

SSNS Pictou-Cumberland District Track & Field Meet Schedule

Friday May 9th, 2025

Track Events (with approximate times)

9:30am	80m hurdles	Finals	JG(30"), JB (30"), IG (30")
10:05am	100m hurdles	Finals	IB (33"), SG (30")
10:45am	110m hurdles	Finals	SB (36")
11:15am	400m	Finals	JG, JB, IG, IB, SG, SB
12:00am	100m Supported Athletes	Finals	SAJG, SAJB, SASG, SASB
12:30pm	Track Break for Officials		
12:50pm	100m	Prelims	JG, JB, IG, IB, SG, SB
2:45pm	1500m ⁽³⁾	Finals	JB, JG, IG, IB, SG, SB
4:00pm	100m	Finals	JG, JB, IG, IB, SG, SB

Field Events

	<u>9:30</u>		<u>12:00</u>		<u>2:30</u>
Long Jump ⁽²⁾	SAJG/SG (9:15)	IB	SAJB/SB (10:30)	JB	SB
High Jump		JG		IG	SG
Triple Jump		IG		SG	JG
Shot Put ⁽²⁾	SAJB/SB (9:15)	JB	SAJG/SG (10:30)	SB	IB
Discus		SG		JG	IG
Javelin ⁽¹⁾		SB		IB	JB

NOTES

(1) Javelin throw will take place on the regular runway.

(2) Supported Athlete Long jump will take place in the South end sand pits. Shot put will take place in the second throws area near long jump pits.

(3) Age classes may be combined depending on registration numbers.

Supported Athletes Schedule is as follows:

Event 1 (Shot Put boys & Long Jump girls @ 9:15am)

Event 2 (Long Jump boys & Shot Put girls @ 10:30am)

Event 3 (100m boys & girls @ 12:00pm)

SSNS Pictou-Cumberland District Track & Field Meet Schedule

Saturday May 10th, 2025

Track Events (with approximate times)

9:30am	200 m	Prelims	JG, JB, IG, IB, Para, SG, SB
10:45am	800 m	Finals	JG, JB, IG, IB, Para, SG, SB
12:00pm	4x100 Relay	Finals	JG, JB, IG, IB, SG, SB
1:30pm	Track Break for Officials		
1:50pm	200 m	Finals	JG, JB, IG, IB, SG, SB
2:50pm	3000 m ⁽³⁾	Finals	JG, JB, IG, IB, SG, SB
4:00pm	4x400 m ⁽³⁾	Finals	JG, JB, IG, IB, SG, SB

Field Events

	<u>9:30</u>	<u>12:00</u>	<u>2:30</u>
Long Jump	IG	JG	SG
High Jump	SB	JB	IB
Triple Jump	JB	IB	SB
Shot Put	JG ⁽¹⁾	SG	IG
Discus	IB	SB	JB
Javelin ⁽²⁾	SG	IG	JG

NOTES

(1) Para Athletes Male & Female will compete in this event along with the listed JG.

(2) The javelin will take place from the regular runway.

(3) Age classes may be combined depending on registration numbers.