***ALL-COMERS MEET #1***

***LEGION TRACK***

***WEDNESDAY, MAY 14, 2025***

***TRACK SCHEDULE***

|  |  |  |
| --- | --- | --- |
| **4:00 pm** | 400 m | Female |
| **4:20 pm** | 400 m | Male |
| **4:40 pm** | 1500 m | Female |
| **5:00 pm** | 1500 m | Male |
| **5:20 pm** | 100 m | Female |
| **5:50 pm** | 100 m | Male |
|  | | |
| **6:20 pm** | 4 x 400m Relay | Female |
| **6:30 pm** | 4 x 400m Relay | Male |

***FIELD SCHEDULE***

|  |  |  |
| --- | --- | --- |
| **4:00 – 5:30 pm** | Discus | Female |
| **4:00 – 5:30 pm** | Shot Put | Male |
| **4:30 – 5:30 pm** | Long Jump | Female |
|  | | |
| **5:30 – 7:00 pm** | Discus | Male |
| **5:30 – 7:00 pm** | Shot Put | Female |
| **5:30 – 7:00 pm** | Long Jump | Male |

* Athletes must check in with the event marshals at the event at least ***15 minutes*** prior to the scheduled start of their field events.
* Field events are open during the times stated. Athletes can complete **3 throws or jumps** at any point during the stated time.