



Alberta Indoor Track and Field Championships (AITFC)

U16, U18, U20, Senior Indoor Provincial Championships
Limited U14 and Masters Events (non-championship)

Hosted by Athletics Alberta

March 1 & 2, 2025

**Technical Package will be updated on the Trackie registration website, and the final schedule will be posted on <http://www.ellistiming.ca/AITFC/> by Thursday night (Feb 27). A tentative order of events is listed at the end of this technical package.*

LOCATION, FACILITY, and TIMING

Location:

Universiade Pavilion
University of Alberta, North Campus
87 Avenue and 114 Street, Edmonton, Alberta

***** Please enter at top of the ramp on the south side of Van Vliet Centre (87 Avenue) ***
(Located across from Edmonton Clinic Health Academy (ECHA) / Starbucks on west side of 114 Street)
*** Use second-floor east doors near the Athletics Office. *****

Facility Specifications:

7-lane Mondo 200m track, 8 lanes for 60m. Mondo runways for all jumps.
Spikes: No pin spikes allowed; 7mm maximum length.
A cement circle for weight throw; both cement and wooden for shot put.
A wooden platform for seated shot put.

Photo Timing System:

FinishLynx (Supplied by Ellis Timing Canada)

Meet Inquiries

If you have any questions about the meet, please email competitions@athleticsalberta.com and the appropriate member of the organizing committee will be happy to respond.

Rule Clarification

Please note that rule 4.4 (Failure to Participate) of the [World Athletics Technical Rules](#) will be enforced for age U16 and up. Scratches may be submitted at the timing desk (on the mezzanine level of the Butterdome) before the preliminaries of an event.

(e.g. an athlete who intends to only run the heat and not the final, may declare beforehand and be allowed to participate in following events).



Meet Hotel

Athletics Alberta meet hotel information below.

Wyndham Edmonton
4440 Gateway Blvd.
Edmonton AB T6C 5H2

For Reservations Please Call:

Tel: 780-437-6010

Toll Free: 1-877-999-3223

Or Use Booking Link: <https://www.wyndhamhotels.com/wyndham/edmonton-alberta/wyndham-edmonton-hotel-and-conference-centre/overview?checkInDate=02/28/2025&checkOutDate=03/02/2025&groupCode=022825AIG>

Group Name: Alberta Indoor Track & Field Championships

Booking Code: 022825AIG

Rooms not reserved are automatically released on: Friday, February 7, 2025 After this date rooms are based on availability.

Guestroom Rates:

ROOM TYPE	Single	Double	Triple	Quad
2 Queen	139.00	139.00	154.00	154.00
1 King w/pullout	139.00	139.00	154.00	154.00

Notes: Rates Include Hot Breakfast Buffet – Please advise how many people in the room to receive the correct amount of Breakfast coupons.

Arrival: Friday, February 28, 2025

Departure: Sunday, March 2, 2025

Individual Reservations can be cancelled without penalty up to 24 hours prior to arrival - Booking Early is encouraged.

Hotel Amenities:

- Complimentary Self-Parking
- Swimming Pool, Hot Tub & Sauna
- Daily Breakfast Service: 6:30am to 10:30am
- Hotel Lounge Open 4:00PM – 10:00PM



Entry Deadline and Process

- Entry Deadline: 8:00 p.m. on **Thursday, February 20.**
- Late Entries: will be accepted until 12:00 p.m. on **Saturday, February 22** for a fee.
- Scratch Deadline: 8:00 p.m. on **Saturday, February 22** – scratches should be emailed to competitions@athleticsalberta.com
- Scratches after the scratch deadline will **not be refunded.**
- Coach Reg Deadline: 8:00 p.m. on **Wednesday, February 26.**
- Meet schedule will be available at <http://www.ellistiming.ca/AITFC/>
- All entries must be through the Trackie registration page (<https://www.trackie.com/event/2025-AITFC-Event-Reg>).
- Coaches must be registered through Trackie for access to floor (<https://trackie.com/event/2025-AITFC-Coach-Reg>).
- NO Team Manager file will be available for uploading into Trackie registration.
- Seed times where needed will be verified for this event (indoor times from Jan 1, 2023 will be accepted).

