

Coquitlam Classic Invitational Race Notice

When: Thursday, April 24th, 2025

Where: Town Centre, 1299 Pinetree Way, Coquitlam BC

Registration: will be available in Trackie Reg. This is an invitational meet for High Schools in SD43 and High Schools in SD42. If your school is interested in participating, please contact Richard Cooper at rcooper@sd43.bc.ca

Entry Deadline: Thursday, April 17th, 2025. There will be no entries accepted on the day of the meet.

Cost: \$7 / athlete. Cheques payable to Archbishop Carney, please have it prepared on the day of the Meet.

Things you need to know

1. Athletes must be accompanied by a school coach throughout the track meet.
2. Athletes must wear their school uniform to compete.
3. A school coach must pick up bibs, available at the timing tent at the start of the meet.
4. Bibs must be worn on the front during competition.
5. Track events should check in **30 min prior** to the event at the Marshalling area.
6. Field athletes should warm up and/or get their marks **30 min prior to event** at the event venue.
7. Blocks will be provided. It is not compulsory that athletes use them but are encouraged to use them.
8. Field events – participants in throws and jumps will get a maximum of 3 throws.
9. Please check with the schedule for weights of Javelin, Shot Put and Discus.
10. The scheduled times are estimates, **the meet can run ahead by up to 30 minutes.**
11. Athletes may register in **3 events and 2 relays only.**
12. Girls High Jump: Starting height = 1.00m; increase by 5cm. Warm-ups start at 3:30
13. Boys High Jump: Starting height = 1.300m; increase by 5cm. Warm-ups start at 5:15 (or when girls HJ finishes)

Coquitlam Classic Track and Field Meet

April 24th, 2025

Percy Perry Stadium, Town Centre, Coquitlam

Track Event Schedule

TIME	EVENT/CATEGORIES
3:30	Coaches Meeting
3:45	110 mH (36') Sr Boys 100 mH (36") JrB 100 mH (33") SrG, Gr8B 80 mH (30") Gr8G, JrG
4:15	60M Skills
4:30	4x100m Relay Timed Final Gr8B, Gr8G, JrB, JrG, SrB, SrG
5:30	3000 m Open Boys, Open Girls
6:15	200m Timed Final Gr8B, Gr8G, JrB, JrG, SrB, SrG
7:00	4X400M Gr8B, Gr8G, JrB, JrG, SrB, SrG

Field Event Schedule

Time	Long Jump	High Jump	Shot Put	Discus	Javelin
3:45	Sr Boys (Pit A) Sr Girls (Pit B)	Gr8/Jr/Sr Girls	Special O	Gr8/Jr/Sr Boys (1,1.5,1,75 kg)	Gr8/Jr/Sr Girls (500,500,600 kg)
5:00			Gr8/Jr/Sr Boys (3,4,4 kg)	Gr 8/Jr/Sr Girls (1 kg)	
5:30	Jr Boys (Pit A) Jr Girls (Pit B)	Gr8/Jr/Sr Boys	Gr8/Jr/Sr Girls (3,4,4 kg)		Gr8/Jr/Sr Boys (600,700,800 kg)
6:30	Grade 8 Boys (Pit A) Grade 8 Girls (Pit B)				

***Girls High Jump: Starting height = 1.00m; increase by 5cm. Warm-ups start at 3:15**

***Boys High Jump: Starting height = 1.300m; increase by 5cm. Warm-ups start at 5:00 (or when girls HJ finishes)**

Long jump and all throws will have 3 attempts