



Central West Regional Judo Training

Hosted by: Mississauga Judo Club / Shin Bu Kan



Join us for an exclusive regional training session designed for Central West Judo athletes! This is a great opportunity to train with fellow Judokas in a high-energy environment.

Session Details:



Date: Friday, May 2nd, 2025



Time: 7:45 PM – 9:45 PM



Location: Mississauga Judo Club / Shin Bu Kan
2359 Royal Windsor Drive, Unit 11, Mississauga, Ontario

Free for all members in Central!

Who Can Attend?



Youth (14+) through Veterans



Green Belts and up



Judo Ontario Members Only

Limited Spots Available!



Registration is limited to **40 participants** to ensure quality training.



This regional training will count towards the participation criteria for the **Canadian Open Nationals**.

Don't miss this chance to refine your skills and train with passionate Judokas from the region!

For additional information please contact admin@mississaugajudo.com

Register Now on Trackie!

Mississauga Judo Club/Shin Bu Kan