Coach Pass Rules and Restrictions

Coaches must register ahead of time through Trackie -- only those who meet all the criteria below will have access to the track/competition level.

Criteria:

1. You are a registered coach with Athletics Alberta.
2. You have a current CRC confirmed with Athletics Alberta on AthleticsReg.
3. You have completed the Safe Sport course available through coach.ca (requires an NCCP #)
4. Out-of-province coaches are registered with their own PSO may register for a coach pass (but still require SafeSport and a clear CRC).
5. If CRC's are not available through AthleticsReg they may be sent to programs@athleticsalberta.com for verification.

Coaches who do not meet the above requirements must spectate from the stands above the concourse.

Rules and Restrictions

- **Spectators are not allowed** on competition level. This **includes non-accredited Coaches.**
- There are designated seating areas for coaches and volunteers only, adjacent to the field of competition venues -- we ask that coaches confine themselves to those areas while an event is taking place.
- Non-accredited people will be asked to leave the competition level and the athlete(s) they are associated with may be disqualified from the competition, and their performances will be erased. Repeated offences will be reported to the AA Personnel Committee and could lead to suspension from future competition.

ENTRY FEES

- Athlete entry fee first event: \$45.00
- Each additional event: \$30.00
- Late fees: additional \$45.00 per registrant (charged to first event only)
- U14 Athlete entry fee per event: \$15.00
- U14 late fees: additional \$30.00 per registrant (charged to first event only)



First Aid

First aid will be available at track level near the 60m start line.

Performance Therapy

Pivotal Physio will provide performance therapy on the concourse level.

Provincial Championship Age Policy

- All athletes at provincial championships must compete in the provincial age category as of December 31 of the calendar year.
- Athletes must be registered as annual Athletics Alberta members to be eligible to compete in the provincial championships.

Package Pick-Up

- Saturday Morning: Packages will be available at the Technical Information Centre on the main concourse beyond the check-in desk for receiving coach wristbands.
- Only registered coaches or official administrators may pick up the meet package for their club.

Bib Numbers

- Athletes will be provided one bib number for the track meet. Please remember to bring your bib on Day 2 of the competition.
- Bib placement:
 - Sprints (60m, 60mH, 200, 300m) – back of uniform.
 - Longer track events (400m to 3000m) and Horizontal Jumps (LJ,TJ) – front of uniform.
 - Throws (SP, WT) and Vertical Jumps (HJ,PV) - back or front of uniform (Athlete Choice).
- Bib numbers must be worn and shown to officials at check in.
- Athletes without bib numbers or wrong numbers will not be allowed to compete.

Eligibility

All Alberta coaches and athletes entering must be registered members of Athletics Alberta. Out of province coaches and athletes must be registered with their respective provincial association. Championship Medals will not be awarded to out of province athletes.

Age categories offered

U14 – born 2012-2013, **U16** – born 2010-2011, **U18** – born 2008-2009, **U20** – born 2006-2007, **Open** – born 2005 or earlier, **Masters** – Born March 1, 1990 or earlier (as of day of competition).

** Age categories may be combined in the final schedule based on the number of entries. **



Awards

- Provincial medals will be awarded for 1st, 2nd, & 3rd place Championship events – for Alberta Athletes only.
- Out of province athletes can receive a general meet medal for 1st, 2nd, or 3rd place in all events
- One set of general meet medals will be awarded in the 200m (non-championship event)

Alberta Indoor Track and Field Championships (AITFC) – Events Offered

Legend:

C = Championship Events,
X= Non-Championship Events.

