

**2025 SSNS Capital CITY District
Meet Program**

Event 1 Girls 80 Meter Hurdles 30" Junior**Wednesday 2025-05-14 - 10:00 AM**

SSNS: 12.11 2016-06-03 Sierra Sweeney

Lane	Name	School	Seed Time
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Section 1 of 5 Finals

1	14 Tindra Johnson	Armbræ Acad	_____
2	255 Anna Macdonald	Clayton Park	_____
3	680 Annika Compton	Gorsebrook J	_____
4	982 Veda Jackson	Highland Par	_____
5	420 Esther Ally	Ecole du Car	_____
6	1331 Goodness Olugu	St. Agnes Ju	_____
7	492 Naomi Chaulk	Elizabeth Su	_____
8	72 Zoe Muike	Bicentennial	_____

Section 2 of 5 Finals

1	694 Elizabeth O'Neill	Gorsebrook J	_____
2	630 Johanna Lobban	Fairview Jun	_____
3	1324 Kate Macaulay	St. Agnes Ju	_____
4	29 Mila Tucker	Armbræ Acad	_____
5	111 Lia MacKenzie	Caledonia Ju	_____
6	1259 Ainsley Gouthro	Sacred Heart	_____
7	1058 Alannah Aybaigar	John Martin	_____
8			_____

Section 3 of 5 Finals

1	1122 Regan Poirier	Oxford Schoo	_____
2	1070 Tre'niah Smith	John Martin	_____
3	1334 Sam Terrio	St. Agnes Ju	_____
4	510 Natalia Zarczynski	Elizabeth Su	_____
5	424 Jehanne Coutty	Ecole du Car	_____
6	25 Brie Robinson	Armbræ Acad	_____
7	980 Cloe Henneberry	Highland Par	_____
8			_____

Section 4 of 5 Finals

1	432 Agathe Tremblay	Ecole du Car	_____
2	1124 Quinn Rogers	Oxford Schoo	_____
3	675 Pippa Anderson	Gorsebrook J	_____
4	617 Khadija Al Kurdi	Fairview Jun	_____
5	494 Isabelle Deyoung	Elizabeth Su	_____
6	1171 Alex Fraser	Park West Sc	_____
7	104 Booklyn Collings	Caledonia Ju	_____
8			_____

Section 5 of 5 Finals

1	433 Emma Trionis	Ecole du Car	_____
2	640 Elle Thomas	Fairview Jun	_____
3	504 Erica Mahmoodi	Elizabeth Su	_____
4	1300 Maggie Allen	St. Agnes Ju	_____
5	697 Jane Rigby	Gorsebrook J	_____
6	8 Laudy El-Amiouni	Armbræ Acad	_____
7	1112 Anna Gillis	Oxford Schoo	_____
8			_____

Event 2 Boys 80 Meter Hurdles 30" Junior**Wednesday 2025-05-14 - 10:00 AM**

SSNS: 12.03 2023-06-12 Declan O'Brien

Lane	Name	School	Seed Time
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Section 1 of 4 Finals

1	138 Kowan Hernandez	Caledonia Ju	_____
2	711 Sasha Kaye	Gorsebrook J	_____
3	659 Mootaz Mekni	Fairview Jun	_____
4	511 Qusay Akkash	Elizabeth Su	_____
5	1366 Isaiah Mosher	St. Agnes Ju	_____
6	1094 Loic Siewe	John Martin	_____
7	989 Kai Fudge	Highland Par	_____
8	285 Casey Sullivan	Clayton Park	_____

Section 2 of 4 Finals

1	1155 Joshua Redhead	Oxford Schoo	_____
2	1361 James Lo	St. Agnes Ju	_____
3	1089 Emmanuel Nsofor	John Martin	_____
4	534 Darragh Reynolds	Elizabeth Su	_____
5	719 Ryland Norman	Gorsebrook J	_____
6	59 Evan Woolnough	Armbræ Acad	_____
7	147 Vedder Macqueen	Caledonia Ju	_____
8			_____

Section 3 of 4 Finals

1	516 David Colter	Elizabeth Su	_____
2	666 Duncan Ogilvie	Fairview Jun	_____
3	713 Cam Lau-A	Gorsebrook J	_____
4	993 Gregor Orlik	Highland Par	_____
5	1076 Caiden Allen	John Martin	_____
6	148 Emmitt Mahoney	Caledonia Ju	_____
7	1284 Wyatt Blain	Sacred Heart	_____
8			_____

Section 4 of 4 Finals

1	1144 Theoren Fortier	Oxford Schoo	_____
2	530 Jude Murray	Elizabeth Su	_____
3	445 Brysen Wood	Ecole du Car	_____
4	1075 Elias Ahmady	John Martin	_____
5	1370 Linden Todd	St. Agnes Ju	_____
6	136 Ethan Doyle	Caledonia Ju	_____
7	50 Jonah Mantley	Armbræ Acad	_____
8	727 Lucas Wyand	Gorsebrook J	_____



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Meet Program**

Event 3 Girls 80 Meter Hurdles 30" Intermediate**Wednesday 2025-05-14 - 10:15 AM****SSNS: 12.12 2023-06-12 Maryn Smith**

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	1127 Gretta Smith	Oxford Schoo	_____
2	1068 Esther Popoola	John Martin	_____
3	682 Reece Donovan	Gorsebrook J	_____
4	174 Aesha Chege	Citadel High	_____
5	629 Abigail Joesph	Fairview Jun	_____
6	327 Tori Rendell	Dartmouth Hi	_____
7	1379 Shylaijah Brooks	Woodlawn Hig	_____
8	189 Hanna Jeong	Citadel High	_____

Section 2 of 3 Finals

1	12 Deandra Gibson	Armbrac Acad	_____
2	632 Jordyn McPhee	Fairview Jun	_____
3	703 Kaye Wilson	Gorsebrook J	_____
4	305 Violet Appleby	Dartmouth Hi	_____
5	207 Lia Yang	Citadel High	_____
6	1397 Molly Lodge	Woodlawn Hig	_____
7	1129 Clara Walker	Oxford Schoo	_____
8	1328 Gianna Metlej	St. Agnes Ju	_____

Section 3 of 3 Finals

1	681 Peyton Donovan	Gorsebrook J	_____
2	619 Leonor Cordero	Fairview Jun	_____
3	1381 Abby Coles	Woodlawn Hig	_____
4	1314 Brynn Feeney	St. Agnes Ju	_____
5	913 Abigail Gaudet	Halifax West	_____
6	624 Nesma Eldik	Fairview Jun	_____
7	311 Peyton Crowe	Dartmouth Hi	_____
8	169 Esther Abiri	Citadel High	_____

Event 4 Boys 100 Meter Hurdles 33" Intermediate**Wednesday 2025-05-14 - 10:15 AM****SSNS: 13.84 2024-05-31 Declan O'Blenis**

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	1090 Michael Okoabah	John Martin	_____
2	44 Stratos Karountzos	Armbrac Acad	_____
3	667 Rire Olewole	Fairview Jun	_____
4	1043 Samuel Ojelabi	JL Ilsley Hi	_____
5	356 Caleb O.Balogun	Dartmouth Hi	_____
6	641 Anas Aboalaish	Fairview Jun	_____
7	42 Sachin Jeyakumar	Armbrac Acad	_____
8			_____

Section 2 of 2 Finals

1	1038 Drew Lucas	JL Ilsley Hi	_____
2	642 Natty Abreha	Fairview Jun	_____
3	47 DJ MacLean	Armbrac Acad	_____
4	1088 Sajid Mohammed	John Martin	_____
5	848 Levi Adler	Halifax Gram	_____
6	1134 Daniel Aladejebi	Oxford Schoo	_____
7	57 Fin Sangster	Armbrac Acad	_____
8			_____

Event 5 Girls 100 Meter Hurdles 30" Senior**Wednesday 2025-05-14 - 10:30 AM****SSNS: 14.40 2024-05-31 Queen Clayton**

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	22 Audrey Napier	Armbrac Acad	_____
2	188 Anna Jeong	Citadel High	_____
3	1021 Sonja Watkentin	JL Ilsley Hi	_____
4	314 Celine Hoyeck	Dartmouth Hi	_____
5	1005 Katherine Craig	JL Ilsley Hi	_____
6	172 Julia Berry	Citadel High	_____
7	1 Teeny Beales	Armbrac Acad	_____
8			_____

Section 2 of 2 Finals

1	1006 Ava Dibblee	JL Ilsley Hi	_____
2	825 Vivian Johnson	Halifax Gram	_____
3	18 Laodiki Lutwick-Camp	Armbrac Acad	_____
4	171 Bea Asbridge	Citadel High	_____
5	309 Zakyra Bundy	Dartmouth Hi	_____
6	204 Nasiya Stephenson	Citadel High	_____
7			_____
8			_____

Event 6 Boys 110 Meter Hurdles 36" Senior**Wednesday 2025-05-14 - 10:30 AM****SSNS: 14.79 2024-05-31 Luke Colwell**

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1			_____
2	952 Ethan Metzger	Halifax West	_____
3	37 Deion Coward	Armbrac Acad	_____
4	1373 Manning Kingston	Unattached	_____
5	342 D'Ontay Fraser	Dartmouth Hi	_____
6	212 Harrison Dunphy	Citadel High	_____
7			_____
8			_____



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Section 2 of 2 Finals...(Event 6 Boys 110 Meter Hurdles 36")

1		
2	363 Jack Theunissen	Dartmouth Hi
3	1431 Joaquin Yakubu	Woodlawn Hig
4	333 Victor Amani	Dartmouth Hi
5	31 Jaylen Berglund-Simm	Armbrac Acad
6	948 Robert Martin	Halifax West
7		
8		

Event 7 Girls 400 Meter Dash Junior**Wednesday 2025-05-14 - 11:15 AM****SSNS: 58.99 2019-05-31 Cara MacDonald**

Lane	Name	School	Seed Time
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Section 1 of 10 Finals

1	1275 Pippi Stiles	Sacred Heart	
2	376 Aliyah Hoskin	Dartmouth So	
3	971 Isabelle Homans	Herring Cove	
4	816 Stella Asher	Halifax Gram	
5	1226 Tertil Musa	Rockingstone	
6	545 Brooke Dolan	Ellenvale Ju	
7	1128 Savannah Thalheime	Oxford Schoo	
8	639 Carmen Savory	Fairview Jun	

Section 2 of 10 Finals

1	1114 Allie Hope	Oxford Schoo	
2	679 Annabelle Chisholm	Gorsebrook J	
3	550 Lillian Macdonald	Ellenvale Ju	
4	1218 Saja Alhasoun	Rockingstone	
5	1069 Precious Regino	John Martin	
6	836 Hannah Orr	Halifax Gram	
7	506 Soraiyah Msabaha	Elizabeth Su	
8	1162 Sara Awet Teka	Park West Sc	

Section 3 of 10 Finals

1	1062 Ameira Gray	John Martin	
2	382 Adedayo Olatunji	Dartmouth So	
3	547 Alice Laventure	Ellenvale Ju	
4	797 Anna Kok	Halifax Chri	
5	452 Alexandra Taddei	Ecole Mer et	
6	121 Shekinah Syntche Tac	Caledonia Ju	
7	21 Lydia Muchangi	Armbrac Acad	
8	732 Ellen Brady	Halifax Cent	

Section 4 of 10 Finals

1	592 Emma Morash	Eric Graves	
2	1273 Judi Smith	Sacred Heart	
3	735 Adau Deng	Halifax Cent	
4	972 Audrey McNeil	Herring Cove	
5	1335 Olivia Thomson	St. Agnes Ju	
6	259 Jessa Salasalan	Clayton Park	
7	981 Itissam Ismail	Highland Par	
8	497 Annika Hall	Elizabeth Su	

Section 5 of 10 Finals

1	73 Nicola Pitts	Bicentennial	
2	730 Bea Arsenaunt	Halifax Cent	
3	637 Amelia Sandford	Fairview Jun	
4	509 Tennyille Riley	Elizabeth Su	
5	10 Genevieve Ellsmere	Armbrac Acad	
6	702 Helen Whitman	Gorsebrook J	
7	378 Ella Macfarlane	Dartmouth So	
8	1102 Nelly Benautio	Oxford Schoo	

Section 6 of 10 Finals

1	737 Priya Eichler	Halifax Cent	
2	791 Tomiyin Ajatomobi	Halifax Chri	
3	1265 Grace MacInnes	Sacred Heart	
4	980 Cloe Henneberry	Highland Par	
5	1070 Tre'niah Smith	John Martin	
6	78 Pauline Samillano	Bicentennial	
7	1166 Saanvi Chopra	Park West Sc	
8			

Section 7 of 10 Finals

1	1216 Anuoluwapo Agbedu	Rockingstone	
2	1163 Samhita Balaji Krish	Park West Sc	
3	692 Skyla Naas	Gorsebrook J	
4	638 Marley Sandford	Fairview Jun	
5	424 Jehanne Coutty	Ecole du Car	
6	11 Ruby Ellsmere	Armbrac Acad	
7	1338 Audrey Veinot	St. Agnes Ju	
8			

Section 8 of 10 Finals

1	1229 Rimas Shabrak	Rockingstone	
2	487 Lilly Bennett	Elizabeth Su	
3	846 Vivian Yu	Halifax Gram	
4	118 Eliana Safatli	Caledonia Ju	
5	1178 Maha Mohan	Park West Sc	
6	1334 Sam Terrio	St. Agnes Ju	
7	263 Sarah Tiga	Clayton Park	
8			

Section 9 of 10 Finals

1	75 Chelsea Rendell	Bicentennial	
2	9 Mary Elliot	Armbrac Acad	
3	108 Olivia King	Caledonia Ju	
4	261 Josie Sullivan	Clayton Park	
5	370 Abbey Berry	Dartmouth So	
6	684 Annie Grant	Gorsebrook J	
7	832 Eva Montoya	Halifax Gram	
8			



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Section 10 of 10 Finals...(Event 7 Girls 400 Meter Dash Junior)

1	633 Ashlyn Noseworthy	Fairview Jun	_____
2	1099 Astrid Askheim	Oxford Schoo	_____
3	1260 Hannah Greek	Sacred Heart	_____
4	970 Luci Ewing	Herring Cove	_____
5	893 Claire Pothier	Halifax Inde	_____
6	1320 Emma Laycock	St. Agnes Ju	_____
7	1060 Joniyah Colley	John Martin	_____
8			_____

Event 8 Boys 400 Meter Dash Junior**Wednesday 2025-05-14 - 11:15 AM****SSNS: 53.72 2013****Barrett Dachyshyn**

Lane	Name	School	Seed Time
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Section 1 of 10 Finals

1	1148 Reid Laroche	Oxford Schoo	_____
2	649 William Creelman	Fairview Jun	_____
3	761 Ben Connick	Halifax Cent	_____
4	300 Jahream Fletcher	Cunard Junio	_____
5	995 Noel Perdhiku	Highland Par	_____
6	523 Sebi Lowe	Elizabeth Su	_____
7	392 Corwinn Marshall	Dartmouth So	_____
8	726 Elias Willet	Gorsebrook J	_____

Section 2 of 10 Finals

1	764 Charlie Dunphy	Halifax Cent	_____
2	881 Benson Williams	Halifax Gram	_____
3	537 Jonah Sequeira	Elizabeth Su	_____
4	1212 Risshant Vatchavari	Park West Sc	_____
5	707 Ruan Budgell	Gorsebrook J	_____
6	453 Charles Allen	Ecole Mer et	_____
7	393 Noah Melanson	Dartmouth So	_____
8			_____

Section 3 of 10 Finals

1	577 Jacob Scott	Ellenvale Ju	_____
2	162 Jack Taylor	Caledonia Ju	_____
3	1081 Tyrell Grosse	John Martin	_____
4	459 Georgie Guthrie	Ecole Mer et	_____
5	1198 Karim Hamo	Park West Sc	_____
6	96 Youngjae Talbot	Bicentennial	_____
7	270 Gus Edwards	Clayton Park	_____
8	664 Dan Naidenkin	Fairview Jun	_____

Section 4 of 10 Finals

1	58 Mahlik Slawter	Armbræ Acad	_____
2	1354 Rodwin Ghasmain	St. Agnes Ju	_____
3	602 Jacob Griffin	Eric Graves	_____
4	656 Thomas Macdonald	Fairview Jun	_____
5	269 Bishop Daye	Clayton Park	_____
6	1149 Charlie Lewis	Oxford Schoo	_____
7	776 James Locke	Halifax Cent	_____
8	563 Cohen Cluett	Ellenvale Ju	_____

Section 5 of 10 Finals

1	774 Emersen Lengema	Halifax Cent	_____
2	1151 Jake Macpherson	Oxford Schoo	_____
3	148 Emmitt Mahoney	Caledonia Ju	_____
4	875 Yeshaan Nair	Halifax Gram	_____
5	1076 Caiden Allen	John Martin	_____
6	48 Mason MacRae	Armbræ Acad	_____
7	278 Lachlan Mackay	Clayton Park	_____
8	596 Ismail Ahmad	Eric Graves	_____

Section 6 of 10 Finals

1	1289 Liam Connolly	Sacred Heart	_____
2	1359 Owen Kempster-Harj	St. Agnes Ju	_____
3	303 Nash Salas	Cunard Junio	_____
4	723 Alex Tracy	Gorsebrook J	_____
5	1079 Liam Busk	John Martin	_____
6	135 Hayden Doucet	Caledonia Ju	_____
7	405 Owen Gilbert	East Coast V	_____
8	527 Austin Matchem	Elizabeth Su	_____

Section 7 of 10 Finals

1	1147 Leo Jackspn	Oxford Schoo	_____
2	711 Sasha Kaye	Gorsebrook J	_____
3	465 Stephen Ndjikeungou	Ecole Mer et	_____
4	402 Maddox Burke	East Coast V	_____
5	580 Roberts Tristan	Ellenvale Ju	_____
6	435 Jacob Boudreau	Ecole du Car	_____
7	1243 Emmanuel Sylvester	Rockingstone	_____
8			_____

Section 8 of 10 Finals

1	886 Kian Wornell	Halifax Gram	_____
2	151 Logan Myers	Caledonia Ju	_____
3	657 Leo Manos	Fairview Jun	_____
4	444 Jack White	Ecole du Car	_____
5	1236 Daniel Enerowo	Rockingstone	_____
6	411 Osman Mohammed	East Coast V	_____
7	1188 Soham Ausekar	Park West Sc	_____
8			_____

Section 9 of 10 Finals

1	440 Evan Macdonald	Ecole du Car	_____
2	1085 Jason Kim	John Martin	_____
3	403 Leroy Crowe	East Coast V	_____
4	54 Remi Omisade	Armbræ Acad	_____
5	872 Kai Liu	Halifax Gram	_____
6	471 Luc Villeneuve	Ecole Mer et	_____
7	598 Kalum Ayers	Eric Graves	_____
8			_____



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Section 10 of 10 Finals...(Event 8 Boys 400 Meter Dash Junior)

1	1361 James Lo	St. Agnes Ju	_____
2	517 Leo Delarue	Elizabeth Su	_____
3	1186 Jotham Adewole	Park West Sc	_____
4	564 Patrick Cody-Cox	Ellenvale Ju	_____
5	273 Mattias Gheisar	Clayton Park	_____
6	445 Brysen Wood	Ecole du Car	_____
7	1241 Hanif Quadre	Rockingstone	_____
8			_____

Event 9 Girls 400 Meter Dash Intermediate**Wednesday 2025-05-14 - 11:45 AM**

SSNS: 57.24 2003

Jenna Martin

Lane	Name	School	Seed Time
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Section 1 of 5 Finals

1	1247 Victoria Carroll	Sacred Heart	_____
2	698 Madeline Rigby	Gorsebrook J	_____
3	841 Molly Sancton	Halifax Gram	_____
4	1011 Annie Johns	JL Ilsley Hi	_____
5	925 Addison Myers	Halifax West	_____
6	1108 Sadie Cunningham	Oxford Schoo	_____
7	3 Morgan Clarke	Armbræ Acad	_____
8	66 Ashley Ermita	Bicentennial	_____

Section 2 of 5 Finals

1	330 Lauren Trenholm	Dartmouth Hi	_____
2	915 Touleen Kanaan	Halifax West	_____
3	1257 Moira Gillis	Sacred Heart	_____
4	740 Ella Goralski	Halifax Cent	_____
5	1314 Brynn Feeney	St. Agnes Ju	_____
6	1379 Shylaijah Brooks	Woodlawn Hig	_____
7	68 Charlotte Hickey	Bicentennial	_____
8	1133 Vivian Zwicker	Oxford Schoo	_____

Section 3 of 5 Finals

1	1130 Hannah Wells	Oxford Schoo	_____
2	473 Breanna Ellis	Ecole second	_____
3	1322 Emeila Legere	St. Agnes Ju	_____
4	977 Ruqayyah Boutillier	Highland Par	_____
5	1272 Isobel Schrader	Sacred Heart	_____
6	554 Ava Randall	Ellenvale Ju	_____
7	329 Grace Theunissen	Dartmouth Hi	_____
8	748 Lucy Reardon	Halifax Cent	_____

Section 4 of 5 Finals

1	591 Veronica Mitchell	Eric Graves	_____
2	1397 Molly Lodge	Woodlawn Hig	_____
3	325 Phoebe Murphy	Dartmouth Hi	_____
4	975 Fiona Anderson	Highland Par	_____
5	1310 Myla Durfee	St. Agnes Ju	_____
6	12 Deandra Gibson	Armbræ Acad	_____
7	743 Julia Locke	Halifax Cent	_____
8	1264 Sophia Macdonald	Sacred Heart	_____

Section 5 of 5 Finals

1	323 Tessa McLean	Dartmouth Hi	_____
2	1329 Leah Miller	St. Agnes Ju	_____
3	912 Amarachi Ezurike	Halifax West	_____
4	843 Ayla Williams	Halifax Gram	_____
5	17 Brooklyn Lucas	Armbræ Acad	_____
6	999 Gwen Achenbach	JL Ilsley Hi	_____
7	70 Cassidy McFarlane	Bicentennial	_____
8			_____

Event 10 Boys 400 Meter Dash Intermediate**Wednesday 2025-05-14 - 11:45 AM**

SSNS: 50.87 2005

Jonathan Campbell

Lane	Name	School	Seed Time
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Section 1 of 7 Finals

1	1365 Kaydien Mootrey	St. Agnes Ju	_____
2	1409 Timothy DeLong	Woodlawn Hig	_____
3	40 Bannen Green	Armbræ Acad	_____
4	1406 Nikhil Batra	Woodlawn Hig	_____
5	213 Sebastian Fridell-Ervi	Citadel High	_____
6	1153 Atilla Narvey	Oxford Schoo	_____
7	777 Remi Macdonald	Halifax Cent	_____
8	674 Ben Wang	Fairview Jun	_____

Section 2 of 7 Finals

1	42 Sachin Jeyakumar	Armbræ Acad	_____
2	669 John Raymond	Fairview Jun	_____
3	97 Emil Tesoro	Bicentennial	_____
4	483 Joshua Misner	Ecole second	_____
5	1139 Ben Creighton	Oxford Schoo	_____
6	964 James Thibault	Halifax West	_____
7	1038 Drew Lucas	JL Ilsley Hi	_____
8	131 Daniel Dada	Caledonia Ju	_____

Section 3 of 7 Finals

1	1160 Charlie Thompson	Oxford Schoo	_____
2	1294 Vikesh Mukhida	Sacred Heart	_____
3	708 Remy Chapman-Belliv	Gorsebrook J	_____
4	85 Myer Cogdon	Bicentennial	_____
5	874 Cadence MacLeod	Halifax Gram	_____
6	232 Oliver Neeve	Citadel High	_____
7	809 Caleb Kok	Halifax Chri	_____
8			_____

Section 4 of 7 Finals

1	87 Adam Jarrett	Bicentennial	_____
2	778 Max MacNeil	Halifax Cent	_____
3	1214 Sayhan Zaman	Park West Sc	_____
4	348 Ashton Kennedy	Dartmouth Hi	_____
5	1157 Kallum Slaunwhite	Oxford Schoo	_____
6	33 Clark Brine	Armbræ Acad	_____
7	1031 Darian Fukala	JL Ilsley Hi	_____
8			_____



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Section 5 of 7 Finals...(Event 10 Boys 400 Meter Dash Intern

1	717 Keiran Morrison	Gorsebrook J	_____
2	34 Kale Brown	Armbræ Acad	_____
3	1049 Lometh Samarasingh	JL Ilsley Hi	_____
4	344 Knowledge Glasgow	Dartmouth Hi	_____
5	1413 Jacob Harmon	Woodlawn Hig	_____
6	985 Khalil Al Kaddah	Highland Par	_____
7	869 Logan Hounsell	Halifax Gram	_____
8			_____

Section 6 of 7 Finals

1	1282 Evan Beaubien	Sacred Heart	_____
2	853 Jack Brady	Halifax Gram	_____
3	237 Edwin Siller	Citadel High	_____
4	765 Eric Earle	Halifax Cent	_____
5	1091 Meer Patel	John Martin	_____
6	716 Connor Mark	Gorsebrook J	_____
7	1357 Jayden Ha	St. Agnes Ju	_____
8			_____

Section 7 of 7 Finals

1	1288 Kellen Brown	Sacred Heart	_____
2	88 Ben Lelievre	Bicentennial	_____
3	653 Lucas Lerue	Fairview Jun	_____
4	863 Christos Giannou	Halifax Gram	_____
5	1098 Mick Wright	John Martin	_____
6	1033 Alex Gyorfi	JL Ilsley Hi	_____
7	710 Sheppard Dorland	Gorsebrook J	_____
8			_____

Event 11 Girls 400 Meter Dash Senior**Wednesday 2025-05-14 - 12:15 PM****SSNS: 54.13 2006****Jenna Martin**

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	4 Natalia Colley	Armbræ Acad	_____
2	188 Anna Jeong	Citadel High	_____
3	1251 Liviya Driver	Sacred Heart	_____
4	183 Grace Galloway	Citadel High	_____
5	1022 Maddalena Webb	JL Ilsley Hi	_____
6	1266 Yuka Maryuyama	Sacred Heart	_____
7	827 Keira Lee	Halifax Gram	_____
8	324 Olivia Murphy	Dartmouth Hi	_____

Section 2 of 2 Finals

1	1269 Mary-Lou O'Regan	Sacred Heart	_____
2	180 Sophia Das	Citadel High	_____
3	1020 Rylee Tibbo	JL Ilsley Hi	_____
4	5 Mariah Dicks	Armbræ Acad	_____
5	171 Bea Asbridge	Citadel High	_____
6	1246 Phoebe Bruce	Sacred Heart	_____
7	322 Frances MacLeod	Dartmouth Hi	_____
8	923 Sofia Mengual-Clare	Halifax West	_____

Event 12 Boys 400 Meter Dash Senior**Wednesday 2025-05-14 - 12:15 PM****SSNS: 48.49 2015****Mike Van Der Poel**

Lane Name	School	Seed Time
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Section 1 of 3 Finals

1	52 Oliver Nadeau	Armbræ Acad	_____
2	862 Ziyang Gao	Halifax Gram	_____
3	43 Nai Johnson	Armbræ Acad	_____
4	347 Alden Hiltz	Dartmouth Hi	_____
5	931 Benjamin Amusan	Halifax West	_____
6	236 Luke Sarty	Citadel High	_____
7	1291 Thomas Emberly	Sacred Heart	_____
8			_____

Section 2 of 3 Finals

1	238 Chris Sneddon	Citadel High	_____
2	37 Deion Coward	Armbræ Acad	_____
3	1415 Nathan Herman	Woodlawn Hig	_____
4	340 Davian Bonnick	Dartmouth Hi	_____
5	968 Yunshu Zhao	Halifax West	_____
6	877 Ryan Peng	Halifax Gram	_____
7			_____
8			_____

Section 3 of 3 Finals

1	342 D'Ontay Fraser	Dartmouth Hi	_____
2	51 Ismaiel Mashaly	Armbræ Acad	_____
3	954 Isaac Muindi	Halifax West	_____
4	1026 Keondre Brown	JL Ilsley Hi	_____
5	1287 Simon Bortolussi	Sacred Heart	_____
6	948 Robert Martin	Halifax West	_____
7			_____
8			_____

