



**Saturday May 3, 2025
TREVOR CRAVEN MEMORIAL MEET
SWANGARD STADIUM
TRACK EVENTS
TENTATIVE SCHEDULE**

(Watch for Updates on NorWesters web site after midnight Wed. April 31)

TIME	EVENT	AGE GROUP
9.00am	5000m 3000m	Snr M, Snr W, U20 W and M Masters W and M, U18 W and M, (3000m and 5000m are run together)
	2000m	U16 W and M, 2012 girls and boys
10.15am	60m Heats	2014, 2015, 2016 girls and boys
10.45am	200m Finals	Masters, Snr, U20, U18, U16, 12, 13, 14 girls and boys
12.30pm	800m Finals	Masters, Snr, U20, U18, U16 W and M, 12, 13 boys/girls
	600m Finals	2014 to 2016 girls and boys
12.30pm	Fun Five for Track Rascals	2017, 2018, 2019 boys and girls
1.30pm	400m Hurdles	Masters Men 35 to 49 (36".91m), Snr M (36".91m) U20 M (36".91m) 50-59M (33" .84) U18M (30" .84m), Masters Women 35-49 (30" .76m) Snr W (30".76m), U20W (30" .76m) U18 W (30" .76m)
2.00pm	300m Hurdles	Women 50-59 (30" .76m), Men 60-69(30" .76m) U16 G/B (30" .76m), W60-69(27" .68m), M70-79(27".68m), 70+W(27" .68m), 80+M (27".68), 12 G&B (27" .68) 13 G&B (24" .68)
2.30pm	200m Hurdles	2014, 2015, 2016 girls and boys
3.00pm	60m Finals	2013-2016 girls and boys combined
3.15pm	800m Racewalk	Masters, U16, 12 girls and boys
3.30pm	1500m Racewalk	Snr, U20, U18 Men and Women
3.45pm	3000m/5000m Racewalk	

FIELD EVENTS

TIME	TRIPLE JUMP	HIGH JUMP	DISCUS	SHOT PUT	JAVELIN
9:00	2012G	2016 G 2015G	2014/15 G	2014 G	2012B
10:00	Snr/Mstr W Snr/Mstr M	2013B	U16B	2013 G	U20/U18 Snr W
11:00	2012B	U20/U18 Snr M	U16 G	2015/16 G	U16 B Mstr M
12:00	U20/U18 Men	2014 G	2012/13 G	2015/16 B	2013B
1:00	U16 Boys	2014 B	2012 B	2012G	U16G Mstr W
2:00	U16 Girls	2015 B	2013 B	2012B	2014B
3:00	U20/U18 W	U16B Mstr M	2014/15 B	U20/U18 Men	2012 G

Abbreviations: Boys (B) Girls (G) Men (M) Women (W) Masters (Mstr)



**Sunday May 4, 2025
TREVOR CRAVEN MEMORIAL MEET
SWANGARD STADIUM
TRACK EVENTS
TENTATIVE SCHEDULE**

(Watch for updates on Nor Westers web site after midnight Wed. April 31)

TIME	EVENT	AGE GROUP
9am	1500m	Masters, Snr, U20 W and M,
	1500m	High School Trevor Craven Memorial Race boys/girls
	1200m	U18, U16 men and women
	1000m	2012 and 2013 boys/girls
10.30am	110m Hurdles	2014 to 2016 girls / boys
11.00am	100m Hurdles	Snr M (1.06m/9.14), U20 M (.99m/9.14m), 35-49M (.99m/9.1), U18 M (.91m/9.14m), Men 50-59 (.91m/8.5m), 35-39W (.84m/8.5) Snr W (.84m/8.5m) U20 W (.84m/8.5), U16 M (.84m/8.5m)
11.30am	80m Hurdles	Men 60-69 (.84m/8m), U18 W (.76m/8.5)
12.00am	80m hurdles	Women 40-49 (.76m/8m) U16 G(.76m/8m), 2012B (30"/8m) 2012G (30"/7.5m) W50-59 (30"/7m), M70-79(30"/7m), 60+W, 80+M(27"/7m), 2013G/B (27"/7m)
	60m Hurdles	2014, 2015G/B(24"/6.5m), 2016 G/B (21"/6.5m)
1.00pm	100m Heats	Masters, Snr, U20, U18, U16, 2012 to 2016 girls & boys.
1.30pm	400m Finals	Masters, Snr, U20, U18.
	300m Finals	U16 W and M, 2012, 2013 girls & boys
2.45pm	100m Finals	Masters, Snr, U20, U18, U16 to 2016 girls & boys
3.45pm	1500m Steeplechase	U16G (.76), U16 B, (.76) (No water jump)
4.00pm	2000m Steeplechase	Masters Women 35+ (.76), U18 W (.76), Masters Men 60+ (.76), U18 M (.84)
4.00pm	3000m Steeplechase	Snr W (.76), U20 W (.76), Masters M (35-59) (.91), Snr M (.91), U20 M(.91)

FIELD EVENTS

TIME	LONG JUMP		HGH JUMP	SHOT PUT	JAVELIN
9:00	2012 G	2015 B	U18/U20/Snr W	2013 B	2013 G
10:00	U16/Mstr W	2016 B	2012 B	2014 B	2014/15 G
11:00	2016G	U16/Mstr M	2016 B	U18/U20/Snr W	U20/U18 Snr M
12:00	2014/15G	U20/U18 Snr M	U16 Mstr W	U16 B Mstr M	Mstr W
1:00	U20/U18/ Snr W	12/13B	2013 G	U16 G Mstr W	Mstr M
2:00	2013 G	2014B	2012G	U16/ Mstr W	2015B

Abbreviations: Boys (B) Girls (G) Men (M) Women (W) Masters (Mstr)