

2025 MTA INDOOR TRACK & FIELD CHAMPIONSHIPS

FINAL SCHEDULE

April 5-6, 2025

SATURDAY APRIL 5, 2025

(Rolling Schedule: Each event will start after the previous event)

Morning Track Session					CHECK IN
9:15 am	1200 m	Timed Final	Tyke [1 Heat]	Girls	9:00 am
9:25 am	1200 m	Timed Final	Tyke [1 Heat]	Boys	9:10 am
9:35 am	1500 m	Timed Final	Atom [3 Heats]	Girls	9:20 am
9:55 am	1500 m	Timed Final	Atom [2 Heats]	Boys	9:40 am
10:10 am	1500 m	Timed Final	Senior [2 Heats] w/ Intermediate + Youth integrated by seed	Girls	9:55 am
10:25 am	1500 m	Timed Final	Senior [2 Heats]	Boys	10:10 am
10:40 am	1500 m	Timed Final	Intermediate + Youth [1 Heat Combined]	Boys	10:25 am
10:55 am	60 m	Timed Final	Peewee [1 Heat]	Girls	10:40 am
11:00 am	60 m	Timed Final	Peewee [2 Heats] THIS IS THE FINAL	Boys	10:45 am
11:05 am	60 m	Heats	Mite [3 Heats]	Girls	10:50 am
11:10 am	60 m	Heats	Mite [2 Heats]	Boys	10:55 am
11:15 am	60 m	Heats	Tyke [4 Heats]	Girls	11:00 am
11:25 am	60 m	Heats	Tyke [4 Heats]	Boys	11:10 am
11:35 am	60 m	Heats	Atom [6 Heats] *A/B FINAL*	Girls	11:20 am
11:50 am	60 m	Heats	Atom [4 Heats]	Boys	11:35 am
12:05 pm	60 m	Heats	Senior [8 Heats] *A/B FINAL*	Girls	11:50 am
12:25 pm	60 m	Heats	Senior [3 Heats]	Boys	12:10 pm
12:35 pm	60 m	Heats	Intermediate [4 Heats]	Girls	12:20 pm
12:50 pm	60 m	Heats	Intermediate [2 Heats]	Boys	12:35 pm
12:55 pm	60 m	Heats	Youth [2 Heats]	Girls	12:40 pm
1:00 pm	60 m	Heats	Youth [3 Heats]	Boys	12:45 pm
LUNCH BREAK (Approx 1:00-1:45 pm)					
Afternoon Track Session					CHECK IN
1:45 pm	400 m	Timed Final	Mite [2 Heats]	Girls	1:30 pm
1:50 pm	400 m	Timed Final	Mite [2 Heats]	Boys	1:35 pm
1:55 pm	400 m	Timed Final	Tyke [4 Heats]	Girls	1:40 pm
2:10 pm	400 m	Timed Final	Tyke [3 Heats]	Boys	1:55 pm
2:20 pm	400 m	Timed Final	Atom [8 Heats]	Girls	2:05 pm
2:40 pm	400 m	Timed Final	Atom [4 Heats]	Boys	2:25 pm
2:50 pm	400 m	Timed Final	Senior [9 Heats]	Girls	2:35 pm
3:15 pm	400 m	Timed Final	Senior [4 Heats]	Boys	3:00 pm
3:20 pm	400 m	Timed Final	Intermediate [5 Heats]	Girls	3:05 pm
3:35 pm	400 m	Timed Final	Intermediate [3 Heats]	Boys	3:20 pm
3:45 pm	400 m	Timed Final	Youth [2 Heats]	Girls	3:30 pm
3:50 pm	400 m	Timed Final	Youth [1 Heat]	Boys	3:35 pm
4:00 pm	60 m	Finals	Mite [1 Heat]	Girls	3:45 pm
	60 m	Finals	Mite [1 Heat]	Boys	3:45 pm
	60 m	Finals	Tyke [1 Heat]	Girls	3:45 pm
4:10 pm	60 m	Finals	Tyke [1 Heat]	Boys	3:55 pm
	60 m	Finals	Atom [2 Heats] *A/B FINAL*	Girls	3:55 pm
	60 m	Finals	Atom [1 Heat]	Boys	3:55 pm
4:20 pm	60 m	Finals	Senior [2 Heats] *A/B FINAL*	Girls	4:05 pm
	60 m	Finals	Senior [1 Heat]	Boys	4:05 pm
	60 m	Finals	Intermediate [1 Heat]	Girls	4:05 pm
4:30 pm	60 m	Finals	Intermediate [1 Heat]	Boys	4:15 pm
	60 m	Finals	Youth [1 Heat]	Girls	4:15 pm
	60 m	Finals	Youth [1 Heat]	Boys	4:15 pm
4:00 pm*	800 m Racewalk	Timed Final	ALL CATEGORIES COMBINED [1 Heat] THIS WILL BE HELD DURING THE 60 M FINALS	All Girls and Boys COMBINED	3:45 pm
4:45 pm	Sprint Medley Relay	Timed Final	Tyke Girls [2] + Tyke Boys [2] = 1 Heat Atom Girls [4] = 1 Heat Atom Boys [3] = 1 Heat		4:25 pm
5:10 pm	Sprint Medley Relay	Timed Final	Senior Girls [5] = 1 Heat Senior Boys [3] + Intermediate Boys [2] = 1 Heat Intermediate Girls [3] + Youth Girls [1] = 1 Heat		4:50 pm

