SATURDAY		TRACK		
9:00		80mH	100mH	110mH
9:30		1000m	1200m	1500m
10:30		100m heats		
11:30		300m Finals		
12:00		rascals 60m		JD awards
12:45		800m Finals		
1:30		1500m SC	2000m SC	3000m SC
2:15		100m Finals		
3:00				
3:45		4x100m relays		

SUNDAY		TRACK		
9:00		300mH	400mH	
9:45		2000m	3000m	Finals
10:45		60m Finals		
11:15		200m heats		
12:00		1500m RW		
12:45		400m Finals		
1:30		600m Finals		
2:15		200m Finals		
3:00		4x400m relays		

		male	female
Pentathlon: U16		100mH	80mH
	9:45	1200m	
			open LJ
		open LJ	U16 HJ
		U16 HJ	800m
		open SP	open SP

Combined Events:

Suggested event registrations ONLY

Not valid for rankings

		female
Heptathlon: U18/U2(		100mH
	9:45 U18/U20	HJ
		800m
	U18/20	SP
	U18/20	LJ
		200m
		open JT

		male
Octathlon: U18		110mH
	10:15	1500m
	11:00	100m
		open LJ
		open SP
		U18 HJ
		400m
		open JT

		male
Decathlon: U20		110mH
	10:15	1500m
	11:00	100m
		open LJ
		PV
		open SP
		U20 HJ
		open DT
		400m
		open JT

FIELD		9(U10)		10 (U12)		11 (U12)		12 (U14)		13 (U14)		14/15 (U16)		16/17 (U18)		18/19 (U20)		OPEN (20+)	
SATURDAY		2016		2015		2014		2013		2012		2011/2010		2009/2008		2007/2006		2005 + earlier	
		F	M	F	M	F	M	F	M	F	M	F	M	F	M			F	M
9:00								SP	LJ		LJ		TJ		HT		HT		HT
9:45											HT	TJ	HT	HJ		HJ			
10:30										HT		HT			SP		SP	LJ	
11:15			SP		SP		JT						LJ	HT		HT		HT	
12:00		SP		SP					JT	HJ		HJ			DT		DT		LJ
12:45							LJ				HJ		HJ	JT	TJ	JT	TJ		
1:30					JT	SP		LJ		LJ		POLE VAULT	POLE VAULT	POLE VAULT	POLE VAULT	POLE VAULT	POLE VAULT		
2:15														SP		SP			
3:00						LJ						DT						SP	SP
3:45																			
4:15																			

FIELD		9(U10)		10 (U12)		11 (U12)		12 (U14)		13 (U14)		14/15 (U16)		16/17 (U18)		18/19 (U20)		OPEN (20+)	
SUNDAY		2016		2015		2014		2013		2012		2011/2010		2009/2008		2007/2006		2005 + earlier	
		F	M	F	M	F	M	F	M	F	M	F	M	F	M			F	M
9:00		LJ		JT		JT		DT		DT		SP							
9:45									DT		DT		SP	LJ	HJ	LJ	HJ		
10:30								JT		JT		LJ		DT		DT			
11:15							SP		SP						JT		JT	DT	DT
12:00			LJ		LJ					SP	JT		DT	TJ		TJ			
12:45				LJ								JT							
1:30											SP		JT		LJ		LJ		
2:15																		JT	JT
3:00																			
3:45																			