

Annapolis/Digby District Track & Field Meet -2025

Day 1 -Tuesday, May 13th

Track Events:

4:15-5:00 Hurdles
5:15-6:00 400m
6:15-7:15 3000m
7:30-Finish 4x100 relay

Field Events:

Time	Triple Jump	High Jump	Javelin	Discus
4:00-4:40	JB	IG	SG	SB
4:40-5:20	IB		SB	IG
5:20-6:00	SB	SG	JB	SG
6:10-6:50	JG		IG	IB
6:50-7:30	IG + SG	JG	IB	JG Shot
7:30-Finish			JG	JB Shot

*****Note:** Discus officials/crew will move to Shot Put after the IB Discus

Day 2 - Wednesday, May 14th

Track events:

4:00-4:45 100m semi-finals (JG, JB, IG, IB, SG, SB)
4:45-5:00 800m (groups will be combined based on numbers)
5:00-5:45 200m (timed finals)
5:45-6:30 1500m (groups will be combined based on numbers)
6:30-7:15 100m finals
7:15-Finish 4x400 relay

Field Event:

Time	Long Jump	Shot Put	High Jump	Discus
4:00-4:40	SB	SG	IB	
4:40-5:20	JB			JG
5:20-6:00	IB		JB	JB
6:10-7:10	JG	IG		
7:10-Finish	IG/SG	IB/SB	SB	

*****Note:** Shot Put officials/crew will move to Discus for the Juniors and then return back to the Shot Put for the IG and IB/SB

Special Notes:

- Thursday, May 15th will be used as a makeup day if we need to cancel due to weather
- Cost will stay the same: \$10 per athlete or \$120 per team (payable to BRCS)
- Supported Athletes Meet will be Wednesday, May 14th (more info to come)
- Remember an athlete may be entered in a maximum of 6 events including relays and each school is allowed 4 entries per event in each category (I know we have allowed 5 for the juniors in the past, but I think we need to stick to 4) and up to two relays in the 4x100 and 4x400
- Duties/Officials -most assignments will stay the same as last year (more info to come)
- As you have probably already heard, Bridgetown will also be hosting the Regional and Provincial meets