



# THOROLD ELITE SEASON OPENER



Sunday, April 27, 2025

This is a great preseason meet to record some early performances and tune up before school season and bigger championship meets.

**Location:** Canada Games Park @ Brock University  
2021 Canada Games Way, Thorold

**Parking:** Parking is FREE at this venue. There are two possible lots directly beside the outdoor track. One is in front of the building and the other is behind the track.



**Hosted by:** Thorold Elite TC

**Sanctioned by:** Athletics Ontario

**Meet Director:** Steven Fife [thoroldelitetc@gmail.com](mailto:thoroldelitetc@gmail.com)

**Eligibility:** Athletes registered with Athletics Ontario (AO); Minor Track Association of Ontario (MTA)

**Regular Deadline:** Wednesday April 23, 2025 @ 11:59 pm

**Late Deadline:** Friday April 25, 2025 @ 12:00 pm  
Entries received after this deadline may be accepted at the discretion of the meet directors and only if maximum field sizes are not reached.

**Entry Fees:** \$20 per event

An additional \$5.00 processing fee applies to all late entries.

- Registration:** To be completed online at [www.trackie.com/event/TETC-April27](http://www.trackie.com/event/TETC-April27)
- Waiver:** Mandatory for all athletes and to be completed online
- Age Divisions:** All ages eligible.
- Masters athletes are welcome to compete.
- Most events will be run as OPEN with athletes competing together based on seed times.
- Number of Attempts:** All athletes in all throws and horizontal jumps will receive six attempts.
- Washrooms:** Indoor washrooms are available in the Facility
- Events Offered:**
- TRACK-** Sprint hurdles, Intermediate hurdles, 100 m, 200 m, 400 m, 800 m, 1500 m, 3000 m, 800/1500/3000 m racewalk
- FIELD-** Long jump, Triple jump, High jump, Shot put, Discus, Javelin, Hammer
- Special Events:** **3000 m Elite / Invitational Section**  
**\*by Invite only\***  
**Awards and Prizes to be given to the Top 3 in this race**
- Invites will be posted on Instagram @thoroldelitetc in early April**
- Other Awards:** Awards may be offered in the 100, 200, 400 that are separated by age. This will be determined by entries.
- Implements & Weigh-ins:**
- Athletes are required to bring their own implements and to retrieve their own implements;
  - Implements will not undergo an initial weigh-in; however, In the case of a record broken, implements will be subject to further inspection.



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## Tentative Schedule

- Schedule will be adjusted based on entry numbers in each event
- A Final schedule as well as Heat/ Flight lists will be sent out on the evening of Fri April 25
- Final schedule may still be advanced +/- 15 minutes as required
- **All track events will run girls first boys second from slowest to fastest heat but may be combined as needed to ensure a streamlined meet**

<b>Morning Track Session</b>				
9:30 am	Sprint Hurdles (80/100/110)	Timed Final	U14/ U16/ U18/ U20/ Open NO SCISSOR HURDLES	Girls / Boys
10:10 am	3000 m	Elite Invitational	Open/ High School	Girls
10:30 am	3000 m	Elite Invitational	Open/ High School	Boys
10:45 am	3000 m	Timed Final	Open	Girls + Boys
11:15 am	100 m	Heats	All ages combined but will be separated out for Finals (Top 8 in each)	Girls
11:40 am	100 m	Heats	All ages combined but will be separated out for Finals (Top 8 in each)	Boys
12:15 pm	400 m	Timed Final	U12 / U14 / U16 / U18 / U20 / Open	Girls
12:30 pm	400 m	Timed Final	U12 / U14 / U16 / U18 / U20 / Open	Boys
12:45 pm	100 m	Finals	U12 / U14 / U16 / U18 / U20 / Open	Girls
1:00 pm	100 m	Finals	U12 / U14 / U16 / U18 / U20 / Open	Boys
1:15 pm	800 m/1500 m/ 3000 m Racewalk	Timed Final	All ages together	All Girls and Boys COMBINED
LUNCH BREAK (Approx 1:15-2:00 pm)				
<b>Afternoon Track Session</b>				
2:00 pm	300 m Hurdles (30")	Timed Final	Open	Girls
2:10 pm	400 m Hurdles (30")	Timed Final	U18 / U20 / Open	Boys
2:20 pm	400 m Hurdles (33")	Timed Final	U18 / U20 / Open	Boys
2:30 pm	300 m Hurdles (33")	Timed Final	Open	Boys
2:45 pm	1500 m	Timed Final	Open	Girls
2:55 pm	1500 m	Timed Final	Open	Boys
3:15 pm	200 m	Timed Final	U12 / U14 / U16 / U18 / U20 / Open	Girls
3:35 pm	200 m	Timed Final	U12 / U14 / U16 / U18 / U20 / Open	Boys
4:00 pm	800 m	Timed Final	Open	Girls
4:20 pm	800 m	Timed Final	Open	Boys
4:35 pm	4x 100 m Relay	Timed Final	Open	Girls
4:45 pm	4x 100 m Relay	Timed Final	Open	Boys
5:00 pm	4x 400 m Relay	Timed Final	Open	Girls + Boys
5:15 pm	Sprint Medley Relay	Timed Final	Open	Girls + Boys

Field Events						
Time	High Jump	Horizontal Jumps Pit 1	Horizontal Jumps Pit 2 (only if needed)	Shot put	Discus/ Hammer Cage	Javelin
9:30 am	Warm-ups open	Warm-ups open		Warm-ups open		Warm-ups open
10:00 am		Boys Long Jump 1		Boys Shot put		Girls Javelin
10:30 am						
11:00 am		Girls Long Jump 1		Girls Shot put		Boys Javelin
11:30 am						
12:00 pm		Boys Triple Jump			Warm-ups open	
12:30 pm					Girls Discus	
1:00 pm		Girls Triple Jump				
1:30 pm					Boys Discus	
2:00 pm	Boys High Jump	Girls Long Jump 2				
2:30 pm					Girls Hammer	
3:00 pm	Girls High Jump	Boys Long Jump 2				
3:30 pm					Boys Hammer	
4:00 pm						

**Note: Schedule is tentative / approximate / estimated based on expected number of entries and length of time required to run the event. An updated and final schedule WILL be communicated prior to the meet based on the actual entries and heats/flights required and may, in some cases, change significantly. If there is need to change anything then we will provide as much notice as possible.**

*Field events may be combined Boys/ Girls if numbers warrant*