

Edmonton Columbians Spring Challenge

Tentative Track Schedule

Sunday, May 4, 2025

Time AM	Track Event	Time PM	Track Event
10:00	Short Hurdles Heats - Under 16 Women	12:15	400m Hurdles Timed Finals - Under 18 and Up Women
10:02	Short Hurdles Heats - Under 16 Men	12:18	400m Hurdles Timed Finals - Under 18 and Up Men
10:04	Short Hurdles Heats - Under 18 Women	12:21	Short Hurdles Final - Under 16 Women
10:06	Short Hurdles Heats - Under 18 Men	12:23	Short Hurdles Final - Under 16 Men
10:08	Short Hurdles Heats - Under 20 Women	12:25	Short Hurdles Final - Under 18 Women
10:10	Short Hurdles Heats - Under 20 Men	12:27	Short Hurdles Final - Under 18 Men
10:12	Short Hurdles Heats - Senior Women	12:29	Short Hurdles Final - Under 20 Women
10:14	Short Hurdles Heats - Senior Men	12:31	Short Hurdles Final - Under 20 Men
10:16	Clear Hurdles	12:33	Short Hurdles Final - Senior Women
10:25	150m Timed Finals - Under 10 Girls	12:35	Short Hurdles Final - Senior Men
10:27	150m Timed Finals - Under 10 Boys	12:37	Clear Hurdles
10:29	150m Timed Finals - Under 12 Girls	12:50	200m Final - Under 16 Women
10:32	150m Timed Finals - Under 12 Boys	12:52	200m Final - Under 16 Men
10:35	200m Timed Finals - Under 14 Girls	12:54	200m Final - Under 18 Women
10:38	200m Timed Finals - Under 14 Boys	12:56	200m Final - Under 18 Men
10:41	200m Heats - Under 16 Women	12:58	200m Final - Under 20 Women
10:47	200m Heats - Under 16 Men	1:00	200m Final - Under 20 Men
10:50	200m Heats - Under 18 Women	1:02	200m Final - Senior Women
10:53	200m Heats - Under 18 Men	1:04	200m Final - Senior Men
10:56	200m Heats - Under 20 Women	1:06	200m Final - Masters Women
10:59	200m Heats - Under 20 Men	1:08	200m Final - Masters Men
11:01	200m Heats - Senior Women	1:10	600m Timed Finals - Under 10 Girls
11:03	200m Heats - Senior Men	1:14	600m Timed Finals - Under 10 Boys
11:05	200m Heats - Masters Women	1:18	600m Timed Finals - Under 12 Girls
11:07	200m Heats - Masters Men	1:22	600m Timed Finals - Under 12 Boys
11:10	Hurdle Set Up	1:26	800m Timed Finals - Under 14 Girls
11:30	Lunch	1:30	800m Timed Finals - Under 14 Boys
		1:34	800m Timed Finals - Under 16 and Up Women
		1:38	800m Timed Finals - Under 16 and Up Men
			End of Track for the Day

Event Start Time	Warm-up Start Time	Field Events - Triple Jump
9:20	9:00	U16+ Women - Triple Jump - Pit One
10:20	10:00	U16+ Men - Triple Jump - Pit One

Event Start Time	Warm-up Start Time	Field Events - Shotput
9:40	9:00	U12 Boys - Shotput #1
9:40	9:00	U14 Girls - Shotput #2
10:50	10:35	U10 Boys - Shotput #2
11:20	11:05	U10 Girls - Shotput #2
11:05	10:45	U12 Girls - Shotput #1
Break		
12:35	12:15	U16+ Men - Shotput #1
12:35	12:15	U14 Boys - Shotput #2
2:20	2:00	U16+ Women - Shotput #1

Event Start Time	Warm-up Start Time	Field Events - High Jump
9:20	9:00	U14 Boys - High Jump
10:20	10:00	U16+ Women - High Jump
Break		
12:25	12:15	U14 Girls - High Jump
2:20	2:00	U16+ Men- High Jump

Event Start Time	Warm-up Start Time	Field Events - Hammer
9:20	9:00	U14+ Men- Hammer Throw
10:50	10:30	U14+ Women - Hammer Throw