Event 13 Girls 100 Meter Dash Junior**Top 16 Advance by Time****Wednesday 2025-05-14 - 1:15 PM****SSNS: 12.64 2006****Nikkia Jones****Ties: 12.50 1995****Christine Fleury (hand)**

Lane Name	School	Seed Time
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Heat 1 of 13 Prelims

1	6 Amaiya Downey	Armbræ Acad	_____
2	640 Elle Thomas	Fairview Jun	_____
3	980 Cloe Henneberry	Highland Par	_____
4	545 Brooke Dolan	Ellenvale Ju	_____
5	1059 Vanessa Bonnick	John Martin	_____
6	839 Kate Rix	Halifax Gram	_____
7	792 Annelise Alarcon	Halifax Chri	_____
8	742 Charlie Hazel	Halifax Cent	_____



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Heat 2 of 13 Prelims...(Event 13 Girls 100 Meter Dash Junio

1	837 Julia Park	Halifax Gram	_____
2	1063 Dakota Lahey	John Martin	_____
3	790 Tomisin Ajetomobi	Halifax Chri	_____
4	592 Emma Morash	Eric Graves	_____
5	250 Akubata Eche-Nwosu	Clayton Park	_____
6	73 Nicola Pitts	Bicentennial	_____
7	548 Le Le	Ellenvale Ju	_____
8	503 Morgan Lee	Elizabeth Su	_____

Heat 3 of 13 Prelims

1	376 Aliyah Hoskin	Dartmouth So	_____
2	447 Nā'Ve Lewis	Ecole Mer et	_____
3	680 Annika Compton	Gorsebrook J	_____
4	1175 Alicia Inkoom	Park West Sc	_____
5	549 Josie Maccormick	Ellenvale Ju	_____
6	1124 Quinn Rogers	Oxford Schoo	_____
7	488 Abby Boudreau	Elizabeth Su	_____
8	1065 Bailee Mason	John Martin	_____

Heat 4 of 13 Prelims

1	817 Zoe Connell	Halifax Gram	_____
2	551 Ayla Mert	Ellenvale Ju	_____
3	620 Mia Couse	Fairview Jun	_____
4	64 Alaura Downey-Burns	Bicentennial	_____
5	266 Ifi Uzochukwu	Clayton Park	_____
6	895 Josie Scott	Halifax Inde	_____
7	973 Sara Woolaver	Herring Cove	_____
8	29 Mila Tucker	Armbræ Acad	_____

Heat 5 of 13 Prelims

1	501 Parvati Jean-Lilly	Elizabeth Su	_____
2	296 Tamara Okong'o	Cunard Junio	_____
3	420 Esther Ally	Ecole du Car	_____
4	399 Adrienne Fraser	East Coast V	_____
5	685 Lily Greenwood	Gorsebrook J	_____
6	835 Teni Ogunsakin	Halifax Gram	_____
7	1255 Anna Gillis	Sacred Heart	_____
8	449 Charlotte Nader	Ecole Mer et	_____

Heat 6 of 13 Prelims

1	1311 Meron Ermias	St. Agnes Ju	_____
2	984 Kishana Richards	Highland Par	_____
3	490 Darcie Bowdridge	Elizabeth Su	_____
4	795 Eva Holmes	Halifax Chri	_____
5	1132 Mahrell Willis	Oxford Schoo	_____
6	295 Camryn Myra	Cunard Junio	_____
7	267 Thanian Wright	Clayton Park	_____
8	383 Lynleigh Parsons	Dartmouth So	_____

Heat 7 of 13 Prelims

1	1171 Alex Fraser	Park West Sc	_____
2	78 Pauline Samillano	Bicentennial	_____
3	117 Nyazia Rafuse Downe	Caledonia Ju	_____
4	1121 Eden Oore	Oxford Schoo	_____
5	972 Audrey McNeil	Herring Cove	_____
6	25 Brie Robinson	Armbræ Acad	_____
7	299 Callie Williams	Cunard Junio	_____
8			_____

Heat 8 of 13 Prelims

1	974 Rinnah Ananaba	Highland Par	_____
2	1273 Judi Smith	Sacred Heart	_____
3	381 Audrey Martin-May	Dartmouth So	_____
4	1222 Jordynn Hartley	Rockingstone	_____
5	1312 Saron Ermias	St. Agnes Ju	_____
6	422 Brielle Breau	Ecole du Car	_____
7	1176 Ashlyn Kendell	Park West Sc	_____
8			_____

Heat 9 of 13 Prelims

1	291 Suri Cruz	Cunard Junio	_____
2	451 Daphne Stec	Ecole Mer et	_____
3	1228 Alexis Preeper	Rockingstone	_____
4	1103 Ayonna Brown	Oxford Schoo	_____
5	1271 Olivia Rosinski	Sacred Heart	_____
6	114 Claire Oakes	Caledonia Ju	_____
7	427 Mylā'ne Landry	Ecole du Car	_____
8			_____

Heat 10 of 13 Prelims

1	378 Ella Macfarlane	Dartmouth So	_____
2	633 Ashlyn Noseworthy	Fairview Jun	_____
3	739 Sophie Fisher	Halifax Cent	_____
4	74 Mahitha Pothu	Bicentennial	_____
5	1223 Sydney Kennedy	Rockingstone	_____
6	1298 Khitam Al Mohamad	St. Agnes Ju	_____
7	889 Elora Deacoff	Halifax Inde	_____
8			_____

Heat 11 of 13 Prelims

1	1253 Fiona Francis	Sacred Heart	_____
2	21 Lydia Muchangi	Armbræ Acad	_____
3	637 Amelia Sandford	Fairview Jun	_____
4	586 Ivey Gilmour	Eric Graves	_____
5	247 Laila Awad	Clayton Park	_____
6	732 Ellen Brady	Halifax Cent	_____
7	802 Kayoon Sohn	Halifax Chri	_____
8			_____



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Heat 12 of 13 Prelims...(Event 13 Girls 100 Meter Dash Juni

1	1184 Arizona Sparks	Park West Sc	_____
2	428 Sarah LeBlanc	Ecole du Car	_____
3	585 Ava Chaulk- Stevens	Eric Graves	_____
4	684 Annie Grant	Gorsebrook J	_____
5	969 Charlotte Bullen	Herring Cove	_____
6	105 Katelyn Eld	Caledonia Ju	_____
7	1331 Goodness Olugu	St. Agnes Ju	_____
8			_____

Heat 13 of 13 Prelims

1	976 Visa Beals	Highland Par	_____
2	1058 Alannah Aybaigar	John Martin	_____
3	583 Julia Alonso	Eric Graves	_____
4	102 Julia Campbell	Caledonia Ju	_____
5	733 Ceci Correa	Halifax Cent	_____
6	697 Jane Rigby	Gorsebrook J	_____
7	446 Claire Davidson	Ecole Mer et	_____
8			_____

Event 14 Boys 100 Meter Dash Junior**Top 16 Advance by Time****Wednesday 2025-05-14 - 1:15 PM**

SSNS: 11.56 2023-06-12 Wyatt Thurston

Ties: 11.50 1995 Nick Smith (hand)

Lane	Name	School	Seed Time
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Heat 1 of 12 Prelims

1	54 Remi Omisade	Armbrac Acad	_____
2	906 Tristan Stephens	Halifax Inde	_____
3	1140 Nico Cuadra Dumke	Oxford Schoo	_____
4	780 Caius Mitchell	Halifax Cent	_____
5	443 Aristide Niyonyishu	Ecole du Car	_____
6	1284 Wyatt Blain	Sacred Heart	_____
7	665 Jax Nickerson-Meehai	Fairview Jun	_____
8	1199 Zeus Herminigildo	Park West Sc	_____

Heat 2 of 12 Prelims

1	150 Jax Mosher	Caledonia Ju	_____
2	50 Jonah Mantley	Armbrac Acad	_____
3	772 Leo Kelleher	Halifax Cent	_____
4	898 Emmet Armstrong	Halifax Inde	_____
5	599 Lennon Bezanson	Eric Graves	_____
6	461 Lahayi Igiraneza	Ecole Mer et	_____
7	575 Sebastian Richards	Ellenvale Ju	_____
8	1198 Karim Hamo	Park West Sc	_____

Heat 3 of 12 Prelims

1	1205 Delight Maphosa	Park West Sc	_____
2	564 Patrick Cody-Cox	Ellenvale Ju	_____
3	602 Jacob Griffin	Eric Graves	_____
4	720 Cohen Raimondo	Gorsebrook J	_____
5	419 Jake Willmott	East Coast V	_____
6	284 Devrethik Sarvanan	Clayton Park	_____
7	133 Malik Diggs	Caledonia Ju	_____
8	1346 Yael Atienza	St. Agnes Ju	_____

Heat 4 of 12 Prelims

1	393 Noah Melanson	Dartmouth So	_____
2	58 Mahlik Slawter	Armbrac Acad	_____
3	96 Youngjae Talbot	Bicentennial	_____
4	302 Nolan Phillips	Cunard Junio	_____
5	1239 Rynase Nkanyo	Rockingstone	_____
6	995 Noel Perdhibu	Highland Par	_____
7	1085 Jason Kim	John Martin	_____
8	875 Yeshaan Nair	Halifax Gram	_____

Heat 5 of 12 Prelims

1	643 Elijah Amore	Fairview Jun	_____
2	1083 Ryder Heffler	John Martin	_____
3	1236 Daniel Enerowo	Rockingstone	_____
4	48 Mason MacRae	Armbrac Acad	_____
5	440 Evan Macdonald	Ecole du Car	_____
6	389 Enosa Bello	Dartmouth So	_____
7	1150 Jack MacLean	Oxford Schoo	_____
8	402 Maddox Burke	East Coast V	_____

Heat 6 of 12 Prelims

1	1096 Triumph Uzoma	John Martin	_____
2	528 Samuel McIntosh	Elizabeth Su	_____
3	445 Brysen Wood	Ecole du Car	_____
4	719 Ryland Norman	Gorsebrook J	_____
5	137 Isaac Duffy	Caledonia Ju	_____
6	1232 Uvie Akpoguma	Rockingstone	_____
7	391 Sully Fraser	Dartmouth So	_____
8	1155 Joshua Redhead	Oxford Schoo	_____

Heat 7 of 12 Prelims

1	713 Cam Lau-A	Gorsebrook J	_____
2	766 Gryffin Foley Morris	Halifax Cent	_____
3	534 Darragh Reynolds	Elizabeth Su	_____
4	1075 Elias Ahmady	John Martin	_____
5	659 Mootaz Mekni	Fairview Jun	_____
6	416 Kingsley Teal	East Coast V	_____
7	878 Anderson Powers	Halifax Gram	_____
8			_____



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Heat 8 of 12 Prelims...(Event 14 Boys 100 Meter Dash Junior)

1	578 Aarush Shivas	Ellenvale Ju	_____
2	866 George Hanada	Halifax Gram	_____
3	1345 Trevon Allison	St. Agnes Ju	_____
4	279 Dirk MacLeod	Clayton Park	_____
5	303 Nash Salas	Cunard Junio	_____
6	903 Marcus Robson	Halifax Inde	_____
7	457 Simcha Diamond	Ecole Mer et	_____
8			_____

Heat 9 of 12 Prelims

1	441 Benjamin MacInnis	Ecole du Car	_____
2	1285 Luke Boody	Sacred Heart	_____
3	151 Logan Myers	Caledonia Ju	_____
4	1161 Simon Winter	Oxford Schoo	_____
5	647 Jamie Briscombe	Fairview Jun	_____
6	600 Izaiyah Downey- Red	Eric Graves	_____
7	95 Glendon Smith-Thomp	Bicentennial	_____
8			_____

Heat 10 of 12 Prelims

1	1240 Christopher Oyedele	Rockingstone	_____
2	274 Abdul Hamid	Clayton Park	_____
3	300 Jahream Fletcher	Cunard Junio	_____
4	1344 Ahmad Alali	St. Agnes Ju	_____
5	403 Leroy Crowe	East Coast V	_____
6	513 Sawyer Brown	Elizabeth Su	_____
7	459 Georgie Guthrie	Ecole Mer et	_____
8			_____

Heat 11 of 12 Prelims

1	84 Nolan Campbell	Bicentennial	_____
2	786 Shayan Zeinali	Halifax Cent	_____
3	540 Lars Struijf	Elizabeth Su	_____
4	272 Matthew Filler	Clayton Park	_____
5	900 Carsen Gibson	Halifax Inde	_____
6	1191 Sidhant Bhatia	Park West Sc	_____
7	460 Hichem Hamdidouche	Ecole Mer et	_____
8			_____

Heat 12 of 12 Prelims

1	388 Reid Ash	Dartmouth So	_____
2	571 Alexander Merrick	Ellenvale Ju	_____
3	598 Kalum Ayers	Eric Graves	_____
4	712 Nathan Kelly	Gorsebrook J	_____
5	1296 Boyd Schrader	Sacred Heart	_____
6	860 Malcolm Fatokun	Halifax Gram	_____
7	1359 Owen Kempster-Har	St. Agnes Ju	_____
8			_____

Event 15 Girls 100 Meter Dash Intermediate**16 Advance: Top 1 Each Heat plus Next 6 Best Times****Wednesday 2025-05-14 - 1:45 PM****SSNS: 12.33 2007****Marissa Wolter****Ties: 12.20 1997****Christine Fluery (hand)**

Lane	Name	School	Seed Time
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Heat 1 of 10 Prelims

1	800 Sanskriti Pradhan	Halifax Chri	_____
2	1174 Eunice Im	Park West Sc	_____
3	618 Jenny Chen	Fairview Jun	_____
4	1268 Joni O'Regan	Sacred Heart	_____
5	77 Rebecca Riley	Bicentennial	_____
6	316 Breanna Johnson	Dartmouth Hi	_____
7	1386 Rylee Den Hollander	Woodlawn Hig	_____
8	474 Audrey Joseph	Ecole second	_____

Heat 2 of 10 Prelims

1	476 Soraya Mfoumou	Ecole second	_____
2	749 Molly Sneddon	Halifax Cent	_____
3	1277 Sophia Tannous	Sacred Heart	_____
4	1073 Erica Udom	John Martin	_____
5	320 Teigan Long	Dartmouth Hi	_____
6	206 Shayna Wolfson	Citadel High	_____
7	1012 Danielle Langille	JL Ilsley Hi	_____
8	826 Kelly Kim	Halifax Gram	_____

Heat 3 of 10 Prelims

1	1258 Olivia Gogan	Sacred Heart	_____
2	1400 Maddisyn Power	Woodlawn Hig	_____
3	925 Addison Myers	Halifax West	_____
4	556 Kathleen Smale	Ellenvale Ju	_____
5	681 Peyton Donovan	Gorsebrook J	_____
6	629 Abigail Joesph	Fairview Jun	_____
7	1105 Sasha Carvery	Oxford Schoo	_____
8	196 Emmy Mastnak	Citadel High	_____

Heat 4 of 10 Prelims

1	1116 Mia Magloir	Oxford Schoo	_____
2	7 Jenaya Downey	Armbræ Acad	_____
3	473 Breanna Ellis	Ecole second	_____
4	1381 Abby Coles	Woodlawn Hig	_____
5	555 Samantha Roberts	Ellenvale Ju	_____
6	313 Brianna Hoskin	Dartmouth Hi	_____
7	587 Abby Loppie	Eric Graves	_____
8	740 Ella Goralski	Halifax Cent	_____



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Heat 5 of 10 Prelims...(Event 15 Girls 100 Meter Dash Interi

1	331 Cassidy Trudeau	Dartmouth Hi	_____
2	625 Stephanie Francis	Fairview Jun	_____
3	1274 Abbey Spearin	Sacred Heart	_____
4	71 Maude Mellema	Bicentennial	_____
5	1325 Dylan Macdonald	St. Agnes Ju	_____
6	1181 Abbi Northrup	Park West Sc	_____
7	820 Rose Hanada	Halifax Gram	_____
8	1126 Cassia Simpson	Oxford Schoo	_____

Heat 6 of 10 Prelims

1	1314 Brynn Feeney	St. Agnes Ju	_____
2	591 Veronica Mitchell	Eric Graves	_____
3	1018 Alexa Scott	JL Ilsley Hi	_____
4	450 Petra Skidmore	Ecole Mer et	_____
5	69 Charley MacKinnon	Bicentennial	_____
6	912 Amarachi Ezurike	Halifax West	_____
7	113 Thuy Nguyen	Caledonia Ju	_____
8	682 Reece Donovan	Gorsebrook J	_____

Heat 7 of 10 Prelims

1	928 Sarah Pratheesh	Halifax West	_____
2	796 Olivia Holmes	Halifax Chri	_____
3	17 Brooklyn Lucas	Armbrac Acad	_____
4	477 Isla Rankin	Ecole second	_____
5	1068 Esther Popoola	John Martin	_____
6	1379 Shylaijah Brooks	Woodlawn Hig	_____
7	1185 Hashini Srinivasan	Park West Sc	_____
8	748 Lucy Reardon	Halifax Cent	_____

Heat 8 of 10 Prelims

1	397 Addison Ellis	East Coast V	_____
2	1067 Navach Parsons	John Martin	_____
3	588 Bailey Mabbett	Eric Graves	_____
4	12 Deandra Gibson	Armbrac Acad	_____
5	1003 Emme Boudreau	JL Ilsley Hi	_____
6	70 Cassidy McFarlane	Bicentennial	_____
7	1299 Campbell Allen	St. Agnes Ju	_____
8			_____

Heat 9 of 10 Prelims

1	1117 Ruby McCormack	Oxford Schoo	_____
2	1309 Emily Connell	St. Agnes Ju	_____
3	207 Liae Yang	Citadel High	_____
4	1019 Charlotte Snow	JL Ilsley Hi	_____
5	1057 Lily Amaro	John Martin	_____
6	845 Joyce Yu	Halifax Gram	_____
7	589 Helen Maksymiv	Eric Graves	_____
8			_____

Heat 10 of 10 Prelims

1	1173 Rawan Hassan	Park West Sc	_____
2	687 Isla Keys	Gorsebrook J	_____
3	626 Lacey Hanley	Fairview Jun	_____
4	177 Lana Cvetkovic	Citadel High	_____
5	840 Ella Roger	Halifax Gram	_____
6	743 Julia Locke	Halifax Cent	_____
7	908 Iroyinayo Adara	Halifax West	_____
8			_____

Event 16 Boys 100 Meter Dash Intermediate**Top 16 Advance by Time****Wednesday 2025-05-14 - 1:45 PM****SSNS: 10.50 1998****Patrick Benjamin (hand)**

Lane	Name	School	Seed Time
-------------	-------------	---------------	------------------

Heat 1 of 11 Prelims

1	350 Oliver Lynk	Dartmouth Hi	_____
2	1286 Nathan Bortolussi	Sacred Heart	_____
3	466 Elie Nehme	Ecole Mer et	_____
4	163 David Uwuigbe	Caledonia Ju	_____
5	874 Cadence MacLeod	Halifax Gram	_____
6	1201 Hamza Hussein	Park West Sc	_____
7	658 Yilber Medina Tobos	Fairview Jun	_____
8	82 Da'rell Beals	Bicentennial	_____

Heat 2 of 11 Prelims

1	92 Eli Peters	Bicentennial	_____
2	1193 Donald Chibuzo	Park West Sc	_____
3	216 Ryan Hickey	Citadel High	_____
4	567 Clarke Dolan	Ellenvale Ju	_____
5	669 John Raymond	Fairview Jun	_____
6	708 Remy Chapman-Belliv	Gorsebrook J	_____
7	787 Chi Zou	Halifax Cent	_____
8	1055 Macade Wright	JL Ilsley Hi	_____

Heat 3 of 11 Prelims

1	410 Jaxson Mitchell	East Coast V	_____
2	1357 Jayden Ha	St. Agnes Ju	_____
3	1153 Atilla Narvey	Oxford Schoo	_____
4	237 Edwin Siller	Citadel High	_____
5	609 Andrew Maskery	Eric Graves	_____
6	991 Amin Kadir	Highland Par	_____
7	956 Nathan Nabhan	Halifax West	_____
8	674 Ben Wang	Fairview Jun	_____



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Heat 4 of 11 Prelims...(Event 16 Boys 100 Meter Dash Intern

1	997 Hayden Theriault	Highland Par	_____
2	608 KJ Magar	Eric Graves	_____
3	1365 Kaydien Mootrey	St. Agnes Ju	_____
4	579 Conroy Snow	Ellenvale Ju	_____
5	1203 Arsh Khan	Park West Sc	_____
6	46 Logan MacIntosh	Armbrac Acad	_____
7	642 Natty Abreha	Fairview Jun	_____
8	365 Sydney Watt	Dartmouth Hi	_____

Heat 5 of 11 Prelims

1	467 Remi Saulnier-Gallant	Ecole Mer et	_____
2	992 Mohamad Kheir Al-Ri	Highland Par	_____
3	1419 Gui Mota Siqueira	Woodlawn Hig	_____
4	606 Nate MacInnis	Eric Graves	_____
5	88 Ben Lelievre	Bicentennial	_____
6	718 Sam Murphy	Gorsebrook J	_____
7	337 Josh Bent	Dartmouth Hi	_____
8	1078 Rishawn Brown	John Martin	_____

Heat 6 of 11 Prelims

1	57 Fin Sangster	Armbrac Acad	_____
2	368 Xavier Williams	Dartmouth Hi	_____
3	1134 Daniel Aladejebi	Oxford Schoo	_____
4	1049 Lometh Samarasingh	JL Ilsley Hi	_____
5	1422 Ethan Obeng Nkrym	Woodlawn Hig	_____
6	904 Zere Rolle-Hewitt	Halifax Inde	_____
7	458 Harrison Gallant	Ecole Mer et	_____
8	1088 Sajid Mohammed	John Martin	_____

Heat 7 of 11 Prelims

1	1288 Kellen Brown	Sacred Heart	_____
2	87 Adam Jarrett	Bicentennial	_____
3	1080 Josiah Clyde	John Martin	_____
4	771 Kieran James	Halifax Cent	_____
5	804 Mokunfayo Fakiyesi	Halifax Chri	_____
6	481 Lamar Gallant	Ecole second	_____
7	883 Narian Williams	Halifax Gram	_____
8	36 Ben Colburn	Armbrac Acad	_____

Heat 8 of 11 Prelims

1	242 Rex Wilson	Citadel High	_____
2	1152 Angelo Melanson	Oxford Schoo	_____
3	869 Logan Hounsell	Halifax Gram	_____
4	144 Colten Macdonald	Caledonia Ju	_____
5	1420 Ghanan Nagiah	Woodlawn Hig	_____
6	42 Sachin Jeyakumar	Armbrac Acad	_____
7	958 Billy Oduor	Halifax West	_____
8	902 Luke Meaney	Halifax Inde	_____

Heat 9 of 11 Prelims

1	1139 Ben Creighton	Oxford Schoo	_____
2	142 Gabriel Kennedy	Caledonia Ju	_____
3	951 Aaron Metzger	Halifax West	_____
4	484 Thomas Seneker	Ecole second	_____
5	716 Connor Mark	Gorsebrook J	_____
6	572 William Mills	Ellenvale Ju	_____
7	1029 Seth Cogswell	JL Ilsley Hi	_____
8	777 Remi Macdonald	Halifax Cent	_____

Heat 10 of 11 Prelims

1	710 Sheppard Dorland	Gorsebrook J	_____
2	233 Will Rondeaux	Citadel High	_____
3	1048 Dontae Richard	JL Ilsley Hi	_____
4	899 Cohen Francis	Halifax Inde	_____
5	480 Nicolas Dennis	Ecole second	_____
6	779 Aaron Macvay	Halifax Cent	_____
7	1280 Samuel Bassil	Sacred Heart	_____
8	814 Andrew Watt	Halifax Chri	_____

Heat 11 of 11 Prelims

1	803 Denzel Emeziem	Halifax Chri	_____
2	562 Grayson Carpenter	Ellenvale Ju	_____
3	1090 Michael Okoabah	John Martin	_____
4	1413 Jacob Harmon	Woodlawn Hig	_____
5	611 Harley Reid	Eric Graves	_____
6	880 Dimitri Tsimiklis	Halifax Gram	_____
7	1215 Timothy Zibrin	Park West Sc	_____
8	134 Matthias Diggs	Caledonia Ju	_____

Event 17 Girls 100 Meter Dash Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Wednesday 2025-05-14 - 2:15 PM****SSNS: 11.91 2006 Jenna Martin****Ties: 11.70 1975 Celia Branch (hand)**

Lane	Name	School	Seed Time
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Heat 1 of 4 Prelims

1	309 Zakyra Bundy	Dartmouth Hi	_____
2	1383 Lana Cushing	Woodlawn Hig	_____
3	919 Ava MacNutt	Halifax West	_____
4	203 Giorgia Steiro	Citadel High	_____
5	818 Juliet Fatokun	Halifax Gram	_____
6	22 Audrey Napier	Armbrac Acad	_____
7	1004 Ava Connors	JL Ilsley Hi	_____
8			_____



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Heat 2 of 4 Prelims...(Event 17 Girls 100 Meter Dash Senior)

1	827 Keira Lee	Halifax Gram	_____
2	927 Ava Parker	Halifax West	_____
3	317 Skyla Kingston-Axiak	Dartmouth Hi	_____
4	1010 Cadence Holt	JL Ilsley Hi	_____
5	188 Anna Jeong	Citadel High	_____
6	1396 Janeya Jones	Woodlawn Hig	_____
7	4 Natalia Colley	Armbrac Acad	_____
8			_____

Heat 3 of 4 Prelims

1	1270 Rio Otake	Sacred Heart	_____
2	314 Celine Hoyeck	Dartmouth Hi	_____
3	1014 Dami Nasser	JL Ilsley Hi	_____
4	28 Amaya Tollivier	Armbrac Acad	_____
5	197 Jane McGuire	Citadel High	_____
6	1394 Chisara Ivoko	Woodlawn Hig	_____
7	916 Gabby Kelloway	Halifax West	_____
8			_____

Heat 4 of 4 Prelims

1	929 Chanelle Rodriguez-C	Halifax West	_____
2	1001 Daniela Attedjro	JL Ilsley Hi	_____
3	798 Hannah Malek	Halifax Chri	_____
4	1 Teeny Beales	Armbrac Acad	_____
5	201 Annabelle Raymond	Citadel High	_____
6	1388 Talia Downey-Gillie	Woodlawn Hig	_____
7			_____
8			_____

Event 18 Boys 100 Meter Dash Senior

16 Advance: Top 1 Each Heat plus Next 11 Best Times			
Wednesday 2025-05-14 - 2:15 PM			
SSNS:	10.69	2009	Kyu-Won Cho
Ties:	10.50	1971	Roger Crawley (hand)

Lane	Name	School	Seed Time
Heat 1 of 5 Prelims			
1	346 Connell Higgins	Dartmouth Hi	_____
2	30 Ronei Beales	Armbrac Acad	_____
3	1431 Joaquin Yakubu	Woodlawn Hig	_____
4	810 Sam Mateos Gomez	Halifax Chri	_____
5	862 Ziyang Gao	Halifax Gram	_____
6	234 Corey Ross	Citadel High	_____
7	955 Caleb Myers	Halifax West	_____
8			_____

Heat 2 of 5 Prelims

1	212 Harrison Dunphy	Citadel High	_____
2	1418 Matthew Mailman	Woodlawn Hig	_____
3	362 Glendon Snow	Dartmouth Hi	_____
4	1287 Simon Bortolussi	Sacred Heart	_____
5	968 Yunshu Zhao	Halifax West	_____
6	37 Deion Coward	Armbrac Acad	_____
7	867 Leo Hanada	Halifax Gram	_____
8			_____

Heat 3 of 5 Prelims

1	43 Nai Johnson	Armbrac Acad	_____
2	336 Carey Bent	Dartmouth Hi	_____
3	1292 Ben Goedkoop	Sacred Heart	_____
4	949 Yoseph Masry	Halifax West	_____
5	1026 Keondre Brown	JL Ilsley Hi	_____
6	1415 Nathan Herman	Woodlawn Hig	_____
7	808 Jack Hull	Halifax Chri	_____
8			_____

