



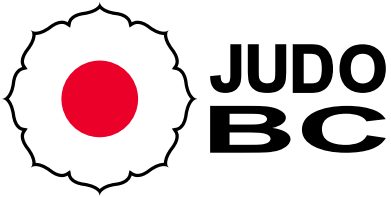
JUDO  
BC



PROV

CHAMPIONSHIPS

APRIL 4-5 PRINCE GEORGE, BC



## **Judo BC and local hosts Prince George Judo Club invite judokas of all ages to participate in the 2025 Provincial Championships.**

We are excited to be hosting all competitive divisions at this Provincial event. Please note the following:

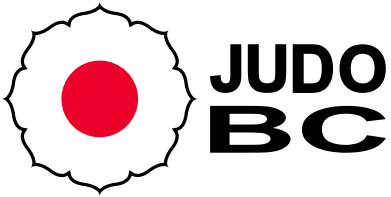
- This tournament is a selection tournament for U16, U18, U21 and Senior athletes wishing to participate in the 2025 Canadian Open National Championships in May.
- This is a selection event for athletes born in 2011, 2012, 2013 for the 2026 BC Winter Games.
- For the U8, U10 and U12 divisions this is a friendly competition with no scores recorded or overall winner selected.

### **TOURNAMENT LOCATION**

**Charles Jago Northern Sport Centre, UNBC**  
3333 University Way, Prince George, BC V2N 4Z9

### **TOURNAMENT CONTACTS**

**Tournament Director:** Aline Strasdin  
**Registration and Fees:** Katie Thomson (general@judobc.ca)  
**Head Referee:** Brian Deevy  
**Judo BC Chief Official:** Jeremy Le Bris (sdd@judobc.ca)  
**Head Kata Judge:** John Morris



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# 01 SCHEDULES\*

## COMPETITION, REFEREES & KATA JUDGES

### Friday, April 4, 2025

5:00 pm	Referees Meeting for U8, U10, U12 Competition, Kata Judges Meeting for Kodomo-no-kata, Nage-no-kata
5:30 pm	Group Warmup for U8, U10, U12
6:00 pm	Opening Ceremony
6:15 pm	Competition Starts for U8, U10, U12
~7:00 pm	Kata Competition Starts for Kodomo-no-kata then Nage-no-kata

### Saturday, April 5, 2025

8:00 am	Referee Meeting
8:30 am	Competition Starts for U14 & Veterans
-11:00am	Not Before 11 am U18 & U21
-2:00pm	Not Before 2 pm U16 & Senior
~7:00 pm	Coaches, Judges, Referees & Officials Social† (†Must be 19+ Years of Age)

### Sunday, April 6, 2025

8:30 am - 10:30 am	Provincial Practice* (*U14 and up, orange belt and above, no exceptions)
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## WEIGH-IN & CHECK-IN

### Friday, April 4, 2025

4:00 pm - 7:30pm	Unofficial Scale Available
4:45 pm	Check-in for U8, U10, U12
6:30 pm	Check-in for Kodomo-no-kata, Nage-no-kata
5:30 pm - 6:00pm	Official Weigh-in U14
6:00 pm - 6:30pm	Official Weigh-in U16
6:30 pm - 7:00pm	Official Weigh-in U18
7:00 pm - 8:00pm	Official Weigh-in U21, Senior, Veterans

All events, meetings, weigh-in, and the training camp will take place at the **Charles Jago Northern Sport Centre, UNBC, 3333 University Way, Prince George, BC**

\* Preliminary schedule, subject to change. The final schedule will be confirmed shortly after the regular registration deadline of March 15, 2025. The schedule will likely remain similar to what is listed above, with the most likely changes being an earlier or later start time based on the number of entries.

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## 02 ELIGIBILITY

All participants must be a member of a provincial judo association, of Judo Canada or of an association recognized by the International Judo Federation. Proof of valid membership must be provided at the time of registration and photo ID will be required at weigh-in for all secondary school and older aged athletes.

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## 03 ENTRY FEES & ENTRY DEADLINES

DIVISION	EARLY BIRD FEE Feb. 28, 2025	REGULAR FEE March 17, 2025	LATE FEE March 31, 2025
U8, U10 & U12 & Kodomo-no-kata	\$45	\$50	\$55
Kodomo-no-kata as 2nd division entered	\$20	\$25	\$30
U14, U16, U18, U21, Seniors, Veterans, Kata	\$65	\$75	\$85
Additional Division Entered	\$40	\$50	\$60

Competitor failure to make weight at the official weigh-in will result a weight category change and a penalty fee: U14 - \$10, U16 and older - \$40

Last day to change weight category without penalty. Changes must be submitted to [sdd@judobc.ca](mailto:sdd@judobc.ca) and made before Thursday, April 3, 2025 at 8:00pm (PST).

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## 04 REGISTRATION

All participants must pre-register and pay by the deadlines for this tournament. This includes coaches, referees, judges, athletes, and chaperones:

<https://registration.judocanada.org/event/2025ProvChamps>

No refunds will be issued after March 17, 2025, unless the competition is cancelled due to unforeseen circumstances.

