmit, Drew	Eden High School		2:38.90
3 DenBak, Megan	Eden High School		2:39.06
4 Stahl, Astrid	West Niagara		2:48.44
5 Saunders, Natalia	Sir Winston Chur		2:54.13
6 Grosvenor, Tessa	Sir Winston Chur		2:55.87
7 Macdonald, Haley	Westlane		3:26.62
8 Ferencevic, Celeste	NotreDame		3:34.56

Event 72 Men 800 Meter Run Senior

Name	Year School	Seed	Finals
1 Tomori, Graham	Eden High School		1:58.87
2 Sider, Jackson	E.L. Crossley		2:01.06

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 72 Men 800 Meter Run Senior**

3	Crowe, Oliver	SOGS, St. Catharines	2:02.53
4	Houston, Zachary	West Niagara	2:05.27
5	McIntosh, Jackson	West Niagara	2:09.21
6	Bertrand, Damian	Sir Winston Chur	2:12.16
7	Walker, Barron	Sir Winston Chur	2:17.58
8	Mead, Jackson	Sir Winston Chur	2:20.88
9	Donath, Adrian	Ridley College	2:23.46
10	Montejo Batista, Jonatha	Westlane	2:24.05
11	Gurhan, Ven	Ridley College	2:27.30
12	MacRae, Logan	E.L. Crossley	2:28.19
13	Gosnek, Liam	Westlane	2:28.94
14	Ra, Oji	Stamford Secondary	2:45.91
15	Blackman, Dimario	Stamford Secondary	2:55.64

Event 73 Women 1500 Meter Run Senior

Name	Year	School	Seed	Finals
1	Jeffery, Lydia	E.L. Crossley		5:37.38
2	Cavicchia, Adali	Eden High School		5:44.97
3	Ankersmit, Drew	Eden High School		5:46.59
4	Stahl, Astrid	West Niagara		5:52.93
5	Dyson, Amelia	Notre Dame		6:09.36
6	Tarasuk, Sasha	E.L. Crossley		6:17.28
7	Saddler, Jacklyn	AN Myer		8:02.58

Event 74 Men 1500 Meter Run Senior

Name	Year	School	Seed	Finals
1	Bertrand, Damian	Sir Winston Chur		4:42.98
2	Montejo Batista, Jonatha	Westlane		4:46.48
3	Eller, Griffin	E.L. Crossley		4:51.44
4	Gurhan, Ven	Ridley College		4:53.33
5	Lang, Nathan	Laura Secord		4:59.10
6	Platakis, Deagan	Eden High School		4:59.85
7	Donath, Adrian	Ridley College		5:07.76
8	Gosnek, Liam	Westlane		5:12.69
9	Chan, Felix	Ridley College		5:12.85
10	Gagne, Nathan	Ridley College		5:14.03
11	Casey, Cash	Collegiate		5:29.06
12	Robinson, Gavin	E.L. Crossley		5:52.02
13	Taylor, Luke	Eden High School		6:05.84

Event 75 Women 3000 Meter Run Senior

Name	Year	School	Seed	Finals
1	Moran, Anna	Eden High School		12:22.67
2	Cavicchia, Adali	Eden High School		12:37.63
3	Wayland, Lily	Sir Winston Chur		13:43.75
4	Tarasuk, Sasha	E.L. Crossley		13:55.05

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 76 Men 3000 Meter Run Senior**

Name	Year School	Seed	Finals
1 Cirasuolo, Julian	Sir Winston Chur		10:43.44
2 Platakis, Deagan	Eden High School		11:20.34
3 Maack, Emil	Laura Secord		12:03.48
4 Casey, Cash	Collegiate		13:24.18

Event 77 Women 100 Meter Hurdles Senior

Name	Year School	Seed	Finals	Wind
1 Phillips, Lily-Christian	Eden High School		14.97	NWI
2 Kirk, Riley	West Niagara		15.20	NWI
3 Shaw, Morgan	Sir Winston Chur		15.42	NWI
4 Jones, Madison	West Niagara		15.77	NWI
5 Bodner, Madeleine	Centennial		16.93	NWI
6 Romano, Bianca	Centennial		19.69	NWI
7 Biddulp, London	E.L. Crossley		23.10	NWI