Heat 4 of 5 Prelims

1	31 Jaylen Berglund-Simm	Armbrac Acad	_____
2	224 Kieran Madamombe	Citadel High	_____
3	938 Dominic Frank	Halifax West	_____
4	334 David Babalola	Dartmouth Hi	_____
5	1293 Joshua Lorde	Sacred Heart	_____
6	811 Michael Obudu	Halifax Chri	_____
7	485 Owen Weigelin	Ecole second	_____
8			_____

Heat 5 of 5 Prelims

1	812 Ajijolaoluwa Ogunbos	Halifax Chri	_____
2	1028 Alvaro Campos	JL Ilsley Hi	_____
3	1281 Naequan Beals	Sacred Heart	_____
4	235 Quinn Ryall	Citadel High	_____
5	877 Ryan Peng	Halifax Gram	_____
6	1424 William Sepa	Woodlawn Hig	_____
7			_____
8			_____



SCHOOL SPORT
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**2025 SSNS Capital CITY District
Meet Program**

Event 19 Girls 1500 Meter Run Junior**Wednesday 2025-05-14 - 3:30 PM****SSNS: 4:46.13 2019****Abby Lewis**

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	897 Elinor Williams	Halifax Inde	_____
2	628 Elayna Jiang	Fairview Jun	_____
3	293 Mary Johns	Cunard Junio	_____
4	15 Elyse Kennedy	Armbræ Acad	_____
5	495 Adyson Feenstra	Elizabeth Su	_____
6	375 Pippa Fulmer	Dartmouth So	_____
7	373 Evelyn Fennell	Dartmouth So	_____
8	498 Lydia Harding	Elizabeth Su	_____
9	432 Agathe Tremblay	Ecole du Car	_____
10	547 Alice Laventure	Ellenvale Ju	_____
11	1260 Hannah Greek	Sacred Heart	_____
12	1254 Alice Gillis	Sacred Heart	_____
13	1319 Fiona Lafford	St. Agnes Ju	_____
14	1178 Maha Mohan	Park West Sc	_____
15	265 Sofia Tran	Clayton Park	_____
16	1122 Regan Poirier	Oxford Schoo	_____
17	550 Lillian Macdonald	Ellenvale Ju	_____
18	677 Lilly Bishop	Gorsebrook J	_____
19	1307 Emery Brennan	St. Agnes Ju	_____
20	1177 Tia Kinnear	Park West Sc	_____
21	691 Kenley Mills	Gorsebrook J	_____
22	816 Stella Asher	Halifax Gram	_____
23	821 Hannah Hayami	Halifax Gram	_____
24	750 Maggie Stewart	Halifax Cent	_____
25	369 Pamella Alcancia	Dartmouth So	_____

Section 2 of 2 Finals

1	1182 Grayson O'Connor	Park West Sc	_____
2	426 Amelia Joseph	Ecole du Car	_____
3	1163 Samhita Balaji Krish	Park West Sc	_____
4	508 Emma Retallack	Elizabeth Su	_____
5	258 Mahi Sable	Clayton Park	_____
6	26 Hazel Shaw	Armbræ Acad	_____
7	1265 Grace MacInnes	Sacred Heart	_____
8	292 Freya Hartling	Cunard Junio	_____
9	831 Scarlet Mason	Halifax Gram	_____
10	1114 Allie Hope	Oxford Schoo	_____
11	689 Hanna McCrossin	Gorsebrook J	_____
12	380 Avery MacLean	Dartmouth So	_____
13	1131 Zoe White	Oxford Schoo	_____
14	639 Carmen Savory	Fairview Jun	_____
15	1248 Sophie Carter	Sacred Heart	_____
16	1112 Anna Gillis	Oxford Schoo	_____
17	741 Karina Goralski	Halifax Cent	_____
18	1320 Emma Laycock	St. Agnes Ju	_____
19	553 Chloe Pike	Ellenvale Ju	_____
20	264 Felicity Tran	Clayton Park	_____
21	896 Sophia Van Delft	Halifax Inde	_____
22	1300 Maggie Allen	St. Agnes Ju	_____
23	549 Josie Maccormick	Ellenvale Ju	_____
24	842 Orli Sutherland	Halifax Gram	_____
25	688 Victoria Kirby	Gorsebrook J	_____



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2025 SSNS Capital CITY District
Meet Program

Event 20 Boys 1500 Meter Run Junior

Wednesday 2025-05-14 - 3:30 PM		
SSNS: 4:19.71 2009		Mike Tate
Lane	Name	School
Section 1 of 2 Finals		
1	884 Arthur Wilson	Halifax Gram
2	287 Jack Woodhead	Clayton Park
3	761 Ben Connick	Halifax Cent
4	411 Osman Mohammed	East Coast V
5	1135 Matias Arteaga-Usug	Oxford Schoo
6	568 Colin Eagan	Ellenvale Ju
7	529 Sterling Moulton	Elizabeth Su
8	1356 Henry Ha	St. Agnes Ju
9	872 Kai Liu	Halifax Gram
10	661 Josef Moravec	Fairview Jun
11	1366 Isaiah Mosher	St. Agnes Ju
12	581 Mitchell Vallis	Ellenvale Ju
13	438 Miles Lawson	Ecole du Car
14	162 Jack Taylor	Caledonia Ju
15	857 Sebastien De Saint Sai	Halifax Gram
16	905 Oscar Schraefel	Halifax Inde
17	561 Caleb Brown	Ellenvale Ju
18	454 James Allen	Ecole Mer et
19	277 Henry Lynch	Clayton Park
20	409 Braden Marks	East Coast V
21	1289 Liam Connolly	Sacred Heart
22	394 Caleb Riggs	Dartmouth So
23	536 Oli Ryall	Elizabeth Su
24	275 Ali Khatoun	Clayton Park
25	512 Oliver Boudreau	Elizabeth Su
26	1190 Gunvit Bhasin	Park West Sc
27	774 Emersen Lengema	Halifax Cent
28	720 Cohen Raimondo	Gorsebrook J
29		
30		

Section 2 of 2 Finals		
1	1212 Risschant Vatchavari	Park West Sc
2	468 Elliot Stec	Ecole Mer et
3	726 Elias Willet	Gorsebrook J
4	722 Jude Ruddick	Gorsebrook J
5	413 Justin Rix	East Coast V
6	1363 Mason Marshall	St. Agnes Ju
7	392 Corwinn Marshall	Dartmouth So
8	577 Jacob Scott	Ellenvale Ju
9	56 Jacob Proper	Armbrac Acad
10	655 Felix Macdonald	Fairview Jun
11	518 Kyle Deveau	Elizabeth Su
12	128 Lane Campbell	Caledonia Ju
13	145 Bailey MacInnis	Caledonia Ju
14	1362 Aaron Macpherson	St. Agnes Ju
15	435 Jacob Boudreau	Ecole du Car
16	723 Alex Tracy	Gorsebrook J
17	444 Jack White	Ecole du Car
18	1138 Caelan Castilho	Oxford Schoo
19	756 Ben Begin	Halifax Cent
20	1147 Leo Jackspn	Oxford Schoo
21	456 Abraham Diamond	Ecole Mer et
22	1146 Isaac Irving	Oxford Schoo
23	852 Neil Beazley	Halifax Gram
24	285 Casey Sullivan	Clayton Park
25	91 Avery Peters	Bicentennial
26	418 Jasper Walker	East Coast V
27	784 Joe Rimmer	Halifax Cent
28	442 Duncan MacLaughlin	Ecole du Car
29	469 Nathaniel Taddei	Ecole Mer et
30		



**2025 SSNS Capital CITY District
Meet Program**

Event 21 Girls 1500 Meter Run Intermediate**Wednesday 2025-05-14 - 4:00 PM**

SSNS: 4:31.02 2022-06-03 Abby Lewis

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	1382 Talia Cummins	Woodlawn Hig	_____
2	743 Julia Locke	Halifax Cent	_____
3	1313 Addison Farwell	St. Agnes Ju	_____
4	80 Sammy Tymeko	Bicentennial	_____
5	841 Molly Sancton	Halifax Gram	_____
6	175 Faye Chiasson	Citadel High	_____
7	1310 Myla Durfee	St. Agnes Ju	_____
8	307 Deborah Beach	Dartmouth Hi	_____
9	701 Esmee Ruddick	Gorsebrook J	_____
10	1011 Annie Johns	JL Ilsley Hi	_____
11	330 Lauren Trenholm	Dartmouth Hi	_____
12	703 Kaye Wilson	Gorsebrook J	_____
13	1170 Alexa Drolet	Park West Sc	_____
14	999 Gwen Achenbach	JL Ilsley Hi	_____
15	843 Ayla Williams	Halifax Gram	_____
16	1329 Leah Miller	St. Agnes Ju	_____
17	844 Carley Williams	Halifax Gram	_____
18	1317 Olivia Hernandez-Jei	St. Agnes Ju	_____
19	450 Petra Skidmore	Ecole Mer et	_____
20	3 Morgan Clarke	Armbrac Acad	_____
21	329 Grace Theunissen	Dartmouth Hi	_____
22	475 Sadie May Landry	Ecole second	_____
23	1172 Jane Gallant	Park West Sc	_____
24	1252 Laura Eishenahuer	Sacred Heart	_____
25	1109 Cora Driver	Oxford Schoo	_____
26	179 Ellora Das	Citadel High	_____
27	1245 Zoe Boody	Sacred Heart	_____

Event 22 Boys 1500 Meter Run Intermediate**Wednesday 2025-05-14 - 4:00 PM**

SSNS: 3:59.92 2015

Hudson Grimshaw-Surette

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	1024 Ben Boudreau	JL Ilsley Hi	_____
2	34 Kale Brown	Armbrac Acad	_____
3	669 John Raymond	Fairview Jun	_____
4	1290 Nate Cooper	Sacred Heart	_____
5	605 Isaiah King	Eric Graves	_____
6	945 Acey Logan	Halifax West	_____
7	851 Keith Beazley	Halifax Gram	_____
8	1051 Rhys Tobin	JL Ilsley Hi	_____
9	213 Sebastian Fridell-Ervi	Citadel High	_____
10	1355 Liam Greenwood	St. Agnes Ju	_____
11	865 Besim Halef	Halifax Gram	_____
12	777 Remi Macdonald	Halifax Cent	_____
13	1214 Sayhan Zaman	Park West Sc	_____
14	1211 Varnit Trigunayat	Park West Sc	_____
15	725 Chase Whitman	Gorsebrook J	_____
16	1423 Evan Ren	Woodlawn Hig	_____
17	616 Elijah Whelan	Eric Graves	_____
18	1145 Sam Gomez	Oxford Schoo	_____
19	463 Ben Leitao	Ecole Mer et	_____
20	479 Sage Boyd-Perryman	Ecole second	_____
21	146 Charlie MacInnis	Caledonia Ju	_____
22			_____
23			_____
24			_____



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2025 SSNS Capital CITY District
Meet Program

Section 2 of 2 Finals...(Event 22 Boys 1500 Meter Run Interi

1	1406 Nikhil Batra	Woodlawn Hig	_____
2	718 Sam Murphy	Gorsebrook J	_____
3	614 David Storrington	Eric Graves	_____
4	709 Jasper Dorland	Gorsebrook J	_____
5	940 Ben Graham	Halifax West	_____
6	1294 Vikesh Mukhida	Sacred Heart	_____
7	1200 Jason Hu	Park West Sc	_____
8	1157 Kallum Slaunwhite	Oxford Schoo	_____
9	232 Oliver Neeve	Citadel High	_____
10	1282 Evan Beaubien	Sacred Heart	_____
11	871 Cesar Lin	Halifax Gram	_____
12	953 Rohan Mills	Halifax West	_____
13	209 David Ackerman	Citadel High	_____
14	1409 Timothy DeLong	Woodlawn Hig	_____
15	1027 Griffin Cameron	JL Ilsley Hi	_____
16	94 Riley Rendell	Bicentennial	_____
17	863 Christos Giannou	Halifax Gram	_____
18	218 Noam Kelly	Citadel High	_____
19	1358 Nathaniel Irish	St. Agnes Ju	_____
20	653 Lucas Lerue	Fairview Jun	_____
21	1037 Fraser Lake	JL Ilsley Hi	_____
22	1156 Luke Redwood	Oxford Schoo	_____
23			_____
24			_____

Event 23 Girls 1500 Meter Run Senior

Wednesday 2025-05-14 - 4:30 PM			
SSNS: 4:21.94 2019-05-31 Maggie Smith			
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	1256 Caroline Gillis	Sacred Heart	_____
2	1005 Katherine Craig	JL Ilsley Hi	_____
3	918 Olivia Logan	Halifax West	_____
4	1251 Liviya Driver	Sacred Heart	_____
5	180 Sophia Das	Citadel High	_____
6	1269 Mary-Lou O'Regan	Sacred Heart	_____
7	923 Sofia Mengual-Clare	Halifax West	_____
8	833 Heidi Nuyens	Halifax Gram	_____
9	187 Jillian Hope	Citadel High	_____
10	819 Bianca Grossi	Halifax Gram	_____
11	176 Ava Cox	Citadel High	_____
12	322 Frances MacLeod	Dartmouth Hi	_____
13	1022 Maddalena Webb	JL Ilsley Hi	_____
14	926 Paige Neklia	Halifax West	_____
15	170 Elisa Arteaga	Citadel High	_____
16	922 Ally McLean	Halifax West	_____
17			_____
18			_____

Event 24 Boys 1500 Meter Run Senior

Wednesday 2025-05-14 - 4:30 PM			
SSNS: 3:54.91 2013 Mike Tate			
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	363 Jack Theunissen	Dartmouth Hi	_____
2	358 Neil Rissesco	Dartmouth Hi	_____
3	230 Arlo Morris	Citadel High	_____
4	240 Adrian Sunderland	Citadel High	_____
5	1426 Ethan Smith	Woodlawn Hig	_____
6	933 Esay Awet Teka	Halifax West	_____
7	347 Alden Hiltz	Dartmouth Hi	_____
8	228 Noah Miller	Citadel High	_____
9	965 Neil Wang	Halifax West	_____
10	45 Connor Macgillivray	Armbrae Acad	_____
11	961 Graham Sauer	Halifax West	_____
12	810 Sam Mateos Gomez	Halifax Chri	_____
13	219 Liam Kirby	Citadel High	_____
14	941 Andrew Hailstone	Halifax West	_____
15	808 Jack Hull	Halifax Chri	_____
16	482 Lincoln Carmen Landi	Ecole second	_____
17			_____
18			_____
19			_____
20			_____

Event 25 Girls 200 Meter Dash Junior

Top 16 Advance by Time			
Thursday 2025-05-15 - 10:00 AM			
SSNS: 26.25 2024-06-01 Kaitlynne Mead			
Ties: 26.50 1976 Kris Crowell (hand)			
Lane	Name	School	Seed Time
Heat 1 of 11 Prelims			
1	510 Natalia Zarczynski	Elizabeth Su	_____
2	451 Daphne Stec	Ecole Mer et	_____
3	1223 Sydney Kennedy	Rockingstone	_____
4	795 Eva Holmes	Halifax Chri	_____
5	1128 Savannah Thalheime	Oxford Schoo	_____
6	78 Pauline Samillano	Bicentennial	_____
7	678 Emma Cassidy	Gorsebrook J	_____
8	837 Julia Park	Halifax Gram	_____



**2025 SSNS Capital CITY District
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Heat 2 of 11 Prelims...(Event 25 Girls 200 Meter Dash Junio

1	981 Itissam Ismail	Highland Par	_____
2	74 Mahitha Pothu	Bicentennial	_____
3	297 Sadie Robinson	Cunard Junio	_____
4	259 Jessa Salasalan	Clayton Park	_____
5	738 Bridget Fay	Halifax Cent	_____
6	1121 Eden Oore	Oxford Schoo	_____
7	1250 Sophia Daniel	Sacred Heart	_____
8	700 Jenna Roach	Gorsebrook J	_____

Heat 3 of 11 Prelims

1	637 Amelia Sandford	Fairview Jun	_____
2	973 Sara Woolaver	Herring Cove	_____
3	21 Lydia Muchangi	Armbrac Acad	_____
4	1255 Anna Gillis	Sacred Heart	_____
5	746 Khushi Naik	Halifax Cent	_____
6	1115 Olivia Ianni	Oxford Schoo	_____
7	839 Kate Rix	Halifax Gram	_____
8	1178 Maha Mohan	Park West Sc	_____

Heat 4 of 11 Prelims

1	446 Claire Davidson	Ecole Mer et	_____
2	640 Elle Thomas	Fairview Jun	_____
3	23 Victoria Olaiya	Armbrac Acad	_____
4	790 Tomisin Ajetomobi	Halifax Chri	_____
5	101 Bridget Caines	Caledonia Ju	_____
6	1072 Jaelyn Thompson	John Martin	_____
7	486 Palmer Belen	Elizabeth Su	_____
8	969 Charlotte Bullen	Herring Cove	_____

Heat 5 of 11 Prelims

1	548 Le Le	Ellenvale Ju	_____
2	817 Zoe Connell	Halifax Gram	_____
3	1175 Alicia Inkoom	Park West Sc	_____
4	1308 Bethany Burgess	St. Agnes Ju	_____
5	377 Kiley Langille	Dartmouth So	_____
6	754 Liwoo Yang	Halifax Cent	_____
7	103 Lariah Clements	Caledonia Ju	_____
8	1059 Vanessa Bonnick	John Martin	_____

Heat 6 of 11 Prelims

1	386 Damaris Tunjiadeyem	Dartmouth So	_____
2	112 Abby Murphy Carter	Caledonia Ju	_____
3	447 Nā'Ve Lewis	Ecole Mer et	_____
4	792 Annelise Alarcon	Halifax Chri	_____
5	64 Alaura Downey-Burns	Bicentennial	_____
6	420 Esther Ally	Ecole du Car	_____
7	835 Teni Ogunsakin	Halifax Gram	_____
8	267 Thanian Wright	Clayton Park	_____

Heat 7 of 11 Prelims

1	633 Ashlyn Noseworthy	Fairview Jun	_____
2	585 Ava Chaulk- Stevens	Eric Graves	_____
3	102 Julia Campbell	Caledonia Ju	_____
4	73 Nicola Pitts	Bicentennial	_____
5	449 Charlotte Nader	Ecole Mer et	_____
6	1228 Alexis Preeper	Rockingstone	_____
7	430 Gabriella Savoie	Ecole du Car	_____
8	1065 Bailee Mason	John Martin	_____

Heat 8 of 11 Prelims

1	1164 Anika Chhabra	Park West Sc	_____
2	1218 Saja Alhasoun	Rockingstone	_____
3	428 Sarah LeBlanc	Ecole du Car	_____
4	545 Brooke Dolan	Ellenvale Ju	_____
5	584 Raevyn Carle	Eric Graves	_____
6	620 Mia Couse	Fairview Jun	_____
7	1259 Ainsley Gouthro	Sacred Heart	_____
8	1069 Precious Regino	John Martin	_____

Heat 9 of 11 Prelims

1	1222 Jordynn Hartley	Rockingstone	_____
2	583 Julia Alonso	Eric Graves	_____
3	493 Matilda Cherop	Elizabeth Su	_____
4	422 Brielle Breau	Ecole du Car	_____
5	8 Laudy El-Amiouni	Armbrac Acad	_____
6	1334 Sam Terrio	St. Agnes Ju	_____
7	380 Avery MacLean	Dartmouth So	_____
8	250 Akubata Eche-Nwosu	Clayton Park	_____

Heat 10 of 11 Prelims

1	1124 Quinn Rogers	Oxford Schoo	_____
2	383 Lynleigh Parsons	Dartmouth So	_____
3	247 Laila Awad	Clayton Park	_____
4	1298 Khitam Al Mohamad	St. Agnes Ju	_____
5	797 Anna Kok	Halifax Chri	_____
6	686 Lucy Hopson	Gorsebrook J	_____
7	497 Annika Hall	Elizabeth Su	_____
8	742 Charlie Hazel	Halifax Cent	_____

Heat 11 of 11 Prelims

1	683 Saskia Dykema	Gorsebrook J	_____
2	594 Maddie Swinimer	Eric Graves	_____
3	1171 Alex Fraser	Park West Sc	_____
4	14 Tindra Johnson	Armbrac Acad	_____
5	972 Audrey McNeil	Herring Cove	_____
6	1249 Samantha Chen	Sacred Heart	_____
7	1311 Meron Ermias	St. Agnes Ju	_____
8			_____

2025 SSNS Capital CITY District

Meet Program

Event 26 Boys 200 Meter Dash Junior

Top 16 Advance by Time			
Thursday 2025-05-15 - 10:00 AM			
SSNS:		23.85	2023-06-13 Wyatt Thurston
Ties:		24.10 1984	Derek Dempster (hand)
Lane	Name	School	Seed Time
Heat 1 of 11 Prelims			
1	1076 Caiden Allen	John Martin	_____
2	1236 Daniel Enerowo	Rockingstone	_____
3	1188 Soham Ausekar	Park West Sc	_____
4	459 Georgie Guthrie	Ecole Mer et	_____
5	400 Mason Berkvens	East Coast V	_____
6	727 Lucas Wyand	Gorsebrook J	_____
7	282 Gabriel Rara	Clayton Park	_____
8	643 Elijah Amore	Fairview Jun	_____
Heat 2 of 11 Prelims			
1	575 Sebastian Richards	Ellenvale Ju	_____
2	389 Enosa Bello	Dartmouth So	_____
3	158 Cohen Rideout	Caledonia Ju	_____
4	412 Lucas Rent	East Coast V	_____
5	647 Jamie Briscoombe	Fairview Jun	_____
6	95 Glendon Smith-Thomp	Bicentennial	_____
7	445 Brysen Wood	Ecole du Car	_____
8	1284 Wyatt Blain	Sacred Heart	_____
Heat 3 of 11 Prelims			
1	461 Lahayi Igiraneza	Ecole Mer et	_____
2	274 Abdul Hamid	Clayton Park	_____
3	391 Sully Fraser	Dartmouth So	_____
4	1212 Risshant Vatchavari	Park West Sc	_____
5	415 Shea Spindler	East Coast V	_____
6	563 Cohen Cluett	Ellenvale Ju	_____
7	54 Remi Omisade	Armbrae Acad	_____
8	602 Jacob Griffin	Eric Graves	_____
Heat 4 of 11 Prelims			
1	564 Patrick Cody-Cox	Ellenvale Ju	_____
2	1094 Loic Siewe	John Martin	_____
3	1345 Trevon Allison	St. Agnes Ju	_____
4	659 Mootaz Mekni	Fairview Jun	_____
5	1142 Johntae Eltvik	Oxford Schoo	_____
6	600 Izaiyah Downey- Red	Eric Graves	_____
7	878 Anderson Powers	Halifax Gram	_____
8	96 Youngjae Talbot	Bicentennial	_____

Heat 5 of 11 Prelims			
1	1285 Luke Boody	Sacred Heart	_____
2	1083 Ryder Heffler	John Martin	_____
3	758 Brayden Chan	Halifax Cent	_____
4	571 Alexander Merrick	Ellenvale Ju	_____
5	599 Lennon Bezanson	Eric Graves	_____
6	713 Cam Lau-A	Gorsebrook J	_____
7	866 George Hanada	Halifax Gram	_____
8			_____
Heat 6 of 11 Prelims			
1	443 Aristide Niyonyishu	Ecole du Car	_____
2	665 Jax Nickerson-Meehar	Fairview Jun	_____
3	598 Kalum Ayers	Eric Graves	_____
4	48 Mason MacRae	Armbrae Acad	_____
5	706 Bennett Auld	Gorsebrook J	_____
6	159 Hudson Smith	Caledonia Ju	_____
7	898 Emmet Armstrong	Halifax Inde	_____
8			_____
Heat 7 of 11 Prelims			
1	612 Brycen Ringer	Eric Graves	_____
2	775 Spencer Liot	Halifax Cent	_____
3	1146 Isaac Irving	Oxford Schoo	_____
4	882 Grayden Williams	Halifax Gram	_____
5	1191 Sidhant Bhatia	Park West Sc	_____
6	406 Noah Horne	East Coast V	_____
7	541 Jeddiah Tonny-Utulu	Elizabeth Su	_____
8			_____
Heat 8 of 11 Prelims			
1	84 Nolan Campbell	Bicentennial	_____
2	1075 Elias Ahmady	John Martin	_____
3	537 Jonah Sequeira	Elizabeth Su	_____
4	1140 Nico Cuadra Dumke	Oxford Schoo	_____
5	300 Jahream Fletcher	Cunard Junio	_____
6	707 Ruan Budgell	Gorsebrook J	_____
7	1213 Visruth Veluri	Park West Sc	_____
8			_____
Heat 9 of 11 Prelims			
1	1150 Jack MacLean	Oxford Schoo	_____
2	782 Zev Nagler	Halifax Cent	_____
3	303 Nash Salas	Cunard Junio	_____
4	272 Matthew Filler	Clayton Park	_____
5	60 Harry Wu	Armbrae Acad	_____
6	135 Hayden Doucet	Caledonia Ju	_____
7	1359 Owen Kempster-Harj	St. Agnes Ju	_____
8			_____

2025 SSNS Capital CITY District
Meet Program

Heat 10 of 11 Prelims...(Event 26 Boys 200 Meter Dash Junior)

1	393 Noah Melanson	Dartmouth So	_____
2	58 Mahlik Slawter	Armbrae Acad	_____
3	271 Tobenna Ezurike	Clayton Park	_____
4	1346 Yael Atienza	St. Agnes Ju	_____
5	532 Larry Okorochoa	Elizabeth Su	_____
6	460 Hichem Hamdidouche	Ecole Mer et	_____
7	1296 Boyd Schrader	Sacred Heart	_____
8			_____

Heat 11 of 11 Prelims

1	881 Benson Williams	Halifax Gram	_____
2	1354 Rodwin Ghasmain	St. Agnes Ju	_____
3	1240 Christopher Oyedele	Rockingstone	_____
4	769 Yutian Huang	Halifax Cent	_____
5	151 Logan Myers	Caledonia Ju	_____
6	527 Austin Matchem	Elizabeth Su	_____
7	995 Noel Perdhiku	Highland Par	_____
8			_____

Event 27 Girls 200 Meter Dash Intermediate

16 Advance: Top 1 Each Heat plus Next 8 Best Times
Thursday 2025-05-15 - 10:00 AM

SSNS: 25.66 2001 Leanne Huck
Ties: 25.50 1973 Celia Branch (hand)

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 8 Prelims

1	476 Soraya Mfoumou	Ecole second	_____
2	1310 Myla Durfee	St. Agnes Ju	_____
3	1379 Shylajiah Brooks	Woodlawn Hig	_____
4	313 Brianna Hoskin	Dartmouth Hi	_____
5	629 Abigail Joesph	Fairview Jun	_____
6	748 Lucy Reardon	Halifax Cent	_____
7	79 Chanelle Sampson	Bicentennial	_____
8	1126 Cassia Simpson	Oxford Schoo	_____

Heat 2 of 8 Prelims

1	1100 Canaan Bassey	Oxford Schoo	_____
2	1009 Clare Himmelman	JL Ilsley Hi	_____
3	320 Teigan Long	Dartmouth Hi	_____
4	1279 Mao Yoshida	Sacred Heart	_____
5	626 Lacey Hanley	Fairview Jun	_____
6	169 Esther Abiri	Citadel High	_____
7	477 Isla Rankin	Ecole second	_____
8	1400 Maddisyn Power	Woodlawn Hig	_____

Heat 3 of 8 Prelims

1			_____
2	1247 Victoria Carroll	Sacred Heart	_____
3	474 Audrey Joseph	Ecole second	_____
4	920 Megnaa Mahesh	Halifax West	_____
5	1018 Alexa Scott	JL Ilsley Hi	_____
6	625 Stephanie Francis	Fairview Jun	_____
7	556 Kathleen Smale	Ellenvale Ju	_____
8	820 Rose Hanada	Halifax Gram	_____

Heat 4 of 8 Prelims

1	1073 Erica Udom	John Martin	_____
2	1003 Emme Boudreau	JL Ilsley Hi	_____
3	618 Jenny Chen	Fairview Jun	_____
4	828 Malaya Leger	Halifax Gram	_____
5	1108 Sadie Cunningham	Oxford Schoo	_____
6	925 Addison Myers	Halifax West	_____
7	740 Ella Goralski	Halifax Cent	_____
8			_____

