

NIPISSING INVITATIONAL TRACK AND FIELD MEET

TRACK A.M.			
TIME		EVENT	ROUND
9:00 AM	#15	Women 300M Hurdles Novice	Finals
9:00 AM	#47	Women 300M Hurdles Junior	Finals
9:00 AM	#79	Women 400M Hurdles Senior	Finals
9:15 AM	#16	Men 300M Hurdles Novice	Finals
9:15 AM	#48	Men 300M Hurdles Junior	Finals
9:15 AM	#80	Men 400M Hurdles Senior	Finals
9:45 AM	#97	Women 2000M Steeplechase Open	Finals
10:00 AM	#98	Men 2000M Steeplechase Open	Finals
TIME		EVENT	ROUND
10:25 AM	#2	Men 100M Novice	Heats
10:25 AM	#34	Men 100M Junior	Heats
10:25 AM	#66	Men 100M Senior	Heats
10:55 AM	#1	Women 100M Novice	Heats
10:55 AM	#33	Women 100M Junior	Heats
10:55 AM	#65	Women 100M Senior	Heats
TIME		EVENT	ROUND
11:25 AM	#13	Women 80M Hurdles Novice	Finals
11:25 AM	#45	Women 80M Hurdles Junior	Finals
11:25 AM	#77	Women 100M Hurdles Senior	Finals
11:55 AM	#14	Men 100M Hurdles Novice	Finals
11:55 AM	#46	Men 110M Hurdles Junior	Finals
11:55 AM	#78	Men 110M Hurdles Senior	Finals
TRACK P.M.			
TIME		EVENT	ROUND
12:45 PM	#9	Women 1500M Novice	Finals
12:45 PM	#41	Women 1500M Junior	Finals
12:45 PM	#73	Women 1500M Senior	Finals
1:10 PM	#10	Men 1500M Novice	Finals
1:10 PM	#42	Men 1500M Junior	Finals
1:10 PM	#74	Men 1500M Senior	Finals
1:30 PM	#5	Women 400M Novice	Finals
1:30 PM	#37	Women 400M Junior	Finals
1:30 PM	#69	Women 400M Senior	Finals
2:00 PM	#6	Men 400M Novice	Finals
2:00 PM	#38	Men 400M Junior	Finals
2:00 PM	#70	Men 400M Senior	Finals

TRACK P.M.			
TIME		EVENT	ROUND
2:30 PM	#1	Women 100M Novice	Finals
2:30 PM	#33	Women 100M Junior	Finals
2:30 PM	#65	Women 100M Senior	Finals
2:45 PM	#2	Men 100M Novice	Finals
2:45 PM	#34	Men 100M Junior	Finals
2:45 PM	#66	Men 100M Senior	Finals
3:00 PM	#11	Women 3000M Novice	Finals
3:00 PM	#43	Women 3000M Junior	Finals
3:00 PM	#75	Women 3000M Senior	Finals
3:30 PM	#12	Men 3000M Novice	Finals
3:30 PM	#44	Men 3000M Junior	Finals
3:30 PM	#76	Men 3000M Senior	Finals
4:15 PM	#3	Women 200M Novice	Finals
4:15 PM	#35	Women 200M Junior	Finals
4:15 PM	#67	Women 200M Senior	Finals
4:45 PM	#4	Men 200M Novice	Finals
4:45 PM	#36	Men 200M Junior	Finals
4:45 PM	#68	Men 200M Senior	Finals
5:15 PM	#7	Women 800M Novice	Finals
5:15 PM	#39	Women 800M Junior	Finals
5:15 PM	#71	Women 800M Senior	Finals
5:35 PM	#8	Men 800M Novice	Finals
5:35 PM	#40	Men 800M Junior	Finals
5:35 PM	#72	Men 800M Senior	Finals