

# Ocean Athletics Festival of Cross Country Saturday September 27, 2025 Crescent Park, South Surrey

Sanctioned by BC Athletics
Race #3 of the Lower Mainland XC Series

Distances are in accordance with BC Athletics guidelines. Both U18 Males & Females will run 5km course.

Non-Club High School athletes and Teams are warmly welcomed to the event but must compete as unattached athletes. BC School Sports ruling does not allow club athletes to compete in the same event as individuals or teams representing their secondary school. This ruling does not apply to elementary school teams and athletes.

Time	Ev	ent #	Category	Birth Yr.	Distance	
10:00am	1		Open/Masters	U20, Senior, Masters		6km
10:45am	2		Track Rascals	2017-2019 (6-8 yrs)		1km
11:00am		3a	2016 Females	2016 (9yrs)		1.5km
		3b	2016 Males			
11:20am		4a	2015 Females	2015 (	10yrs)	2km
		4b	2015 Males			
11:40am		5a	2014 Females	2014 (	11yrs)	2km
		5b	2014 Males			
12noon		6a	2013 Females	2013 (	12yrs)	3km
		6b	2013 Males			
12:25pm		7a	2012, U16 Females	2012/20	11/2010	3km
12:45pm		7b	2012, U16 Males	2012/20	11/2010	3km
1:05pm		8a 8b	U18 Females U18 Males	2009-2008		5km 5km

#### Course:

- Grass and forest trails over undulating terrain
- Short spikes can be used, but running shoes are also adequate
- Toilets are available but no change rooms available
- Course will be open from 8am onward but runners and coaches need to be aware that once the
  event starts at 9am, the athletes racing have priority on the course. Please take care to not
  interfere with the ability of athletes to run their course.
- Crescent Park is located at 2585 132<sup>nd</sup> street in South Surrey (Google MAP).

#### Concession:

- hot chocolate
- coffee
- juice
- water
- fruit, and snacks.

## **Entry procedure:**

Please register on Trackie.com: <a href="https://www.trackie.com/event/2025-oatf-festival-of-cross-country/1018604/">https://www.trackie.com/event/2025-oatf-festival-of-cross-country/1018604/</a>

\*If you do not know your BC Athletics number, you can use the lookup:

https://athleticsreg.ca/#!/memberlookup/bc-athletics-2025-member-lookup

For more information, please contact Ocean Athletics at info@oceanathletics.club.

#### **Entries due:**

- Wednesday, September 24<sup>th</sup> at midnight
- Late entries will be accepted until Thursday, September 25<sup>th</sup> at 9:00pm
- NO 'DAY OF' ENTRIES.

### **Entry fees:**

- \$6: Track Rascals (Event #1), \$10 if received after September 25th deadline
- \$8: 2016 & older athletes \$15.00 if rec'd after September 25th deadline.
- \$5: BC Athletics day of entry fees apply to individuals who are not currently registered with BC Athletics

(\*NOTE: BC Athletics training memberships still require the \$5.00 day of entry fee).

#### Parking:

- 3 parking lots available along 132<sup>nd</sup> Street
- 2 parking lots at lower end of park off Crescent Road
- Another lot off 128<sup>th</sup> Street at 25<sup>th</sup> Avenue (tennis courts parking)
- Please **DO NOT** park alongside the road on 132<sup>nd</sup> Street the bylaw officer will ticket you!

#### Awards:

- Event 1 Open (U20/Senior/Masters Males & Females) Medals to first 3 Males & Females overall and ribbons 1-8 in U20, U35, U45, U55 and U65, 65+ categories.
- Event 2 Track Rascals: participation ribbons
- Events 3 to 6 JD (2016-2013): 1-3 medals, 4th-15th ribbons
- Events 7 & 8
  - 2012 Males & Females: medals 1-3, ribbons 4-8th
  - U16 Males & Females: medals 1-3, ribbons 4-8th
  - U18 Males & Females: medals 1-3, ribbons 4-8th

# **COURSE MAP:**

