RJT Update April 10

The University has cancelled our practice on Saturday April 19.

There are two practices remaining in our 2nd Run Jump Throw season. These will be April 22 & 26. They will be at the regular times but will move to the outdoor stadium that is located behind the CEPS.

The 3rd RJT session will begin in June. Because of the number of weekend competitions, for the instructors, the RJT practices will be on Tuesday & Thursday.

They will be 5:00 - 6:00 pm. The first day wll be either June 3 or 10. The full schedule will be posted by May 10th.