



**Track and Field Meet February 14<sup>th</sup>, 2025  
Hal Brown Memorial**

- Date:** Friday February 14<sup>th</sup>, 2025
- Location:** Bruce Kidd Field House, University of Toronto  
Faculty of Kinesiology & Physical Education  
55 Harbord Street Toronto, ON M5S 2W6
- Start Time:** Friday Track 4:00 PM, Field 1:00 PM (Weight throw)  
**\*Meet may run 20 minutes ahead of schedule**
- Sanctioned by:** Ontario University Association (OUA), AO, WA
- Hosted By:** Faculty of Kinesiology & Physical Education  
University of Toronto Track and Field Program
- Meet Directors:** Rostam Turner [rostam.turner@utoronto.ca](mailto:rostam.turner@utoronto.ca)  
Andre Metivier [ap.metivier@utoronto.ca](mailto:ap.metivier@utoronto.ca)
- Eligibility:** University, College, and AO athletes
- Entries:** **Must be submitted on-line by Tuesday February 11<sup>th</sup>, 2025 (11:59 PM)**
- Facility:** 200m flat Mondo - rubber 5-lane track with 8 sprint lanes. All runways Mondo - rubber; shot put circle concrete.
- Spikes:** **MAXIMUM 6mm.**
- Timing:** Fully electric timing.
- Changing facility:** Locker rooms are available for men and women. Please bring your own locks and towels.
- Entry Fee:** **\$30.00 per athlete per event**  
**Cost limit \$600 per team**
- Late Entry:** **Late entries will be accepted at \$60.00 per athletes per events.**  
**Late entries will only be accepted until 11:59pm on Wednesday February 12<sup>th</sup>.**
- SCRATCHES:** **Please make all scratches online or upon arrival to the Field House registration desk (top of the stairs).**



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**Track Events**

**Meet Schedule  
Friday February 14<sup>th</sup>, 2025**

3:30 PM	U18 1500m Invitational	Women
3:40 PM	U18 1500m Invitational	Men
4:00 PM	60m Hurdles – Heats	Women
4:10 PM	60m Hurdles – Heats	Men
4:20 PM	60m – Heats	Women
4:40 PM	60m – Heats	Men
5:15 PM	600m Timed Sections	Women
5:30 PM	600m Timed Sections	Men
6:00 PM	4x200m Relay	Women
6:05PM	4x200m Relay	Men
6:15 PM	Mile Timed Sections	Women
6:30 PM	Mile Timed Sections	Men
	Track Break - Grad	
7:10 PM	60m Hurdles – Final	Men
7:15 PM	60m Hurdles – Final	Women
7:20 PM	60m – Final A&B	Women
7:30 PM	60m – Final A&B	Men
7:40 PM	300m Timed Sections	Women
8:00 PM	300m Timed Sections	Men
8:20 PM	1000m Timed Sections	Women
8:40PM	1000m Timed Sections	Men
9:10 PM	3000m Timed Sections	Women
9:25 PM	3000m Timed Sections	Men
9:45 PM	4x400m Timed Sections	Women
9:50 PM	4x400m Timed Sections	Men
9:55 PM	4x800m Timed Sections	Women
10:10 PM	4x800m Timed Sections	Men

# **TORONTO** TRACK AND FIELD

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Field Events	Meet Schedule	
	Friday February 14 <sup>th</sup> , 2025	
1:00 PM	Weight Throw	Women then Men
2:00 PM	Shot Put	Women then Men
5:30 PM	High Jump	Women
5:30 PM	Long Jump	Men
7:00 PM	Long Jump	Women
7:45 PM	High Jump	Men
8:15 PM	Triple Jump	Men then Women



