

SSNS Pictou-Cumberland District Track & Field Meet Schedule

Friday May 9th, 2025

Track Events (with approximate times)

9:30am	80m hurdles	Finals	JG(30"), JB (30"), IG (30")
10:05am	100m hurdles	Finals	IB (33"), SG (30")
10:45am	110m hurdles	Finals	SB (36")
11:15am	400m	Finals	JG, JB, IG, IB, SG, SB
12:00am	100m Supported Athletes	Finals	SAJG, SAJB, SASG, SASB
12:30pm	Track Break for Officials		
12:50pm	100m	Prelims	JG, JB, IG, IB, SG, SB
2:45pm	1500m ⁽³⁾	Finals	JB, JG, IG, IB, SG, SB
4:00pm	100m	Finals	JG, JB, IG, IB, SG, SB

Field Events

	<u>9:30</u>	<u>10:45</u>	<u>12:00</u>	<u>1:15</u>	<u>2:30</u>	<u>3:45</u>
Long Jump ⁽²⁾	IB & SAB	SAG	JB		SB	
High Jump	JG		IG		SG	
Triple Jump	IG		SG		JG	
Shot Put ⁽⁴⁾	JB & SAG	SAB	SB		IB	
Discus	SG		JG		IG	
Javelin ⁽¹⁾		SB		IB		JB

NOTES

- (1) Javelin throw will take place on the regular runway.
- (2) Supported Athlete Long jump will take place in the South end sand pits.
- (3) Age classes may be combined depending on registration numbers.
- (4) Supported Athletes (SAB and SAG) will throw shot with the listed grade group.

Supported Athletes Schedule is as follows:

- Event 1 (Shot Put girls & Long Jump boys @ 9:30am)
- Event 2 (Long Jump girls & Shot Put boys @ 10:45am)
- Event 3 (100m boys & girls @ 12:00pm)

SSNS Pictou-Cumberland District Track & Field Meet Schedule

Saturday May 10th, 2025

Track Events (with approximate times)

9:30am	200 m	Prelims	JG, JB, IG, IB, Para, SG, SB
10:45am	800 m	Finals	JG, JB, IG, IB, Para, SG, SB
12:00pm	4x100 Relay	Finals	JG, JB, IG, IB, SG, SB
1:30pm	Track Break for Officials		
1:50pm	200 m	Finals	JG, JB, IG, IB, SG, SB
2:50pm	3000 m ⁽³⁾	Finals	JG, JB, IG, IB, SG, SB
4:00pm	4x400 m ⁽³⁾	Finals	JG, JB, IG, IB, SG, SB

Field Events

	<u>9:30</u>	<u>10:45</u>	<u>12:00</u>	<u>1:15</u>	<u>2:30</u>	<u>3:45</u>
Long Jump	IG		JG		SG	
High Jump	SB		JB		IB	
Triple Jump	JB		IB		SB	
Shot Put	JG ⁽¹⁾		SG		IG	
Discus	IB		SB		JB	
Javelin ⁽²⁾		SG		IG		JG

NOTES

(1) Para Athletes Male & Female will compete in this event along with the listed JG.

(2) The javelin will take place from the regular runway.

(3) Age classes may be combined depending on registration numbers.