

SSNS Pictou-Cumberland District Track & Field Meet Schedule

Friday May 9th, 2025

Track Events (with approximate times)

| | | | |
|---------|---------------------------|---------|-----------------------------|
| 9:30am | 80m hurdles | Finals | JG(30"), JB (30"), IG (30") |
| 10:05am | 100m hurdles | Finals | IB (33"), SG (30") |
| 10:45am | 110m hurdles | Finals | SB (36") |
| 11:15am | 400m | Finals | JG, JB, IG, IB, SG, SB |
| 12:00am | 100m Supported Athletes | Finals | SAJG, SAJB, SASG, SASB |
| 12:30pm | Track Break for Officials | | |
| 12:50pm | 100m | Prelims | JG, JB, IG, IB, SG, SB |
| 2:45pm | 1500m ⁽³⁾ | Finals | JB, JG, IG, IB, SG, SB |
| 4:00pm | 100m | Finals | JG, JB, IG, IB, SG, SB |

Field Events

| | <u>9:30</u> | <u>10:45</u> | <u>12:00</u> | <u>1:15</u> | <u>2:30</u> | <u>3:45</u> |
|--------------------------|-------------|--------------|--------------|-------------|-------------|-------------|
| Long Jump ⁽²⁾ | IB & SAB | SAG | JB | | SB | |
| High Jump | JG | | IG | | SG | |
| Triple Jump | IG | | SG | | JG | |
| Shot Put ⁽⁴⁾ | JB & SAG | SAB | SB | | IB | |
| Discus | SG | | JG | | IG | |
| Javelin ⁽¹⁾ | | SB | | IB | | JB |

NOTES

- (1) Javelin throw will take place on the regular runway.
- (2) Supported Athlete Long jump will take place in the South end sand pits.
- (3) Age classes may be combined depending on registration numbers.
- (4) Supported Athletes (SAB and SAG) will throw shot with the listed grade group.

Supported Athletes Schedule is as follows:

- Event 1 (Shot Put girls & Long Jump boys @ 9:30am)
- Event 2 (Long Jump girls & Shot Put boys @ 10:45am)
- Event 3 (100m boys & girls @ 12:00pm)

SSNS Pictou-Cumberland District Track & Field Meet Schedule

Saturday May 10th, 2025

Track Events (with approximate times)

| | | | |
|---------|---------------------------|---------|------------------------------|
| 9:30am | 200 m | Prelims | JG, JB, IG, IB, Para, SG, SB |
| 10:45am | 800 m | Finals | JG, JB, IG, IB, Para, SG, SB |
| 12:00pm | 4x100 Relay | Finals | JG, JB, IG, IB, SG, SB |
| 1:30pm | Track Break for Officials | | |
| 1:50pm | 200 m | Finals | JG, JB, IG, IB, SG, SB |
| 2:50pm | 3000 m ⁽³⁾ | Finals | JG, JB, IG, IB, SG, SB |
| 4:00pm | 4x400 m ⁽³⁾ | Finals | JG, JB, IG, IB, SG, SB |

Field Events

| | <u>9:30</u> | <u>10:45</u> | <u>12:00</u> | <u>1:15</u> | <u>2:30</u> | <u>3:45</u> |
|------------------------|-------------------|--------------|--------------|-------------|-------------|-------------|
| Long Jump | IG | | JG | | SG | |
| High Jump | SB | | JB | | IB | |
| Triple Jump | JB | | IB | | SB | |
| Shot Put | JG ⁽¹⁾ | | SG | | IG | |
| Discus | IB | | SB | | JB | |
| Javelin ⁽²⁾ | | SG | | IG | | JG |

NOTES

(1) Para Athletes Male & Female will compete in this event along with the listed JG.

(2) The javelin will take place from the regular runway.

(3) Age classes may be combined depending on registration numbers.