

## 2025 Bob Dailey Event Schedule

Saturday, April 26			
Time	Track	Time	Field
9:30AM	<b>Race Walk Track</b> - 800m (7min) - 1500m (11min)  Single heat only. All walk race distances go off at the same time.		
10:00AM	<b>400mH</b> - 1 heat est. (5min)  Hurdles in lanes 5-8 ONLY. - BC High School hurdle ages/heights for athletes aged 14+ - Boys 17-18 (36") - Girls 17-18 (30")	10:00AM	<b>Horizontal Jumps</b> - Long Jump (U10/U12/U14 Girls, two pits) - U10/U12 South Pit - U14 North Pit  <b>Throws</b> - Shot Put (U10/U12/U14 Boys)
10:05AM	<b>1,200m</b> - 2 heats (Male, Female), 15min total - Max heat size of 20 athletes		
10:25AM	<b>300mH</b> - 2 heats est. (10min total)  Hurdles in lanes 5-8 ONLY. - BC High School hurdle ages/heights for athletes aged 14+ - Boys 15-16 (33") - Girls 15-16 (30")		
10:35AM	<b>1,500m</b> - 2 heats (Male, Female), (20min total) - Max heat size of 20 athletes		
10:55AM	<b>200mH</b> - 2 heats est., (10min total)  Hurdles in lanes 5-8 ONLY. <b>Competition Hurdles</b> - Boys 14 (30") - Girls 14 (30")	11:00AM	<b>Horizontal Jumps</b> - Long Jump (U10/U12/U14 Boys, two pits) - U10/U12 South Pit - U14 North Pit  <b>Throws</b> - Shot Put (U10/U12/U14 Girls)
11:05AM	<b>1,000m</b> - 2 heats (Male, Female), (15min total)		
11:20AM	<b>200mH (JD)</b> - 2 heats est., 10min total  Hurdles in lane 5-8 ONLY. <b>Scissor Hurdles</b> - 13yr olds (27") - 12yr olds (24")		
11:30AM	<b>Track Officials Break</b>  Minimum 30min break in Track events schedule.		
12:00PM	<b>2 x 100m Relay (Exhibition)</b> - 30min total	12:00PM	<b>Throws</b> - Shot Put (U16/U18/U20/Seniors/Masters, Men & Women combined)  - Discus (U10/U12/U14 Boys)
12:30PM	<b>2,000mSC (Exhibition)</b> - 1heat, 15min  Male & Female combined. 30" barriers only. Water Jump. Open to athletes aged U16 and above.  - Total Barriers (20), 4 Water, 16 Regular - Start line is near Javelin runway.	1:00PM	<b>Horizontal Jumps</b> - Long Jump (U16/U18/U20/Senior/Masters, Men & Women combined) - North Pit - Triple Jump (U14(13)/U16/U18/U20/Senior/Masters, Men & Women combined) - South Pit  <b>Throws</b> - Discus (U10/U12/U14 Girls)
12:45PM	<b>U-Steeple Too (Exhibition)</b> - 2 heats (U10/U12, U14), 15min total - Approximate Distance - 500m - Barrier Heights - 18" (scissor hurdles) - Total number of barriers - 8 - Number of times through water feature - 2 - See event description and map in Meet Package	2:00PM	<b>Throws</b> - Discus (U16/U18/U20/Seniors/Masters, Men & Women combined)
1:00PM	<b>60m</b> - 4 heats est., 15min total - U10, U12	3:00PM	<b>Throws</b> - Hammer Throw (all ages U14+, Male & Female) - Hammer Camp
1:15PM	<b>200m</b> - 9 heats est., 4min/heat (40min total)		

