Edmonton Columbians Spring Challenge															
	Tentative Tra														
Saturday,	May 3, 2025	-		_			_			 			_		
Time AM	Track Event	Time PM	Track Event	Event Start Time	Warm- up Start Time	Field Events - Long Jump	Event Start Time	Star		Event Start Time	Warm- up Start Time	Field Events - Pole Vault	Event Start Time	Warm up Start Time	Field Events - Javelin
9:00	60m Timed Finals - Under 10 Girls	12:30	400m Timed Finals - Under 16 Women	9:40	9:15	U10 Girls - Long Jump - Pit One	9:5	5 9:	30 U14 Girls - Discus	10:55	10:30	U16+ Men and Womens - Pole Vault	12:55	12:3	0 U16+ Women - Javelin
9:03	60m Timed Finals - Under 10 Boys	12:32	400m Timed Finals - Under 16 Men	9:55	9:30	U10 Boys - Long Jump - Pit Two	10:5	5 10:	30 U16+ Women - Discus				2:10	1:4	5 U16+ Men- Javelin
9:06	80m Timed Finals - Under 12 Girls	12:34	400m Timed Finals - Under 18 Women	10:25	10:00	U12 Girls - Long Jump - Pit One			Break						
9:09	80m Timed Finals - Under 12 Boys	12:36	400m Timed Finals - Under 18 Men	10:40	10:15	U12 Boys - Long Jump - Pit Two	12:5	5 12:	30 U16+ Men - Discus						
9:12	100m Timed Finals - Under 14 Girls	12:38	400m Timed Finals - Under 20 Women	11:25	11:00	U14 Boys - Long Jump - Pit One	1:5	5 1:	30 U14 Boys - Discus						
9:15	100m Timed Finals - Under 14 Boys	12:40	400m Timed Finals - Under 20 Men	11:40	11:15	U16 Womens - Long Jump - Pit Two									
9:18	100m Heats - Under 16 Women	12:42	400m Timed Finals - Senior Women			Break									
9:23	100m Heats - Under 16 Men	12:44	400m Timed Finals - Senior Men	1:25	1:00	U16 Mens- Long Jump - Pit Two									
9:27	100m Heats - Under 18 Women	12:46	400m Timed Finals - Masters Women	1:40	1:15	U14 Girls- Long Jump - Pit One									
9:30	100m Heats - Under 18 Men	12:48	400m Timed Finals - Masters Men	2:40	2:15	Open Womens - Long Jump - Pit One									
9:33	100m Heats - Under 20 Women	12:50	300m Timed Finals - Under 10 Girls	2:40	2:15	Open Mens- Long Jump - Pit Two									
9:36	100m Heats - Under 20 Men	12:52	300m Timed Finals - Under 10 Boys												
9:39	100m Heats - Senior Women	12:54	300m Timed Finals - Under 12 Girls												
9:41	100m Heats - Senior Men	12:57	300m Timed Finals - Under 12 Boys												
9:43	100m Heats - Masters Women	1:00	300m Timed Finals - Under 14 Girls												
9:45	100m Heats - Masters Men	1:03	300m Timed Finals - Under 14 Boys												
9:46	1500m RW - All Men and Women	1:06	100m Final - Under 16 Women												
10:01	1500m Timed Finals - Under 16 Women	1:08	100m Final - Under 16 Men												
10:11	1500m Timed Finals - Under 16 Men	1:10	100m Final - Under 18 Women												
10:21	1500m Timed Finals - Under 18 Women	1:12	100m Final - Under 18 Men												
10:31	1500m Timed Finals - Under 18 Men	1:14	100m Final - Under 20 Women												
10:41	1500m Timed Finals - Under 20 Women	1:16	100m Final - Under 20 Men												
10:51	1500m Timed Finals - Under 20 Men	1:18	100m Final - Senior Women												
11:01	1500m Timed Finals - Senior Women	1:20	100m Final - Senior Men												
11:11	1500m Timed Finals - Senior Men	1:22	100m Final - Masters Women												
11:21	1500m Timed Finals - Masters Women	1:24	100m Final - Masters Men												
11:31	1500m Timed Finals - Masters Men														
11:41	Lunch		End of Track for the Day												