



ABOUT

The 2025 BC Athletics Indoor Track & Field Championships is the Provincial Indoor Track & Field Championship for the U16, U18, U20, Senior and Masters athletes. 2025 is the inaugural year for these championships.

BC Athletics would like to thank the Kamloops Track & Field Club for hosting the 2025 BC Athletics Indoor Track & Field Championships and the City of Kamloops and viaSport for supporting this event. Additionally, we would like to thank our BC Athletics Officials and event volunteers for their tireless efforts in making this event a success.



EVENT INFORMATION

Event:	2025 BC Athletics Indoor Track & Field Championships
Host:	BC Athletics & Kamloops Track & Field Club
Date:	March 7-8, 2025
Location:	Kamloops, BC
Venue:	Tournament Capital Centre – Field House 910 McGill Road, Kamloops V2C 6N6
Age Groups:	U16 / U18 / U20 / Senior / Masters
Sanctioned:	BC Athletics
Meet Director:	Wayne Elke (wcelke@shaw.ca)
Meet Manager:	Judy Armstrong (judy54armstrong@gmail.com)
Meet Entries:	Brian Beck (ktfcregistrar@gmail.com)
BC Athletics:	Garrett Collier (garrett.collier@bcathletics.org)
Website:	CLICK HERE
Registration:	CLICK HERE

EVENT ELIGIBILITY

To compete in the BC Athletics Indoor Track & Field Championships athletes must:

- ✓ Be a BC Athletics member who holds an Active Competitive Athlete Membership or equivalent from another Provincial Branch or World Athletics Federation*
- ✗ Day of Event memberships are not available or eligible for this event.

* Athletes from another Provincial Branch or World Athletics Federation should email the Track & Field Program Manager (Garrett Collier) at garrett.collier@bcathletics.org.

ENTRY STANDARDS

There are currently no entry standards for this event.

EVENT REGISTRATION + FEES

All registration will be online at: <https://www.trackie.com/register/2025-bc-athletics-indoor-track-and-field-championships/1016258/>

ENTRY DEADLINE

February 21st, 2025, by 11:59PM

\$20.00 for first individual event

\$20.00 for each additional individual event

\$30.00 for each relay event/team*

LATE ENTRY DEADLINE

February 28th, 2025, by 11:59PM

\$30.00 for first individual event

\$30.00 for each additional individual event

\$40.00 for each relay event/team*

+ \$5.00 fee per registrant for BCA Officials Development Fee

- **LATE ENTRIES FOR RELAYS ACCEPTED UP TO 60 MINUTES PRIOR TO RACE START TIME.**
- **ALL OTHER EVENTS: NO REGISTRATIONS ACCEPTED AFTER LATE ENTRY DEADLINE 11:59PM FEBRUARY 28, 2025.**
- **NO REFUNDS AFTER REGISTRATION DEADLINE (REGULAR OR LATE) IS CLOSED.**

REGISTRATION PACKAGES

Meet information packages and competitor numbers will be available for pick up at the registration table located at (location TBA) starting **Friday, March 7 at 2:00PM**. On Saturday, March 8th the registration table will be open at 7:30AM. **There are no refunds once the online registration deadlines have passed.**

TECHNICAL COMPETITION RULES

COMPETITION CATEGORIES

This event serves as the indoor provincial championship for the following age groups: U16 (2010/2011), U18 (2008/2009), U20 (2006/2007), Senior (2005+) and Masters (1990+).

- ! Athletes are permitted to compete up one age group but must do so for all individual and combined events entered in the meet except for relay teams.

ORDER OF EVENTS

All track events will be run from oldest to youngest, females then males (exception hurdles).

FACILITY INFORMATION

The Tournament Capital Centre Fieldhouse contains a 6 lane, 200m oval track and an 8 lane 60m sprint runway. The track is a Mondo surface. This meet will use fully automatic timing. There is a complete jumps area and shot/weight throwing areas. Change rooms are available.

