



Battle of the Border High School Track Meet April 26, 2025 Hillside Stadium, Kamloops, BC



FINAL TRACK SCHEDULE – as of April 21, 2025

NOTE 1: All events are timed finals. Age groups may be combined at the discretion of officials. **It will be a 'rolling schedule': as soon as one event is completed, the next one will begin in the order shown below.**

Saturday, April 26 Track

<p>1. 400mH Sr Girls/Boys (5 athletes) 9:00 am (30/36)</p> <p>2. 300mH Jr Boys (8 athletes) 9:05 am (33)</p> <p>3. 300mH Jr Girls (8 athletes) 9:10 am (30)</p> <p>4. 200mH Gr. 8 Girls/Boys (6 athletes) 9:15 am (30)</p> <p>5. 100m 8 Girls (2 sects) 9:20 am</p> <p>6. 100m 8 Boys (3 sects) 9:30 am</p> <p>7. 100m Jr Girls (3 sects) 9:45 am</p> <p>8. 100m Jr Boys (3 sects) 10:00 am</p> <p>9. 100m Sr Girls (3 sects) 10:15 am</p> <p>10. 100m Sr Boys (4 sects) 10:25 am</p> <p>11. 1500m 8 Girls (14 athletes) 10:45 am</p> <p>12. 1500m 8 Boys (8 athletes) 10:55 am</p> <p>13. 1500m Jr Girls (5 athletes) 11:00 am</p> <p>14. 1500m Jr Boys (18 athletes – 2 sect) 11:07 am</p> <p>15. 1500m Sr Girls (8 athletes) 11:17 am</p> <p>16. 1500m Sr Boys (21 athletes – 2 sect) 11:22 am</p> <p>17. *4 x 100m 8/Jr Girls 11:37 am</p> <p>18. *4 x 100m 8/Jr Boys 11:47 am</p> <p>19. *4 x 100m Sr. Girls 11:57 am</p> <p>20. *4 x 100m Sr. Boys 12:07 pm</p> <p>*(relay start times determined by numbers of teams)</p> <p>21. 110mH Sr Boys (5 athletes) (36) 12:17 pm</p> <p>22. 100mH Jr Boys (8 athletes) (33) 12:27 pm</p> <p>23. 100mH Sr Girls (7 athletes) (33) 12:37 pm</p> <p>24. 100mH Gr 8 Boys (5 athletes) (33) 12:47 pm</p> <p>25. 80mH Jr Girls (7 athletes) (30) 12:57 pm</p> <p>26. 80mH Gr 8 Girls (3 athletes) (30) 1:02 pm</p>	<p>27. 800m 8 Girls (15 athletes) 1:10 pm</p> <p>28. 800m 8 Boys (8 athletes) 1:20 pm</p> <p>29. 800m Jr Girls (7 athletes) 1:28 pm</p> <p>30. 800m Jr Boys (10 athletes) 1:36 pm</p> <p>31. 800m Sr Girls (8 athletes) 1:43 pm</p> <p>32. 800m Sr Boys (2 sect - 21 athletes) 1:48 pm</p> <p>33. 200m Gr 8 Girls (2 sects) 1:56 pm</p> <p>34. 200m Gr 8 Boys (2 sects) 2:04 pm</p> <p>35. 200m Jr Girls (3 sects) 2:12 pm</p> <p>36. 200m Jr Boys (3 sects) 2:24 pm</p> <p>37. 200m Sr. Girls (2 sects) 2:36 pm</p> <p>38. 200m Sr. Boys (3 sects) 2:44 pm</p> <p>39. 4x400m (all ages) 3:15 pm</p> <p style="color: red;">This event aims to allow athletes to compete in a 400m race.</p> <p>*(Number of relays determined by the number of teams)</p> <p>* Schools are welcomed and encouraged to form unattached relay teams for faster relay squads.</p> <p>Steeplechase – there will be four races – 2 Female and 2 Male</p> <p>40. 1500m SC Jr Girls (30" – 10 athletes) 3:30 pm</p> <p>41. 1500m SC Jr Boys (30" – 14 athletes) 3:40 pm</p> <p>42. 2000m SC Sr. Girls (30" – 4 athletes) 3:50 pm</p> <p>43. 2000m SC Sr. Boys (33" – 9 athletes) 4:00 pm</p>
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BATTLE OF BC IMPLEMENT AND HURDLE SPECS

	HURDLES	SHOT PUT	DISCUS	JAVELIN	HAMMER
Gr 8 Girls	80m – 30" (0.762m)	3 kg	1 kg	500 g	3 kg
Jr Girls	80m – 30" (0.762m)	3 kg	1 kg	500 g	3 kg
Sr Girls	100m – 33" (0.838m)	4 kg	1 kg	600 g	4 kg
Gr 8 Boys	100m – 33" (0.838m)	4 kg	1 kg	600 g	4 kg
Jr Boys	100m – 36" (0.914m)	5 kg	1.5 kg	700 g	5 kg
Sr Boys	110m – 36" (0.914)	6 kg	1.75 kg	800 g	6 kg

Visit www.kamtrack.ca for full results

Hurdle Specifications

BOYS	Distance	Height	# Hurdles	S>1st H	H<>H	H>F
Grade 8	100m	33" (0.84m)	10	13.0m	8.50m	10.50m
Junior	100m	36" (0.914m)	10	13.0m	8.50m	10.50m
Senior	110m	36" (0.914m)	10	13.72m	9.14m	14.02m
Grade 8	200m	30" (0.762m)	5	20.0m	35.0m	40.0m
Junior	300m	33" (0.84m)	7	50.0m	35.0m	40.0m
Senior	400m	36" (0.914m)	10	45.0m	35.0m	40.0m

GIRLS	Distance	Height	# Hurdles	S>1st H	H<>H	H>F
Grade 8	80m	30" (0.762m)	8	12.0m	8.0m	12.0m
Junior	80m	30" (0.762m)	8	12.0m	8.0m	12.0m
Senior	100m	33" (0.84m)	10	13.0m	8.50m	10.50m
Grade 8	200m	30" (0.762m)	5	20.0m	35.0m	40.0m
Junior	300m	30" (0.762m)	7	50.0m	35.0m	40.0m
Senior	400m	30" (0.762m)	10	45.0m	35.0m	40.0m

Steeplechase

	Distance	Height	#Barriers	# Water Jumps	Total
Junior Girls/Boys	1500m	30" (0.762m)	12	3	15
Senior Girls	2000m	30" (0.762m)	18	5	23
Senior Boys	2000m	33" ((0.838m)	18	5	23

Suggested hurdle order (competition planning):

- Senior Boys 110m @ 36" (0.914m)
 - Junior Boys 100m @ 36" (0.914m)
 - Senior Girls 100m @ 33" (0.840m)
 - Grade 8 Boys 100m @ 33" (0.840m)
 - Junior Girls 80m @ 30" (0.762m)
 - Grade 8 Girls 80m @ 30" (0.762m)