# 05 DIVISION INFORMATION & ELIGIBILITY

All participants must be a member of a provincial judo association, of Judo Canada or of an association recognized by the IJF. Proof of valid membership must be provided at the time of registration and photo ID will be required at weigh-in for all secondary school and older aged athletes.

<b>U8</b>	<b>BORN IN 2018</b> White and Yellow Belts. Demonstration Only
<b>U10</b>	<b>BORN IN 2016 &amp; 2017</b> Yellow Belt Minimum
<b>U12</b>	<b>BORN IN 2014 &amp; 2015</b> Yellow Belt Minimum
<b>U14</b>	<b>BORN IN 2012 &amp; 2013</b> Yellow Belt Minimum <b>Male:</b> -32 kg, -35 kg, -38 kg, -42 kg, -46 kg, -50 kg, -55 kg, -60 kg, -66 kg, +66 kg <b>Female:</b> -30 kg, -33 kg, -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, +63 kg
<b>U16</b>	<b>BORN IN 2011 &amp; 2010 (EARLY BLOOMER 2012)</b> Novice: Yellow, Orange / Advanced: Green Belt Minimum <b>Male:</b> -38 kg, -42 kg, -46 kg, -50 kg, -55 kg, -60 kg, -66 kg, -73 kg, +73 kg <b>Female:</b> -36 kg, -40 kg, -44kg, -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, +70 kg
<b>U18</b>	<b>BORN IN 2008 - 2010 (EARLY BLOOMER 2011)</b> Green Belt Minimum <b>Male:</b> -50 kg, -55 kg, -60kg, -66 kg, -73 kg, -81 kg, -90 kg, +90 kg <b>Female:</b> -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, +70 kg
<b>U21</b>	<b>BORN IN 2005 - 2010 (EARLY BLOOMER 2011)</b> Blue Belt Minimum <b>Male:</b> -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg <b>Female:</b> -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg
<b>SENIOR</b>	<b>BORN IN 2010 AND EARLIER (EARLY BLOOMER 2011)</b> Novice: Yellow, Orange / Intermediate: Green, Blue / Advanced: Brown, Black <b>Male:</b> -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg <b>Female:</b> -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg
<b>VETERAN</b>	<b>BORN IN 1995 AND EARLIER*</b> Blue Belt Minimum <b>Male:</b> -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg <b>Female:</b> -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg  *The combination of the age and weight categories will be based on the number of participants registered.
<b>KATA</b>	<b>NAGE-NO-KATA**</b> U16: Orange Belt Minimum / U21: Orange Belt Minimum / Senior: Orange Belt Minimum **3 sets for U21 and under, 5 sets for Senior <b>KODOMO-NO-KATA SET 1 TO 7***</b> U10/U12/U14/U16 – Yellow Belt Minimum ***Participants can choose 1 set they would like to present

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# 06 RULES

Format of all age divisions as per current **Judo Canada Sanctioning Policy & Tournament Standards** unless specified below. Any modification to the recommended format must be approved by Judo Canada in advance.

- All issues/cases(s) that are unexpected or deemed exceptional circumstances will be solved by decisions taken by the Tournament Director.
- White judogi is mandatory for U8, U10, U12, U14, Novice divisions, Veterans & Intermediate. Blue judogi is optional.
- White & blue judogis are mandatory for U16 & older. Exception: Novice divisions, Veterans and Intermediate.

## U8, U10, U12

- All athletes of the age group U12 and younger shall weigh-in wearing judogi pants and t-shirt, no exceptions, and no weight tolerance is granted.
- Weigh-in: Honor System (Provided by the parents, checked by club coach). There will be a scale for spot checks should concerns arise. We ask that Club Instructors verify the athlete's weights. Discrepancies of over 5% between reported weights and actual weights may result in disqualification without refund.
- Tournament format:
  - » Round robin maximum 5 athletes per pool
  - » Demonstration only for U8 – take turns throwing to hold down
  - » 2 min running time (U10), 2 ippon
  - » 2 min of stopped time (U12), 1 ippon
  - » No golden score
- In the absence of a technical score or equal technical score at the end of the bout, the winner is determined by a decision of the referee(s).
- Competitors will be placed in groups by age, weight and belt level, as entries permit.
- Contest Rules, Match Times, and Divisions: as per Judo Canada tournament sanctioning policy. Matches will be officiated, and scores called but not recorded. Wins will be recognized.

## COMPETITION FORMAT

- The modified double elimination format will be used.
- In weight categories with seven (7) or fewer competitors, the pool system format will be used. In weight categories with five (5) or fewer competitors, the round-robin format will be used.

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## 07 EARLY BLOOMER

If an athlete would like to compete in an age division above their standard age division, Early Bloomer waiver must be submitted during the registration. Early Bloomer waiver must be signed by both a parent and a coach. Early Bloomer waiver is available on the main page of the Trackie registration.

