



ROYAL CITY TWILIGHT #1

OPEN TO ALL AGES

DATE OF COMPETITION: SUNDAY MAY 25TH 2025

FACILITY: Alumni Stadium located on the campus of the University of Guelph. The Stadium has hosted many International, National, and Provincial competitions. Several Canadian records have been achieved on the track and in the field at Alumni Stadium, so it is a terrific facility for this level of competition. The facility has an eight lane track, 2 jump pits, PV runway, and a high jump pit. There is also the ability to change directions based on wind if necessary. We will make the decision on direction a minimum of 1 hour in advance of the competition.

LOCATION: Alumni Stadium, 26 Powerhouse lane, Guelph, Ontario N1G 2W1
<https://www.uoguelph.ca/maps/locations/alumni-stadium>

ENTRY FEE: \$30.00 For all entries via Trackie registration link
<https://www.trackie.com/event/RCACnitro1>

ENTRY DEADLINE: Wednesday May 21st , 2025 at 11:00am Eastern Time

ELIGIBILITY: Must be registered with Athletics Canada or a National Governing Body. WA & WPA Sanctioned competition. More info on sanctioning is [HERE](#)

FINAL SCHEDULE: Final schedule will be released to entrants and public approximately 3 days in advance of the meeting. If there are insufficient entries, events will be removed from the schedule. Events cancelled will have entries refunded.

CHECK-IN: Check in at the desk at least 15 minutes prior to race. Field events 30 minutes before start time.

CONTACT: All inquiries are to be directed towards meet director, Paul Galas (royalcityathletics@gmail.com) with more information on website: www.royalcityathleticsclub.org

Royal City Twilight Meet #1 Events
To be confirmed 3 days prior
Men & Women for both events
Pole Vault
100m
400m
600m
1000m
5000m
110mH / 100mH

Schedule of Events:

***To be confirmed 3 days prior to meet day**

****Sections will be run fast to slow**

FIELD EVENTS

Pole Vault – 5:30pm

TRACK EVENTS

5:30pm	100mH Heats
5:45pm	110mH Heats
5:55pm	100m Heats M+W
6:15pm	400m Timed Final M+W
6:30pm	1,000m M+W
6:50pm	100mH Finals
7:00pm	110mH Finals
7:10pm	100m Finals M+W
7:20pm	600m Timed Final M+W
7:45pm	5,000m M+W

LIVE RESULTS:

Live results will be found on www.speedrivertiming.ca

Overview of facilities