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SATURDAY APRIL 5, 2025

(Rolling Schedule: Each event will start after the previous event)

Field Events				
Time	High Jump	Horizontal Jumps Pit 1	Horizontal Jumps Pit 2	Shot Put
9:00 am			Warm-ups open	Warm-ups open
9:30 am	Warm-ups open	Warm-ups open	Peewee Girls [4] + Peewee Boys [8] Long Jump	Mite Girls [5] + Tyke Girls [4]
10:00 am	Tyke Boys Atom Boys [4] + Senior Boys [5] + Intermediate Boys [2] Youth Boys [0]	Mite Boys Long Jump [16]	Mite Girls Long Jump [14]	Atom Girls [9]
10:30 am				Senior Girls [3] + Intermediate Girls [3] + Youth Girls [2]
11:00 am				
11:30 am				
12:00 pm		Tyke Boys Long Jump [9]	Tyke Girls Long Jump [16]	
12:30 pm				
1:00 pm				
1:30 pm	Tyke Girls [2] + Atom Girls [3]	Atom Boys Long Jump [8]	Atom Boys Long Jump [11]	
2:00 pm		FLIGHT 1	FLIGHT 2	
2:30 pm				
3:00 pm	Senior Girls [12] + Intermediate Girls [2] + Youth Girls [1]	Senior Boys Long Jump [12]	Intermediate Boys [5] + Youth Boys [2] Long Jump	
3:30 pm				
4:00 pm				

2025 MTA INDOOR TRACK & FIELD CHAMPIONSHIPS

Final Schedule

April 5-6, 2025

SUNDAY APRIL 6, 2025

(Rolling Schedule: Each event will start after the previous event)