## 2025 Bob Dailey Event Schedule

Sunday, April 27

Sunday, April 27			
Time	Track & Trail	Time	Field
9:00AM	<b>110mH, 100mH, 80mH, 60mH</b> - 10 heats est., 5min/heat, 50min total	9:00AM	<b>Vertical Jumps</b> - High Jump (U10/U12/U14 Girls,)
			<b>Throws</b> - Javelin (U16/U18/U20/Seniors/Masters, Men & Women combined)
9:50AM	<b>3,000m</b> - 1 heat, 15min total  Combined event. Max heat size of 20. U14 age and older.		
10:05AM	<b>800m/600m</b> - 8 heats est., 45min total		
10:50AM	<b>100m</b> - 15 heats est., 60min total	11:00AM	<b>Vertical Jumps</b> - High Jump (U10/U12/U14 Boys)
			<b>Throws</b> - Javelin (U10/U12/U14 Girls)
11:50AM	<b>Track Officials Break</b>  Minimum 30min break in Track events schedule.		
12:20PM	<b>400m/300m</b> - 6 heats est., 30min total	1:00PM	<b>Vertical Jumps</b> - High Jump (U16/U18/U20/Senior/ Masters, Men & Women combined)
			<b>Throws</b> - Javelin (U10/U12/U14 Boys)

## Schedule/Event Notes

Event Area	Details
<b>Track Events</b>	
- General	<p>Schedule designed to reduce burden on Officials and volunteers, both for running events and for set-up and take-down.</p> <p>We should be finished early Sunday afternoon to give people more time to get home.</p>
- Race Walk	<p>Single race only. All walkers (gender, age, distance) start at the same time.</p> <p>Distances will be 800m &amp; 1500m</p>
- Long Hurdles & Saturday Middle Distance Events	<p>Alternating hurdles events and middle distance events on track to reduce movement of Starter's podium. (400mH - 1,200m, 300mH - 1,500m, 200mH - 1,000m)</p> <p>Hurdles events will use lanes 5-8 only (4 lane track), allowing space for Middle Distance events to run between hurdle races.</p> <p>Reduces Starter's Podium movement.</p> <p>Next Hurdles distance set while Middle Distance races run; reducing natural delay with traditional hurdles schedule.</p>
- 2 x 100m Relay (Exhibition)	<p>Fun event requiring less officiating coverage (only need to monitor a single exchange zone).</p> <p>Will fill more lanes (double lanes used for the same number of athletes) making it feel more competitive.</p> <p>Easier to put a team of 2 together than a team of 4. Will allow more athletes to participate.</p>
- 2,000mSC (Exhibition)	<p>Combined event; all ages U16+. 30" barriers, with water jump, male/female combined.</p> <ul style="list-style-type: none"> <li>- Total Barriers (20), 4 Water, 16 Regular</li> <li>- Start location at Javelin runway.</li> </ul>
- U-Steeple Too (Exhibition)	<p>Steeple concept for kids (U10, U12, U14). About 500m total distance.</p> <ul style="list-style-type: none"> <li>- 2 "lap" race</li> <li>- Athletes start at 100m finish line running clockwise (reverse to all other track events).</li> <li>- Athletes run over 2 x 18" scissor hurdles on the way to the water feature.</li> <li>- Athletes enter the water feature running down the incline into the water before rounding a buoy and running back up out of the water.</li> <li>- Athletes run back towards the finish line where they run around the cones to start lap 2.</li> <li>- 4 barriers cleared per lap for a total of 8.</li> </ul>
<b>Field Events</b>	
- General	<p>Field events schedule is designed to reduce the amount of time each club needs to spend supporting their specific VIAA designated event area.</p> <ul style="list-style-type: none"> <li>- No club will have more than 3 sessions to cover during the weekend.</li> <li>- Clubs only need to provide coverage for a single day. (eg. All horizontal jumps on Saturday only.)</li> </ul>
- Long Jump/Triple Jump	<p>Horizontal jump pits will be designated NORTH PIT and SOUTH PIT. Check schedule. The SOUTH PIT is closest to Roger Street.</p>
- Hammer Camp	<p>Athletes and coaches are welcome to spend time with each other after the competition to share knowledge, experiment and continue throwing.</p>