



PHOTO & VIDEO CONSENT FORM

We are seeking your consent to take and use photographs and/or video recordings in which you may appear. These materials may be used for promotional, educational, or informational purposes in print, online, or on social media platforms associated with our organization.

I, the undersigned, hereby grant permission to:

East Region Judo to photograph and/or video record me and to use the resulting images and recordings for the following purposes:

- Promotional and marketing materials (print and digital)
- Social media posts
- Website content
- Public presentations or exhibitions
- News media or press releases

I understand that:

- My image and/or voice may be used without compensation.
- The media may be edited, copied, exhibited, or distributed for the purposes stated above.
- This consent is voluntary and I can withdraw it at any time in writing to [contact email or address], though materials already published cannot be recalled.