### SPIKES

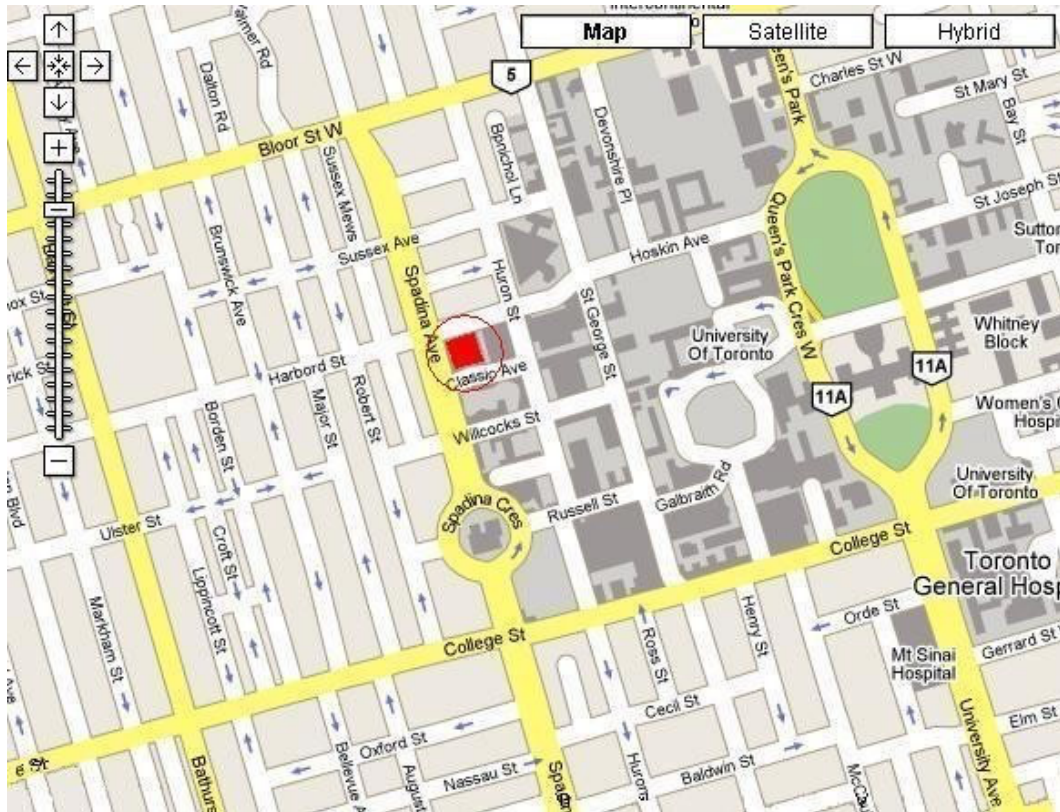
- All spikes must be presented to be checked at the spike check in table (where you receive your hip numbers)
- Athletes will not be allowed to compete without having their spikes checked and cleared .
- Acceptable spikes: 6mm pyramids / cones – same size
- Any athletes competing with longer than 7mm spikes will be disqualified.
- Water is the only permitted drink allowed on the track facility



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**How to get the University of Toronto Athletic Centre: - 55 Harbord St. Toronto, Ontario, Canada, M5S 2W6**

The Athletic Centre is located on the west side of U of T's St. George campus at the intersection of Harbord St. and Spadina Ave. It is easily accessible from the Spadina subway station and by streetcar.



### **From the Gardiner Expressway:**

Gardiner Expressway to Spadina Ave. Turn left (go north) on Spadina Ave. Turn Right onto Harbord St and enter through first set of doors.

**From 401 (East of DVP):** 401 West to Don Valley Pkwy. Don Valley Pkwy South to Bloor St. West on Bloor St. to Spadina Ave.. Turn Left onto Spadina Ave. Turn Left on Harbord St and enter through first set of doors.

**From 401 (West of Allen Road):** 401 East to Allen Road. Allen Road South to end (Eglinton). Turn left (go east) onto Eglinton. Turn right (go south) onto Bathurst St. Turn left (go east) onto Harbord St. Enter through first set of doors.

### **Athletic Centre Entry:**

For the safety and security of everyone, all students and members must enter and exit the Athletic Centre through the main entrances only\* (on Harbord St. and Classic Ave.)