

## 9TH ANNUAL CORY HOLLY CLASSIC

## 2025 Vernon Throws Challenge

Hosted by the Cory Holly Institute Sanctioned by BC Athletics

Saturday, September 20th, 2025

## **Events Offered**

MALE							FEMALE					
Masters	Senior	Junior	Youth	Midget	Bantam		Bantam	Midget	Youth	Junior	Senior	Masters
Х	Х	Х	Х	Х	Х	Hammer	X	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Javelin	X	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Discus	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Shot Put	Х	Х	Х	Х	Х	Х
Х	Х		Weight Throw						Х	Х		
Х	Х	Х	Weight Throw Pentathlon X					X	Х			

The Weight Throw Pentathlon is available for U20, Senior and Master athletes who wish to participate.

Category	Age	
Masters	35+	
Senior	20-34	
Junior	18/19	U20
Youth	16/17	U18
Midget	14/15	U16
Bantam	12/13	U14

Note. Pentathlon athletes are allowed three throws in each event. Once enrolled in the Pent, if you want to compete in any Pent event for six throws, please let us know and we will schedule you in for no additional charge. The first three throws will count for points, all 6 throws will count regarding your best throw as a single event.