Event 78 Men 110 Meter Hurdles Senior

Name	Year School	Seed	Finals	Wind
1 Malcolm, Tiago	West Niagara		17.65	NWI
2 Adam, Maddix	SOGS, St. Catharines		18.42	NWI
3 Riesebosch, Cole	E.L. Crossley		19.12	NWI
4 Noman, Abdullah	Eastdale		20.20	NWI
5 Stegner, Cole	E.L. Crossley		20.65	NWI
6 Stewart-Spink, Keiran	SOGS, St. Catharines		22.29	NWI

Event 79 Women 400 Meter Hurdles Senior

Name	Year School	Seed	Finals
1 Bodner, Madeleine	Centennial		1:20.60
2 Romano, Arianna	Centennial		1:21.96

Event 80 Men 400 Meter Hurdles Senior

Name	Year School	Seed	Finals
1 Adam, Maddix	SOGS, St. Catharines		1:12.68
2 Malcolm, Tiago	West Niagara		1:14.27
3 Stegner, Cole	E.L. Crossley		1:14.83
4 Riesebosch, Cole	E.L. Crossley		1:17.18

Event 81 Women High Jump Senior

Name	Year School	Seed	Finals
1 Jones, Katelyn	West Niagara		1.50m
2 Jovicich, Isabella-Sofia	West Niagara		1.35m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 82 Men High Jump Senior**

Name	Year School	Seed	Finals
1 Zucco, Ryan	E.L. Crossley		1.95m
2 Roberts, CJ	Ridley College		1.85m
3 Anuku, Israel	TSS,Thorold, ON		1.75m
4 Freure, Adam	E.L. Crossley		1.70m
4 Han, Ethan	Eden High School		1.70m
6 Ncwana, Hunter	Ridley College		1.50m
-- Burchett, Nolan	Ridley College		DQ

Event 83 Women Pole Vault Senior

Name	Year School	Seed	Finals
1 van Niekerk, Hallie	E.L. Crossley		2.60m
2 Jeffery, Lydia	E.L. Crossley		2.30m
3 Saari, Aliyah	E.L. Crossley		2.15m
3 Sider, Ava	E.L. Crossley		2.15m
5 Veldhuizen, Taylor	E.L. Crossley		2.00m
5 Van Krimpen, Parker	Centennial		2.00m
5 Breadner, Claire	E.L. Crossley		2.00m
8 Bernardi, Eva	E.L. Crossley		1.80m
-- Maguire, Julie	Centennial		NH

Event 84 Men Pole Vault Senior

Name	Year School	Seed	Finals
1 Owen, Chase	Centennial		3.20m
2 Zucco, Ryan	E.L. Crossley		3.00m
2 Knafelc, Henry	E.L. Crossley		3.00m
4 Shaw, Owen	SOGS,St. Catharines		2.60m
4 Hotham, Jordan	E.L. Crossley		2.60m
6 Kelly, Conor	SOGS,St. Catharines		2.40m
6 Anderson, Connor	E.L. Crossley		2.40m
6 Onyeachonam, Kingsley	E.L. Crossley		2.40m
9 MacRae, Logan	E.L. Crossley		2.20m
9 Seehagel, Malaki	E.L. Crossley		2.20m
11 Saari, Luca	E.L. Crossley		2.00m
11 Kotsis, Matt	E.L. Crossley		2.00m
-- Hooker, Daniel	Centennial		NH

Event 85 Women Long Jump Senior

Name	Year School	Seed	Finals	Wind
1 Jones, Katelyn	West Niagara		5.03m	NWI
2 Jeffery, Rachel	E.L. Crossley		4.77m	NWI
3 Morgan, Julianne	E.L. Crossley		4.28m	NWI
4 Joseph, Adriana	Centennial		4.02m	NWI
5 Stanley, Emma	NotreDame		4.00m	NWI
6 Nyforavska, Karolina	E.L. Crossley		3.90m	NWI
7 Alexis, Izzie	NotreDame		3.76m	NWI
8 John, Rebecca	NotreDame		3.71m	NWI

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 85 Women Long Jump Senior**

9 Biddulp, London	E.L. Crossley	3.45m	NWI
10 MacDonald, Nevaeh	TSS,Thorold, ON	3.37m	NWI

Event 86 Men Long Jump Senior

Name	Year School	Seed	Finals	Wind
1 Roberts, CJ	Ridley College		6.24m	NWI
2 Akin-Francis, Oluwajomil	NotreDame		5.86m	NWI
3 MacDonald, Graeme	E.L. Crossley		5.67m	NWI
4 Iroko, Mayowa	NotreDame		5.44m	NWI
5 Muyioke, Donald	NotreDame		5.42m	NWI
6 Perrault, Collin	Laura Secord		5.37m	NWI
7 Sviergoia, Aaron	NotreDame		5.36m	NWI
8 Ryan, Jack	E.L. Crossley		5.11m	NWI
9 Aruna, Mujeeb	TSS,Thorold, ON		5.04m	NWI
10 Blackman, Dimario	Stamford Secondary		4.56m	NWI
11 Dhaquane, Jamal	Stamford Secondary		4.35m	NWI
12 Zubic, Aleksa	Westlane		4.05m	NWI
13 Bushx, Sheikh	Stamford Secondary		3.41m	NWI
14 Ajomiwe, Amblessed	Collegiate		3.14m	NWI

