

Edmonton Columbians Spring Challenge

Final Track Schedule

Saturday, May 3, 2025

Time AM	Track Event	Time PM	Track Event
9:00	60m Timed Finals - Under 10 Girls	12:30	400m Timed Finals - Under 16 Women
9:02	80m Timed Finals - Under 12 Girls	12:32	400m Timed Finals - Under 16 Men
9:04	80m Timed Finals - Under 10 + 12 Boys	12:34	400m Timed Finals - Under 18+ Women
9:07	100m Timed Finals - Under 14 Girls	12:36	400m Timed Finals - Under 18 Men
9:10	100m Timed Finals - Under 14 Boys	12:38	400m Timed Finals - Senior+ Men
9:12	100m Heats - Under 16 Women	12:40	300m Timed Finals - Under 10 Girls
9:16	100m Heats - Under 16 Men	12:42	300m Timed Finals - Under 12 Girls
9:19	100m Heats - Under 18 Women	12:44	300m Timed Finals - Under 10 + 12 Boys
9:21	100m Heats - Under 18 Men	12:46	300m Timed Finals - Under 14 Girls
9:23	100m Heats - Under 20 Women	12:50	300m Timed Finals - Under 14 Boys
9:25	100m Heats - Under 20 Men	12:52	100m Final - Under 16 Women
9:27	100m Heats - Masters Women	12:54	100m Final - Under 16 Men
9:29	100m Heats - Masters Men	12:56	100m Final - Under 18 Women
9:31	1500m Timed Finals - Under 16+ Women	12:58	100m Final - Under 18 Men
9:35	1500m Timed Finals - Under 16+ Men	1:00	100m Final - Under 20 Women
	Break	1:02	100m Final - Under 20 Men
		1:04	100m Final - Masters Women
		1:06	100m Final - Masters Men
		End of Track for the Day	

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Final Field Event Schedule

Saturday, May 3, 2025

Event Start Time	Warm-up Start Time	Field Events - Long Jump	Event Start Time	Warm-up Start Time	Field Events - Discus
9:40	9:15	U10 Girls - Long Jump - Pit One	9:55	9:30	U14 Girls - Discus
10:25	10:00	U12 Girls - Long Jump - Pit One	10:55	10:30	U16+ Women - Discus
10:40	10:15	U10 + 12 Boys - Long Jump - Pit Two	Break		
11:25	11:00	U14 Boys - Long Jump - Pit One	12:55	12:30	U16+ Men - Discus
11:40	11:15	U16 Womens - Long Jump - Pit Two	1:55	1:30	U14 Boys - Discus
Break					
1:25	1:00	U16 Mens- Long Jump - Pit Two			
1:40	1:15	U14 Girls- Long Jump - Pit One			
2:40	2:15	Open Womens - Long Jump - Pit One			
2:40	2:15	Open Mens- Long Jump - Pit Two			

Event Start Time	Warm-up Start Time	Field Events - Pole Vault	Event Start Time	Warm-up Start Time	Field Events - Javelin
10:55	10:30	U16+ Mens and Womens - Pole Vault	12:55	12:30	U16+ Women - Javelin
			2:10	1:45	U16+ Men- Javelin

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Final Track Schedule

Sunday, May 4, 2025

Time AM	Track Event	Time PM	Track Event
10:10	Short Hurdles Heats - Under 16 Women	12:15	400m Hurdles Timed Finals - Under 18 and Up Women
10:13	Short Hurdles Heats - Under 16 Men	12:18	400m Hurdles Timed Finals - Under 18 and Up Men
10:15	Short Hurdles Heats - Under 18 Women	12:21	Short Hurdles Final - Under 16 Women
10:16	Short Hurdles Heats - Under 18 Men	12:23	Short Hurdles Final - Under 16 Men
10:17	Clear Hurdles	12:25	Short Hurdles Final - Under 18 Women
10:22	150m Timed Finals - Under 10 Girls	12:27	Short Hurdles Final - Under 18 Men
10:24	150m Timed Finals - Under 12 Girls	12:29	Clear Hurdles
10:26	150m Timed Finals - Under 10 + Under 12 Boys	12:35	200m Final - Under 16 Women
10:28	200m Timed Finals - Under 14 Girls	12:37	200m Final - Under 16 Men
10:31	200m Timed Finals - Under 14 Boys	12:39	200m Final - Under 18 + Under 20 Women
10:33	200m Heats - Under 16 Women	12:41	200m Final - Under 18 Men
10:35	200m Heats - Under 16 Men	12:43	200m Final - Under 20 Men
10:37	200m Heats - Under 18 + Under 20 Women	12:45	200m Final - Masters Men
10:39	200m Heats - Under 18 Men	12:47	600m Timed Finals - Under 10 Girls
10:41	200m Heats - Under 20 Men	12:50	600m Timed Finals - Under 12 Girls
10:43	200m Heats - Masters Men	12:53	600m Timed Finals - Under 10 + Under 12 Boys
10:45	Hurdle Set Up	12:56	800m Timed Finals - Under 14 Girls
10:50	Break	1:04	800m Timed Finals - Under 14 Boys
		1:08	800m Timed Finals - Under 16 and Up Women
		1:11	800m Timed Finals - Under 16 and Up Men
		End of Track for the Day	

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Final Field Event Schedule

Sunday, May 4, 2025

Event Start Time	Warm-up Start Time	Field Events - Triple Jump	Event Start Time	Warm-up Start Time	Field Events - Shotput
9:20	9:00	U16+ Women - Triple Jump - Pit One	9:20	9:00	U10 + U12 Boys - Shotput #1
10:20	10:00	U16+ Men - Triple Jump - Pit One	9:20	9:00	U14 Girls - Shotput #2
			11:20	11:05	U10 Girls - Shotput #2
			11:05	10:45	U12 Girls - Shotput #1
			Break		
			12:35	12:15	U16+ Men - Shotput #1
			12:35	12:15	U14 Boys - Shotput #2
			2:20	2:00	U16+ Women - Shotput #2

Event Start Time	Warm-up Start Time	Field Events - High Jump	Event Start Time	Warm-up Start Time	Field Events - Hammer
9:20	9:00	U14 Boys - High Jump	9:20	9:00	U14+ Men- Hammer Throw
10:20	10:00	U16+ Women - High Jump	Break		
Break			12:55	12:35	U14+ Women - Hammer Throw
1:20	1:00	U14 Girls - High Jump			
2:40	2:20	U16+ Men- High Jump			