**Cape Breton Victoria SSNS District Track & Field Championships**

**Schedule Tuesday, 13 May, 2025**

Track Events - In track events, the athletes should be at the Track Marshalling area 30 minutes before the start of the race to confirm that they are present and ready to compete (for field events, report at the event site 30 min before the event). Coaches Meeting 9 AM. For all other events, the top 8 qualify for Regionals. The top 3 will receive ribbons.

| Time  | Event  | Category |
| --- | --- | --- |
| 9:30am  | 400M  | Junior Girls |
| 9:50am  | 400M  | Junior Boys |
| 10:10am  | 400M  | Intermediate Girls |
| 10:30am  | 400M  | Intermediate Boys |
| 10:50am  | 400M  | Senior Girls |
| 11:10am  | 400M  | Senior Boys |
| Time  | Event  | Category |
| 11:25am  | 100M  | Supported Athletes |
| 11:40am  | 100M  | Junior Girls |
| 11:55am  | 100M  | Junior Boys |
| 12:10pm | 100M  | Intermediate Girls |
| 12:25pm | 100M  | Intermediate Boys |
| 12:40pm | 100M  | Senior Girls |
| 12:55pm | 100M  | Senior Boys |
| Time  | Event  | Category |
|  1:05pm | 800M  | Junior Girls |
|  1:15pm  | 800M  | Junior Boys |
|  1:25pm  | 800M  | Intermediate/Senior Girls |
|  1:35pm | 800M  | Intermediate/ Senior Boys |

| Time  | Event  | Category |
| --- | --- | --- |
| 1:45 pm | 200M  | Junior Girls |
| 2:05 pm | 200M  | Junior Boys |
| 2:25 pm | 200M  | Intermediate Girls |
| 2:45 pm | 200M  | Intermediate Boys |
| 3:05 pm | 200M | Senior Girls |
| 3:25 pm | 200M | Senior Boys |
| Time  | Event  | Category |
| 3:35 pm | 1500M | Junior Girls |
| 3:45 pm | 1500M | Junior Boys |
| 3:55 pm | 1500M | Intermediate/Senior Girls |
| 4:05 pm | 1500M | Intermediate/Senior Boys |

**Field Events – Jumping and Throwing**

Athletes must register for their jumping and throwing events at the event location 30 minutes prior to the event. Each athlete will be given 3 attempts at each field event; after which, the top 8 competitors will be given an additional 3 attempts. Top 8 will qualify for Regionals. Ribbons will be awarded to the top three in each event.

| Event Time  | Javelin  | Discus  | Shot Put  | High Jump  | Long Jump  | Triple J. |
| --- | --- | --- | --- | --- | --- | --- |
| 9:30am  | Junior Girls  | Junior Boys  | Int. Girls  | Int. Boys  | Senior Girls  | Senior Boys |
| 10:30am  | Int.Boys | Senior Girls | Senior Boys | Junior Girls | Junior Boys | Int. Girls |
| 11:30am  | Int. Girls | Junior Girls | Junior Boys | Senior Boys | Int.Boys | Senior Girls |
| 12:30  |  |  | Supported |  |  |  |
| 12:45 pm | Senior Boys | Int. Boys | Senior Girls | Int. Girls | Junior Girls | Junior Boys |
| 1:45 pm  | Junior Boys | Int. Girls | Junior Girls | Senior Girls | Senior Boys | Int. Boys |
| 2:45 pm  | Senior Girls | Senior Boys | Int. Boys | Junior Boys | Int. Girls | Junior Girls |