



# 2025 Van Ryswyk Invitational 2025 BC Masters Indoor Championship

## Revised TENTATIVE SCHEDULE (Feb 24, 2025)



Heat & Finals:

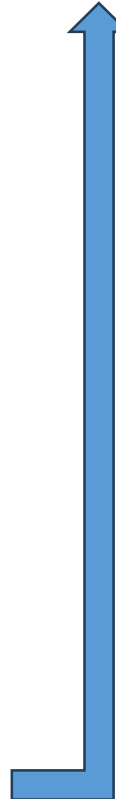
60m & 200m Preliminaries at Preliminaries times, all others at Finals times

**\*\*All Masters running event will be TIMED FINALS\*\***

<b>Friday Track (March 7)</b>			
Time	Event	Group	Number
4:30 PM	3000m	Men/Women U18 - Mast	8
5:00 PM	2000m	Men/Women U14-U16	3
5:30 PM			
6:30 PM		<b>End of Day</b>	
7:00 PM			

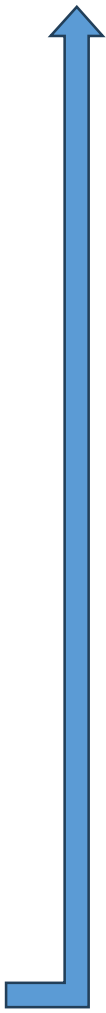
<b>Saturday Track (March 8)</b>			
Time	Event	Group	Number
9:00 AM	60m Hurdles	Men U18 - U20	5
9:10 AM	60m Hurdles	Men/Women U16 - U20	7
9:20 AM	60m Hurdles	Women U16 & 45-49	7
9:30 AM	60m Hurdles	Men/Women Mast	4
9:40 AM	60m Hurdles	Men/Women 12-13	6
9:45 AM	60m Hurdles	Men/Women 9-11	3
9:50 AM	60m Prelim	U18 Women	11
10:00 AM	60m Prelim	U18 Men	11
10:10 AM	60m Prelim	U16 Women	12
10:15 AM	1500m	Masters Men/Women	6
10:21 AM	1500m	U18 - U20 Men	7
10:26 AM	1500m	U18 Women	2

<b>Saturday Track (March 8)</b>			
Time	Event	Group	Number
10:32 AM	1200m	U16 Men	4
10:37 AM	1200m	U16 Women	2
10:42 AM	1200m	12-13 Women	2
10:42 AM	1000m	11 Men/Women	2
11:00 AM	200m Prelim	U18 Women	12
11:10 AM	200m Prelim	U18 Men	10
11:20 AM	200m Prelim	U16 Women	9
11:30 AM	800m Final	Masters Men/Women	7
11:35 AM	800m Final	U16 to Snr Men	9
11:40 AM	800m Final	U16 Women	2
11:45 AM	800m Final	12-13 Men/Women	4
11:50 AM	600m Final	9-11 Men/Women	6
11:55 AM	<b>Lunch Break</b>		
12:55 PM	60M Final	Mast Women	4
1:00 PM	60M Final	Mast Men	11
1:05 PM	60M Final	Senior Men	8
1:10 PM	60M Final	U20-Senior Women	3
1:15 PM	60M Final	U20 Men	7
1:20 PM	60M Final	U18 Women	8
1:25 PM	60M Final	U18 Men	8
1:30 PM	60M Final	U16 Women	8



### Saturday Track (March 8)

Time	Event	Group	Number
1:35 PM	60M Final	U16 Men	3
1:40 PM	60M Final	12-13 Women	8
1:43 PM	60M Final	12-13 Men	4
1:46 PM	60M Final	10-11 Women	6
1:49 PM	60M Final	9-11 Men	7
1:55 PM	400m	Master Women	2
1:58 PM	400m	Master Men	6
2:02 PM	400m	Senior Men	5
2:04 PM	400m	U20 Men	4
2:06 PM	400m	U18 Women	6
2:08 PM	400m	U18 Men	7
2:15 PM	300m	U16 Women	6
2:18 PM	300m	U16 Men	2
2:21 PM	300m	12-13 Women	3
2:24 PM	300m	12-13 Men	2
2:30 PM	200M Final	Masters Women	4
2:35 PM	200M Final	Masters Men	10
2:45 PM	200M Final	Senior Men	4
2:48 PM	200M Final	U20 - Senior Women	3
2:51 PM	200M Final	U20 Men	3
2:54 PM	200M Final	U18 Women	6
2:57 PM	200M Final	U18 Men	6
3:00 PM	200M Final	U16 Women	6
3:03 PM	200M Final	U16 Men	3
3:07 PM	200M Final	13 Women	3
3:10 PM	200M Final	12 Women	5
3:13 PM	200M Final	12-13 Men	5



### Saturday Track (March 8)

Time	Event	Group	Number
3:15 PM	200M Final	11 Men/Women	5
3:30 PM	4X400m	Masters Men/Women	
	4X100m	9-Senior Men/Women	
	4X200m	11-Master Men/Women	
5:30 PM	End of Day		

## Friday Field (March 7)

Time	Pole Vault	Shot Put	Weight Throw
4:00 PM	All M/W (12)	W Mast (4)	
5:00 PM		M Mast (11)	
6:15 PM			W U16-Mast (7)
7:00 PM			M U16-Mast (8)
8:00 PM	End of Day		

## Saturday Field (March 8)

Time	Long Jump	Triple Jump	High Jump	Shot Put
9:00 AM	G 9-13 (10)			B 9-13 (7)
9:30 AM			M U16-Mast (9)	
10:00 AM	B 9-13 (8)			G 9-13 (7)
10:30 AM				
11:00 AM		M 10-Mast (9)		W U16-Sr (5)
11:30 AM			B 9-13 (5)	
12:00 PM	W U16-Mast (15)			
12:30 PM				M U16-Sr (5)
1:00 PM				
1:30 PM			G 9-13 (4)	
2:00 PM	M U16-Mast (16)			
2:30 PM			W U16-Mast (7)	
3:00 PM				
3:30 PM				
4:00 PM		W 10-Mast (8)		
4:30 PM				
5:00 PM	End of Day			