Heat 5 of 8 Prelims

1	912 Amarachi Ezurike	Halifax West	_____
2	743 Julia Locke	Halifax Cent	_____
3	177 Lana Cvetkovic	Citadel High	_____
4	68 Charlotte Hickey	Bicentennial	_____
5	681 Peyton Donovan	Gorsebrook J	_____
6	1392 Sarah Hurley	Woodlawn Hig	_____
7	305 Violet Appleby	Dartmouth Hi	_____
8			_____

Heat 6 of 8 Prelims

1	908 Iroyinayo Adara	Halifax West	_____
2	1109 Cora Driver	Oxford Schoo	_____
3	70 Cassidy McFarlane	Bicentennial	_____
4	796 Olivia Holmes	Halifax Chri	_____
5	749 Molly Sneddon	Halifax Cent	_____
6	1322 Emeila Legere	St. Agnes Ju	_____
7	555 Samantha Roberts	Ellenvale Ju	_____
8			_____

Heat 7 of 8 Prelims

1	1067 Navaeh Parsons	John Martin	_____
2	1397 Molly Lodge	Woodlawn Hig	_____
3	207 Liae Yang	Citadel High	_____
4	1278 Gracie Wentzell	Sacred Heart	_____
5	826 Kelly Kim	Halifax Gram	_____
6	1325 Dylan Macdonald	St. Agnes Ju	_____
7	800 Sanskriti Pradhan	Halifax Chri	_____
8			_____



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Heat 8 of 8 Prelims...(Event 27 Girls 200 Meter Dash Interm

1	1309 Emily Connell	St. Agnes Ju	_____
2	473 Breanna Ellis	Ecole second	_____
3	1261 Kai Hara	Sacred Heart	_____
4	196 Emmy Mastnak	Citadel High	_____
5	840 Ella Roger	Halifax Gram	_____
6	1173 Rawan Hassan	Park West Sc	_____
7	17 Brooklyn Lucas	Armbrac Acad	_____
8			_____

Event 28 Boys 200 Meter Dash Intermediate**16 Advance: Top 1 Each Heat plus Next 6 Best Times****Thursday 2025-05-15 - 10:00 AM****SSNS: 22.30 1998****Patrick Benjamin (hand)**

Lane	Name	School	Seed Time
-------------	-------------	---------------	------------------

Heat 1 of 10 Prelims

1	604 Oliver Huff	Eric Graves	_____
2	658 Yilber Medina Tobos	Fairview Jun	_____
3	1357 Jayden Ha	St. Agnes Ju	_____
4	88 Ben Lelievre	Bicentennial	_____
5	779 Aaron Macvay	Halifax Cent	_____
6	572 William Mills	Ellenvale Ju	_____
7	44 Stratos Karountzos	Armbrac Acad	_____
8	466 Elie Nehme	Ecole Mer et	_____

Heat 2 of 10 Prelims

1	778 Max MacNeil	Halifax Cent	_____
2	1139 Ben Creighton	Oxford Schoo	_____
3	1201 Hamza Hussein	Park West Sc	_____
4	233 Will Rondeaux	Citadel High	_____
5	958 Billy Oduor	Halifax West	_____
6	1090 Michael Okoabah	John Martin	_____
7	410 Jaxson Mitchell	East Coast V	_____
8	642 Natty Abreha	Fairview Jun	_____

Heat 3 of 10 Prelims

1	467 Remi Saulnier-Gallant	Ecole Mer et	_____
2	350 Oliver Lynk	Dartmouth Hi	_____
3	562 Grayson Carpenter	Ellenvale Ju	_____
4	131 Daniel Dada	Caledonia Ju	_____
5	484 Thomas Seneker	Ecole second	_____
6	1033 Alex Gyorfi	JL Ilsley Hi	_____
7	708 Remy Chapman-Belliv	Gorsebrook J	_____
8	1282 Evan Beaubien	Sacred Heart	_____

Heat 4 of 10 Prelims

1	1280 Samuel Bassil	Sacred Heart	_____
2	1413 Jacob Harmon	Woodlawn Hig	_____
3	1365 Kaydien Mootrey	St. Agnes Ju	_____
4	337 Josh Bent	Dartmouth Hi	_____
5	567 Clarke Dolan	Ellenvale Ju	_____
6	1203 Arsh Khan	Park West Sc	_____
7	605 Isaiah King	Eric Graves	_____
8			_____

Heat 5 of 10 Prelims

1	770 Ben Iwanksi	Halifax Cent	_____
2	964 James Thibault	Halifax West	_____
3	365 Sydney Watt	Dartmouth Hi	_____
4	1422 Ethan Obeng Nkrym	Woodlawn Hig	_____
5	1214 Sayhan Zaman	Park West Sc	_____
6	710 Sheppard Dorland	Gorsebrook J	_____
7	1286 Nathan Bortolussi	Sacred Heart	_____
8			_____

Heat 6 of 10 Prelims

1	803 Denzel Emeziem	Halifax Chri	_____
2	579 Conroy Snow	Ellenvale Ju	_____
3	674 Ben Wang	Fairview Jun	_____
4	483 Joshua Misner	Ecole second	_____
5	42 Sachin Jeyakumar	Armbrac Acad	_____
6	1077 Noah Arenburg	John Martin	_____
7	1153 Atilla Narvey	Oxford Schoo	_____
8			_____

Heat 7 of 10 Prelims

1	814 Andrew Watt	Halifax Chri	_____
2	1420 Ghanan Nagiah	Woodlawn Hig	_____
3	880 Dimitri Tsimiklis	Halifax Gram	_____
4	216 Ryan Hickey	Citadel High	_____
5	94 Riley Rendell	Bicentennial	_____
6	1288 Kellen Brown	Sacred Heart	_____
7	1152 Angelo Melanson	Oxford Schoo	_____
8			_____

Heat 8 of 10 Prelims

1	348 Ashton Kennedy	Dartmouth Hi	_____
2	1209 Hrishi Singha Roy	Park West Sc	_____
3	1134 Daniel Aladejebi	Oxford Schoo	_____
4	856 Oz Cohen	Halifax Gram	_____
5	53 Cameron Nemeskeri	Armbrac Acad	_____
6	1055 Macade Wright	JL Ilsley Hi	_____
7	237 Edwin Siller	Citadel High	_____
8			_____



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Heat 9 of 10 Prelims...(Event 28 Boys 200 Meter Dash Interr

1	1095 Brayden Thomas	John Martin	_____
2	804 Mokunfayo Fakiyesi	Halifax Chri	_____
3	458 Harrison Gallant	Ecole Mer et	_____
4	46 Logan MacIntosh	Armbræ Acad	_____
5	1048 Dontae Richard	JL Ilsley Hi	_____
6	144 Colten Macdonald	Caledonia Ju	_____
7	83 Shi' Quelle Beals	Bicentennial	_____
8			_____

Heat 10 of 10 Prelims

1			_____
2	1049 Lometh Samarasingh	JL Ilsley Hi	_____
3	244 Favour Yusuff	Citadel High	_____
4	809 Caleb Kok	Halifax Chri	_____
5	85 Myer Cogdon	Bicentennial	_____
6	1078 Rishawn Brown	John Martin	_____
7	956 Nathan Nabhan	Halifax West	_____
8	853 Jack Brady	Halifax Gram	_____

Event 29 Girls 200 Meter Dash Senior

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Thursday 2025-05-15 - 10:00 AM

SSNS: 24.84 2012 Jenn Meech

Lane Name School Seed Time

Heat 1 of 4 Prelims

1	917 Lyric Lepage	Halifax West	_____
2	171 Bea Asbridge	Citadel High	_____
3	1270 Rio Otake	Sacred Heart	_____
4	1394 Chisara Ivoko	Woodlawn Hig	_____
5	314 Celine Hoyeck	Dartmouth Hi	_____
6	1005 Katherine Craig	JL Ilsley Hi	_____
7	28 Amaya Tollivier	Armbræ Acad	_____
8			_____

Heat 2 of 4 Prelims

1	22 Audrey Napier	Armbræ Acad	_____
2	1389 Christina Ezugworie	Woodlawn Hig	_____
3	818 Juliet Fatokun	Halifax Gram	_____
4	183 Grace Galloway	Citadel High	_____
5	929 Chanelle Rodriguez-C	Halifax West	_____
6	1020 Rylee Tibbo	JL Ilsley Hi	_____
7			_____
8			_____

Heat 3 of 4 Prelims

1	201 Annabelle Raymond	Citadel High	_____
2	1001 Daniela Attedjro	JL Ilsley Hi	_____
3	2 Faye Bennekou	Armbræ Acad	_____
4	317 Skyla Kingston-Axiak	Dartmouth Hi	_____
5	919 Ava MacNutt	Halifax West	_____
6	1396 Janeya Jones	Woodlawn Hig	_____
7			_____
8			_____

Heat 4 of 4 Prelims

1	916 Gabby Kelloway	Halifax West	_____
2	1014 Dami Nasser	JL Ilsley Hi	_____
3	1 Teeny Beales	Armbræ Acad	_____
4	1246 Phoebe Bruce	Sacred Heart	_____
5	798 Hannah Malek	Halifax Chri	_____
6	197 Jane McGuire	Citadel High	_____
7			_____
8			_____

Event 30 Boys 200 Meter Dash Senior

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Thursday 2025-05-15 - 10:00 AM

SSNS: 21.58 2015 Matthew Coolen

Lane Name School Seed Time

Heat 1 of 4 Prelims

1	815 Gabriel Watt	Halifax Chri	_____
2	952 Ethan Metzger	Halifax West	_____
3	1416 Khoa Le	Woodlawn Hig	_____
4	31 Jaylen Berglund-Simmm	Armbræ Acad	_____
5	867 Leo Hanada	Halifax Gram	_____
6	1292 Ben Goedkoop	Sacred Heart	_____
7	334 David Babalola	Dartmouth Hi	_____
8	212 Harrison Dunphy	Citadel High	_____

Heat 2 of 4 Prelims

1	1026 Keondre Brown	JL Ilsley Hi	_____
2	485 Owen Weigelin	Ecole second	_____
3	346 Connell Higgins	Dartmouth Hi	_____
4	1291 Thomas Emberly	Sacred Heart	_____
5	1415 Nathan Herman	Woodlawn Hig	_____
6	30 Ronei Beales	Armbræ Acad	_____
7	234 Corey Ross	Citadel High	_____
8	954 Isaac Muindi	Halifax West	_____



2025 SSNS Capital CITY District
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Heat 3 of 4 Prelims...(Event 30 Boys 200 Meter Dash Senior)

1	812 Ajijolaoluwa Ogunbos	Halifax Chri	_____
2	349 Tremelle Kennedy-Co	Dartmouth Hi	_____
3	1287 Simon Bortolussi	Sacred Heart	_____
4	224 Kieran Madamombe	Citadel High	_____
5	1028 Alvaro Campos	JL Ilsley Hi	_____
6	955 Caleb Myers	Halifax West	_____
7	1431 Joaquin Yakubu	Woodlawn Hig	_____
8			_____

Heat 4 of 4 Prelims

1	43 Nai Johnson	Armbræ Acad	_____
2	362 Glendon Snow	Dartmouth Hi	_____
3	235 Quinn Ryall	Citadel High	_____
4	52 Oliver Nadeau	Armbræ Acad	_____
5	938 Dominic Frank	Halifax West	_____
6	1293 Joshua Lorde	Sacred Heart	_____
7	1424 William Sepa	Woodlawn Hig	_____
8			_____

Event 31 Girls 800 Meter Run Junior

Thursday 2025-05-15 - 11:45 AM			
SSNS: 2:19.90 1977 Mary Jean Barrett (hand)			
Lane	Name	School	Seed Time

Section 1 of 4 Finals

1	248 Georgette Brookman	Clayton Park	_____
2	1131 Zoe White	Oxford Schoo	_____
3	289 Fiona Church	Cunard Junio	_____
4	690 Eleanor McKenna	Gorsebrook J	_____
5	374 Lauren Foot	Dartmouth So	_____
6	508 Emma Retallack	Elizabeth Su	_____
7	1265 Grace MacInnes	Sacred Heart	_____
8	831 Scarlet Mason	Halifax Gram	_____
9	9 Mary Elliot	Armbræ Acad	_____
10	430 Gabriella Savoie	Ecole du Car	_____
11	545 Brooke Dolan	Ellenvale Ju	_____
12	1163 Samhita Balaji Krish	Park West Sc	_____
13	730 Bea Arsenaault	Halifax Cent	_____
14	639 Carmen Savory	Fairview Jun	_____
15	1320 Emma Laycock	St. Agnes Ju	_____
16			_____
17			_____

Section 2 of 4 Finals

1	1177 Tia Kinnear	Park West Sc	_____
2	547 Alice Laventure	Ellenvale Ju	_____
3	1216 Anuoluwapo Agbedu	Rockingstone	_____
4	1061 Mj Fabian	John Martin	_____
5	1273 Judi Smith	Sacred Heart	_____
6	1338 Audrey Veinot	St. Agnes Ju	_____
7	889 Elora Deacoff	Halifax Inde	_____
8	10 Genevieve Ellsmere	Armbræ Acad	_____
9	294 Ruby Langley	Cunard Junio	_____
10	432 Agathe Tremblay	Ecole du Car	_____
11	261 Josie Sullivan	Clayton Park	_____
12	838 Lucy Park	Halifax Gram	_____
13	696 Aria Pile	Gorsebrook J	_____
14	385 Keronæ Roberts	Dartmouth So	_____
15	732 Ellen Brady	Halifax Cent	_____
16			_____
17			_____

Section 3 of 4 Finals

1	897 Elinor Williams	Halifax Inde	_____
2	1260 Hannah Greek	Sacred Heart	_____
3	1300 Maggie Allen	St. Agnes Ju	_____
4	1166 Saanvi Chopra	Park West Sc	_____
5	637 Amelia Sandford	Fairview Jun	_____
6	697 Jane Rigby	Gorsebrook J	_____
7	506 Soraiyah Msabaha	Elizabeth Su	_____
8	1114 Allie Hope	Oxford Schoo	_____
9	832 Eva Montoya	Halifax Gram	_____
10	15 Elyse Kennedy	Armbræ Acad	_____
11	971 Isabelle Homans	Herring Cove	_____
12	735 Adau Deng	Halifax Cent	_____
13	293 Mary Johns	Cunard Junio	_____
14	1226 Tertil Musa	Rockingstone	_____
15	369 Pamella Alcancia	Dartmouth So	_____
16			_____
17			_____



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Section 4 of 4 Finals...(Event 31 Girls 800 Meter Run Junior

1	1248 Sophie Carter	Sacred Heart	_____
2	638 Marley Sandford	Fairview Jun	_____
3	1229 Rimas Shabrak	Rockingstone	_____
4	1178 Maha Mohan	Park West Sc	_____
5	550 Lillian Macdonald	Ellenvale Ju	_____
6	1122 Regan Poirier	Oxford Schoo	_____
7	1319 Fiona Lafford	St. Agnes Ju	_____
8	75 Chelsea Rendell	Bicentennial	_____
9	288 Vivi Achenbach	Cunard Junio	_____
10	375 Pippa Fulmer	Dartmouth So	_____
11	970 Luci Ewing	Herring Cove	_____
12	692 Skyla Naas	Gorsebrook J	_____
13	11 Ruby Ellsmere	Armbrae Acad	_____
14	824 Anastasia Ivanov	Halifax Gram	_____
15	252 Rachel Gatama	Clayton Park	_____
16			_____
17			_____

Event 32 Boys 800 Meter Run Junior

Thursday 2025-05-15 - 11:45 AM			
SSNS: 2:04.93 2016-06-04 Camden Springer			
Lane Name	School	Seed Time	
Section 1 of 4 Finals			
1	147 Vedder Macqueen	Caledonia Ju	_____
2	1141 Lehan Doucette	Oxford Schoo	_____
3	581 Mitchell Vallis	Ellenvale Ju	_____
4	392 Corwinn Marshall	Dartmouth So	_____
5	1289 Liam Connolly	Sacred Heart	_____
6	1241 Hanif Quadre	Rockingstone	_____
7	535 Kai Rickard	Elizabeth Su	_____
8	1084 Hyunjae Kim	John Martin	_____
9	784 Joe Rimmer	Halifax Cent	_____
10	275 Ali Khatoun	Clayton Park	_____
11	723 Alex Tracy	Gorsebrook J	_____
12	657 Leo Manos	Fairview Jun	_____
13	885 Eason Wong	Halifax Gram	_____
14	1356 Henry Ha	St. Agnes Ju	_____
15	456 Abraham Diamond	Ecole Mer et	_____
16			_____
17			_____

Section 2 of 4 Finals

1	561 Caleb Brown	Ellenvale Ju	_____
2	726 Elias Willet	Gorsebrook J	_____
3	394 Caleb Riggs	Dartmouth So	_____
4	1147 Leo Jackspn	Oxford Schoo	_____
5	989 Kai Fudge	Highland Par	_____
6	872 Kai Liu	Halifax Gram	_____
7	162 Jack Taylor	Caledonia Ju	_____
8	1086 Sondyn Lavoie-Boutil	John Martin	_____
9	649 William Creelman	Fairview Jun	_____
10	471 Luc Villeneuve	Ecole Mer et	_____
11	1363 Mason Marshall	St. Agnes Ju	_____
12	774 Emersen Lengema	Halifax Cent	_____
13	281 Niko Panopolis	Clayton Park	_____
14	444 Jack White	Ecole du Car	_____
15	534 Darragh Reynolds	Elizabeth Su	_____
16			_____
17			_____

Section 3 of 4 Finals

1	269 Bishop Daye	Clayton Park	_____
2	465 Stephen Ndjikeungou	Ecole Mer et	_____
3	1366 Isaiah Mosher	St. Agnes Ju	_____
4	542 Gabriel Tran	Elizabeth Su	_____
5	148 Emmitt Mahoney	Caledonia Ju	_____
6	1212 Rishant Vatchavari	Park West Sc	_____
7	401 Reegan Berkvens	East Coast V	_____
8	1285 Luke Boody	Sacred Heart	_____
9	602 Jacob Griffin	Eric Graves	_____
10	711 Sasha Kaye	Gorsebrook J	_____
11	886 Kian Wornell	Halifax Gram	_____
12	1082 Heath Heffler	John Martin	_____
13	577 Jacob Scott	Ellenvale Ju	_____
14	664 Dan Naidenkin	Fairview Jun	_____
15	773 Wendell Lee	Halifax Cent	_____
16	1148 Reid Laroche	Oxford Schoo	_____
17			_____



2025 SSNS Capital CITY District
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Section 4 of 4 Finals...(Event 32 Boys 800 Meter Run Junior

1	453 Charles Allen	Ecole Mer et	_____
2	563 Cohen Cluett	Ellenvale Ju	_____
3	671 Edward Shouting	Fairview Jun	_____
4	1089 Emmanuel Nsofor	John Martin	_____
5	1190 Gunvit Bhasin	Park West Sc	_____
6	1243 Emmanuel Sylvester	Rockingstone	_____
7	518 Kyle Deveau	Elizabeth Su	_____
8	994 Elliot Patriquin	Highland Par	_____
9	436 Noah Cannell	Ecole du Car	_____
10	861 Beckett Forsyth	Halifax Gram	_____
11	1362 Aaron Macpherson	St. Agnes Ju	_____
12	776 James Locke	Halifax Cent	_____
13	707 Ruan Budgell	Gorsebrook J	_____
14	145 Bailey MacInnis	Caledonia Ju	_____
15	278 Lachlan Mackay	Clayton Park	_____
16	1151 Jake Macpherson	Oxford Schoo	_____
17			_____

Event 33 Girls 800 Meter Run Intermediate

Thursday 2025-05-15 - 11:45 AM			
SSNS: 2:12.60 1977		Louise Palmer (hand)	
Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	66 Ashley Ermita	Bicentennial	_____
2	3 Morgan Clarke	Armbrac Acad	_____
3	915 Touleen Kanaan	Halifax West	_____
4	999 Gwen Achenbach	JL Ilsley Hi	_____
5	698 Madeline Rigby	Gorsebrook J	_____
6	1252 Laura Eishenahuer	Sacred Heart	_____
7	1317 Olivia Hernandez-Jei	St. Agnes Ju	_____
8	843 Ayla Williams	Halifax Gram	_____
9	1329 Leah Miller	St. Agnes Ju	_____
10	841 Molly Sancton	Halifax Gram	_____
11	1133 Vivian Zwicker	Oxford Schoo	_____
12	1277 Sophia Tannous	Sacred Heart	_____
13			_____
14			_____
15			_____
16			_____

Section 2 of 2 Finals

1	1011 Annie Johns	JL Ilsley Hi	_____
2	1313 Addison Farwell	St. Agnes Ju	_____
3	175 Faye Chiasson	Citadel High	_____
4	844 Carley Williams	Halifax Gram	_____
5	703 Kaye Wilson	Gorsebrook J	_____
6	1272 Isobel Schrader	Sacred Heart	_____
7	1310 Myla Durfee	St. Agnes Ju	_____
8	450 Petra Skidmore	Ecole Mer et	_____
9	743 Julia Locke	Halifax Cent	_____
10	1381 Abby Coles	Woodlawn Hig	_____
11	307 Deborah Beach	Dartmouth Hi	_____
12			_____
13			_____
14			_____
15			_____
16			_____

Event 34 Boys 800 Meter Run Intermediate

Thursday 2025-05-15 - 11:45 AM			
SSNS: 1:58.21 2015		Hudson Grimshaw-Surette	
Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	1214 Sayhan Zaman	Park West Sc	_____
2	1091 Meer Patel	John Martin	_____
3	1282 Evan Beaubien	Sacred Heart	_____
4	851 Keith Beazley	Halifax Gram	_____
5	1160 Charlie Thompson	Oxford Schoo	_____
6	1031 Darian Fukala	JL Ilsley Hi	_____
7	939 Daniel Ganza	Halifax West	_____
8	94 Riley Rendell	Bicentennial	_____
9	218 Noam Kelly	Citadel High	_____
10	871 Cesar Lin	Halifax Gram	_____
11	1033 Alex Gyorfi	JL Ilsley Hi	_____
12	146 Charlie MacInnis	Caledonia Ju	_____
13	717 Keiran Morrison	Gorsebrook J	_____
14	41 Taitym Hyacinth	Armbrac Acad	_____
15			_____
16			_____



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Section 2 of 3 Finals...(Event 34 Boys 800 Meter Run Interm

1	131 Daniel Dada	Caledonia Ju	_____
2	778 Max MacNeil	Halifax Cent	_____
3	1027 Griffin Cameron	JL Ilsley Hi	_____
4	856 Oz Cohen	Halifax Gram	_____
5	213 Sebastian Fridell-Ervi	Citadel High	_____
6	1294 Vikesh Mukhida	Sacred Heart	_____
7	669 John Raymond	Fairview Jun	_____
8	1195 Jose Fullo	Park West Sc	_____
9	1358 Nathaniel Irish	St. Agnes Ju	_____
10	1157 Kallum Slaunwhite	Oxford Schoo	_____
11	1423 Evan Ren	Woodlawn Hig	_____
12	53 Cameron Nemeskeri	Armbræ Acad	_____
13	956 Nathan Nabhan	Halifax West	_____
14			_____
15			_____
16			_____

Section 3 of 3 Finals

1	608 KJ Magar	Eric Graves	_____
2	1049 Lometh Samarasingh	JL Ilsley Hi	_____
3	352 Nolen Mitchell	Dartmouth Hi	_____
4	97 Emil Tesoro	Bicentennial	_____
5	876 Arjun Parkash	Halifax Gram	_____
6	1145 Sam Gomez	Oxford Schoo	_____
7	1156 Luke Redwood	Oxford Schoo	_____
8	957 Ngena Ndolandola	Halifax West	_____
9	483 Joshua Misner	Ecole second	_____
10	40 Bannen Green	Armbræ Acad	_____
11	232 Oliver Neeve	Citadel High	_____
12	1409 Timothy DeLong	Woodlawn Hig	_____
13	644 D'Arcy Atchison	Fairview Jun	_____
14			_____
15			_____
16			_____

Event 35 Girls 800 Meter Run Senior

Thursday 2025-05-15 - 11:45 AM			
SSNS: 2:11.58 2019		Maggie Smith	
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	1266 Yuka Maryuyama	Sacred Heart	_____
2	197 Jane McGuire	Citadel High	_____
3	322 Frances MacLeod	Dartmouth Hi	_____
4	1269 Mary-Lou O'Regan	Sacred Heart	_____
5	180 Sophia Das	Citadel High	_____
6	819 Bianca Grossi	Halifax Gram	_____
7	183 Grace Galloway	Citadel High	_____
8	1251 Liviya Driver	Sacred Heart	_____
9	306 Anna Archibald	Dartmouth Hi	_____
10	833 Heidi Nuyens	Halifax Gram	_____
11	1256 Caroline Gillis	Sacred Heart	_____
12	170 Elisa Arteaga	Citadel High	_____
13			_____
14			_____
15			_____
16			_____
17			_____

Event 36 Boys 800 Meter Run Senior

Thursday 2025-05-15 - 11:45 AM			
SSNS: 1:54.29 2024-06-01		Silas Conlin-Morse	
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	937 Wang Shun Fielding	Halifax West	_____
2	219 Liam Kirby	Citadel High	_____
3	867 Leo Hanada	Halifax Gram	_____
4	1032 Charlie Glover	JL Ilsley Hi	_____
5	347 Alden Hiltz	Dartmouth Hi	_____
6	45 Connor Macgillivray	Armbræ Acad	_____
7	228 Noah Miller	Citadel High	_____
8	961 Graham Sauer	Halifax West	_____
9	238 Chris Sneddon	Citadel High	_____
10	363 Jack Theunissen	Dartmouth Hi	_____
11	61 Declan Younger	Armbræ Acad	_____
12	1052 Daniel Tokar	JL Ilsley Hi	_____
13	967 Cole Willows	Halifax West	_____
14	240 Adrian Sunderland	Citadel High	_____
15	948 Robert Martin	Halifax West	_____
16			_____
17			_____
18			_____



SCHOOL SPORT
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**2025 SSNS Capital CITY District
Meet Program**

Event 37 Girls 4x100 Meter Relay Junior**Thursday 2025-05-15 - 1:15 PM****SSNS: 52.50 2014****Riverside Education Center**

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

1	Halifax Inde	A	_____
2	Park West Sc	A	_____
3	Rockingstone	A	_____
4	Halifax Gram	A	_____
5	Halifax Chri	A	_____
6	Ellenvale Ju	A	_____
7	Elizabeth Su	A	_____
8	Ecole du Car	A	_____

Section 2 of 3 Finals

1	Gorsebrook J	A	_____
2	Halifax Cent	A	_____
3	St. Agnes Ju	A	_____
4	John Martin	A	_____
5	Armbrac Acad	A	_____
6	Caledonia Ju	A	_____
7	Cunard Junio	A	_____
8	Highland Par	A	_____

Section 3 of 3 Finals

1	Dartmouth So	A	_____
2	Sacred Heart	A	_____
3	Fairview Jun	A	_____
4	Oxford Schoo	A	_____
5	Bicentennial	A	_____
6	Herring Cove	A	_____
7	Clayton Park	A	_____
8	Eric Graves	A	_____

Event 38 Boys 4x100 Meter Relay Junior**Thursday 2025-05-15 - 1:15 PM****SSNS: 48.40 1990****Astral Drive (hand)**

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

1	Clayton Park	A	_____
2	John Martin	A	_____
3	Armbrac Acad	A	_____
4	Ellenvale Ju	A	_____
5	Dartmouth So	A	_____
6	Park West Sc	A	_____
7	St. Agnes Ju	A	_____
8			_____

Section 2 of 3 Finals

1	Rockingstone	A	_____
2	Halifax Inde	A	_____
3	Sacred Heart	A	_____
4	Halifax Gram	A	_____
5	Bicentennial	A	_____
6	Fairview Jun	A	_____
7	Caledonia Ju	A	_____
8			_____

Section 3 of 3 Finals

1	Halifax Cent	A	_____
2	Ecole du Car	A	_____
3	Gorsebrook J	A	_____
4	Oxford Schoo	A	_____
5	Cunard Junio	A	_____
6	Elizabeth Su	A	_____
7	Eric Graves	A	_____
8			_____