- **Birth Year of 2014** must complete and upload an earlier bloomer waiver to fight in **U14**.
- **Birth Year of 2012** must complete and upload an earlier bloomer waiver to fight in **U16**.
- **Birth Year of 2011** must complete and upload an earlier bloomer waiver to fight in **U18, U21 or Senior**

Deadline for early bloomer approval is same as entry deadlines. Please refer to Section 03: Entry Fees & Entry Deadlines.

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## 08 WEIGH-IN/CHECK-IN

Please note:

- Athletes are only required to weigh-in once.
- To keep the tournament on schedule, no change requests will be accepted after 8:00 am on the day of the tournament.

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## 09 REFEREE & KATA JUDGES

**Referee Eligibility U8, U10, U12:** Provincial D and higher

**Referee Eligibility U14, U16, U18, U21, Senior & Veterans:** Provincial C and higher

**Kata Judges Eligibility:** Certified National and higher, in the kata that they are judging.

**Referee Evaluations:** Provincial A, B and C

Please pre-register to referee, and/or judge the kata competition:

<https://registration.judocanada.org/event/2025ProvChamps>



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## 10 AWARDS

In the U8, U10 & U12 divisions every competitor will receive a medal and no provincial champion will be declared. For all other divisions, medals will be awarded for first, second and third place according to the Judo Canada Tournament Standards. All medal winners must win at least one match. Medals will be awarded after the division is completed.

Medalists are required to wear their white judogi on the podium.

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## 11 SOCIAL EVENT

The Social Event for coaches, officials, referees, judges will be hosted by Judo BC and is a free event. Attendees must be 19+ years of age.

**Location:** To be announced

**Date:** Saturday, March 1, 2024

**Time:** Approx. 7:00 pm (after tournament concludes)

**Cost:** Free

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## 12 DRAWS, RESULTS & WEBCASTING

Draw sheets and competition results will be on: [www.live.judobc.ca](http://www.live.judobc.ca)

Live webcast will be available at: [www.live.judobc.ca](http://www.live.judobc.ca)

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## 13 PROVINCIAL PRACTICE

**Venue:** Charles Jago Northern Sport Centre, UNBC, 3333 University Way, Prince George, BC

**Minimum Requirements:** U14 and above, orange belt and above, no exceptions

**Cost:** Free

**Time:** 8:30 am - 10:30 am. Please arrive 20 minutes early so that practice may start on time.

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# 14 HOTELS

## **Best Western Plus Prince George**

3387 Highway 16 West, Prince George, BC V2N 5P8

**Contact:** Gianina Gaspar Arbizu | General Manager

**Phone:** 250-964-8833

**Reservations:** 1 (800) 780-7234

**Email:** generalmgr@bestwesternpluspg.com

**Online booking link:** www.bestwestern.com

### **Book by March 1, 2025**

- Standard room with 2 queen beds \$159 - \$169 per night plus tax
- Included: Parking, Wifi, breakfast, coffee station, business center, 2 self-serve washer/dryers (uses coins)
- Pool and hot tub open daily 6am-10pm (waterslide should be operational by April)
- Pet friendly rooms available - \$20 per night
- Cancellation policy: 24 hours before the arrival date

## **Prestige Treasure Cove**

2005 Hwy 97S, Prince George BC V2N 7A3

**Contact:** Karla Ingram | Sales and Marketing Manager

**Phone:** 250-614-9111 ext.102

**Email:** kingram@prestigehotels.ca

### **Book by March 20, 2025**

- Standard two queen rooms for April 2024 start at \$149.95 (limited supply until March 20, 2025)
- Dog friendly rooms - \$30/day per pet
- Pool, waterslide and hot tub
- Other great amenities include a pool table in the lounge and Casino attached with food options

## **Ramada Plaza by Wyndham**

444 George Street, Prince George BC V2L 1R6

**Contact:** Maria Maximick | Sales Manager

**Phone:** 250-563-0055

### **Book by March 5, 2025**

- \$105 per night plus taxes – 2 queen beds

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# 14 HOTELS CONTINUED

## **Sandman Signature Prince George Hotel**

2990 Recreation Place, Prince George BC V2N 0B2

**Contact:** Jessica St Hilaire | Regional Sales Coordinator

**Phone:** 250 645 7263 **Direct:** 250 645 2154

**Email:** sales\_signaturepg@sandman.ca

### **Book by March 14, 2025**

- \$159 per night plus taxes. Block ID: 513620 Block Code: JUDOPG
- Pet friendly rooms available
- Restaurant and pool on-site

## **Pomeroy Inn and Suites**

2700 Recplace Dr, Prince George, BC V2N 0H4

**Contact:** Joana Dela Cruz | Guest Services Manager

**Phone:** 236-423-4546

**Email:** joanad@pomeroyprincegeorge.com

- Double queen room - \$179 per night plus taxes
- Rates include breakfast and access to our amenities; WaterPark, Business and Fitness Center
- Pet friendly hotel - \$25 per night + taxes