

LMISSFTA Track League Meet #1 @ UBC

ELECTRONIC TIMING* *Coaches will need to pre-register athletes via Trackie

Wednesday April 16th, 2025

Coaches Meeting 11:00am (Finish Line)
First Event 11:15am

Track Event Schedule

Approximate Event Start Times

100m B Event	11:15am	Gr. 8 Girls Gr. 9/10 Girls Gr. 11/12 Girls	Gr. 8 Boys Gr. 9/10 Boys Gr. 11/12 Boys
400m A Event	12:15am	Gr. 8 Girls Gr. 9/10 Girls Gr. 11/12 Girls	Gr. 8 Boys Gr. 9/10 Boys Gr. 11/12 Boys
1500m A Event	1:45pm	Gr. 8 - 10 Girls Gr. 11 - 12 Girls Gr. 8 - 10 Boys Gr. 11 - 12 Boys	
4x100m B Event	2:15pm	Gr. 8 Girls Gr. 9/10 Girls Gr. 11/12 Girls	Gr. 8 Boys Gr. 9/10 Boys Gr. 11/12 Boys
4x400m B Event	3:00pm	Gr. 8 Girls Gr. 9/10 Girls	Gr. 8 Boys Gr. 9/10 Boys

Gr. 11/12 Girls

Gr. 11/12 Boys

Field Event Schedule

Discus A Event	11:15am-12:30pm	Gr. 8 Boys (1kg) Gr. 9/10 Boys (1.5kg)
	12:30pm-1:15pm	Gr. 11/12 Boys (1.75kg)
Javelin A Event	11:15am-12:15pm	Gr. 11/12 Boys (800g)
	12:15pm-1:15pm	Gr. 8 Boys (600g) Gr. 9/10 Boys (700g)
Shot Put A Event	11:15am-12:15pm	Gr. 11/12 Girls
	12:15pm-1:30pm	Gr. 8-10 Girls
Long Jump A Event	11:15am-12:15pm	Gr. 8-10 Girls
	12:15pm-1:30pm	Gr. 11/12 Girls