

**2025 Jesse Bent Invitational Track and Field Meet  
& Canada Summer Games (CSG) Trials**  
**Hosted by the Coquitlam Cheetahs Sanctioned by BC Athletics**

**LOCATION:** PERCY PERRY STADIUM (In Town Center Park)  
1290 PIPELINE ROAD  
COQUITLAM, B.C.

**WHEN:** May 31st and June 1st, 2025

**FACILITY:** Percy Perry Track is an IAAF compliant competition track surfaced with Mondo SX  
Maximum spike length - 5mm for the track, 7mm for long/triple jump, 9mm for javelin and pole vault.

**AGES:** Born 2016 through 2012 (Junior Development Categories), U16, Canada Summer Games (CSG) (YOB 2009-2002) and Open (age 24 and up) categories. U18 and U20 events for hurdles and throwing events will be offered when hurdle heights or throwing implement weights are different from the CSG sections.

**We do not offer Masters specific events. Masters must compete in Open category using implement weights, hurdle heights and distances applicable to the Open category.**

**ENTRY FEE:** \$10.00 per athlete per individual event for JDs (2016-2012)  
\$15.00 per athlete per individual event for U16, U18, U20, CSG and Open.  
An additional \$3.00 per athlete for Non-BC Athletic member for "Day of Event Fees".

**DEADLINE:** MONDAY May 26, 2025, 11:59pm

**No late entries or day of race entries will be accepted.**

**ENTRIES:** All entries at <https://trackie.com/event/2025JesseBent>

**AWARDS:** Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>. Double ribbons for 4th to 8th place. Awards can be picked up 30 minutes after the results are posted. Jesse Bent Memorial Trophy will be awarded for the U18 Men's 200m race. The Densile Mensah Long Jump Trophy will be awarded to an outstanding long jumper in the U20 section.

**MEET DIRECTOR:** Nick Ayin [nicholasayin0@gmail.com](mailto:nicholasayin0@gmail.com)

**MEET MANAGER:** Tara Self [tself@hotmail.ca](mailto:tself@hotmail.ca)

**MEDICAL**

First Aid/Medical on-site. Eagle Ridge Hospital (5 minutes away)

**NUMBER PICK UP**

Will be available for pick up after 7:30 am at the Meet Office (shed in the southeast corner of stadium).

**EVENT TIMES**

All times are approximate. Events will not be moved more than ten (10) minutes ahead of schedule.

**EQUIPMENT**

The Coquitlam Cheetahs will provide throwing implements for those not bringing personal implements.

**MEET RESULTS**

Compiled Meet Results will be sent to B.C. Athletics to be placed on their website at [www.bcathletics.org](http://www.bcathletics.org).

**MARSHALLING**

All track athletes will marshal at the south end of the track by age groups.  
All field events will marshal at their event location.

**COMPETITOR'S NUMBERS**

Each athlete will be issued a competitor's number, to be worn on the FRONT. Competitor numbers will be included in the registration package.

**JURY OF APPEAL**

A Jury of Appeal consisting of three (3)-qualified persons will be available to deal with any protest arising during the meet. The decision of the Jury will be final.

**RULE BOOK**

WA rules with BC Athletics Junior Development variations.

**SIMULTANEOUS EVENTS**

Track events will not be delayed. In the event of a conflict between field and track, every attempt will be made to allow the athlete to compete. The athlete must notify the Officials at marshaling time of this conflict.

**TRACK EVENTS****ORDER OF TRACK EVENTS**

Races will be run in this order: CSG, Open to U16, 2012 - 2016 with the exception of hurdles, which will follow Distance, Heights and Spacing. Women will start each age group.

## **SEEDING**

Athletes will be seeded for timed finals according to performance recorded on entry forms. **All track entries for Canada Games Trials section will require performances which appear on the Athletics Canada Rankings between March 1, 2024, and June 1, 2025. Entries on trackie.reg will only accept performance which are on the rankings.**

## **STARTING BLOCKS**

For 100M, 200M, 300M, 400M and all hurdles, starting blocks are required will be provided for all athletes U16 and older. No blocks will be allowed for athletes born in years 2012 to 2016.

## **GROUPINGS**

Some age groups may be combined to race together in longer distance races but will be scored separately.

## **QUALIFYING FOR FINALS**

Unless heats are indicated on the schedule, all track events will be timed finals. If eight (8) or fewer athletes are entered in a heat event, then the race will be run as a final at the time of the scheduled heat. If 100m heats are required, the eight fastest competitors will determine the finalists. If still tied, the athlete from the heat with the fastest winning time will qualify.

Canada Summer Games Trials laned events will follow standard WA Qualification rules. (Ex. 2 heats – first 3 finishers and next 2 fastest times qualify for final)

## **FIELD EVENTS**

### **ATTEMPTS**

For horizontal jumps, athletes 13 years and under will receive three (3) attempts. U16, CSG, and Open sections will receive three (3) attempts with the top 8 competitors receiving an additional three (3) attempts.

### **HIGH JUMP - STARTING HEIGHTS**

Age Category	Women	Men
9 years	80 cm	85 cm
10 years	90 cm	95 cm
11 years	100 cm	105 cm
12 years	105 cm	110 cm
13 years	115 cm	120 cm
U16	125 cm	135 cm
Open	140 cm	155 cm
CSG	130 cm	145 cm

**THROWS**

Athletes 13 years and under will receive three (3) throws.

U16, U18 and older will receive three throws with the top 8 competitors receiving an additional three (3) throws.

**IMPLEMENT WEIGHT**

As per WA, Athletic Canada and BC Athletic rules, the Coquitlam Cheetahs Track and Field Club will supply some implements.

Personal implements must be weighed in each day and left with the Officials until one half-hour before competition begins. Any personal implement weighed in becomes the property of the event and can be used by any athlete taking part in that event.