

REGIONAL QUALIFIERS RACE NOTICE

Date: Monday May 5th (Day 1) and Friday May 9th, 2025 (Day 2)

Location: Town Centre Park, 1299 Pinetree Way Coquitlam BC

Registration: Available in Trackie Reg. This is a qualifying meet for High Schools in SD43 and High Schools in SD42.

Please direct questions about registration to Richard Cooper rcooper@sd43.bc.ca

Event limits: Athletes may register in 3 events and 2 relays.

Athletes may run up an age group in a relay but then cannot run in the same event in their own age category.

Fees: TBD. Invoices will be sent to schools.

Supervision of athletes: Athletes must be accompanied to the meet by their school coach

Race bibs: Coaches can pick up an envelope with race bibs at the finish line. Race bibs must be worn on the front during competition.

Event check-in: Field events should warm up and check in at the event 30 min before the scheduled start time. Track events will be marshaled at the start of the event.

Field events: Competitors will get a maximum of 3 throws and 3 jumps.

Schedule of Events: The scheduled times are estimates only. The meet may run faster or slower. Events can run ahead by up to 30 minutes.

Girls High Jump: Starting height = 1.20m; increase by 5cm. Warm-ups start at 3:30

Boys High Jump: Starting height = 1.40m; increase by 5cm. Warm-ups start at 5:00 (or when the high jump finishes)