Event	Masters	Open	U20	U18	U16	U14	Para
60m	X	C	C	C	C	X	C
200m	X	X	X	X	X	X	
300m		C	C	C	C		C
600m		C	C	C	C		
1000m		C	C	C		X	
1200m					C		
1500m	X	C	C	C			
2000m					C		
3000m	X	C	C	C			
60mH	X	C	C	C	C		
1.5k Race Walk					C		
3k Race Walk	X	C	C	C			
Long Jump	X	C	C	C	C	X	C



Triple Jump	X	C	C	C	C		
High Jump	X	C	C	C	C	X	
Pole Vault	X	C	C	C	C		
Seated Shot Put							C
Shot Put	X	C	C	C	C	X	C
Weight Throw	X	C	C	C	C		

General Rules

- Marshalling procedures are in effect. Marshalling takes place at track level **indicated by the marked warm up area**.
- Athletes who do not present themselves in the Marshalling Area as required will not be eligible to compete in their designated race.
- **Track event athletes** (including multiple event track events) are required to check in at the Check-In Desk at least **15 minutes prior to the scheduled event start time**. Athletes will be required to **remain there until a starter's assistant or volunteer leads them to their start line**.
- **Field event athletes** will marshal at the event competition area and are requested to arrive **30 minutes before the scheduled start time of the event**.
- Starting blocks are mandatory for all athletes in the Under 16 and older age groups. Starting blocks are optional for Masters. Starting blocks will not be used for Under 10, Under 12, nor Under 14 events. Athletes with a medical condition may elect to not use starting blocks.
- **RESTRICTED ACCESS to track level:**
 - **ONLY approved Coaches (with wristbands), athletes (with bib number), officials, and volunteers are permitted on track level.**
 - **Coaches will receive lunch by showing wristbands in hospitality.**

Check-In Notes / Marshalling procedures

Athletes must report to the check-in table (north-west of the building near the finish line on outside of track) prior to their event. Track athletes must check in, be present at the start line and be prepared to run 15 minutes prior to the event start time. Field athletes must marshal at the event-site 15 minutes prior to the event start-time. It is the athlete's responsibility to be ready when a heat or flight is called to begin. If the athlete is not present and has not checked in they will miss their event.

Athletes who are not present for the scheduled event are asked to remain out of the warm-up space beyond the check in table. When possible, spectating should be done from the stands or concourse level.



Technical Specifications and Notes

Butterdome Diagram

https://athleticsalberta.com/wp-content/uploads/2022/03/Edmonton_Butterdome.pdf

Butterdome Notes

https://athleticsalberta.com/wp-content/uploads/2022/03/Edmonton_Butterdome-Start-Lines.pdf

Technical Specifications

<https://athleticsalberta.com/wp-content/uploads/2021/04/AA-Indoor-Specs-2017-January.pdf>

**(U16 Women to throw 12 lb weight throw - new technical specifications to be added) **

Records

Record application forms will be signed by the meet director. Athletes will need to complete the details of the form and printing is not provided on site.

Athletics Alberta open and age class records set at this meet do not require forms.

Details

Meet Director – Nick Stoffberg
operations@athleticsalberta.com
Athletics Alberta
11759 Groat Road
Edmonton, Alberta, T5M 3K6
Phone: 780-427-8792



Tentative Order of Events

A final schedule will be posted at <http://www.ellistiming.ca/AITFC/> on Thursday night. Drafts will be available throughout the week at the same site (timestamped).

Saturday

First events around 9:00 am

Track

3000m
2000m
60m HEATS
1500m RW
3000m RW
60m FINALS

Tentative Track Break

1000m
300m

End of day around 6:00 pm

Field (throughout the day)

Weight Throw (W) AM
LJ (W)
TJ (M)
HJ (M)
PV (W)
Shot Put (M), Seated Shot Put M/W in afternoon

Sunday

First events around 9:00 am

Track

60mH HEATS
600m
60mH FINALS

Tentative Track Break

1500m
1200m
200m (non-championship)

End of day around 4:00 pm

Field (throughout the day)

Weight Throw (M) AM
LJ (M)
TJ (W)
HJ (W)
PV (M)
Shot Put (W)