**DISTRICT C OUTDOOR CRYSTAL TAYLOR MEMORIAL TRACK AND FIELD MEET SCHEDULE**

**NOTE: ZONE CHAIRMEN MUST BE IN ATTENDANCE BY 7:30AM SET UP AND READY TO GO.**

If there are eight or fewer in the hurdles or sprint events then event will be run as a final at the heat time.

All track athletes should be ready for events to run ahead of time.

**Opening Ceremony 9:45am Host Colour Party - District-C Commander & Officers.**

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|  | **TRACK SCHEDULE** | **AGES** |  |  | **FIELD SCHEDULE** | **AGES** |
|  |  |  |  |  |  |  |
| 10:00 | 3000m Finals | M U18, F U18 |  | 10:00 | Shot Put (3kg) | F U14, F U16 |
|  | 2000m Finals | M U16, F U16 |  |  | High Jump | M U14, M U16 |
|  |  |  |  |  | Long Jump | F U18 |
| 10:15 | 80m Hurdles – Heats.762 (30”) | F U16 |  |  | Discus Throw (1.5kg) | M U18 |
|  | 100m Hurdles – Heats .762 (30”) | F U18 |  |  | Triple Jump | F U14 |
|  | 100m Hurdles – Heats .838 (33”) | M U16 |  |  |  |  |
|  | 110m Hurdles – Heats .914 (36”) | M U18 |  | 10:15 | Javelin Throw (600g) | M U14, M U16 |
|  |  |  |  |  | Pole Vault (if facilities) | F U18, M U18 |
| 10:45 | 1500m Steeplechase (no water) | F U16, M U16 |  |  |  |  |
|  | 2000m Steeplechase | F U18, M U18 |  | 10:45 | High Jump | F U14, F U16 |
|  | 3000m Race-walk (if entries) | F U18, M U18 |  |  | Discus Throw (1kg) | F U18 |
|  | 1500m Race-walk | F U16, M U16 |  |  | Triple Jump | M U18 |
|  |  |  |  |  | Long Jump | M U16 |
|  |  |  |  |  |  |  |
| 11:00 | 80m Hurdles – Finals .762 (30”) | F U16 |  | 11:00 | Javelin Throw (700g) | M U18 |
|  | 100m Hurdles – Finals .762 (30”) | F U18 |  |  |  |  |
|  | 100m Hurdles – Finals .838 (33”) | M U16 |  | 11:20 | Discus Throw (1kg) | M U14, M U16 |
|  | 110m Hurdles – Finals .914 (36”) | M U18 |  |  | Triple Jump | F U16 |
|  |  |  |  |  | Shot Put (3 kg) | FU 18 |
| 11:20 | 100m Heats | F U14,F U16, F U18 |  |  | Long Jump | M U14 |
|  | 100m Heats | M U14,M U16, M U18 |  |  |  |  |
|  |  |  |  | 13:00 | Long Jump | F U 14 F U16 |
| 11:50 | 300m – Timed Finals | F U14,M U14,F U16,M U16 |  |  | Shot Put (4kg) | M U14, M U16 |
|  | 400m – Timed Finals | F 18, M U18 |  |  | Discus Throw (1kg\_ | F U14, F U16 |
|  |  |  |  |  | Javelin Throw (500g) | F U18 |
| 12:15 | 200m - Heats | F U14, M U14 |  |  | High Jump | M U18 |
|  | 200m – Heats | F U16, M U16 |  |  | Triple Jump | F U18 |
|  | 200m – Heats | F U18, M U18 |  |  |  |  |
|  |  |  |  | 14:00 | High Jump | F U18 |
| 12:45 | 80m - Heats (During track break) | FU12, MU12 |  |  |  |  |
|  | Track Break 12:45 – 13:30 |  |  |  | Shot Put (5kg) | M U18 |
| 13:15 | 80m Finals (During track break) |  |  |  | Triple Jump | M 14 |
| 13:30 | 800m – Timed Finals | F U14, M U14 |  |  |  |  |
|  | 800m – Timed Finals | F U16, M U16 |  | 14:40 | Javelin Throw (500g) | F U14, F U16 |
|  | 800m – Timed Finals | F U18, M U18 |  |  | Triple Jump | M U16 |
|  |  |  |  |  | Long Jump | M U18 |
| 14:00 | 100m - Finals | F U14, M U14 |  |  |  |  |
|  | 100m - Finals | F U16, M U16 |  | 15:30 | Hammer Throw (3kg) | F U16, F U18 |
|  | 100m - Finals | F U18, M U18 |  |  | Hammer Throw (4kg) | M U16 |
|  |  |  |  |  | Hammer Throw (5kg) | M U18 |
| 14:40 | 200m Hurdles – Finals .762 (30”) | F U16, M U16 |  |  |  |  |
|  | 400m Hurdles – Finals .762 (30”) | F U18 |  |  |  |  |
|  | 400m Hurdles – Finals .838 (33”) | M U18 |  |  |  |  |
|  |  |  |  |  |  |  |
| 15:00 | 200m - Finals | F U14, M U14 |  |  |  |  |
|  | 200m – Finals | F U16, M U16 |  |  |  |  |
|  | 200m – Finals | F U18, M U18 |  |  |  |  |
|  |  |  |  |  |  |  |
| 15:30 | 1200m – Timed Finals | F U14,M U14,F U16, M U16 |  |  |  |  |
|  | 1500m – Timed Finals | F U18, M U18 |  |  |  |  |