Event 39 Girls 4x100 Meter Relay Intermediate**Thursday 2025-05-15 - 1:15 PM****SSNS: 51.34 2019-06-01 Lockview High School**

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

1	Oxford Schoo	A	_____
2	Halifax Gram	A	_____
3	Ecole second	A	_____
4	Ellenvale Ju	A	_____
5	Park West Sc	A	_____
6	Dartmouth Hi	A	_____
7			_____
8			_____

Section 2 of 3 Finals

1	St. Agnes Ju	A	_____
2	Citadel High	A	_____
3	Halifax Cent	A	_____
4	Armbrac Acad	A	_____
5	Woodlawn Hig	A	_____
6	Bicentennial	A	_____
7			_____
8			_____

Section 3 of 3 Finals

1	Sacred Heart	A	_____
2	Eric Graves	A	_____
3	Fairview Jun	A	_____
4	Halifax West	A	_____
5	JL Ilsley Hi	A	_____
6	John Martin	A	_____
7			_____
8			_____



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2025 SSNS Capital CITY District
Meet Program

Event 40 Boys 4x100 Meter Relay Intermediate

Thursday 2025-05-15 - 1:15 PM			
SSNS: 44.95 2024-06-01 Cobequid Educational Centre			
Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
1	Woodlawn Hig	A	_____
2	Bicentennial	A	_____
3	Armbrae Acad	A	_____
4	Park West Sc	A	_____
5	Caledonia Ju	A	_____
6	Halifax Chri	A	_____
7	Halifax West	A	_____
8			_____
Section 2 of 3 Finals			
1	Oxford Schoo	A	_____
2	Halifax Gram	A	_____
3	Ecole second	A	_____
4	Gorsebrook J	A	_____
5	Halifax Cent	A	_____
6	Fairview Jun	A	_____
7	Ellenvale Ju	A	_____
8			_____
Section 3 of 3 Finals			
1	Ecole Mer et	A	_____
2	JL Ilsley Hi	A	_____
3	Sacred Heart	A	_____
4	John Martin	A	_____
5	Citadel High	A	_____
6	Eric Graves	A	_____
7			_____
8			_____

Event 41 Girls 4x100 Meter Relay Senior

Thursday 2025-05-15 - 1:15 PM			
SSNS: 50.32 2004 Cec			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Dartmouth Hi	A	_____
2	Halifax West	A	_____
3	Citadel High	A	_____
4	Armbrae Acad	A	_____
5	Woodlawn Hig	A	_____
6	Halifax Gram	A	_____
7	JL Ilsley Hi	A	_____
8			_____

Event 42 Boys 4x100 Meter Relay Senior

Thursday 2025-05-15 - 1:15 PM			
SSNS: 43.26 2014 Cec			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Halifax West	A	_____
2	Armbrae Acad	A	_____
3	Woodlawn Hig	A	_____
4	Sacred Heart	A	_____
5	Halifax Chri	A	_____
6	Dartmouth Hi	A	_____
7	Citadel High	A	_____
8			_____



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**2025 SSNS Capital CITY District
Meet Program**

Event 43 Girls 3000 Meter Run Junior**Thursday 2025-05-15 - 3:00 PM**

SSNS: 10:18.76 2011

Rachel Crawley

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	842 Orli Sutherland	Halifax Gram	_____
2	264 Felicity Tran	Clayton Park	_____
3	1300 Maggie Allen	St. Agnes Ju	_____
4	691 Kenley Mills	Gorsebrook J	_____
5	265 Sofia Tran	Clayton Park	_____
6	1254 Alice Gillis	Sacred Heart	_____
7	676 Freya Archibald	Gorsebrook J	_____
8	550 Lillian Macdonald	Ellenvale Ju	_____
9	1260 Hannah Greek	Sacred Heart	_____
10	1320 Emma Laycock	St. Agnes Ju	_____
11	372 Claire Crowe	Dartmouth So	_____
12	255 Anna Macdonald	Clayton Park	_____
13	1248 Sophie Carter	Sacred Heart	_____
14	831 Scarlet Mason	Halifax Gram	_____
15	375 Pippa Fulmer	Dartmouth So	_____
16	821 Hannah Hayami	Halifax Gram	_____
17	293 Mary Johns	Cunard Junio	_____
18	732 Ellen Brady	Halifax Cent	_____
19	750 Maggie Stewart	Halifax Cent	_____
20	1244 Valentina Arredondo	Sacred Heart	_____
21	369 Pamela Alcancia	Dartmouth So	_____
22	1122 Regan Poirier	Oxford Schoo	_____
23	292 Freya Hartling	Cunard Junio	_____
24	1114 Allie Hope	Oxford Schoo	_____
25	432 Agathe Tremblay	Ecole du Car	_____
26	816 Stella Asher	Halifax Gram	_____
27	677 Lilly Bishop	Gorsebrook J	_____
28	1131 Zoe White	Oxford Schoo	_____
29	896 Sophia Van Delft	Halifax Inde	_____
30	1112 Anna Gillis	Oxford Schoo	_____
31	373 Evelyn Fennell	Dartmouth So	_____
32	1177 Tia Kinnear	Park West Sc	_____
33	688 Victoria Kirby	Gorsebrook J	_____
34	1307 Emery Brennan	St. Agnes Ju	_____
35	741 Karina Goralski	Halifax Cent	_____
36			_____
37			_____

Event 44 Boys 3000 Meter Run Junior**Thursday 2025-05-15 - 3:30 PM**

SSNS: 9:15.14 2011

Tobias Wolter

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	277 Henry Lynch	Clayton Park	_____
2	468 Elliot Stec	Ecole Mer et	_____
3	533 Aedan Reynolds	Elizabeth Su	_____
4	1190 Gunvit Bhasin	Park West Sc	_____
5	568 Colin Eagan	Ellenvale Ju	_____
6	1147 Leo Jackspn	Oxford Schoo	_____
7	706 Bennett Auld	Gorsebrook J	_____
8	655 Felix Macdonald	Fairview Jun	_____
9	1363 Mason Marshall	St. Agnes Ju	_____
10	857 Sebastien De Saint Sa	Halifax Gram	_____
11	720 Cohen Raimondo	Gorsebrook J	_____
12	145 Bailey MacInnis	Caledonia Ju	_____
13	438 Miles Lawson	Ecole du Car	_____
14	1356 Henry Ha	St. Agnes Ju	_____
15	270 Gus Edwards	Clayton Park	_____
16	884 Arthur Wilson	Halifax Gram	_____
17	540 Lars Struijf	Elizabeth Su	_____
18	1135 Matias Arteaga-Usug	Oxford Schoo	_____
19	885 Eason Wong	Halifax Gram	_____
20	561 Caleb Brown	Ellenvale Ju	_____
21	135 Hayden Doucet	Caledonia Ju	_____
22	1144 Theoren Fortier	Oxford Schoo	_____
23	1362 Aaron Macpherson	St. Agnes Ju	_____
24	442 Duncan MacLaughlin	Ecole du Car	_____
25	418 Jasper Walker	East Coast V	_____
26	394 Caleb Riggs	Dartmouth So	_____
27	91 Avery Peters	Bicentennial	_____
28	529 Sterling Moulton	Elizabeth Su	_____
29	512 Oliver Boudreau	Elizabeth Su	_____
30	1150 Jack MacLean	Oxford Schoo	_____
31	56 Jacob Propper	Armbrae Acad	_____
32	661 Josef Moravec	Fairview Jun	_____
33	715 Calix Marchand	Gorsebrook J	_____
34	287 Jack Woodhead	Clayton Park	_____
35	861 Beckett Forsyth	Halifax Gram	_____
36	761 Ben Connick	Halifax Cent	_____
37	722 Jude Ruddick	Gorsebrook J	_____
38	35 James Burke	Armbrae Acad	_____
39	1289 Liam Connolly	Sacred Heart	_____
40	581 Mitchell Vallis	Ellenvale Ju	_____
41	756 Ben Begin	Halifax Cent	_____
42	469 Nathaniel Taddei	Ecole Mer et	_____
43			_____
44			_____
45			_____



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Event 45 Girls 3000 Meter Run Intermediate

Thursday 2025-05-15 - 3:45 PM		
SSNS: 9:44.38 2022-06-04 Abby Lewis		
Lane	Name	School Seed Time
Section 1 of 1 Finals		
1	330 Lauren Trenholm	Dartmouth Hi
2	1382 Talia Cummins	Woodlawn Hig
3	175 Faye Chiasson	Citadel High
4	1317 Olivia Hernandez-Jei	St. Agnes Ju
5	1276 Gabi Stone	Sacred Heart
6	844 Carley Williams	Halifax Gram
7	1262 Sophie Herrera	Sacred Heart
8	307 Deborah Beach	Dartmouth Hi
9	1313 Addison Farwell	St. Agnes Ju
10	1245 Zoe Boody	Sacred Heart
11	591 Veronica Mitchell	Eric Graves
12	397 Addison Ellis	East Coast V
13	475 Sadie May Landry	Ecole second
14	1252 Laura Eishenahuer	Sacred Heart
15	329 Grace Theunissen	Dartmouth Hi
16	1330 Cara Milne	St. Agnes Ju
17	703 Kaye Wilson	Gorsebrook J
18	701 Esmee Ruddick	Gorsebrook J
19	396 Chloe Betts	East Coast V
20	179 Ellora Das	Citadel High
21	80 Sammy Tymeko	Bicentennial
22		
23		

Event 46 Boys 3000 Meter Run Intermediate

Thursday 2025-05-15 - 4:00 PM		
SSNS: 8:50.61 2015 Andrew Peverill		
Lane	Name	School Seed Time
Section 1 of 1 Finals		
1	614 David Storning	Eric Graves
2	1037 Fraser Lake	JL Ilsley Hi
3	1024 Ben Boudreau	JL Ilsley Hi
4	1051 Rhys Tobin	JL Ilsley Hi
5	218 Noam Kelly	Citadel High
6	709 Jasper Dorland	Gorsebrook J
7	1409 Timothy DeLong	Woodlawn Hig
8	1157 Kallum Slaunwhite	Oxford Schoo
9	953 Rohan Mills	Halifax West
10	940 Ben Graham	Halifax West
11	718 Sam Murphy	Gorsebrook J
12	1200 Jason Hu	Park West Sc
13	876 Arjun Parkash	Halifax Gram
14	1290 Nate Cooper	Sacred Heart
15	616 Elijah Whelan	Eric Graves
16	863 Christos Giannou	Halifax Gram
17	1355 Liam Greenwood	St. Agnes Ju
18	966 Nicholas Williams	Halifax West
19	232 Oliver Neeve	Citadel High
20	1406 Nikhil Batra	Woodlawn Hig
21	1211 Varnit Trigunayat	Park West Sc
22	463 Ben Leitao	Ecole Mer et
23	778 Max MacNeil	Halifax Cent
24	865 Besim Halef	Halifax Gram
25	34 Kale Brown	Armbrac Acad
26	725 Chase Whitman	Gorsebrook J
27	209 David Ackerman	Citadel High
28	1423 Evan Ren	Woodlawn Hig
29	352 Nolen Mitchell	Dartmouth Hi
30	871 Cesar Lin	Halifax Gram
31	1156 Luke Redwood	Oxford Schoo
32	1145 Sam Gomez	Oxford Schoo
33	356 Caleb O.Balogun	Dartmouth Hi
34	945 Acey Logan	Halifax West
35	479 Sage Boyd-Perryman	Ecole second
36		
37		



**2025 SSNS Capital CITY District
Meet Program**

Event 47 Girls 3000 Meter Run Senior**Thursday 2025-05-15 - 4:15 PM**

SSNS: 9:26.12 2019-06-01 Maggie Smith

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	923 Sofia Mengual-Clare	Halifax West	_____
2	306 Anna Archibald	Dartmouth Hi	_____
3	819 Bianca Grossi	Halifax Gram	_____
4	926 Paige Neklia	Halifax West	_____
5	170 Elisa Arteaga	Citadel High	_____
6	922 Ally McLean	Halifax West	_____
7	178 Azalea Dambergs	Citadel High	_____
8	322 Frances MacLeod	Dartmouth Hi	_____
9	833 Heidi Nuyens	Halifax Gram	_____
10	918 Olivia Logan	Halifax West	_____
11	187 Jillian Hope	Citadel High	_____
12	1251 Liviya Driver	Sacred Heart	_____
13			_____
14			_____
15			_____
16			_____

Event 48 Boys 3000 Meter Run Senior**Thursday 2025-05-15 - 4:30 PM**

SSNS: 8:40.76 2017-06-03 Andrew Peverill

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	933 Esay Awet Teka	Halifax West	_____
2	236 Luke Sarty	Citadel High	_____
3	961 Graham Sauer	Halifax West	_____
4	358 Neil Rissesco	Dartmouth Hi	_____
5	240 Adrian Sunderland	Citadel High	_____
6	482 Lincoln Carmen Land	Ecole second	_____
7	965 Neil Wang	Halifax West	_____
8	45 Connor Macgillivray	Armbrac Acad	_____
9	950 Primo McUmbe	Halifax West	_____
10	1426 Ethan Smith	Woodlawn Hig	_____
11	230 Arlo Morris	Citadel High	_____
12	219 Liam Kirby	Citadel High	_____
13	347 Alden Hiltz	Dartmouth Hi	_____
14			_____
15			_____
16			_____
17			_____

Event 49 Girls 4x400 Meter Relay Junior**Thursday 2025-05-15 - 5:00 PM**

SSNS: 4:17.83 2017-06-03 St. Andrew Junior School

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Bicentennial	A	_____
2	Armbrac Acad	A	_____
3	Elizabeth Su	A	_____
4	Halifax Gram	A	_____
5	Gorsebrook J	A	_____
6	Clayton Park	A	_____
7			_____
8			_____
Section 2 of 2 Finals			
1	Dartmouth So	A	_____
2	Oxford Schoo	A	_____
3	Halifax Cent	A	_____
4	St. Agnes Ju	A	_____
5	Fairview Jun	A	_____
6	Sacred Heart	A	_____
7			_____
8			_____

Event 50 Boys 4x400 Meter Relay Junior**Thursday 2025-05-15 - 5:00 PM**

SSNS: 3:48.10 2013 Halifax Central Junior

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Bicentennial	A	_____
2	St. Agnes Ju	A	_____
3	Fairview Jun	A	_____
4	Sacred Heart	A	_____
5	Clayton Park	A	_____
6	Gorsebrook J	A	_____
7			_____
8			_____
Section 2 of 2 Finals			
1	Ellenvale Ju	A	_____
2	Halifax Gram	A	_____
3	Elizabeth Su	A	_____
4	Armbrac Acad	A	_____
5	Halifax Cent	A	_____
6	Oxford Schoo	A	_____
7			_____
8			_____



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2025 SSNS Capital CITY District
Meet Program

Event 51 Girls 4x400 Meter Relay Intermediate			
Thursday 2025-05-15 - 5:00 PM			
SSNS: 4:07.64 2007		Halifax Grammar	
Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Citadel High	A	
2	Oxford Schoo	A	
3	Woodlawn Hig	A	
4	Armbrae Acad	A	
5	Sacred Heart	A	
6			
7			
8			
Section 2 of 2 Finals			
1	Dartmouth Hi	A	
2	Halifax West	A	
3	Halifax Gram	A	
4	St. Agnes Ju	A	
5	Bicentennial	A	
6			
7			
8			

Event 52 Boys 4x400 Meter Relay Intermediate			
Thursday 2025-05-15 - 5:00 PM			
SSNS: 3:35.40 1984		Prince Andrew (hand)	
Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Citadel High	A	
2	Halifax Gram	A	
3	Bicentennial	A	
4	Fairview Jun	A	
5	JL Ilsley Hi	A	
6			
7			
8			
Section 2 of 2 Finals			
1	Halifax West	A	
2	Sacred Heart	A	
3	Woodlawn Hig	A	
4	Gorsebrook J	A	
5	Armbrae Acad	A	
6	Oxford Schoo	A	
7			
8			

Event 53 Girls 4x400 Meter Relay Senior			
Thursday 2025-05-15 - 5:00 PM			
SSNS: 4:01.53 2009		Park View	
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Armbrae Acad	A	
2	Citadel High	A	
3	Sacred Heart	A	
4	Dartmouth Hi	A	
5			
6			
7			
8			

Event 54 Boys 4x400 Meter Relay Senior			
Thursday 2025-05-15 - 5:00 PM			
SSNS: 3:26.09 2014		Cec	
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Dartmouth Hi	A	
2	Armbrae Acad	A	
3	Woodlawn Hig	A	
4	Halifax Gram	A	
5	Sacred Heart	A	
6	Halifax West	A	
7	Citadel High	A	
8			



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2025 SSNS Capital CITY District
Meet Program

Event 55 Girls Long Jump Junior

Thursday 2025-05-15 - 12:30 PM			
SSNS: 5.00m 2023-06-13 Myka Wilson			
Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	1326 Heidi Macdonald	St. Agnes Ju	
2	299 Callie Williams	Cunard Junio	
3	1335 Olivia Thomson	St. Agnes Ju	
4	1072 Jaelyn Thompson	John Martin	
5	742 Charlie Hazel	Halifax Cent	
6	290 Hailey Conrad	Cunard Junio	
7	423 Delila Clarke	Ecole du Car	
8	893 Claire Pothier	Halifax Inde	
9	448 Lia Mosher	Ecole Mer et	
10			
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2025 SSNS Capital CITY District**Meet Program****Flight 2 of 2 Finals**

1	835	Teni Ogunsakin	Halifax Gram	_____	52	1166	Saanvi Chopra	Park West Sc	_____
2	248	Georgette Brookman	Clayton Park	_____	53	830	Michelle Mangiri	Halifax Gram	_____
3	255	Anna Macdonald	Clayton Park	_____	54	100	Ruby Alexander	Caledonia Ju	_____
4	731	Margo Begin	Halifax Cent	_____	55	633	Ashlyn Noseworthy	Fairview Jun	_____
5	895	Josie Scott	Halifax Inde	_____	56	429	Jessica Rathwell	Ecole du Car	_____
6	422	Brielle Breau	Ecole du Car	_____	57	256	Deveena Mashruwala	Clayton Park	_____
7	1099	Astrid Askheim	Oxford Schoo	_____	58	846	Vivian Yu	Halifax Gram	_____
8	1222	Jordynn Hartley	Rockingstone	_____	59	123	Hayley Whitelock	Caledonia Ju	_____
9	970	Luci Ewing	Herring Cove	_____	60	13	Zoe Grant	Armbrac Acad	_____
10	732	Ellen Brady	Halifax Cent	_____	61	381	Audrey Martin-May	Dartmouth So	_____
11	294	Ruby Langley	Cunard Junio	_____	62	14	Tindra Johnson	Armbrac Acad	_____
12	74	Mahitha Pothu	Bicentennial	_____	63	1111	Lucy Fraser	Oxford Schoo	_____
13	494	Isabelle Deyoung	Elizabeth Su	_____	64	978	Mya Gushue	Highland Par	_____
14	384	Myla Redman	Dartmouth So	_____	65	1231	Mackenzie Vidito	Rockingstone	_____
15	621	Natalie Debaie	Fairview Jun	_____	66	1303	Eni Alo	St. Agnes Ju	_____
16	790	Tomisin Ajetomobi	Halifax Chri	_____	67	369	Pamella Alcancia	Dartmouth So	_____
17	295	Camryn Myra	Cunard Junio	_____	68	1333	Anna Parafianowicz	St. Agnes Ju	_____
18	896	Sophia Van Delft	Halifax Inde	_____	69	1061	Mj Fabian	John Martin	_____
19	62	Ayo Ayeotan	Bicentennial	_____	70	982	Veda Jackson	Highland Par	_____
20	971	Isabelle Homans	Herring Cove	_____	71	23	Victoria Olaiya	Armbrac Acad	_____
21	104	Booklyn Collings	Caledonia Ju	_____	72	1065	Bailee Mason	John Martin	_____
22	829	Michelle Li	Halifax Gram	_____					
23	376	Aliyah Hoskin	Dartmouth So	_____					
24	1179	Alexis Morrison	Park West Sc	_____					
25	434	Ruth Willis	Ecole du Car	_____					
26	510	Natalia Zarczynski	Elizabeth Su	_____					
27	636	Michaela Salomon	Fairview Jun	_____					
28	102	Julia Campbell	Caledonia Ju	_____					
29	452	Alexandra Taddei	Ecole Mer et	_____					
30	751	Grace Tan	Halifax Cent	_____					
31	1227	Omowonuolajesu Ol	Rockingstone	_____					
32	1176	Ashlyn Kendell	Park West Sc	_____					
33	797	Anna Kok	Halifax Chri	_____					
34	969	Charlotte Bullen	Herring Cove	_____					
35	972	Audrey McNeil	Herring Cove	_____					
36	490	Darcie Bowdridge	Elizabeth Su	_____					
37	1113	Molly Heighton	Oxford Schoo	_____					
38	792	Annelise Alarcon	Halifax Chri	_____					
39	64	Alaura Downey-Burns	Bicentennial	_____					
40	680	Annika Compton	Gorsebrook J	_____					
41	692	Skyla Naas	Gorsebrook J	_____					
42	889	Elora Deacoff	Halifax Inde	_____					
43	973	Sara Woolaver	Herring Cove	_____					
44	980	Cloe Henneberry	Highland Par	_____					
45	791	Tomiyin Ajetomobi	Halifax Chri	_____					
46	16	Amy Liu	Armbrac Acad	_____					
47	1115	Olivia Ianni	Oxford Schoo	_____					
48	1165	Daniella Chibuzo	Park West Sc	_____					
49	623	Ruth Eboigde	Fairview Jun	_____					
50	503	Morgan Lee	Elizabeth Su	_____					
51	678	Emma Cassidy	Gorsebrook J	_____					



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Event 56 Boys Long Jump Junior**Wednesday 2025-05-14 - 12:30 PM****SSNS: 5.79m 2012****David MacDonald**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	406 Noah Horne	East Coast V	_____
2	707 Ruan Budgell	Gorsebrook J	_____
3	727 Lucas Wyand	Gorsebrook J	_____
4	95 Glendon Smith-Thomp	Bicentennial	_____
5	389 Enosa Bello	Dartmouth So	_____
6	878 Anderson Powers	Halifax Gram	_____
7	994 Elliot Patriquin	Highland Par	_____
8	84 Nolan Campbell	Bicentennial	_____
9	443 Aristide Niyonyishu	Ecole du Car	_____
10	162 Jack Taylor	Caledonia Ju	_____
11	521 Will Gyorfi	Elizabeth Su	_____
12	1196 Rory Glencross	Park West Sc	_____
13	50 Jonah Mantley	Armbrae Acad	_____
14	864 Matteo Grossi	Halifax Gram	_____
15	287 Jack Woodhead	Clayton Park	_____
16	666 Duncan Ogilvie	Fairview Jun	_____
17	712 Nathan Kelly	Gorsebrook J	_____
18	659 Mootaz Mekni	Fairview Jun	_____
19	1142 Johntae Eltvik	Oxford Schoo	_____
20	643 Elijah Amore	Fairview Jun	_____
21	394 Caleb Riggs	Dartmouth So	_____
22	860 Malcolm Fatokun	Halifax Gram	_____
23	419 Jake Willmott	East Coast V	_____
24	580 Roberts Tristan	Ellenvale Ju	_____
25	582 Michael Vitkin	Ellenvale Ju	_____
26	776 James Locke	Halifax Cent	_____
27	156 Ryan Purcell	Caledonia Ju	_____
28	512 Oliver Boudreau	Elizabeth Su	_____
29	1082 Heath Heffler	John Martin	_____
30	388 Reid Ash	Dartmouth So	_____
31	404 Harrison Fraser	East Coast V	_____
32	392 Corwinn Marshall	Dartmouth So	_____
33	1370 Linden Todd	St. Agnes Ju	_____
34	1342 Oliver Adams	St. Agnes Ju	_____
35	1094 Loic Siewe	John Martin	_____
36	541 Jeddiah Tonny-Utulu	Elizabeth Su	_____
37	302 Nolan Phillips	Cunard Junio	_____
38	272 Matthew Filler	Clayton Park	_____
39	993 Gregor Orlik	Highland Par	_____
40	571 Alexander Merrick	Ellenvale Ju	_____
41	774 Emersen Lengema	Halifax Cent	_____
42	303 Nash Salas	Cunard Junio	_____
43	903 Marcus Robson	Halifax Inde	_____
44	401 Reegan Berkvens	East Coast V	_____
45	1143 Lukas Fiedler	Oxford Schoo	_____
46	1353 Joseph Frangieh	St. Agnes Ju	_____

47	1232 Uvie Akpoguma	Rockingstone	_____
48	568 Colin Eagan	Ellenvale Ju	_____
49	989 Kai Fudge	Highland Par	_____
50	719 Ryland Norman	Gorsebrook J	_____
51	1296 Boyd Schrader	Sacred Heart	_____
52	602 Jacob Griffin	Eric Graves	_____
53	1161 Simon Winter	Oxford Schoo	_____
54	445 Brysen Wood	Ecole du Car	_____
55	1344 Ahmad Alali	St. Agnes Ju	_____
56	285 Casey Sullivan	Clayton Park	_____
57	1188 Soham Ausekar	Park West Sc	_____
58	1141 Lehan Doucette	Oxford Schoo	_____
59	1210 Hamza Syed	Park West Sc	_____
60	159 Hudson Smith	Caledonia Ju	_____
61	542 Gabriel Tran	Elizabeth Su	_____
62	756 Ben Begin	Halifax Cent	_____
63	81 Keyon Ashe	Bicentennial	_____
64	471 Luc Villeneuve	Ecole Mer et	_____
65	441 Benjamin MacInnis	Ecole du Car	_____
66	166 Isaac Wall	Caledonia Ju	_____
67			_____
68			_____



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Event 57 Girls Long Jump Intermediate**Thursday 2025-05-15 - 10:00 AM**

SSNS: 5.32m 1973

Cecilia Branch

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	1067 Navaeh Parsons	John Martin		
2	1393 Evangeline Ijebor	Woodlawn Hig		
3	321 Lila Macaskill	Dartmouth Hi		
4	1277 Sophia Tannous	Sacred Heart		
5	1399 Chimamanda Nwosu	Woodlawn Hig		
6	1390 Meaghan Ferguson	Woodlawn Hig		
7	928 Sarah Pratheesh	Halifax West		
8	17 Brooklyn Lucas	Armbrac Acad		
9	588 Bailey Mabbett	Eric Graves		
10	1073 Erica Udom	John Martin		
11	1323 Libby Lim	St. Agnes Ju		
12	626 Lacey Hanley	Fairview Jun		
13	834 Joy Nwachukwu	Halifax Gram		
14	1258 Olivia Gogan	Sacred Heart		
15	1392 Sarah Hurley	Woodlawn Hig		
16	320 Teigan Long	Dartmouth Hi		
17	1183 Lakshita Sivaganesh	Park West Sc		
18	729 Ari Arsenault	Halifax Cent		
19	1019 Charlotte Snow	JL Ilsley Hi		
20	1274 Abbey Spearin	Sacred Heart		
21	196 Emmy Mastnak	Citadel High		
22	1016 Kanishga Pradeep	JL Ilsley Hi		
23	472 Bruna Al Frenn	Ecole second		
24	1304 Bree Aylward	St. Agnes Ju		
25	920 Megnaa Mahesh	Halifax West		
26	313 Brianna Hoskin	Dartmouth Hi		
27	1127 Gretta Smith	Oxford Schoo		
28	1316 Eva Hernandez-Jenn	St. Agnes Ju		
29	913 Abigail Gaudet	Halifax West		
30	1117 Ruby McCormack	Oxford Schoo		
31	1017 Mariam Saifi	JL Ilsley Hi		
32	1272 Isobel Schrader	Sacred Heart		
33	199 Lora Pelivanov	Citadel High		
34	70 Cassidy McFarlane	Bicentennial		
35	1002 Summer Boland-Mus	JL Ilsley Hi		
36	1302 Sophie Allen	St. Agnes Ju		
37				
38				