Event 87 Women Triple Jump Senior

Name	Year School	Seed	Finals	Wind
1 Jones, Katelyn	West Niagara		10.38m	NWI
2 Macdonald, Haley	Westlane		8.30m	NWI
3 Moreau, Ivy	Stamford Secondary		8.00m	NWI
4 Joseph, Adriana	Centennial		7.76m	NWI

Event 88 Men Triple Jump Senior

Name	Year School	Seed	Finals	Wind
1 Roberts, CJ	Ridley College		13.35m	NWI
2 MacDonald, Graeme	E.L. Crossley		12.30m	NWI
3 Draper, Myles	Port Colborne		11.74m	NWI
4 Antonsen, Liam	Sir Winston Chur		10.76m	NWI
5 Sviergoia, Aaron	NotreDame		10.51m	NWI
6 Abakar, Sougi	TSS,ON, ON		10.34m	NWI
7 Zubic, Aleksa	Westlane		8.38m	NWI

Event 89 Women Shot Put Senior

Name	Year School	Seed	Finals
1 Siolkowsky, Amelia	E.L. Crossley		10.84m
2 Dales, Bronwyn	E.L. Crossley		7.49m
3 Stanford, Solange	Eastdale		7.44m
4 MacCormack, Makenna	TSS,Thorold, ON		6.49m
5 Horton, Avah	Sir Winston Chur		5.29m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 90 Men Shot Put Senior**

Name	Year School	Seed	Finals
1 Robins, Owen	Port Colborne		16.01m
2 Davis, Jaden	Centennial		14.32m
3 Freure, Adam	E.L. Crossley		12.27m
4 Aljafra, Mohammad	Sir Winston Chur		12.08m
5 Colangelo, Roman	E.L. Crossley		11.15m
6 Noseworthy-Ralph, Lincol	Sir Winston Chur		10.26m
7 McDonough, Adonis	West Niagara		10.25m
8 Samms, Sawyer	Centennial		9.79m
9 Goertzson, Aaron	Collegiate		9.48m
10 Kroeker, Braden	Centennial		9.39m
11 Gagne, Nathan	Ridley College		9.37m
12 Harmsworth, Campbell	Eden High School		8.09m
-- Pettet, Michael	NotreDame		DQ

Event 91 Women Discus Throw Senior

Name	Year School	Seed	Finals
1 Colquhoun, Danica	Centennial		32.26m
2 Dales, Bronwyn	E.L. Crossley		26.28m
3 Teske, Keira	SOGS,St. Catharines		22.75m
4 Tait, Ilona	West Niagara		19.57m
5 Stanford, Solange	Eastdale		19.40m
6 MacCormack, Makenna	TSS,Thorold, ON		18.37m
7 Nepomuceno, Bruna	TSS,Thorold, ON		18.24m
8 Horton, Avah	Sir Winston Chur		14.95m

Event 92 Men Discus Throw Senior

Name	Year School	Seed	Finals
1 Aljafra, Mohammad	Sir Winston Chur		48.92m
2 Lepage, Tyrus	Centennial		47.31m
3 Davis, Jaden	Centennial		47.28m
4 Kroeker, Braden	Centennial		34.22m
5 Robins, Owen	Port Colborne		34.19m
6 McDonough, Adonis	West Niagara		33.18m
7 Freure, Adam	E.L. Crossley		31.24m
8 Noseworthy-Ralph, Lincol	Sir Winston Chur		31.14m
9 Thorpe-Cottingham, Will	E.L. Crossley		30.90m
10 Harmsworth, Campbell	Eden High School		30.69m
11 Colangelo, Roman	E.L. Crossley		28.23m
12 Hall, JQ	TSS,Thorold, ON		16.05m

Event 93 Women Javelin Throw Senior

Name	Year School	Seed	Finals
1 Moreau, Ivy	Stamford Secondary		24.58m
2 Jeffery, Rachel	E.L. Crossley		24.42m
3 Gunter, Brooke	NotreDame		24.26m
4 Teske, Keira	SOGS,St. Catharines		23.91m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 93 Women Javelin Throw Senior**

