

1. The Relays Festival shall be conducted according to World Athletics' Rules of Competition
 2. Events shall be contested by Zones, with each Zone fielding two (2) teams: an A Team and a B Team ***(see Table below for the allocation of clubs to the respective zones)***
 3. Zonal Coordinators shall be appointed to organize the clubs in the respective zones.
 4. Running vests shall be provided for each zone
 5. Points shall be awarded for each event (***1st – 8; 2nd – 7; 3rd – 6; 4th – 5; 5th – 4; 6th – 3; 7th – 2; 8th – 1.***)
 6. The total score for each zone for each event shall be the cumulative scores of the two teams representing the zone.
 7. Final placings shall be determined by the total score of each zone across all events.
 8. Athletes shall compete in their respective age groups, save for Open Events where athletes from the Under 20 and U 17 Age Groups may be allowed to participate.
 9. ***No athlete shall be allowed to compete in more than three (3) events.***
 10. Prize monies shall be shared among participating clubs in each zone by one of the following methods:
 - a. Based on the proportion of athletes from each respective club who participated in the meet.

(By way of illustration, should Zone 1 win the 1st Prize of \$10,000.00 and some 100 athletes (spread across its A and B Teams) represented the Zone; and of this number of athletes 25 came from Club A; then Club A shall be awarded the sum of \$2,500.00 (25/100 X \$10,000.00)
- OR**
- b. Zones may determine their own distribution mechanism.
 11. ***Athletes must report to the Call Room before entering the arena.***
 12. No athlete shall be allowed to participate in an event without his/her registration numbers properly secured on the front and back of his/her vest.
 13. If an Athlete's Registration Number is lost or misplaced, a request can be made to the Secretariat, before or on the day of the meet, for a replacement number. This will be provided at **A COST**. No other replacement will be allowed.
 14. Athletes are not allowed on the track or centre field (infield) except when required to participate in an event.
 15. Coaches are **NOT** allowed in the arena except with the permission of the relevant competition official.

16. Protests concerning the result or conduct of an event shall be made within thirty minutes (30 mins) of the official announcement of the result of that event. The person or team making the protest must have a bona fide interest in the event(s) in question. Any protest shall, in the first instance, be made orally to the Referee by an athlete, by someone acting on **the athlete's** behalf or by a **team representative**. To make a fair decision, the Referee should consider any available evidence which he/she thinks necessary. The Referee may decide on the protest or may refer the matter to the Jury of Appeal. If the Referee makes a final adjudication and the club or individual is still dissatisfied, there shall be a right of appeal to the Jury. Where the Referee is not accessible or available, the protest should be made to him/her through the Technical Information Centre.
17. The Organizing Committee reserves the right to refuse entry, cancel any event or frame a new event should it become necessary to do so.
18. By seeking entry into this meet, each **individual** commits to hold NAAATT harmless from all liabilities, proceedings, costs, charges or expenses arising out of or in connection with any claims for damages or compensation because of:
- (a) bodily personal injuries or death; and
 - (b) loss or damage to the athlete's property and that of third parties - except for that which is caused by negligence or willful misconduct of NAAATT.

Subject to the above, where any damage or injury set forth above is caused by the joint or concurrent negligence of the athlete and NAAATT the loss, expense or claim shall be borne by the athlete and NAAATT in proportion to their degree of negligence.

PROPOSED ZONES	MEMBER CLUBS	
Northeast Team A – Team colour to be advised Team B – Team colour to be advised Coordinators: Mr. Kenrick Williams Mr. Dave Sandy Mr. Akini Thomas	01	Abilene Wildcats
	02	Alpha
	03	Bishops/Trinity College East
	04	Burnley
	05	Cheetahs
	06	D'Abadie Progressive
	07	Eastern Flyers
	08	Elite Performance
	09	Genesis
	10	Mounting Eagles
	11	Perseverance Titans
	12	Phoenix
	13	St Augustine Sport Academy – UWI (Track and Field)
	14	TTRRC
	15	Toco TAFAC
	16	Toco Titans