Event 58 Boys Long Jump Intermediate**Wednesday 2025-05-14 - 10:00 AM**

SSNS: 6.44m 1997

David Paxton

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	849 Kashton Armstrong	Halifax Gram		
2	804 Mokunfayo Fakiyesi	Halifax Chri		
3	1041 Ibrahim Msabaha	JL Ilsley Hi		
4	944 Abhinav Kumar	Halifax West		
5	348 Ashton Kennedy	Dartmouth Hi		
6	1152 Angelo Melanson	Oxford Schoo		
7	1139 Ben Creighton	Oxford Schoo		
8	710 Sheppard Dorland	Gorsebrook J		
9	222 Travis Lloyd	Citadel High		
10	1093 Adeeb Sidiqqi	John Martin		
11	1412 Sujit Gurralla	Woodlawn Hig		
12	1422 Ethan Obeng Nkrym	Woodlawn Hig		
13	1200 Jason Hu	Park West Sc		
14	36 Ben Colburn	Armbrac Acad		
15	1033 Alex Gyorfi	JL Ilsley Hi		
16	667 Rire Olewole	Fairview Jun		
17	642 Natty Abreha	Fairview Jun		
18	716 Connor Mark	Gorsebrook J		
19	368 Xavier Williams	Dartmouth Hi		
20	1078 Rishawn Brown	John Martin		
21	211 Logan Cummings	Citadel High		
22	40 Bannen Green	Armbrac Acad		
23	337 Josh Bent	Dartmouth Hi		
24	668 Caleb Postmaa	Fairview Jun		
25	1090 Michael Okoabah	John Martin		
26	1153 Atilla Narvey	Oxford Schoo		
27	127 Alex Campbell	Caledonia Ju		
28	34 Kale Brown	Armbrac Acad		
29	1055 Macade Wright	JL Ilsley Hi		
30	1046 Lauchlan Peters	JL Ilsley Hi		
31	344 Knowledge Glasgow	Dartmouth Hi		
32	1201 Hamza Hussein	Park West Sc		
33	562 Grayson Carpenter	Ellenvale Ju		
34	670 Ian Seok	Fairview Jun		
35	809 Caleb Kok	Halifax Chri		
36	1197 Dev Gupta	Park West Sc		
37	33 Clark Brine	Armbrac Acad		
38	951 Aaron Metzger	Halifax West		
39	141 Theo Junaid Macneil	Caledonia Ju		
40	579 Conroy Snow	Ellenvale Ju		
41	879 Kaden Shen	Halifax Gram		
42	1211 Varnit Trigunayat	Park West Sc		
43	481 Lamar Gallant	Ecole second		
44	883 Narian Williams	Halifax Gram		
45	759 Daniel Chisholm	Halifax Cent		
46	803 Denzel Emeziem	Halifax Chri		



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Flight 1 of 1 Finals

47 _____
48 _____

Event 59 Girls Long Jump Senior

Thursday 2025-05-15 - 3:00 PM			
SSNS: 5.49m 2017-06-03 Denver Fraser			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1010 Cadence Holt	JL Ilsley Hi	_____
2	172 Julia Berry	Citadel High	_____
3	1377 Jada Bonang	Woodlawn Hig	_____
4	200 Ella Porter	Citadel High	_____
5	2 Faye Bennekou	Armbrac Acad	_____
6	1021 Sonja Watkentin	JL Ilsley Hi	_____
7	1383 Lana Cushing	Woodlawn Hig	_____
8	317 Skyla Kingston-Axiak	Dartmouth Hi	_____
9	929 Channele Rodriguez-C	Halifax West	_____
10	204 Nasiya Stephenson	Citadel High	_____
11	18 Laodiki Lutwick-Camp	Armbrac Acad	_____
12	930 Feyikemi Rotimi	Halifax West	_____
13	1389 Christina Ezugworie	Woodlawn Hig	_____
14	1020 Rylee Tibbo	JL Ilsley Hi	_____
15	181 Charlotte De Saint Sai	Citadel High	_____
16	923 Sofia Mengual-Clare	Halifax West	_____
17	1388 Talia Downey-Gillie	Woodlawn Hig	_____
18	1005 Katherine Craig	JL Ilsley Hi	_____
19			_____
20			_____

Event 60 Boys Long Jump Senior

Wednesday 2025-05-14 - 3:00 PM			
SSNS: 7.15m 1956 Dave Lucas			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	811 Michael Obudu	Halifax Chri	_____
2	955 Caleb Myers	Halifax West	_____
3	868 King He	Halifax Gram	_____
4	359 Maliq Robinson-Leve	Dartmouth Hi	_____
5	810 Sam Mateos Gomez	Halifax Chri	_____
6	1292 Ben Goedkoop	Sacred Heart	_____
7	31 Jaylen Berglund-Simm	Armbrac Acad	_____
8	808 Jack Hull	Halifax Chri	_____
9	212 Harrison Dunphy	Citadel High	_____
10	39 Terry Ding	Armbrac Acad	_____
11	245 William Zhao	Citadel High	_____
12	1429 Thien Tong	Woodlawn Hig	_____
13	334 David Babalola	Dartmouth Hi	_____
14	1026 Keondre Brown	JL Ilsley Hi	_____
15	946 John Lumaguey	Halifax West	_____
16	1418 Matthew Mailman	Woodlawn Hig	_____
17	936 Victor Dao	Halifax West	_____
18	1283 Liam Bent	Sacred Heart	_____
19	812 Ajijolaoluwa Ogunbos	Halifax Chri	_____
20	223 David Macadam	Citadel High	_____
21	949 Yoseph Masry	Halifax West	_____
22	221 Benjamin Kowalczyk	Citadel High	_____
23	52 Oliver Nadeau	Armbrac Acad	_____
24	340 Davian Bonnick	Dartmouth Hi	_____
25	485 Owen Weigelin	Ecole second	_____
26	349 Tremelle Kennedy-Co	Dartmouth Hi	_____
27	1410 Jacob Drane	Woodlawn Hig	_____
28			_____
29			_____



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Event 61 Girls High Jump Junior**Wednesday 2025-05-14 - 10:00 AM**

SSNS: 1.63m 2004

Laura Maessen

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	378 Ella Macfarlane	Dartmouth So	
2	736 Clarice Donoff	Halifax Cent	
3	750 Maggie Stewart	Halifax Cent	
4	623 Ruth Eboigde	Fairview Jun	
5	731 Margo Begin	Halifax Cent	
6	690 Eleanor McKenna	Gorsebrook J	
7	686 Lucy Hopson	Gorsebrook J	
8	8 Laudy El-Amiouni	Armbrac Acad	
9	15 Elyse Kennedy	Armbrac Acad	
10	1179 Alexis Morrison	Park West Sc	
11	1227 Omowonuolajesu Oh	Rockingstone	
12	1327 Molly McGrath	St. Agnes Ju	
13	448 Lia Mosher	Ecole Mer et	
14	1184 Arizona Sparks	Park West Sc	
15	505 Violet McNeill	Elizabeth Su	
16	499 Chloe Hunt	Elizabeth Su	
17	72 Zoe Muise	Bicentennial	
18	427 Myl�ne Landry	Ecole du Car	
19	490 Darcie Bowdridge	Elizabeth Su	
20	249 Lucy Drover	Clayton Park	
21	695 Neave O'Neill	Gorsebrook J	
22	1335 Olivia Thomson	St. Agnes Ju	
23	422 Brielle Breau	Ecole du Car	
24	424 Jehanne Coutty	Ecole du Car	
25	503 Morgan Lee	Elizabeth Su	
26	1308 Bethany Burgess	St. Agnes Ju	
27	380 Avery MacLean	Dartmouth So	
28	1171 Alex Fraser	Park West Sc	
29	742 Charlie Hazel	Halifax Cent	
30	1338 Audrey Veinot	St. Agnes Ju	
31	1182 Grayson O'Connor	Park West Sc	
32	423 Delila Clarke	Ecole du Car	
33	680 Annika Compton	Gorsebrook J	
34	379 Sadie MacLachlan	Dartmouth So	
35	636 Michaela Salomon	Fairview Jun	
36			
37			
38			
39			
40			

Event 62 Boys High Jump Junior**Thursday 2025-05-15 - 12:30 PM**

SSNS: 1.77m 2004

Brandon Mallally

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1348 Alex Brown	St. Agnes Ju	
2	59 Evan Woolnough	Armbrac Acad	
3	439 Jackson Lefrank	Ecole du Car	
4	756 Ben Begin	Halifax Cent	
5	1239 Rynase Nkanyo	Rockingstone	
6	1343 Ken Akobundu	St. Agnes Ju	
7	719 Ryland Norman	Gorsebrook J	
8	900 Carsen Gibson	Halifax Inde	
9	652 Matthew Hollet	Fairview Jun	
10	435 Jacob Boudreau	Ecole du Car	
11	994 Elliot Patriquin	Highland Par	
12	1205 Delight Maphosa	Park West Sc	
13	389 Enosa Bello	Dartmouth So	
14	600 Izaiyah Downey- Redc	Eric Graves	
15	440 Evan Macdonald	Ecole du Car	
16	272 Matthew Filler	Clayton Park	
17	707 Ruan Budgell	Gorsebrook J	
18	1235 Kenan Elmahmud	Rockingstone	
19	726 Elias Willet	Gorsebrook J	
20	276 Charbel Kodaysi	Clayton Park	
21	516 David Colter	Elizabeth Su	
22	651 Austin Fredricks	Fairview Jun	
23	1207 Erion Sallahu	Park West Sc	
24	993 Gregor Orlik	Highland Par	
25	671 Edward Shouting	Fairview Jun	
26	519 Derara Getahun	Elizabeth Su	
27	1206 Brody McMahon	Park West Sc	
28	388 Reid Ash	Dartmouth So	
29	905 Oscar Schraefel	Halifax Inde	
30	757 Julian Chambers	Halifax Cent	
31	720 Cohen Raimondo	Gorsebrook J	
32	760 Isaac Churchill	Halifax Cent	
33	412 Lucas Rent	East Coast V	
34	774 Emersen Lengema	Halifax Cent	
35	666 Duncan Ogilive	Fairview Jun	
36	525 Matthew Macdonald	Elizabeth Su	
37	278 Lachlan Mackay	Clayton Park	
38	989 Kai Fudge	Highland Par	
39	526 Elliot MacLellan	Elizabeth Su	
40	1186 Jotham Adewole	Park West Sc	
41	1370 Linden Todd	St. Agnes Ju	
42			
43			



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Event 63 Girls High Jump Intermediate

Wednesday 2025-05-14 - 12:30 PM			
SSNS: 1.72m 1986		Tracey Loke	
Ties: 1.72m 1986		Natalie Munroe	
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	207 Liae Yang	Citadel High	
2	823 Zoe Hunter	Halifax Gram	
3	1169 Marissa Drane	Park West Sc	
4	325 Phoebe Murphy	Dartmouth Hi	
5	1299 Campbell Allen	St. Agnes Ju	
6	327 Tori Rendell	Dartmouth Hi	
7	190 Ava Khoury	Citadel High	
8	24 Peyton Phillips	Armbræ Acad	
9	1117 Ruby McCormack	Oxford Schoo	
10	329 Grace Theunissen	Dartmouth Hi	
11	12 Deandra Gibson	Armbræ Acad	
12	1317 Olivia Hernandez-Jei	St. Agnes Ju	
13			
14			

Event 64 Boys High Jump Intermediate

Thursday 2025-05-15 - 3:00 PM			
SSNS: 1.95m 1988		Charles MacKay	
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1189 Enny Bello	Park West Sc	
2	337 Josh Bent	Dartmouth Hi	
3	1215 Timothy Zibrin	Park West Sc	
4	352 Nolen Mitchell	Dartmouth Hi	
5	1193 Donald Chibuzo	Park West Sc	
6	1369 Allen Sumang	St. Agnes Ju	
7	1422 Ethan Obeng Nkrym	Woodlawn Hig	
8	642 Natty Abreha	Fairview Jun	
9	716 Connor Mark	Gorsebrook J	
10	997 Hayden Theriault	Highland Par	
11	241 Declan Walsh	Citadel High	
12	88 Ben Lelievre	Bicentennial	
13	33 Clark Brine	Armbræ Acad	
14	1364 Logan Miles	St. Agnes Ju	
15	1046 Lauchlan Peters	JL Ilsley Hi	
16	899 Cohen Francis	Halifax Inde	
17	478 Daniel A'Court	Ecole second	
18	44 Stratos Karountzos	Armbræ Acad	
19	1031 Darian Fukala	JL Ilsley Hi	
20	849 Kashton Armstrong	Halifax Gram	
21	1040 Will Mestdag	JL Ilsley Hi	
22	356 Caleb O.Balogun	Dartmouth Hi	
23	759 Daniel Chisholm	Halifax Cent	
24	1201 Hamza Hussein	Park West Sc	
25	879 Kaden Shen	Halifax Gram	
26	1045 Jack Pelham	JL Ilsley Hi	
27	644 D'Arcy Atchison	Fairview Jun	
28	902 Luke Meaney	Halifax Inde	
29	987 Vincent Clark	Highland Par	
30	779 Aaron Macvay	Halifax Cent	
31	41 Taitym Hyacinth	Armbræ Acad	
32	667 Rire Olewole	Fairview Jun	
33			
34			



**2025 SSNS Capital CITY District
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Event 65 Girls High Jump Senior**Wednesday 2025-05-14 - 12:30 PM**

SSNS: 1.81m 2023-06-12 Jennessa Wolfe

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	185 Deja Hooper-Dixon	Citadel High	_____
2	1 Teeny Beales	Armbræ Acad	_____
3	1001 Daniela Attedjro	JL Ilsley Hi	_____
4	825 Vivian Johnson	Halifax Gram	_____
5	200 Ella Porter	Citadel High	_____
6	1377 Jada Bonang	Woodlawn Hig	_____
7	22 Audrey Napier	Armbræ Acad	_____
8	181 Charlotte De Saint Sai	Citadel High	_____
9	1021 Sonja Watkentin	JL Ilsley Hi	_____
10	1395 Maya Jamieson	Woodlawn Hig	_____
11	202 Mackenzie Rutherford	Citadel High	_____
12	324 Olivia Murphy	Dartmouth Hi	_____
13	1014 Dami Nasser	JL Ilsley Hi	_____
14	4 Natalia Colley	Armbræ Acad	_____
15			_____
16			_____

Event 66 Boys High Jump Senior**Thursday 2025-05-15 - 10:00 AM**

SSNS: 2.06m 1981 Tim Wrigley

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	936 Victor Dao	Halifax West	_____
2	1410 Jacob Drane	Woodlawn Hig	_____
3	952 Ethan Metzger	Halifax West	_____
4	212 Harrison Dunphy	Citadel High	_____
5	30 Ronei Beales	Armbræ Acad	_____
6	1424 William Sepa	Woodlawn Hig	_____
7	485 Owen Weigelin	Ecole second	_____
8	955 Caleb Myers	Halifax West	_____
9	39 Terry Ding	Armbræ Acad	_____
10	868 King He	Halifax Gram	_____
11	946 John Lumaguey	Halifax West	_____
12	1047 Matthew Petrie	JL Ilsley Hi	_____
13			_____
14			_____

Event 67 Girls Triple Jump Junior**Wednesday 2025-05-14 - 3:00 PM**

SSNS: 11.00m 2016-06-03 Sierra Sweeney

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	621 Natalie Debaie	Fairview Jun	_____
2	19 Lily Meeds	Armbræ Acad	_____
3	255 Anna Macdonald	Clayton Park	_____
4	1180 Bella Nguyen	Park West Sc	_____
5	1099 Astrid Askheim	Oxford Schoo	_____
6	1338 Audrey Veinot	St. Agnes Ju	_____
7	256 Deveena Mashruwala	Clayton Park	_____
8	262 Sirada Thepkasetkul	Clayton Park	_____
9	384 Myla Redman	Dartmouth So	_____
10	971 Isabelle Homans	Herring Cove	_____
11	503 Morgan Lee	Elizabeth Su	_____
12	638 Marley Sandford	Fairview Jun	_____
13	1115 Olivia Ianni	Oxford Schoo	_____
14	380 Avery MacLean	Dartmouth So	_____
15	1176 Ashlyn Kendell	Park West Sc	_____
16	500 Sadie Jarvis	Elizabeth Su	_____
17	379 Sadie Maclachlan	Dartmouth So	_____
18	505 Violet McNeill	Elizabeth Su	_____
19	374 Lauren Foot	Dartmouth So	_____
20	1168 Thriya De Tissera An	Park West Sc	_____
21	636 Michaela Salomon	Fairview Jun	_____
22	25 Brie Robinson	Armbræ Acad	_____
23	1114 Allie Hope	Oxford Schoo	_____
24	1106 Kay Clarke	Oxford Schoo	_____
25	1333 Anna Parafianowicz	St. Agnes Ju	_____
26	1059 Vanessa Bonnick	John Martin	_____
27	972 Audrey McNeil	Herring Cove	_____
28	730 Bea Arsenault	Halifax Cent	_____
29	112 Abby Murphy Carter	Caledonia Ju	_____
30	1321 Kaitlyn LeBlanc	St. Agnes Ju	_____
31	1070 Tre'niah Smith	John Martin	_____
32	16 Amy Liu	Armbræ Acad	_____
33	628 Elayna Jiang	Fairview Jun	_____
34	254 Jaie Lee	Clayton Park	_____
35	489 Quinn Boutilier	Elizabeth Su	_____
36	1171 Alex Fraser	Park West Sc	_____
37	1334 Sam Terrio	St. Agnes Ju	_____
38	970 Luci Ewing	Herring Cove	_____
39	1060 Joniyah Colley	John Martin	_____
40			_____
41			_____



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Event 68 Boys Triple Jump Junior**Thursday 2025-05-15 - 10:00 AM****SSNS: 12.03m 2012****Kaelan Schmidt**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	515 Andy Chipp	Elizabeth Su	_____
2	287 Jack Woodhead	Clayton Park	_____
3	542 Gabriel Tran	Elizabeth Su	_____
4	1342 Oliver Adams	St. Agnes Ju	_____
5	403 Leroy Crowe	East Coast V	_____
6	994 Elliot Patriquin	Highland Par	_____
7	1096 Triumph Uzoma	John Martin	_____
8	1370 Linden Todd	St. Agnes Ju	_____
9	1194 Sagar Diwan	Park West Sc	_____
10	1366 Isaiah Mosher	St. Agnes Ju	_____
11	284 Devrethik Sarvanan	Clayton Park	_____
12	643 Elijah Amore	Fairview Jun	_____
13	776 James Locke	Halifax Cent	_____
14	1143 Lukas Fiedler	Oxford Schoo	_____
15	1083 Ryder Heffler	John Martin	_____
16	1142 Johntae Eltvik	Oxford Schoo	_____
17	402 Maddox Burke	East Coast V	_____
18	1353 Joseph Frangieh	St. Agnes Ju	_____
19	536 Oli Ryall	Elizabeth Su	_____
20	400 Mason Berkvens	East Coast V	_____
21	756 Ben Begin	Halifax Cent	_____
22	1192 Frank Chen	Park West Sc	_____
23	1081 Tyrell Grosse	John Martin	_____
24	285 Casey Sullivan	Clayton Park	_____
25	1079 Liam Busk	John Martin	_____
26	522 Luka Jolin	Elizabeth Su	_____
27	272 Matthew Filler	Clayton Park	_____
28	650 Rhydwyn Dela Rosa	Fairview Jun	_____
29	162 Jack Taylor	Caledonia Ju	_____
30	755 Ben Baker	Halifax Cent	_____
31	1198 Karim Hamo	Park West Sc	_____
32	666 Duncan Ogilvie	Fairview Jun	_____
33	407 Jaxson Leroux	East Coast V	_____
34	1190 Gunvit Bhasin	Park West Sc	_____
35	989 Kai Fudge	Highland Par	_____
36			_____
37			_____
38			_____

Event 69 Girls Triple Jump Intermediate**Wednesday 2025-05-14 - 10:00 AM****SSNS: 11.19m 2016-06-03 Gabrielle Fraser**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1309 Emily Connell	St. Agnes Ju	_____
2	1117 Ruby McCormack	Oxford Schoo	_____
3	626 Lacey Hanley	Fairview Jun	_____
4	196 Emmy Mastnak	Citadel High	_____
5	1328 Gianna Metlej	St. Agnes Ju	_____
6	1116 Mia Magloir	Oxford Schoo	_____
7	1073 Erica Udom	John Martin	_____
8	1272 Isobel Schrader	Sacred Heart	_____
9	1399 Chimamanda Nwosu	Woodlawn Hig	_____
10	1299 Campbell Allen	St. Agnes Ju	_____
11	327 Tori Rendell	Dartmouth Hi	_____
12	70 Cassidy McFarlane	Bicentennial	_____
13	1012 Danielle Langille	JL Ilsley Hi	_____
14	1127 Gretta Smith	Oxford Schoo	_____
15	911 Mano Chiasson	Halifax West	_____
16	1068 Esther Popoola	John Martin	_____
17	320 Teigan Long	Dartmouth Hi	_____
18	199 Lora Pelivanov	Citadel High	_____
19	823 Zoe Hunter	Halifax Gram	_____
20	311 Peyton Crowe	Dartmouth Hi	_____
21	913 Abigail Gaudet	Halifax West	_____
22	1330 Cara Milne	St. Agnes Ju	_____
23			_____
24			_____



**SCHOOL SPORT
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**2025 SSNS Capital CITY District
Meet Program**

Event 70 Boys Triple Jump Intermediate**Thursday 2025-05-15 - 12:30 PM**

SSNS: 13.82m 1986

Mike Arodugba

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1046 Lauchlan Peters	JL Ilsley Hi	_____
2	849 Kashton Armstrong	Halifax Gram	_____
3	1098 Mick Wright	John Martin	_____
4	1090 Michael Okoabah	John Martin	_____
5	1422 Ethan Obeng Nkrym	Woodlawn Hig	_____
6	668 Caleb Postmaa	Fairview Jun	_____
7	40 Bannen Green	Armbræ Acad	_____
8	642 Natty Abreha	Fairview Jun	_____
9	127 Alex Campbell	Caledonia Ju	_____
10	211 Logan Cummings	Citadel High	_____
11	352 Nolen Mitchell	Dartmouth Hi	_____
12	33 Clark Brine	Armbræ Acad	_____
13	1201 Hamza Hussein	Park West Sc	_____
14	1077 Noah Arenburg	John Martin	_____
15	1197 Dev Gupta	Park West Sc	_____
16	1091 Meer Patel	John Martin	_____
17	36 Ben Colburn	Armbræ Acad	_____
18	951 Aaron Metzger	Halifax West	_____
19	141 Theo Junaid Macneil	Caledonia Ju	_____
20	57 Fin Sangster	Armbræ Acad	_____
21	1200 Jason Hu	Park West Sc	_____
22	670 Ian Seok	Fairview Jun	_____
23	1211 Varnit Trigunayat	Park West Sc	_____
24	667 Rire Olewole	Fairview Jun	_____
25			_____
26			_____

Event 71 Girls Triple Jump Senior**Wednesday 2025-05-14 - 3:00 PM**

SSNS: 11.71m 2018-06-01 Gabrielle Fraser

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	172 Julia Berry	Citadel High	_____
2	1389 Christina Ezugworie	Woodlawn Hig	_____
3	930 Feyikemi Rotimi	Halifax West	_____
4	204 Nasiya Stephenson	Citadel High	_____
5	923 Sofia Mengual-Clare	Halifax West	_____
6	1374 Chidimma Akunyili	Woodlawn Hig	_____
7	929 Chanelle Rodriguez-C	Halifax West	_____
8	825 Vivian Johnson	Halifax Gram	_____
9	1395 Maya Jamieson	Woodlawn Hig	_____
10	919 Ava MacNutt	Halifax West	_____
11	200 Ella Porter	Citadel High	_____
12			_____

Event 72 Boys Triple Jump Senior**Thursday 2025-05-15 - 3:00 PM**

SSNS: 14.25m 1964

Howie Jackson

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	946 John Lumaguey	Halifax West	_____
2	31 Jaylen Berglund-Simms	Armbræ Acad	_____
3	38 Hudson Curry	Armbræ Acad	_____
4	948 Robert Martin	Halifax West	_____
5	1283 Liam Bent	Sacred Heart	_____
6	52 Oliver Nadeau	Armbræ Acad	_____
7	221 Benjamin Kowalczyk	Citadel High	_____
8	936 Victor Dao	Halifax West	_____
9	39 Terry Ding	Armbræ Acad	_____
10			_____



SCHOOL SPORT
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**2025 SSNS Capital CITY District
Meet Program**

Event 73 Girls Shot Put 3kg Junior**Thursday 2025-05-15 - 10:00 AM****SSNS: 11.58m 2010****Taylor Stutley**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	969 Charlotte Bullen	Herring Cove	_____
2	502 My'iah Jordan	Elizabeth Su	_____
3	1305 Liv Bing	St. Agnes Ju	_____
4	425 Willow Deveau	Ecole du Car	_____
5	731 Margo Begin	Halifax Cent	_____
6	1315 Madelyn Handscomb	St. Agnes Ju	_____
7	1327 Molly McGrath	St. Agnes Ju	_____
8	1062 Ameira Gray	John Martin	_____
9	747 Lucy Rainforth	Halifax Cent	_____
10	1120 Lina Monaghan	Oxford Schoo	_____
11	683 Saskia Dykema	Gorsebrook J	_____
12	1324 Kate Macaulay	St. Agnes Ju	_____
13	491 Aiva Brown	Elizabeth Su	_____
14	971 Isabelle Homans	Herring Cove	_____
15	257 Rylee Rivamonte	Clayton Park	_____
16	630 Johanna Lobban	Fairview Jun	_____
17	627 Isla Hopkins	Fairview Jun	_____
18	23 Victoria Olaiya	Armbrac Acad	_____
19	26 Hazel Shaw	Armbrac Acad	_____
20	74 Mahitha Pothu	Bicentennial	_____
21	429 Jessica Rathwell	Ecole du Car	_____
22	1217 Oghenevwede Akpog	Rockingstone	_____
23	246 Tami Ajetunmobi	Clayton Park	_____
24	1119 Joy Monaghan	Oxford Schoo	_____
25	635 Daisy Roberts	Fairview Jun	_____
26	507 Isabelle Newsome	Elizabeth Su	_____
27	298 Raine Willems	Cunard Junio	_____
28	979 Dean Harris	Highland Par	_____
29	120 Izzy Stonely	Caledonia Ju	_____
30	1167 Charlee Dawson	Park West Sc	_____
31	546 Clara Joncas	Ellenvale Ju	_____
32	679 Annabelle Chisholm	Gorsebrook J	_____
33	830 Michelle Mangiri	Halifax Gram	_____
34	970 Luci Ewing	Herring Cove	_____
35	675 Pippa Anderson	Gorsebrook J	_____
36	983 Saoirse Kelly	Highland Par	_____
37	98 Josephine Abbas	Caledonia Ju	_____
38	1056 Naomi Adeyanju	John Martin	_____
39	978 Mya Gushue	Highland Par	_____
40	634 Lauren Peddle	Fairview Jun	_____
41	1225 Tenzil Musa	Rockingstone	_____
42	99 Saffiyah Alagbe	Caledonia Ju	_____
43	1224 Abbygael MacLaugh	Rockingstone	_____
44	973 Sara Woolaver	Herring Cove	_____
45	1230 Zipporah Torres-Cro	Rockingstone	_____
46	13 Zoe Grant	Armbrac Acad	_____

47	702 Helen Whitman	Gorsebrook J	_____
48	25 Brie Robinson	Armbrac Acad	_____
49	1066 Chloe Morrison	John Martin	_____
50	251 Natalia Filipovic	Clayton Park	_____
51	739 Sophie Fisher	Halifax Cent	_____
52	1113 Molly Heighton	Oxford Schoo	_____
53	1064 Lily Larivee-Gordon	John Martin	_____
54	1101 Sophia Bath	Oxford Schoo	_____
55	431 Louisa Seneker	Ecole du Car	_____
56	752 Flo Vandenbrink	Halifax Cent	_____
57	102 Julia Campbell	Caledonia Ju	_____
58			_____
59			_____



