

LMISSTFA Track League Meet #2 @ UBC

Friday April 25th, 2025

ELECTRONIC TIMING* *Coaches will need to pre-register athletes via Trackie

Coaches Meeting 11:00am (Finish Line)

Track Event Schedule

Approximate Event Start Times

Sprint Hurdles B Event	11:15am	Gr. 11/12 Boys Gr. 9/10 Boys Gr. 11/12 Girls Gr. 8 Boys Gr. 9/10 Girls	110m @ 36" or 0.914m Blue Δ 100m @ 36" or 0.914m Yellow Δ 100m @ 33" or 0.838m Yellow Δ 100m @ 33" or 0.838m Yellow Δ 80m @ 30" or 0.762m Black
ΔΔΔ		Gr. 8 Girls	80m @ 30" or 0.762m Black
		ΔΔΔ	
800m A Event	12:10pm	Gr. 8 Girls Gr. 9/10 Girls Gr. 11/12 Girls	Gr. 8 Boys Gr. 9/10 Boys Gr. 11/12 Boys
100m A Event	1:00pm	Gr. 8 Girls Gr. 9/10 Girls Gr. 11/12 Girls	Gr. 8 Boys Gr. 9/10 Boys Gr. 11/12 Boys
Distance Hurdles B Event hurdles)	1:30pm	Gr. 11/12 Boys	200m @ 33" or 0.840m (10
hurdles) Green Δ		Gr. 11/12 Girls	200m @ 30" or 0.762m (10
hurdles)		Gr. 9/10 Boys	200m @ 33" or 0.840m (7
hurdles)		Gr. 9/10 Girls	200m @ 30" or 0.762m (7
hurdles)		Gr. 8 Girls	200m @ 30" or 0.762m (5
hurdles)		Gr. 8 Boys	200m @ 30" or 0.762m (5
4x100m A Event	2:00pm	Gr. 8 Girls Gr. 9/10 Girls Gr. 11/12 Girls	Gr. 8 Boys Gr. 9/10 Boys Gr. 11/12 Boys
4x400m A Event	2:30pm	Gr. 8 Girls Gr. 9/10 Girls Gr. 11/12 Girls	Gr. 8 Boys Gr. 9/10 Boys Gr. 11/12 Boys

Field Event Schedule

Discus A Event 11:15am-12:15pm	Gr. 8-10 Girls (3kg)	Triple Jump A Event 11:15am-12:30pm	Gr. 8-10 Boys
	12:15pm-1:15pm		12:30pm-1:30pm
	Gr. 11/12 Girls (4kg)		Gr. 11/12 Boys

Javelin A Event 11:15am-12:30pm Gr. 11/12 Girls (600g)
Gr. 11/12 Boys
12:30pm-1:15pm Gr. 8-10 Girls (500g)
10 Boys

High Jump A Event 11:15am-12:30pm
12:30pm-1:30pm Gr. 8-