



TWILIGHT MEET #1
APRIL 24th, 2025
SCHEDULE

BIRTH YEAR	AGE	AGE GROUP	GENDERS	ABBREVIATION
2016	9 years	U10	Girls + Boys	G/B
2015	10 years	U12	Girls + Boys	G/B
2014	11 years	U12	Girls + Boys	G/B
2013	12 years	U14	Girls + Boys	G/B
2012	13 years	U14	Girls + Boys	G/B
2011-2010	14-15 years	U16	Women + Men	W/M
2009-2008	16-17 years	U18	Women + Men	W/M
2007-2004	18-19 years	U20	Women + Men	W/M
2005 -1991	20-34 years	Senior	Women + Men	W/M
1990-	35+	Masters	Women + Men	W/M

TRACK EVENTS:

TIME	EVENT	COMMENT	AGE GROUP(S)
5:00pm	800m	Timed Finals	U14 G/B, U16,U18, U20, Senior, Masters W/M
5:20pm	1000m	Timed Finals	2016 - 2014 G/B
5:30pm	110m Hurdles	Timed Finals	U18 - Senior M
5:35pm	100m Hurdles	Timed Finals	U16 M, U18 - Senior W
5:45pm	80m Hurdles	Timed Finals	U16 W
5:50pm	80m Hurdles	Timed Finals	2012 - 2013 G/B
6:10pm	60m Hurdles	Timed Finals	2016 - 2014 G/B
6:15pm	1200m	Timed Finals	2013 – 2012 G/B - U16 W/M
6:25pm	1500m	Timed Finals	U18 – Masters W/M
6:35pm	100m	Timed Finals	ALL
7:05pm	300m	Timed Finals	2013 -2012 G/B - U16 W/M
7:20pm	600m	Timed Finals	2016 – 2014 G/B
7:30pm	400m	Timed Finals	U18 – Masters W/M

Track events run youngest to oldest, girls/women and then boys/men (except Hurdles)

FIELD EVENTS:

TIME	HIGH JUMP	*DISCUS	LONG JUMP	*JAVELIN
4:30pm	JD – 2016-2012		U16 and up	
5:00pm				2015 and up
5:30pm			JD – 2016-2012	
6:30pm	U16 and up	2015 and up		

*throws events will be a rolling schedule. When the javelin competition is finished, Discus will begin.