**SCHOOL SPORT
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2025 SSNS Capital CITY District
Meet Program

Event 74 Boys Shot Put 4kg Junior

Wednesday 2025-05-14 - 10:00 AM			
SSNS: 14.37m 2016-06-03 Logan Taylor			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	785 Cooper Sutherland	Halifax Cent	
2	1143 Lukas Fiedler	Oxford Schoo	
3	612 Brycen Ringer	Eric Graves	
4	166 Isaac Wall	Caledonia Ju	
5	90 Jacob Murphy	Bicentennial	
6	652 Matthew Hollet	Fairview Jun	
7	1186 Jotham Adewole	Park West Sc	
8	455 Elkhana Coutou	Ecole Mer et	
9	460 Hichem Hamdidouche	Ecole Mer et	
10	755 Ben Baker	Halifax Cent	
11	470 Jack Tanner	Ecole Mer et	
12	300 Jahream Fletcher	Cunard Junio	
13	280 Mahmoud Mubarak	Clayton Park	
14	1205 Delight Maphosa	Park West Sc	
15	870 Isaiah Leger	Halifax Gram	
16	1232 Uvie Akpoguma	Rockingstone	
17	656 Thomas Macdonald	Fairview Jun	
18	1144 Theoren Fortier	Oxford Schoo	
19	873 Bobbie MacLellan	Halifax Gram	
20	558 David Amechi-Ogbun	Ellenvale Ju	
21	1210 Hamza Syed	Park West Sc	
22	89 Xander MacGregor	Bicentennial	
23	996 Matthew Ray	Highland Par	
24	126 Markel Cake	Caledonia Ju	
25	783 John Park	Halifax Cent	
26	1360 Jesse Lazzaratto	St. Agnes Ju	
27	1352 Bruke Fantaye	St. Agnes Ju	
28	462 Young Izere	Ecole Mer et	
29	728 Tayden Yeh	Gorsebrook J	
30	1242 Masoud Saifi	Rockingstone	
31	1206 Brody McMahon	Park West Sc	
32	1233 Elrad Deku	Rockingstone	
33	524 David Macdonald	Elizabeth Su	
34	724 Carter White	Gorsebrook J	
35	988 Lennox Francis	Highland Par	
36	582 Michael Vitkin	Ellenvale Ju	
37	402 Maddox Burke	East Coast V	
38	646 Parker Barron	Fairview Jun	
39	284 Devrethik Sarvanan	Clayton Park	
40	1349 Malachi Campbell-St	St. Agnes Ju	
41	539 Deegan Smith	Elizabeth Su	
42	286 Samuel Wang	Clayton Park	
43	1237 Moustapha Hassan H	Rockingstone	
44	84 Nolan Campbell	Bicentennial	
45	901 Noah Jollimore	Halifax Inde	
46	560 Favour Bamidele	Ellenvale Ju	

47	132 Praise Dada	Caledonia Ju	
48	93 Alistair Rainne	Bicentennial	
49	1159 Darius Syme	Oxford Schoo	
50	417 Isaiah Thomson	East Coast V	
51	514 Sebastien Castonguay	Elizabeth Su	
52	1361 James Lo	St. Agnes Ju	
53	538 Tim Shevchenko	Elizabeth Su	
54	419 Jake Willmott	East Coast V	
55	576 Brody Sampson	Ellenvale Ju	
56	768 Finn Holland	Halifax Cent	
57	437 Jayden Castilloux	Ecole du Car	
58	414 Jude Sim	East Coast V	
59	1295 Tomisire Oluwabami	Sacred Heart	
60			
61			
62			



2025 SSNS Capital CITY District
Meet Program

Event 75 Girls Shot Put 4kg Intermediate

Thursday 2025-05-15 - 3:00 PM				
SSNS: 12.98m 2009		Chelsea Whalen		
Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	799 Michelle Obudu	Halifax Chri		
2	195 Morgyn MacQuarrie	Citadel High		
3	27 Abby Sullivan	Armbrae Acad		
4	681 Peyton Donovan	Gorsebrook J		
5	909 Alex Albury	Halifax West		
6	1403 Ella Smith	Woodlawn Hig		
7	315 Zara Ikechukwu	Dartmouth Hi		
8	1390 Meaghan Ferguson	Woodlawn Hig		
9	543 Efua Arthur	Ellenvale Ju		
10	552 Sophie Mitchell	Ellenvale Ju		
11	1318 Maleah Jarvis	St. Agnes Ju		
12	1267 Desintee Mata	Sacred Heart		
13	398 Zoe Fischer	East Coast V		
14	1169 Marissa Drane	Park West Sc		
15	1073 Erica Udom	John Martin		
16	67 Charlotte Green	Bicentennial		
17	1074 Treasure Uzoma	John Martin		
18	699 Olive Riley	Gorsebrook J		
19	119 Lariah Sitland	Caledonia Ju		
20	1306 Ini Bobadoye	St. Agnes Ju		
21	822 Alina He	Halifax Gram		
22	913 Abigail Gaudet	Halifax West		
23	1400 Maddisyn Power	Woodlawn Hig		
24	323 Tessa McLean	Dartmouth Hi		
25	622 Gracie Downing	Fairview Jun		
26	1337 Riya Vats	St. Agnes Ju		
27	789 Inioluwanimi Ajayi	Halifax Chri		
28	908 Iroyinayo Adara	Halifax West		
29	115 Azeetat Oyinlola	Caledonia Ju		
30	1123 Audrey Rak	Oxford Schoo		
31	174 Aeesha Chege	Citadel High		
32	1107 Josie Cull	Oxford Schoo		
33	316 Breanna Johnson	Dartmouth Hi		
34	1000 Rahaf Almohammad	JL Ilsley Hi		
35	828 Malaya Leger	Halifax Gram		
36	1375 Keslyn Ayers	Woodlawn Hig		
37	1104 Maelle Browne	Oxford Schoo		
38	834 Joy Nwachukwu	Halifax Gram		
39	801 Rhiannon Shaw	Halifax Chri		
40	24 Peyton Phillips	Armbrae Acad		
41				
42				
43				
44				
45				
46				



2025 SSNS Capital CITY District

Meet Program

Event 76 Boys Shot Put 5kg Intermediate			
Wednesday 2025-05-14 - 3:00 PM			
SSNS: 14.88m 2016-06-03 Cameron Whynot			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	408 Reide Leroux	East Coast V	
2	770 Ben Iwanksi	Halifax Cent	
3	222 Travis Lloyd	Citadel High	
4	717 Keiran Morrison	Gorsebrook J	
5	1042 Connor Oakley	JL Ilsley Hi	
6	1208 Eric Saweczko	Park West Sc	
7	125 Cooper Beaton	Caledonia Ju	
8	1297 Sullivan Sherry	Sacred Heart	
9	721 Jack Rivers-Bowerma	Gorsebrook J	
10	907 Finn Weatherbee	Halifax Inde	
11	354 Declan Mullally	Dartmouth Hi	
12	668 Caleb Postmaa	Fairview Jun	
13	1092 Taylinn Scarbrough	John Martin	
14	1341 Gabriel Adams	St. Agnes Ju	
15	765 Eric Earle	Halifax Cent	
16	603 Jace Haggerty	Eric Graves	
17	859 Coulton Downey	Halifax Gram	
18	662 Mark Mrishin	Fairview Jun	
19	225 Max Makropoulos	Citadel High	
20	759 Daniel Chisholm	Halifax Cent	
21	660 Dylan Melnyk	Fairview Jun	
22	338 Benjamin Boehner	Dartmouth Hi	
23	1371 Aidan Van Wart	St. Agnes Ju	
24	1087 Harkirat Mann	John Martin	
25	854 Darian Brown	Halifax Gram	
26	850 Tobi Babatolu	Halifax Gram	
27	1351 Will Cyr	St. Agnes Ju	
28	1050 Holden Sewart	JL Ilsley Hi	
29	55 Deniz Poyraz	Armbrac Acad	
30	1137 David Cameron	Oxford Schoo	
31	615 Rush Warren	Eric Graves	
32	1187 Mohannad Al Jaber	Park West Sc	
33	1160 Charlie Thompson	Oxford Schoo	
34	129 Kingston Chapman	Caledonia Ju	
35	1414 Markus Harrison	Woodlawn Hig	
36	1037 Fraser Lake	JL Ilsley Hi	
37	847 Tolu Adebisi	Halifax Gram	
38	1350 Aiden Chege	St. Agnes Ju	
39	943 Niko Katsihtis	Halifax West	
40	124 Cove Abram	Caledonia Ju	
41	154 Jonah Pulsifer	Caledonia Ju	
42	767 Beau Gallant	Halifax Cent	
43	1030 Xavier Desmond	JL Ilsley Hi	
44	645 Logan Auld	Fairview Jun	
45	210 Kyriakos Christensen	Citadel High	
46	959 Callum Quinn	Halifax West	

47 357 David Riekests Dartmouth Hi

48

49



**2025 SSNS Capital CITY District
Meet Program**

Event 77 Girls Shot Put 4kg Senior**Thursday 2025-05-15 - 12:30 PM****SSNS: 13.26m 2010****Chelsea Whalen**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1377 Jada Bonang	Woodlawn Hig	_____
2	308 Mya Bonang	Dartmouth Hi	_____
3	187 Jillian Hope	Citadel High	_____
4	1388 Talia Downey-Gillie	Woodlawn Hig	_____
5	914 Zlata Honchur	Halifax West	_____
6	204 Nasiya Stephenson	Citadel High	_____
7	1013 Jenna Lucas	JL Ilsley Hi	_____
8	930 Feyikemi Rotimi	Halifax West	_____
9	1008 Joelle Gray	JL Ilsley Hi	_____
10	1395 Maya Jamieson	Woodlawn Hig	_____
11	1402 Nisha Shroff	Woodlawn Hig	_____
12	1021 Sonja Watkentin	JL Ilsley Hi	_____
13	205 Isioma Ugwu	Citadel High	_____
14	1014 Dami Nasser	JL Ilsley Hi	_____
15	20 Lahna Mestdagh	Armbrac Acad	_____
16	326 Ruth O'Reagan	Dartmouth Hi	_____
17	200 Ella Porter	Citadel High	_____
18	317 Skyla Kingston-Axiak	Dartmouth Hi	_____
19			_____

Event 78 Boys Shot Put 6kg Senior**Wednesday 2025-05-14 - 12:30 PM****SSNS: 16.17m 2012****Peter Millman**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	812 Ajijolaoluwa Ogunbos	Halifax Chri	_____
2	947 Atharv Mahajan	Halifax West	_____
3	1025 Garnet Brown	JL Ilsley Hi	_____
4	367 Sam Williams	Dartmouth Hi	_____
5	806 Elliott Herod	Halifax Chri	_____
6	887 Josh Wu	Halifax Gram	_____
7	1429 Thien Tong	Woodlawn Hig	_____
8	807 Regan Hudson	Halifax Chri	_____
9	363 Jack Theunissen	Dartmouth Hi	_____
10	1053 Rakan Turkmani	JL Ilsley Hi	_____
11	1408 Elliot Collett	Woodlawn Hig	_____
12	1036 Omar Khalaf	JL Ilsley Hi	_____
13	358 Neil Rissesco	Dartmouth Hi	_____
14	805 Jackson Fraser	Halifax Chri	_____
15	38 Hudson Curry	Armbrac Acad	_____
16	1054 Henry Whalen	JL Ilsley Hi	_____
17	346 Connell Higgins	Dartmouth Hi	_____
18			_____

Event 79 Girls Discus Throw 0.75kg Junior**Wednesday 2025-05-14 - 12:30 PM****SSNS: 30.77m 2024-05-31 Belle Pierrard**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	788 Imisi Ajayi	Halifax Chri	_____
2	979 Dean Harris	Highland Par	_____
3	1101 Sophia Bath	Oxford Schoo	_____
4	6 Amaiya Downey	Armbrac Acad	_____
5	387 Meena Watson	Dartmouth So	_____
6	120 Izzy Stonely	Caledonia Ju	_____
7	502 My'iah Jordan	Elizabeth Su	_____
8	246 Tami Ajetunmobi	Clayton Park	_____
9	23 Victoria Olaiya	Armbrac Acad	_____
10	253 Hitanshi Lal	Clayton Park	_____
11	794 Imani Grant-Moreau	Halifax Chri	_____
12	973 Sara Woolaver	Herring Cove	_____
13	1225 Tenzil Musa	Rockingstone	_____
14	553 Chloe Pike	Ellenvale Ju	_____
15	627 Isla Hopkins	Fairview Jun	_____
16	379 Sadie MacLachlan	Dartmouth So	_____
17	752 Flo Vandenbrink	Halifax Cent	_____
18	1110 Anika Farquhar	Oxford Schoo	_____
19	491 Aiva Brown	Elizabeth Su	_____
20	675 Pippa Anderson	Gorsebrook J	_____
21	65 Myami Elampero	Bicentennial	_____
22	1324 Kate Macaulay	St. Agnes Ju	_____
23	102 Julia Campbell	Caledonia Ju	_____
24	488 Abby Boudreau	Elizabeth Su	_____
25	251 Natalia Filipovic	Clayton Park	_____
26	1066 Chloe Morrison	John Martin	_____
27	793 Celina Chen	Halifax Chri	_____
28	1106 Kay Clarke	Oxford Schoo	_____
29	970 Luci Ewing	Herring Cove	_____
30	25 Brie Robinson	Armbrac Acad	_____
31	1224 Abbygael MacLaugh	Rockingstone	_____
32	110 Hannah Macdonnall	Caledonia Ju	_____
33	631 Myra McDonald	Fairview Jun	_____
34	1227 Omowonuolajesu Ol	Rockingstone	_____
35	630 Johanna Lobban	Fairview Jun	_____
36	739 Sophie Fisher	Halifax Cent	_____
37	1056 Naomi Adeyanju	John Martin	_____
38	421 Whitney Bourque	Ecole du Car	_____
39	496 Leah Gillis	Elizabeth Su	_____
40	969 Charlotte Bullen	Herring Cove	_____
41	634 Lauren Peddle	Fairview Jun	_____
42	373 Evelyn Fennell	Dartmouth So	_____
43	371 Evie Best	Dartmouth So	_____
44	1099 Astrid Askheim	Oxford Schoo	_____
45	830 Michelle Mangiri	Halifax Gram	_____
46	731 Margo Begin	Halifax Cent	_____



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Flight 1 of 1 Finals

47	1064 Lily Larivee-Gordon	John Martin	_____
48	16 Amy Liu	Armbrac Acad	_____
49	546 Clara Joncas	Ellenvale Ju	_____
50	432 Agathe Tremblay	Ecole du Car	_____
51	1062 Ameira Gray	John Martin	_____
52	105 Katelyn Eld	Caledonia Ju	_____
53	744 Chloe MacNeil	Halifax Cent	_____
54	679 Annabelle Chisholm	Gorsebrook J	_____
55			_____
56			_____
57			_____
58			_____

Event 80 Boys Discus Throw 1.0kg Junior

Thursday 2025-05-15 - 3:00 PM

SSNS: 46.76m 2022-06-04 Max Minihan

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	1149 Charlie Lewis	Oxford Schoo		_____
2	1368 Sarathi Saravanan M	St. Agnes Ju		_____
3	813 Vanshpreet Singh	Halifax Chri		_____
4	727 Lucas Wyand	Gorsebrook J		_____
5	440 Evan Macdonald	Ecole du Car		_____
6	283 Leo Roberts	Clayton Park		_____
7	724 Carter White	Gorsebrook J		_____
8	284 Devrethik Sarvanan	Clayton Park		_____
9	390 Jensen Cameron	Dartmouth So		_____
10	285 Casey Sullivan	Clayton Park		_____
11	470 Jack Tanner	Ecole Mer et		_____
12	888 Jaye Yuan	Halifax Gram		_____
13	159 Hudson Smith	Caledonia Ju		_____
14	873 Bobbie MacLellan	Halifax Gram		_____
15	139 Lincoln Howard	Caledonia Ju		_____
16	870 Isaiah Leger	Halifax Gram		_____
17	901 Noah Jollimore	Halifax Inde		_____
18	414 Jude Sim	East Coast V		_____
19	988 Lennox Francis	Highland Par		_____
20	89 Xander MacGregor	Bicentennial		_____
21	768 Finn Holland	Halifax Cent		_____
22	168 Alvonte Williams	Caledonia Ju		_____
23	996 Matthew Ray	Highland Par		_____
24	785 Cooper Sutherland	Halifax Cent		_____
25	597 Cobin Arnold	Eric Graves		_____
26	1159 Darius Syme	Oxford Schoo		_____
27	1186 Jotham Adewole	Park West Sc		_____
28	538 Tim Shevchenko	Elizabeth Su		_____
29	1352 Bruke Fantaye	St. Agnes Ju		_____
30	524 David Macdonald	Elizabeth Su		_____
31	582 Michael Vitkin	Ellenvale Ju		_____
32	388 Reid Ash	Dartmouth So		_____
33	539 Deegan Smith	Elizabeth Su		_____
34	761 Ben Connick	Halifax Cent		_____
35	728 Tayden Yeh	Gorsebrook J		_____
36	1202 Tymur Karnash	Park West Sc		_____
37	602 Jacob Griffin	Eric Graves		_____
38	560 Favour Bamidele	Ellenvale Ju		_____
39	417 Isaiah Thomson	East Coast V		_____
40	412 Lucas Rent	East Coast V		_____
41	84 Nolan Campbell	Bicentennial		_____
42	855 Srinath Chelamkuri	Halifax Gram		_____
43	150 Jax Mosher	Caledonia Ju		_____
44	1340 Malek Abu Osba	St. Agnes Ju		_____
45	558 David Amechi-Ogbun	Ellenvale Ju		_____
46	1205 Delight Maphosa	Park West Sc		_____



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Meet Program

Flight 1 of 1 Finals				31	76 Mya Reynolds	Bicentennial	
47	648 Riley Buckle-Pineau	Fairview Jun		32	828 Malaya Leger	Halifax Gram	
48	652 Matthew Hollet	Fairview Jun		33	1181 Abbi Northrup	Park West Sc	
49	531 Patrick Natividad	Elizabeth Su		34	789 Inioluwanimi Ajayi	Halifax Chri	
50	1144 Theoren Fortier	Oxford Schoo		35	1074 Treasure Uzoma	John Martin	
51	783 John Park	Halifax Cent		36	552 Sophie Mitchell	Ellenvale Ju	
52	90 Jacob Murphy	Bicentennial		37	24 Peyton Phillips	Armbrae Acad	
53	1206 Brody McMahon	Park West Sc		38	1123 Audrey Rak	Oxford Schoo	
54	402 Maddox Burke	East Coast V		39	834 Joy Nwachukwu	Halifax Gram	
55	1349 Malachi Campbell-St	St. Agnes Ju		40	799 Michelle Obudu	Halifax Chri	
56	719 Ryland Norman	Gorsebrook J		41	1390 Meaghan Ferguson	Woodlawn Hig	
57	1143 Lukas Fiedler	Oxford Schoo		42			
58	86 Avery Fisher	Bicentennial		43			
59	268 Jason Bonneau	Clayton Park					
60							
61							

Event 81 Girls Discus Throw 1.0kg Intermediate

Wednesday 2025-05-14 - 3:00 PM			
SSNS: 39.15m 2012		Sarah Colborne	
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1301 Meghan Allen	St. Agnes Ju	
2	801 Rhiannon Shaw	Halifax Chri	
3	1304 Bree Aylward	St. Agnes Ju	
4	681 Peyton Donovan	Gorsebrook J	
5	1173 Rawan Hassan	Park West Sc	
6	321 Lila Macaskill	Dartmouth Hi	
7	312 Emily Harding	Dartmouth Hi	
8	1375 Keslyn Ayers	Woodlawn Hig	
9	1073 Erica Udom	John Martin	
10	543 Efua Arthur	Ellenvale Ju	
11	1267 Desintee Mata	Sacred Heart	
12	67 Charlotte Green	Bicentennial	
13	1302 Sophie Allen	St. Agnes Ju	
14	699 Olive Riley	Gorsebrook J	
15	7 Jenaya Downey	Armbrae Acad	
16	622 Gracie Downing	Fairview Jun	
17	1104 Maelle Browne	Oxford Schoo	
18	1118 Sylvie Moe	Oxford Schoo	
19	1386 Rylee Den Hollander	Woodlawn Hig	
20	1400 Maddisyn Power	Woodlawn Hig	
21	332 Prisca Umeokafor	Dartmouth Hi	
22	823 Zoe Hunter	Halifax Gram	
23	913 Abigail Gaudet	Halifax West	
24	1107 Josie Cull	Oxford Schoo	
25	27 Abby Sullivan	Armbrae Acad	
26	174 Aeesha Chege	Citadel High	
27	115 Azeetat Oyinlola	Caledonia Ju	
28	624 Nesma Eldik	Fairview Jun	
29	1332 Ellie Panopalis	St. Agnes Ju	
30	12 Deandra Gibson	Armbrae Acad	



2025 SSNS Capital CITY District
Meet Program

Event 82 Boys Discus Throw 1.5kg Intermediate			
Thursday 2025-05-15 - 10:00 AM			
SSNS: 44.65m 2024-06-01 Max Minihan			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	562 Grayson Carpenter	Ellenvale Ju	
2	1087 Harkirat Mann	John Martin	
3	662 Mark Mrishin	Fairview Jun	
4	478 Daniel A'Court	Ecole second	
5	1092 Taylinn Scarbrough	John Martin	
6	1208 Eric Saweczko	Park West Sc	
7	160 Logan Surcon	Caledonia Ju	
8	759 Daniel Chisholm	Halifax Cent	
9	1030 Xavier Desmond	JL Ilsley Hi	
10	1350 Aiden Chege	St. Agnes Ju	
11	1412 Sujit Gurralla	Woodlawn Hig	
12	777 Remi Macdonald	Halifax Cent	
13	210 Kyriakos Christensen	Citadel High	
14	714 Cal Macdonald	Gorsebrook J	
15	645 Logan Auld	Fairview Jun	
16	1371 Aidan Van Wart	St. Agnes Ju	
17	959 Callum Quinn	Halifax West	
18	1037 Fraser Lake	JL Ilsley Hi	
19	781 Harrison Morash	Halifax Cent	
20	705 Ishaan Annadabaskara	Gorsebrook J	
21	153 Sam Peknick	Caledonia Ju	
22	408 Reide Leroux	East Coast V	
23	222 Travis Lloyd	Citadel High	
24	1341 Gabriel Adams	St. Agnes Ju	
25	668 Caleb Postmaa	Fairview Jun	
26	1203 Arsh Khan	Park West Sc	
27	854 Darian Brown	Halifax Gram	
28	155 Noah Purcell	Caledonia Ju	
29	357 David Riekest	Dartmouth Hi	
30	225 Max Makropoulos	Citadel High	
31	55 Deniz Poyraz	Armbrac Acad	
32	847 Tolu Adebisi	Halifax Gram	
33	1093 Adeeb Sidiqqi	John Martin	
34	943 Niko Katsihtis	Halifax West	
35	615 Rush Warren	Eric Graves	
36	1154 Matteo Racca	Oxford Schoo	
37	1137 David Cameron	Oxford Schoo	
38	1414 Markus Harrison	Woodlawn Hig	
39	644 D'Arcy Atchison	Fairview Jun	
40	229 Taidg Molloy-Reilly	Citadel High	
41	721 Jack Rivers-Bowermai	Gorsebrook J	
42	1041 Ibrahim Msabaha	JL Ilsley Hi	
43	130 Sam Crober	Caledonia Ju	
44	338 Benjamin Boehner	Dartmouth Hi	
45	87 Adam Jarrett	Bicentennial	
46	1187 Mohannad Al Jaber	Park West Sc	

47	767 Beau Gallant	Halifax Cent	
48	603 Jace Haggerty	Eric Graves	
49			
50			



**2025 SSNS Capital CITY District
Meet Program**

Event 83 Girls Discus Throw 1.0kg Senior**Wednesday 2025-05-14 - 10:00 AM**

SSNS: 41.92m 2012

Kayla Gallagher

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	326 Ruth O'Reagan	Dartmouth Hi	_____
2	1263 Olivia Hunter	Sacred Heart	_____
3	1014 Dami Nasser	JL Ilsley Hi	_____
4	914 Zlata Honchur	Halifax West	_____
5	173 Georgia Boutilier	Citadel High	_____
6	930 Feyikemi Rotimi	Halifax West	_____
7	5 Mariah Dicks	Armbrac Acad	_____
8	200 Ella Porter	Citadel High	_____
9	306 Anna Archibald	Dartmouth Hi	_____
10	1388 Talia Downey-Gillie	Woodlawn Hig	_____
11	4 Natalia Colley	Armbrac Acad	_____
12	1007 Gabriella Eppelle	JL Ilsley Hi	_____
13	1377 Jada Bonang	Woodlawn Hig	_____
14	205 Isioma Ugwu	Citadel High	_____
15	1398 Stephanie Maristela	Woodlawn Hig	_____
16	308 Mya Bonang	Dartmouth Hi	_____
17	1005 Katherine Craig	JL Ilsley Hi	_____
18	1010 Cadence Holt	JL Ilsley Hi	_____
19	1402 Nisha Shroff	Woodlawn Hig	_____
20			_____

Event 84 Boys Discus Throw 1.75kg Senior**Thursday 2025-05-15 - 12:30 PM**

SSNS: 49.76m 2012

Peter Millman

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	806 Elliott Herod	Halifax Chri	_____
2	947 Atharv Mahajan	Halifax West	_____
3	811 Michael Obudu	Halifax Chri	_____
4	243 Luke Young	Citadel High	_____
5	1034 Daniel Hernandez	JL Ilsley Hi	_____
6	810 Sam Mateos Gomez	Halifax Chri	_____
7	808 Jack Hull	Halifax Chri	_____
8			_____
9			_____
10			_____
11			_____

Event 85 Girls Javelin Throw 400g Junior**Thursday 2025-05-15 - 3:00 PM**

SSNS: 37.38m 1999

Katherine Markusson

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	246 Tami Ajetonmobi	Clayton Park	_____
2	104 Booklyn Collings	Caledonia Ju	_____
3	893 Claire Pothier	Halifax Inde	_____
4	106 Tiarrah Hamood	Caledonia Ju	_____
5	373 Evelyn Fennell	Dartmouth So	_____
6	1110 Anika Farquhar	Oxford Schoo	_____
7	634 Lauren Peddle	Fairview Jun	_____
8	65 Myami Elampero	Bicentennial	_____
9	13 Zoe Grant	Armbrac Acad	_____
10	745 Katherin Mendez Vale	Halifax Cent	_____
11	371 Evie Best	Dartmouth So	_____
12	370 Abbey Berry	Dartmouth So	_____
13	744 Chloe MacNeil	Halifax Cent	_____
14	26 Hazel Shaw	Armbrac Acad	_____
15	500 Sadie Jarvis	Elizabeth Su	_____
16	112 Abby Murphy Carter	Caledonia Ju	_____
17	983 Saoirse Kelly	Highland Par	_____
18	630 Johanna Lobban	Fairview Jun	_____
19	260 Rifa Shahul Mydeen A	Clayton Park	_____
20	501 Parvati Jean-Lilly	Elizabeth Su	_____
21	1305 Liv Bing	St. Agnes Ju	_____
22	752 Flo Vandenbrink	Halifax Cent	_____
23	1062 Ameira Gray	John Martin	_____
24	557 Emma Wadden	Ellenvale Ju	_____
25	1125 Jasleen Sharma	Oxford Schoo	_____
26	1119 Joy Monaghan	Oxford Schoo	_____
27	379 Sadie MacLachlan	Dartmouth So	_____
28	107 Hannah Kalu	Caledonia Ju	_____
29	425 Willow Deveau	Ecole du Car	_____
30	1250 Sophia Daniel	Sacred Heart	_____
31	1217 Oghenevwede Akpog	Rockingstone	_____
32	631 Myra McDonald	Fairview Jun	_____
33	502 My'iah Jordan	Elizabeth Su	_____
34	1327 Molly McGrath	St. Agnes Ju	_____
35	420 Esther Ally	Ecole du Car	_____
36	1230 Zipporah Torres-Cro	Rockingstone	_____
37	15 Elyse Kennedy	Armbrac Acad	_____
38	1311 Meron Ermias	St. Agnes Ju	_____
39	431 Louisa Seneker	Ecole du Car	_____
40	1120 Lina Monaghan	Oxford Schoo	_____
41	1064 Lily Larivee-Gordon	John Martin	_____
42	1312 Saron Ermias	St. Agnes Ju	_____
43	979 Dean Harris	Highland Par	_____
44	421 Whitney Bourque	Ecole du Car	_____
45	491 Aiva Brown	Elizabeth Su	_____
46	747 Lucy Rainforth	Halifax Cent	_____