Morning Track Session					CHECK IN
9:00 am	2000 m	Timed Final	Senior [1 Heat]	Girls	8:45 am
9:15 am	2000 m	Timed Final	Senior [1 Heat]	Boys	9:00 am
9:30 am	3000 m	Timed Final	Intermediate + Youth [1 Heat Combined]	Girls + Boys	9:15 am
9:50 am	200 m	Timed Final	Mite [4 Heats]	Girls	9:30 am
10:00 am	200 m	Timed Final	Mite [3 Heats]	Boys	9:40 am
10:10 am	200 m	Timed Final	Tyke [6 Heats]	Girls	9:50 am
10:25 am	200 m	Timed Final	Tyke [7 Heats]	Boys	10:05 am
10:45 am	200 m	Timed Final	Atom [13 Heats]	Girls	10:25 am
11:10 am	200 m	Timed Final	Atom [8 Heats]	Boys	10:50 am
11:25 am	200 m	Timed Final	Senior [18 Heats]	Girls	11:05 am
12:05 pm	200 m	Timed Final	Senior [8 Heats]	Boys	11:45 am
12:25 pm	200 m	Timed Final	Intermediate [11 Heats]	Girls	12:05 pm
12:50 pm	200 m	Timed Final	Intermediate [6 Heats]	Boys	12:30 pm
1:05 pm	200 m	Timed Final	Youth [5 Heats]	Girls	12:45 pm
1:20 pm	200 m	Timed Final	Youth [4 Heats]	Boys	1:00 pm
LUNCH BREAK (Approx 1:30-2:15 pm)					
Afternoon Track Session					
2:15 pm	60 m Hurdles	Timed Final	Mite [1 Heat]	Girls	2:00 pm
2:20 pm	60 m Hurdles	Timed Final	Mite [2 Heats]	Boys	2:05 pm
2:30 pm	60 m Hurdles	Timed Final	Tyke [1 Heat]	Girls	2:15 pm
2:35 pm	60 m Hurdles	Timed Final	Tyke [1 Heat]	Boys	2:20 pm
2:45 pm	60 m Hurdles	Timed Final	Atom [2 Heats]	Girls	2:30 pm
2:50 pm	60 m Hurdles	Timed Final	Atom [2 Heats]	Boys	2:35 pm
3:00 pm	60 m Hurdles	Timed Final	Senior [2 Heats]	Girls	2:45 pm
3:05 pm	60 m Hurdles	Timed Final	Senior [1 Heat]	Boys	2:50 pm
3:15 pm	60 m Hurdles	Timed Final	Intermediate + Youth [1 Heat Combined]	Girls	3:00 pm
3:20 pm	60 m Hurdles	Timed Final	Intermediate + Youth [1 Heat Combined]	Boys	3:05 pm
3:30 pm	800 m	Timed Final	Mite [1 Combined Heat]	Girls + Boys	3:15 pm
3:35 pm	800 m	Timed Final	Tyke [1 Heat]	Girls	3:20 pm
3:40 pm	800 m	Timed Final	Tyke [1 Heat]	Boys	3:25 pm
3:45 pm	800 m	Timed Final	Atom [3 Heats]	Girls	3:30 pm
4:00 pm	800 m	Timed Final	Atom [3 Heats]	Boys	3:45 pm
4:10 pm	800 m	Timed Final	Senior [4 Heats]	Girls	3:55 pm
4:25 pm	800 m	Timed Final	Senior [3 Heats]	Boys	4:10 pm
4:35 pm	800 m	Timed Final	Intermediate + Youth [1 Heat Combined]	Girls	4:20 pm
4:40 pm	800 m	Timed Final	Intermediate + Youth [1 Heat Combined]	Boys	4:25 pm
5:00 pm	4x 200 m Relay	Timed Final	Mite Girls [3] + Mite Boys [2] = 1 Heat Tyke Girls [3] = 1 Heat Tyke Boys [4] = 1 Heat Atom Girls [7] = 2 Heats Atom Boys [10] = 2 Heats = 7 HEATS		4:40 pm
5:30 pm	4x 200 m Relay	Timed Final	Senior Girls [11] = 3 Heats Senior Boys [4] = 1 Heat Intermediate Girls [6] + Youth Girls [2] = 2 Heats Intermediate Boys [3] + Youth Boys [2] = 1 Heat = 7 HEATS		5:10 pm

2025 MTA INDOOR TRACK & FIELD CHAMPIONSHIPS

FINAL SCHEDULE

April 5-6, 2025

SUNDAY APRIL 6, 2025

(Rolling Schedule: Each event will start after the previous event)

Field Events			
Time	Horizontal Jumps Pit 1	Horizontal Jumps Pit 2	Shot Put
9:00 am	Warm-ups open	Warm-ups open	Warm-ups open
9:30 am	Atom Girls Long Jump [13]	Atom Girls Long Jump [13]	Mite Boys [6]
10:00 am	FLIGHT 1	FLIGHT 2	
10:30 am			Tyke Boys [8]
11:00 am	Senior Girls Long Jump [11]	Senior Girls Long Jump [12]	
11:30 am	FLIGHT 1	FLIGHT 2	Atom Boys [11]
12:00 pm			
12:30 pm	Intermediate Girls [13] +	Atom Girls [7] +	Senior Boys [7] +
1:00 pm	Youth Girls [3]	Atom Boys [2]	Intermediate Boys [2]
1:30 pm	Long Jump	Triple Jump	Youth Boys [0]
2:00 pm			
2:30 pm	Senior Girls Triple Jump [10]	Senior Boys Triple Jump [6]	
3:00 pm			
3:30 pm		Intermediate Girls [3] +	
4:00 pm		Youth Girls [1] +	
		Intermediate Boys [3] +	
		Youth Boys [1]	
		Triple Jump	

Note: Schedule may still be advanced or delayed +/- 15 minutes as required. Events will start on a rolling basis following the previous event. Check in for field events directly at the event site at the conclusion of the previous event.