

# Peace Country Classic

Hosted by: Peace Country Wolves Athletics Club



May 10, 2025  
Legion Field  
Grande Prairie, Alberta

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## Host Committee

Name	Position	Phone Number	Email
Christopher Nelissen	Meet Director/Head Track Marshall	780-518-7467	contact.wolvesac@gmail.com
Louis Chabot	Co-Meet Director/Head Field Marshall	587-343-1321	louis.chabot@gppsd.ab.ca
	First Aid Contact	TBD	
	Entries and Results	780-518-7467	pcc.pcwolves@gmail.com

## Competition Site

Legion Field – North of the GP Composite High School  
Grande Prairie, AB T8V 8G7

## Facility Information

400 m – 8 lanes

All-weather track surface suitable for spikes for all jumps and the javelin  
(6mm or less)

Concrete throwing circles for discus and shot put

Washroom facilities available on site

Free Parking

## Secure Storage

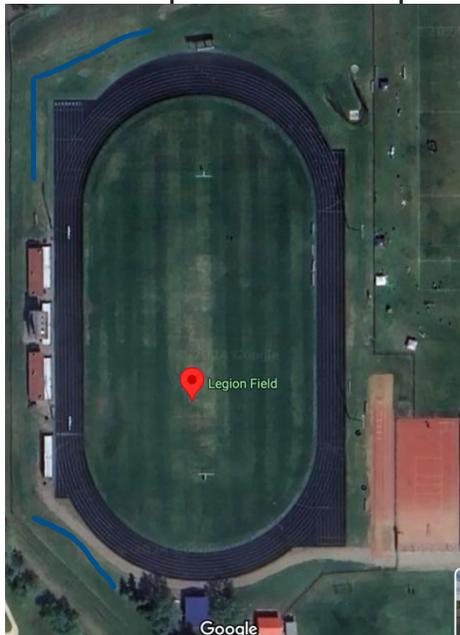
No dedicated storage for athlete gear

Please leave valuables with a friend, in a vehicle or at home.

**We are not responsible for any lost or stolen items at this event**

## Tent City

Tents can be set up along the outside perimeter of the Track. See blue marks on photo for tent placements.



## Entries and Registration

- Entries submitted through Trackie: <https://trackie.com/event/2025-PCC>

## Cost

Elementary Athletes	1 <sup>st</sup> Event - \$10.00, Additional events \$5.00
Junior High – Open Athletes	1 <sup>st</sup> Event - \$20.00, Additional events \$5.00
High School Pentathlon Athletes	\$35.00

Seed Times: If a runner does not have a seed time for that distance, then approved conversion tables will be used to determine an equivalent time from a comparable distance.

- For runners who have competed in an equivalent race during the year they must use the time achieved from that season and not an equivalent from a different race.
- If a runner has not competed over any distance in that season, then they must use no time (NT) as their seed time.

## Age Categories

Age Category	Description
Junior Elementary	Currently in Grades 1 - 3
Senior Elementary	Currently in Grades 4 – 6
Junior High Junior	Under 13 by September 1, 2024
Junior High Intermediate	Under 14 by September 1, 2024
Junior High Senior	Under 15 by September 1, 2024
Senior High Junior	Under 16 by September 1, 2024
Senior High Intermediate	Under 17 by September 1, 2024
Senior High Senior	Under 19 by September 1, 2024
Open	Over 19 by September 1, 2024

## Events – Men and Women

	Junior Elementary	Senior Elementary	Junior High	Senior High Junior	Senior High Intermediate	Senior High Senior	Open
60 m	x	x					
100 m			x	x	x	x	x
200 m			x	x	x	x	x
400 m	x		x	x	x	x	x
800 m		x	x	x	x	x	x
1500 m			x	x	x	x	x
3000 m			x	x	x	x	x
Sprint Hurdles			x	x	x	x	x
Intermediate Hurdles				X – 300m	X – 300m	X – 300m	X – 400m
4x100 m relay		x	x	x	x	X	x
Standing Long Jump	x						
Long Jump		x	x	x	x	x	x
High Jump			x	x	x	x	x
Triple Jump			x	x	x	x	x
Ball Throw	x						
Shot Put		X*	x	x	x	x	x
Discus			x	x	x	x	x
Javelin			x	x	x	x	x

\*senior elementary shot put: Coaches/parents, please educate your athletes on proper shot put technique, throwing action will be recorded as a fault

## Technical Information

\* This is not an Athletics Alberta sanctioned meet – Results will not go towards Athletics Canada Rankings\*

Event Timing – Plunge timing only – No Photo timing available

Results will be posted on the West side of the PCWAC Shed along with heat sheets

Results for male events on blue paper, results for female events on pink. No pink or blue, no posted result

### Competition

- Races will be timed finals in all events
- False Starts: 1<sup>st</sup> false start will be charged to the field, any false starts following will result in a disqualification
- Field events will contest 3 attempts with the top 8 receiving another 3 attempts.
- All-weather track surface suitable for spikes for all jumps and the javelin.
- Age and Gender categories will be combined into consolidated heats and flights where/when it makes sense
- Track events take precedence over field events. An athlete entered in a track and a field event at the same time, must check in at the field event, inform the official that he/she is running in another event, and then proceed to the track event.
- Check in/marshall at the starting line or at the field event.

### Event Awards

- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place ribbons will be awarded following the posting of results

## Tentative Meet Schedule – Finalized Scheduled out May 9

TRACK			FIELD		
9:00	3000m	Junior High, Senior High, Open	9:00	Standing Long Jump – Boys & Girls	Junior Elementary
			9:15	Discus - Men	Junior High, Senior High, Open
			9:30	Shot Put- Women	Junior High, Senior High, Open
9:45	60m	Elementary			
10:00	100m	Junior High, Senior High, Open	10:00	Long Jump – Boys & Girls	Senior Elementary
			10:30	Discus - Women	U14/U16, U18, Open
			10:45	Shot Put - Men	
11:10	400m	Junior Elementary	11:10	High Jump – Women and Men	Junior High, Senior High, Open
11:15	800m	Senior Elementary, Junior High, Senior High, Open	11:15	Ball Throw – Boys & Girls	Junior Elementary
			11:45	Shot Put – Boys and Girls	Senior Elementary
12:15	Sprint Hurdles	Junior High, Senior High, Open			
<b>LUNCH BREAK</b>					

1:30	200m	Junior High, Senior High, Open	1:30	Javelin - Women	Junior High, Senior High, Open
			1:30	Long Jump - Men	Junior High, Senior High, Open
2:15	1500m	Junior High, Senior High, Open			
2:45	Intermediate Hurdles	Junior High, Senior High, Open	2:25	Javelin - Men	Junior High, Senior High, Open
			2:30	Long Jump - Women	Junior High, Senior High, Open
3:00	400m	Junior High, Senior High, Open			
4:15	4 x 100 Relay	All	3:45	Triple Jump – Women and Men	Junior High, Senior High, Open