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Flight 1 of 1 Finals

47	1071 Monica Stone	John Martin	_____
48	830 Michelle Mangiri	Halifax Gram	_____
49	1066 Chloe Morrison	John Martin	_____
50	679 Annabelle Chisholm	Gorsebrook J	_____
51	675 Pippa Anderson	Gorsebrook J	_____
52	251 Natalia Filipovic	Clayton Park	_____
53	1225 Tenzil Musa	Rockingstone	_____
54			_____
55			_____

Event 91 Boys Javelin Throw 600g Junior

Wednesday 2025-05-14 - 3:00 PM

SSNS: 45.48m 2015		Michael Adams	
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1360 Jesse Lazzaratto	St. Agnes Ju	_____
2	724 Carter White	Gorsebrook J	_____
3	95 Glendon Smith-Thomp	Bicentennial	_____
4	470 Jack Tanner	Ecole Mer et	_____
5	419 Jake Willmott	East Coast V	_____
6	524 David Macdonald	Elizabeth Su	_____
7	287 Jack Woodhead	Clayton Park	_____
8	1233 Elrad Deku	Rockingstone	_____
9	159 Hudson Smith	Caledonia Ju	_____
10	728 Tayden Yeh	Gorsebrook J	_____
11	388 Reid Ash	Dartmouth So	_____
12	654 Jasper Macauley	Fairview Jun	_____
13	1372 Nolan Walsh	St. Agnes Ju	_____
14	768 Finn Holland	Halifax Cent	_____
15	464 Jackson MacMillan	Ecole Mer et	_____
16	149 Aarush Mondel	Caledonia Ju	_____
17	1237 Moustapha Hassan H	Rockingstone	_____
18	576 Brody Sampson	Ellenvale Ju	_____
19	898 Emmet Armstrong	Halifax Inde	_____
20	1086 Sondyn Lavoie-Boutil	John Martin	_____
21	89 Xander MacGregor	Bicentennial	_____
22	540 Lars Struijf	Elizabeth Su	_____
23	1210 Hamza Syed	Park West Sc	_____
24	888 Jaye Yuan	Halifax Gram	_____
25	1143 Lukas Fiedler	Oxford Schoo	_____
26	531 Patrick Natividad	Elizabeth Su	_____
27	648 Riley Buckle-Pineau	Fairview Jun	_____
28	86 Avery Fisher	Bicentennial	_____
29	1149 Charlie Lewis	Oxford Schoo	_____
30	283 Leo Roberts	Clayton Park	_____
31	574 Reed Morrissey	Ellenvale Ju	_____
32	539 Deegan Smith	Elizabeth Su	_____
33	392 Corwinn Marshall	Dartmouth So	_____
34	462 Young Izere	Ecole Mer et	_____
35	1202 Tymur Karnash	Park West Sc	_____
36	135 Hayden Doucet	Caledonia Ju	_____
37	1159 Darius Syme	Oxford Schoo	_____
38	412 Lucas Rent	East Coast V	_____
39	1243 Emmanuel Sylvester	Rockingstone	_____
40	1186 Jotham Adewole	Park West Sc	_____
41	455 Elkhana Coutou	Ecole Mer et	_____
42	761 Ben Connick	Halifax Cent	_____
43	81 Keyon Ashe	Bicentennial	_____
44	560 Favour Bamidele	Ellenvale Ju	_____
45	1242 Masoud Saifi	Rockingstone	_____
46	415 Shea Spindler	East Coast V	_____



2025 SSNS Capital CITY District
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Flight 1 of 1 Finals

47	855 Srinath Chelamkuri	Halifax Gram	_____
48	395 Ezra Trider	Dartmouth So	_____
49	1144 Theoren Fortier	Oxford Schoo	_____
50	147 Vedder Macqueen	Caledonia Ju	_____
51	436 Noah Cannell	Ecole du Car	_____
52	673 Tommy Turner	Fairview Jun	_____
53	988 Lennox Francis	Highland Par	_____
54	783 John Park	Halifax Cent	_____
55	873 Bobbie MacLellan	Halifax Gram	_____
56	582 Michael Vitkin	Ellenvale Ju	_____
57	755 Ben Baker	Halifax Cent	_____
58	394 Caleb Riggs	Dartmouth So	_____
59	402 Maddox Burke	East Coast V	_____
60	1205 Delight Maphosa	Park West Sc	_____
61	437 Jayden Castilloux	Ecole du Car	_____
62			_____
63			_____
64			_____
65			_____

27	1267 Desintee Mata	Sacred Heart	_____
28	822 Alina He	Halifax Gram	_____
29	622 Gracie Downing	Fairview Jun	_____
30	910 Angelique Castillo	Halifax West	_____
31	24 Peyton Phillips	Armbræ Acad	_____
32	1000 Rahaf Almohammad	JL Ilsley Hi	_____
33	472 Bruna Al Frenn	Ecole second	_____
34	543 Efua Arthur	Ellenvale Ju	_____
35	1169 Marissa Drane	Park West Sc	_____
36			_____
37			_____

Event 97 Girls Javelin Throw 500g Intermediate

Thursday 2025-05-15 - 12:30 PM			
SSNS: 41.73m 2016-06-04 Madelyn Quinn			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	66 Ashley Ermita	Bicentennial	_____
2	552 Sophie Mitchell	Ellenvale Ju	_____
3	1332 Ellie Panopolis	St. Agnes Ju	_____
4	1385 Rowan Cutcliffe	Woodlawn Hig	_____
5	1016 Kanishga Pradeep	JL Ilsley Hi	_____
6	1104 Maelle Browne	Oxford Schoo	_____
7	1074 Treasure Uzoma	John Martin	_____
8	1304 Bree Aylward	St. Agnes Ju	_____
9	681 Peyton Donovan	Gorsebrook J	_____
10	1384 Riley Cutcliffe	Woodlawn Hig	_____
11	1017 Mariam Saifi	JL Ilsley Hi	_____
12	556 Kathleen Smale	Ellenvale Ju	_____
13	115 Azeetat Oyinlola	Caledonia Ju	_____
14	186 Erin Hope	Citadel High	_____
15	315 Zara Ikechukwu	Dartmouth Hi	_____
16	913 Abigail Gaudet	Halifax West	_____
17	310 Esther Chukwuji	Dartmouth Hi	_____
18	1023 Madisyn Wile	JL Ilsley Hi	_____
19	699 Olive Riley	Gorsebrook J	_____
20	909 Alex Albury	Halifax West	_____
21	1068 Esther Popoola	John Martin	_____
22	63 Lenah Coffin	Bicentennial	_____
23	1380 Mady Chandler	Woodlawn Hig	_____
24	1403 Ella Smith	Woodlawn Hig	_____
25	312 Emily Harding	Dartmouth Hi	_____
26	76 Mya Reynolds	Bicentennial	_____



**2025 SSNS Capital CITY District
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Event 103 Boys Javelin Throw 700g Intermediate**Wednesday 2025-05-14 - 12:30 PM****SSNS: 54.19m 2019-05-31 Noah Berniquer**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1351 Will Cyr	St. Agnes Ju	_____
2	663 Tajū Mume	Fairview Jun	_____
3	1154 Matteo Racca	Oxford Schoo	_____
4	759 Daniel Chisholm	Halifax Cent	_____
5	998 Viktor Yadvizhyn	Highland Par	_____
6	1137 David Cameron	Oxford Schoo	_____
7	408 Reide Leroux	East Coast V	_____
8	714 Cal Macdonald	Gorsebrook J	_____
9	858 Adam Deans	Halifax Gram	_____
10	354 Declan Mullally	Dartmouth Hi	_____
11	1041 Ibrahim Msabaha	JL Ilsley Hi	_____
12	1209 Hrishi Singha Roy	Park West Sc	_____
13	966 Nicholas Williams	Halifax West	_____
14	210 Kyriakos Christensen	Citadel High	_____
15	863 Christos Giannou	Halifax Gram	_____
16	1050 Holden Sewart	JL Ilsley Hi	_____
17	1364 Logan Miles	St. Agnes Ju	_____
18	140 Sam Ingram	Caledonia Ju	_____
19	987 Vincent Clark	Highland Par	_____
20	357 David Riekest	Dartmouth Hi	_____
21	944 Abhinav Kumar	Halifax West	_____
22	131 Daniel Dada	Caledonia Ju	_____
23	1367 Drew Rimmer	St. Agnes Ju	_____
24	721 Jack Rivers-Bowerma	Gorsebrook J	_____
25	1419 Gui Mota Siqueira	Woodlawn Hig	_____
26	959 Callum Quinn	Halifax West	_____
27	368 Xavier Williams	Dartmouth Hi	_____
28	1031 Darian Fukala	JL Ilsley Hi	_____
29	668 Caleb Postmaa	Fairview Jun	_____
30	704 Henry Anderson	Gorsebrook J	_____
31	777 Remi Macdonald	Halifax Cent	_____
32	1208 Eric Saweczko	Park West Sc	_____
33	1412 Sujit Gurralla	Woodlawn Hig	_____
34	1043 Samuel Ojelabi	JL Ilsley Hi	_____
35	217 Artem Karmaleiev	Citadel High	_____
36	854 Darian Brown	Halifax Gram	_____
37	770 Ben Iwanski	Halifax Cent	_____
38	41 Taitym Hyacinth	Armbræ Acad	_____
39	1290 Nate Cooper	Sacred Heart	_____
40	338 Benjamin Boehner	Dartmouth Hi	_____
41	1092 Taylinn Scarbrough	John Martin	_____
42	242 Rex Wilson	Citadel High	_____
43	1097 Carter Williams	John Martin	_____
44	572 William Mills	Ellenvale Ju	_____
45	1080 Josiah Clyde	John Martin	_____
46	859 Coulton Downey	Halifax Gram	_____

47	1341 Gabriel Adams	St. Agnes Ju	_____
48	1187 Mohannad Al Jaber	Park West Sc	_____
49	1087 Harkirat Mann	John Martin	_____
50	222 Travis Lloyd	Citadel High	_____
51	157 Josh Renouf	Caledonia Ju	_____
52	55 Deniz Poyraz	Armbræ Acad	_____
53	907 Finn Weatherbee	Halifax Inde	_____
54	705 Ishaan Annadabaskara	Gorsebrook J	_____
55	781 Harrison Morash	Halifax Cent	_____
56	986 Jack Clark	Highland Par	_____
57	47 DJ MacLean	Armbræ Acad	_____
58			_____
59			_____



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Event 109 Girls Javelin Throw 600g Senior

Thursday 2025-05-15 - 10:00 AM			
SSNS: 44.20m 2010		Chelsea Whalen	
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1014 Dami Nasser	JL Ilsley Hi	
2	326 Ruth O'Reagan	Dartmouth Hi	
3	921 Julia McInnis`	Halifax West	
4	914 Zlata Honchur	Halifax West	
5	1013 Jenna Lucas	JL Ilsley Hi	
6	926 Paige Neklia	Halifax West	
7	2 Faye Bennekou	Armbrac Acad	
8	185 Deja Hooper-Dixon	Citadel High	
9	184 Kayla Graham	Citadel High	
10	1395 Maya Jamieson	Woodlawn Hig	
11	187 Jillian Hope	Citadel High	
12	1398 Stephanie Maristela	Woodlawn Hig	
13	173 Georgia Boutilier	Citadel High	
14	1394 Chisara Ivoko	Woodlawn Hig	
15	1383 Lana Cushing	Woodlawn Hig	
16	1015 Katie Pingert	JL Ilsley Hi	
17	28 Amaya Tollivier	Armbrac Acad	
18	1008 Joelle Gray	JL Ilsley Hi	
19			
20			

Event 115 Boys Javelin Throw 800g Senior

Wednesday 2025-05-14 - 10:00 AM			
SSNS: 61.64m 2005		Adam Wolkins	
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	243 Luke Young	Citadel High	
2	38 Hudson Curry	Armbrac Acad	
3	868 King He	Halifax Gram	
4	342 D'Ontay Fraser	Dartmouth Hi	
5	1035 Alex Inglis	JL Ilsley Hi	
6	333 Victor Amani	Dartmouth Hi	
7	1036 Omar Khalaf	JL Ilsley Hi	
8	32 Owen Bilodeau	Armbrac Acad	
9	227 Quinn Martin	Citadel High	
10	1429 Thien Tong	Woodlawn Hig	
11	887 Josh Wu	Halifax Gram	
12	1408 Elliot Collett	Woodlawn Hig	
13	1044 Emmanuel Oyelami	JL Ilsley Hi	
14	1039 Nick MacPhee	JL Ilsley Hi	
15	349 Tremelle Kennedy-Co	Dartmouth Hi	
16	231 Matthew Muise	Citadel High	
17	347 Alden Hiltz	Dartmouth Hi	
18	215 Noah Gray	Citadel High	
19	935 Ryan Brown	Halifax West	
20			

Event 120 Girls 100 Meter Dash Supported JR Supported Juni

Wednesday 2025-05-14 - 10:00 AM			
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	109 Day'jah Macdonald	Caledonia Ju	
2	116 Vlada Pochitalina	Caledonia Ju	
3	122 Cylvia Wainright Tayl	Caledonia Ju	
4	595 Keira Ternan	Eric Graves	
5	590 Chloe McKay	Eric Graves	
6	1339 Hannah Wilbur	St. Agnes Ju	
7	1336 Sahar Tofan Ataye	St. Agnes Ju	
8	544 Rylynn Best	Ellenvale Ju	



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Event 121 Boys 100 Meter Dash Supported JR Supported Juniors**Wednesday 2025-05-14 - 10:00 AM**

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	569 Alex Macdonald	Ellenvale Ju	_____
2	565 Jaxxon Dimartino	Ellenvale Ju	_____
3	570 Jaxxon MacDougall	Ellenvale Ju	_____
4	566 Bryce Dixon	Ellenvale Ju	_____
5	573 Kaden Misner	Ellenvale Ju	_____
6	559 Kai Anderson	Ellenvale Ju	_____
7	990 Tobin Hiltz	Highland Par	_____
8			_____

Section 2 of 3 Finals

1	167 Kaden Wheaton	Caledonia Ju	_____
2	164 Eric Wainrigh Taylor	Caledonia Ju	_____
3	161 Owen Sweet	Caledonia Ju	_____
4	165 James Wainright Taylc	Caledonia Ju	_____
5	152 Nathan Negus	Caledonia Ju	_____
6	1234 Hans Dibra	Rockingstone	_____
7			_____
8			_____

Section 3 of 3 Finals

1	607 Troy MacLaughlin	Eric Graves	_____
2	610 Dariusz Meider	Eric Graves	_____
3	601 Sam Greenough	Eric Graves	_____
4	672 Aidan Stone	Fairview Jun	_____
5	1347 Cruz Bellefontaine	St. Agnes Ju	_____
6	301 Stephen Marshall	Cunard Junio	_____
7			_____
8			_____

Event 122 Girls 100 Meter Dash Supported SR Supported Seniors**Wednesday 2025-05-14 - 10:00 AM**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	1401 Madison Shepard	Woodlawn Hig	_____
2	1387 Shyanna Dixon	Woodlawn Hig	_____
3	1391 Becky Guevera	Woodlawn Hig	_____
4	1404 Latajiah Smith	Woodlawn Hig	_____
5	1376 Emma Barry	Woodlawn Hig	_____
6	319 Abby Livingston	Dartmouth Hi	_____
7	318 Berâ€™niyah Lewis	Dartmouth Hi	_____
8	328 Emma Robicheau	Dartmouth Hi	_____

Section 2 of 2 Finals

1	924 Maggie Mills	Halifax West	_____
2	182 Mia Deviller	Citadel High	_____
3	192 Megan Lusby	Citadel High	_____
4	194 Bella MacKenzie	Citadel High	_____
5	193 Marissa Macisaac-Fili	Citadel High	_____
6	198 Merrigan Palliser	Citadel High	_____
7	191 Roma Login	Citadel High	_____
8			_____

Event 123 Boys 100 Meter Dash Supported SR Supported Seniors**Wednesday 2025-05-14 - 10:00 AM**

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
1	343 Vaughn Gendreau	Dartmouth Hi	_____
2	335 Haisen Beaton	Dartmouth Hi	_____
3	345 Ayden Gray	Dartmouth Hi	_____
4	353 James Mugford	Dartmouth Hi	_____
5	361 Thomas Smith	Dartmouth Hi	_____
6	341 Aiden Cluney	Dartmouth Hi	_____
7	339 Dylan Bond	Dartmouth Hi	_____
8	355 Kooper Nickerson	Dartmouth Hi	_____

Section 2 of 4 Finals

1	360 Kurtis Scott	Dartmouth Hi	_____
2	364 Gabe Tubo	Dartmouth Hi	_____
3	351 Dylan Macdonald	Dartmouth Hi	_____
4	366 Joseph Williams	Dartmouth Hi	_____
5	932 Hunter Ashley	Halifax West	_____
6	963 Aven Stanford	Halifax West	_____
7	942 Colby Horne	Halifax West	_____
8			_____

Section 3 of 4 Finals

1			_____
2	960 Kasey Roy	Halifax West	_____
3	934 Joseph Bouchie	Halifax West	_____
4	226 Jacob Martin	Citadel High	_____
5	220 Taras Kovalchuk	Citadel High	_____
6	208 Yousif Abas	Citadel High	_____
7	239 Pj St. George	Citadel High	_____
8	214 Adam Go	Citadel High	_____

Section 4 of 4 Finals

1	1425 Resean Simmons-Fei	Woodlawn Hig	_____
2	1428 Lucas Song	Woodlawn Hig	_____
3	1405 Jonathan Assoun-Gri	Woodlawn Hig	_____
4	1411 Dennis Eisenhauer	Woodlawn Hig	_____
5	1427 Keegan Smith	Woodlawn Hig	_____
6	1407 Treyzi Brooks	Woodlawn Hig	_____
7	1430 Riley Winchester	Woodlawn Hig	_____
8			_____



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Event 124 Girls Shot Put 2 throws 3kg Supported Junior

Wednesday 2025-05-14 - 11:00 AM			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	595 Keira Ternan	Eric Graves	_____
2	593 Lilly shepard-O'Brien	Eric Graves	_____
3	590 Chloe McKay	Eric Graves	_____
4	1339 Hannah Wilbur	St. Agnes Ju	_____
5	1336 Sahar Tofan Ataye	St. Agnes Ju	_____
6	109 Day'jah Macdonald	Caledonia Ju	_____
7	122 Cylvia Wainright Tayl	Caledonia Ju	_____
8			_____

Event 125 Boys Shot Put 2 throws 4kg Supported Junior

Wednesday 2025-05-14 - 11:00 AM			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	573 Kaden Misner	Ellenvale Ju	_____
2	565 Jaxxon Dimartino	Ellenvale Ju	_____
3	570 Jaxxon MacDougall	Ellenvale Ju	_____
4	672 Aidan Stone	Fairview Jun	_____
5	1158 Jelani Stevenson	Oxford Schoo	_____
6	1136 Bohdan Bogdanov	Oxford Schoo	_____
7	610 Dariusz Meider	Eric Graves	_____
8	1234 Hans Dibra	Rockingstone	_____
9	1347 Cruz Bellefontaine	St. Agnes Ju	_____
10	164 Eric Wainrigh Taylor	Caledonia Ju	_____
11	165 James Wainright Taylc	Caledonia Ju	_____
12	152 Nathan Negus	Caledonia Ju	_____
13	613 Joe Smith	Eric Graves	_____
14	607 Troy MacLaughlin	Eric Graves	_____
15	601 Sam Greenough	Eric Graves	_____
16			_____
17			_____

Event 126 Girls Shot Put 2 throws 3kg Supported Senior

Wednesday 2025-05-14 - 11:00 AM			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	192 Megan Lusby	Citadel High	_____
2	194 Bella MacKenzie	Citadel High	_____
3	198 Merrigan Palliser	Citadel High	_____
4	193 Marissa Macisaac-Fili	Citadel High	_____
5	182 Mia Deviller	Citadel High	_____
6	191 Roma Login	Citadel High	_____
7	318 Berâ€™niyah Lewis	Dartmouth Hi	_____
8	328 Emma RobicheauÂ	Dartmouth Hi	_____
9	319 Abby Livingston	Dartmouth Hi	_____
10	1391 Becky Guevera	Woodlawn Hig	_____
11	1376 Emma Barry	Woodlawn Hig	_____
12	1387 Shyanna Dixon	Woodlawn Hig	_____
13	1404 Latajiah Smith	Woodlawn Hig	_____
14	924 Maggie Mills	Halifax West	_____
15			_____
16			_____



**2025 SSNS Capital CITY District
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Event 127 Boys Shot Put 2 throws 4kg Supported Senior**Wednesday 2025-05-14 - 11:00 AM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	341 Aiden Cluney	Dartmouth Hi	_____
2	335 Haisen Beaton	Dartmouth Hi	_____
3	353 James Mugford	Dartmouth Hi	_____
4	361 Thomas Smith	Dartmouth Hi	_____
5	355 Kooper Nickerson	Dartmouth Hi	_____
6	343 Vaughn Gendreau	Dartmouth Hi	_____
7	339 Dylan Bond	Dartmouth Hi	_____
8	345 Ayden Gray	Dartmouth Hi	_____
9	364 Gabe Tubo	Dartmouth Hi	_____
10	351 Dylan Macdonald	Dartmouth Hi	_____
11	360 Kurtis Scott	Dartmouth Hi	_____
12	366 Joseph Williams	Dartmouth Hi	_____
13	942 Colby Horne	Halifax West	_____
14	960 Kasey Roy	Halifax West	_____
15	932 Hunter Ashley	Halifax West	_____
16	963 Aven Stanford	Halifax West	_____
17	934 Joseph Bouchie	Halifax West	_____
18	962 Logan Short	Halifax West	_____
19	1430 Riley Winchester	Woodlawn Hig	_____
20	1428 Lucas Song	Woodlawn Hig	_____
21	1407 Treyzi Brooks	Woodlawn Hig	_____
22	1425 Resean Simmons-Fei	Woodlawn Hig	_____
23	1411 Dennis Eisenhauer	Woodlawn Hig	_____
24	1427 Keegan Smith	Woodlawn Hig	_____
25	1405 Jonathan Assoun-Gri	Woodlawn Hig	_____
26	226 Jacob Martin	Citadel High	_____
27	239 Pj St. George	Citadel High	_____
28	214 Adam Go	Citadel High	_____
29	208 Yousif Abas	Citadel High	_____
30			_____
31			_____
32			_____
33			_____

Event 128 Girls Long Jump 2 attempts Supported Junior**Wednesday 2025-05-14 - 12:00 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	595 Keira Ternan	Eric Graves	_____
2	590 Chloe McKay	Eric Graves	_____
3	593 Lilly shepard-O'Brien	Eric Graves	_____
4	544 Rylynn Best	Ellenvale Ju	_____
5	1336 Sahar Tofan Ataye	St. Agnes Ju	_____
6	1339 Hannah Wilbur	St. Agnes Ju	_____
7	109 Day'jah Macdonald	Caledonia Ju	_____
8	122 Cylvia Wainright Tayl	Caledonia Ju	_____
9			_____
10			_____
11			_____
12			_____

Event 129 Boys Long Jump 2 attempts Supported Junior**Wednesday 2025-05-14 - 12:00 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	161 Owen Sweet	Caledonia Ju	_____
2	165 James Wainright Taylc	Caledonia Ju	_____
3	164 Eric Wainrigh Taylor	Caledonia Ju	_____
4	152 Nathan Negus	Caledonia Ju	_____
5	167 Kaden Wheaton	Caledonia Ju	_____
6	1234 Hans Dibra	Rockingstone	_____
7	559 Kai Anderson	Ellenvale Ju	_____
8	565 Jaxxon Dimartino	Ellenvale Ju	_____
9	573 Kaden Misner	Ellenvale Ju	_____
10	569 Alex Macdonald	Ellenvale Ju	_____
11	570 Jaxxon MacDougall	Ellenvale Ju	_____
12	610 Dariusz Meider	Eric Graves	_____
13	601 Sam Greenough	Eric Graves	_____
14	607 Troy MacLaughlin	Eric Graves	_____
15	301 Stephen Marshall	Cunard Junio	_____
16	672 Aidan Stone	Fairview Jun	_____
17	1347 Cruz Bellefontaine	St. Agnes Ju	_____
18			_____



**SCHOOL SPORT
NOVA SCOTIA
SPORT SCOLAIRE
NOUVELLE-ÉCOSSE**

2025 SSNS Capital CITY District
Meet Program

Event 130 Girls Long Jump 2 attempts Supported Senior

Wednesday 2025-05-14 - 12:00 PM			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1387 Shyanna Dixon	Woodlawn Hig	_____
2	1404 Latajiah Smith	Woodlawn Hig	_____
3	1391 Becky Guevera	Woodlawn Hig	_____
4	1376 Emma Barry	Woodlawn Hig	_____
5	328 Emma Robicheau	Dartmouth Hi	_____
6	319 Abby Livingston	Dartmouth Hi	_____
7	318 Berâ€™niyah Lewis	Dartmouth Hi	_____
8	924 Maggie Mills	Halifax West	_____
9	182 Mia Deviller	Citadel High	_____
10	193 Marissa Macisaac-Fili	Citadel High	_____
11	198 Merrigan Palliser	Citadel High	_____
12	191 Roma Login	Citadel High	_____
13	194 Bella MacKenzie	Citadel High	_____
14	192 Megan Lusby	Citadel High	_____
15			_____
16			_____

Event 131 Boys Long Jump 2 attempts Supported Senior

Wednesday 2025-05-14 - 12:00 PM			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	208 Yousif Abas	Citadel High	_____
2	226 Jacob Martin	Citadel High	_____
3	214 Adam Go	Citadel High	_____
4	239 Pj St. George	Citadel High	_____
5	942 Colby Horne	Halifax West	_____
6	932 Hunter Ashley	Halifax West	_____
7	963 Aven Stanford	Halifax West	_____
8	934 Joseph Bouchie	Halifax West	_____
9	960 Kasey Roy	Halifax West	_____
10	361 Thomas Smith	Dartmouth Hi	_____
11	343 Vaughn Gendreau	Dartmouth Hi	_____
12	355 Kooper Nickerson	Dartmouth Hi	_____
13	335 Haisen Beaton	Dartmouth Hi	_____
14	341 Aiden Cluney	Dartmouth Hi	_____
15	339 Dylan Bond	Dartmouth Hi	_____
16	364 Gabe Tubo	Dartmouth Hi	_____
17	360 Kurtis Scott	Dartmouth Hi	_____
18	366 Joseph Williams	Dartmouth Hi	_____
19	345 Ayden Gray	Dartmouth Hi	_____
20	353 James Mugford	Dartmouth Hi	_____
21	351 Dylan Macdonald	Dartmouth Hi	_____
22	1407 Treyzi Brooks	Woodlawn Hig	_____
23	1425 Resean Simmons-Fer	Woodlawn Hig	_____
24	1427 Keegan Smith	Woodlawn Hig	_____
25	1430 Riley Winchester	Woodlawn Hig	_____
26	1411 Dennis Eisenhauer	Woodlawn Hig	_____
27	1428 Lucas Song	Woodlawn Hig	_____
28	1405 Jonathan Assoun-Gri	Woodlawn Hig	_____
29			_____
30			_____

Event 138 Boys 50 Meter Dash Non-Amb Spec Wheelchair Sup

Wednesday 2025-05-14 - 10:00 AM			
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1			_____
2			_____
3	1421 TJ Negus	Woodlawn Hig	_____
4			_____
5	1417 Dezmond MacPhee	Woodlawn Hig	_____
6			_____
7			_____
8			_____



2025 SSNS Capital CITY District
Meet Program

Event 139 Girls 50 Meter Dash Non-Amb Spec Wheelchair Sup

Wednesday 2025-05-14 - 10:00 AM

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1			_____
2			_____
3	1378 T'Onia Borschowa-T	Woodlawn Hig	_____
4			_____
5			_____
6			_____
7			_____
8			_____