Northwest Team A – Team colour to be advised Team B – Team colour to be advised Coordinators: Mr. Kelvin Nancoo Mr. Derrick Simon Ms. Donelle Stafford	01	+One-a-Week Multi Sports
	02	Concorde
	03	Cougars
	04	Masters
	05	Memphis
	06	Morvant Jets
	07	QRC Athletics
	08	Richard Jones Racing Team
	09	Tranquility
	10	UTT
South/Central Team A – Team colour to be advised Team B – Team colour to be advised Coordinators: Mr. Gunness Persad Ms. Hydiane Harper-Simmons Mr. Eric Mc Cree	01	Adrenaline Ducks
	02	Appaloosa
	03	Dookie's Athletic Development Institute
	04	Flashpoint – Field of Dreams
	05	Fulfilling Athletic Dreams
	06	Fyzabad Athletic Stars
	07	I. G. Fastlane
	08	Lions Athletic
	09	Maximizing Athletic Potential
	10	Neon Wolves
	11	Palo Seco Athletics
	12	Point Fortin New Jets
	13	Presentation College Track Blazers
	14	Princess Town Achievers
	15	Simplex
	16	Siparia
	17	Striders
	18	Southern Track & Field Academy
	19	Stallion
	20	Tigers
Tobago Team A – Team colour to be advised Team B – Team colour to be advised Coordinators: Mr. Soren Bishop Ms. Chevelle Mc Pherson Mr. Kern Thom	01	Jubilee Stars
	02	Kaizen Panthers
	03	Lambeau Alliance
	04	Mason Hall Police Youth Club
	05	Mercury
	06	R. S. S. Phoenix
	07	Tobago Falcons
	08	Tobago Select
	09	Zenith

GUEST TEAMS					
1	Air Guard	2	Cadet Force	3	Civilian Conservation Corps
4	Coast Guard	5	Fire Services	6	Police
7	Prisons Service	8	Regiment	9	T&T Masters Association

PROVISIONAL SCHEDULE OF EVENTS

Event	Time	Event	Category
OPENING CEREMONY			
1	1:15pm	4 x 800m	Mixed (Open)
2	1:30pm	Sprint Medley 100mx100mx200mx400m	Mixed (Open)
3	1:45pm	4 x 100m	Under 11 Girls – Club Event
4	1:50pm	4 x 100m	Under 11 Boys – Club Event
5	1:55pm	4 x 100m	Under 13 Girls – Club Event
6	2:00pm	4 x 100m	Under 13 Boys – Club Event
7	2:05pm	4 x 100m	Under 15 Girls
8	2:10pm	4 x 100m	Under 15 Boys
9	2:15pm	4 x 100m	Under 17 Girls
10	2:20pm	4 x 100m	Under 17 Boys
11	2:25pm	4 x 100m	Under 20 Boys
12	2:30pm	4 x 100m	Women
13	2:35pm	4 x 100m	Men
14	2:40pm	4 x 100m	Protective Services & Masters (Female)
15	2:45pm	4 x 100m	Protective Services & Masters (Male)
16	3:00pm	4 x 400m	Under 15 Mixed
17	3:05pm	4 x 400m	Under 17 Girls
18	3:15pm	4 x 400m	Under 17 Boys
19	3:20pm	4 x 400m	Under 20 Boys
20	3:25pm	4 x 400m	Women
21	3:30pm	4 x 400m	Men
22	3:40pm	3,000m (Elimination Race)	Men (Open)
23	4:00pm	4 x 200m	Under 15 Girls
24	4:05pm	4 x 200m	Under 15 Boys
25	4:10pm	4 x 200m	Under 17 Girls
26	4:15pm	4 x 200m	Under 17 Boys
27	4:20pm	4 x 200m	Under 20 Boys
28	4:25pm	4 x 200m	Women
29	4:30pm	4 x 200m	Men

Entry Deadlines:	Relay Pools	-	May 14, 2025 – 04:00pm
	Final Declaration Forms	-	May 18, 2025 – 12:15pm

PRIZE STRUCTURE:

Champion Zone -	\$10,000.00
2nd Place -	8,000.00
3rd Place -	6,000.00
4th Place -	4,000.00