5	Nepomuceno, Bruna	TSS,Thorold, ON	23.77m
6	Reid, Allison	West Niagara	22.22m
7	Saddler, Jacklyn	AN Myer	21.05m
8	Gaitan, Gabrielle	NotreDame	20.53m
9	Tait, Ilona	West Niagara	17.00m
10	MacDonald, Nevaeh	TSS,Thorold, ON	15.25m
11	Green, Sarah	NotreDame	15.05m
12	Bernardi, Eva	E.L. Crossley	14.37m
13	Macdonald, Haley	Westlane	13.50m
--	Perdomo, Annabella	NotreDame	DQ
--	Horton, Avah	Sir Winston Chur	DQ

Event 94 Men Javelin Throw Senior

Name	Year School	Seed	Finals
1	Myers, Max	E.L. Crossley	53.99m
2	Freure, Adam	E.L. Crossley	44.46m
3	Aljafra, Mohammad	Sir Winston Chur	39.11m
4	Friesen, Cole	Laura Secord	38.29m
5	Ra, Oji	Stamford Secondary	36.65m
6	Dunn, Cam	E.L. Crossley	36.43m
7	Colangelo, Roman	E.L. Crossley	35.23m
8	Adam, Maddix	SOGS,St. Catharines	29.40m
9	Adelusi, Oluwa Tomiwa	NotreDame	29.21m
10	Narang, Avi	Centennial	27.21m
11	Uttley, Leo	Sir Winston Chur	25.84m
12	Harmsworth, Campbell	Eden High School	25.01m
13	Montoya, George	Sir Winston Chur	21.42m
14	Hall, JQ	TSS,Thorold, ON	20.73m
15	Thorpe-Cottingham, Will	E.L. Crossley	15.90m

Event 95 Women 4x100 Meter Relay Senior

School	Seed	Finals
1	West Niagara 'A'	55.09
2	E.L. Crossley 'A'	55.25
3	NotreDame 'A'	56.98

Event 96 Men 4x100 Meter Relay Senior

School	Seed	Finals	H#
1	NotreDame 'A'	46.77	2
2	Ridley College 'B'	46.94	2
3	E.L. Crossley 'B'	47.69	2
4	Laura Secord 'A'	49.15	1
5	Westlane 'A'	49.41	1
6	Ridley College 'A'	49.66	2
7	Governor Simcoe 'A'	50.03	1
8	Ridley College 'C'	51.88	2
9	E.L. Crossley 'A'	54.05	2
10	St. Catharines Collegiate 'A'	56.04	1

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 96 Men 4x100 Meter Relay Senior**

-- AN Myer 'A'

DQ 1

Event 97 Women 2000 Meter Steeplechase Open

Name	Year School	Seed	Finals
1 Lindley, Helena	Sir Winston Chur		8:01.62
2 Jeffery, Sydney	West Niagara		8:10.91
3 Quinn, Thea	Sir Winston Chur		8:31.49
4 Bruinsma, Olivia	West Niagara		8:32.83
5 Moran, Anna	Eden High School		8:39.85
6 Tarasuk, Sasha	E.L. Crossley		9:20.55
7 Romano, Arianna	Centennial		9:45.11

Event 98 Men 2000 Meter Steeplechase Open

Name	Year School	Seed	Finals
1 Bayne, Andrew	Eden High School		6:41.91
2 McIntosh, Jackson	West Niagara		6:44.16
3 MacRae, Logan	E.L. Crossley		7:08.72
4 Pouliot-Bekkering, Marek	SOGS,St. Catharines		7:09.84
5 Walker, Carson	Sir Winston Chur		7:54.20
6 Mckie, Callum	Eden High School		7:55.13
7 Gosnek, Liam	Westlane		8:09.36
8 Kelly, Conor	SOGS,St. Catharines		9:07.56

Event 99 Women 4x400 Meter Relay Open

School	Seed	Finals
1 Sir Winston Churchill 'A'		4:23.21
2 West Niagara 'A'		4:25.50
3 E.L. Crossley 'A'		4:56.62

Event 100 Men 4x400 Meter Relay Open

School	Seed	Finals
1 West Niagara 'A'		3:45.84
2 E.L. Crossley 'A'		3:52.35
3 Ridley College 'A'		3:53.04
4 Governor Simcoe 'A'		4:04.10