SPIKE LENGTH

The maximum spike length allowed is 7mm for all events. **NOTE:** only Pyramid or Christmas Tree spikes allowed. **No Needle spikes.**

COMPETITION NUMBERS

Each athlete will receive two (2) competition numbers which must be worn on the front and back for all events except for High Jump and Pole Vault and at the discretion of the official. Competitors numbers will be included in the registration packages. Lost or destroyed numbers will be replaced with a \$10.00 replacement fee.

Hip numbers for track events must also be worn on both hips and on the upper left chest area.

COMPETITION ATTIRE

All Club athletes are encouraged to wear their Club issued uniform. Unattached athletes should wear appropriate athletic gear for their event(s). Relay teams must wear matching singlets/tops (slight differences in design permitted).

MARSHALLING

For all TRACK EVENTS, athletes are please asked to report to the event start line 30 minutes prior to the scheduled start of their event.

For all FIELD EVENTS, athletes are please asked to report directly to the event site by the following times:

Events	Check in at event location:
High Jump	40 minutes before start of event
Pole Vault	60 minutes before start of event
Other Field Events	30 minutes before start of event

THROWING IMPLEMENTS

All implements will be supplied by the meet organizers. Indoor weight throw and shot-put implements will be used. Athletes may use their own Indoor implements which must meet World Athletics standards. They must be weighed-in and measured at least 45 minutes prior to the competition. The weigh-in station will be located near the throws area of the Fieldhouse.

ATHLETES WITH CONFLICTING EVENTS

All events will go as scheduled. Athletes must check in at their event for both events and notify the officials at all events which are in conflict. Athletes in field events **will forego their attempt in a round** if the round has been completed before they return.

WA RULE 4.4 – HONEST EFFORT RULE

This event will enforce the “honest effort rule” under World Athletics Rule 4.4

An athlete shall be excluded from participation in all further events (including other events in which they are simultaneously participating) in the competition, including relays in cases where:

- 4.4.2 An athlete qualified in a Qualification Round of an event for further participation in that event but failed to participate further.
- 4.4.3 An athlete failed to compete honestly with bona fide effort. *(Note: the situation foreseen in Rule 4.4.3 of the Technical Rules will not apply to individual events within Combined Events).*

QUALIFYING FOR FINALS

LANED TRACK EVENTS. Laned track events on the straight with 8 or fewer competitors will advance to the final and compete at the scheduled final time. Laned track events on the oval with 6 or fewer competitors will advance to the final and compete at the scheduled final time.

FIELD EVENTS. For Horizontal Jumps and Throws – In events where there are more than 8 BC athletes, eight (8) BC athletes will advance to the final and receive an additional 3 attempts. Non-BC athletes who would normally qualify to the final will also advance to the final. In this case, more than 8 athletes may be in the final. For advancement in this situation, a non-BC athlete cannot displace a BC athlete. Therefore, officials will select until 8 BC athletes are selected in addition to any non-BC athletes who had a performance above the 8th ranked BC athlete.

SEED PERFORMANCES

Coaches and Athletes are expected to submit current indoor 2025 electronic seed times when registering for all track events to ensure correct seeding. Trackie will verify any seed marks for Athletics Canada athletes.

PROTESTS

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event (**WA TR 8.2**). Result announcements and posting must be time stamped, and that time is considered the beginning of the 30-minute period. The Protest is made orally to the relevant Referee (e.g. the Jumps or Throws Referees) for the relevant Field event, or the Track Referee for the Track event.

A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee.

Only an athlete, or his/her representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director or Technical Information Centre if the Referee is not immediately available. No deposit is required for a PROTEST.

In track events, “if an athlete makes an immediate oral protest against having been charged with a false start, a Track Referee may, if they are in any doubt, allow the athlete to compete “under protest” in order to preserve the rights of all concerned (**WA TR 8.4**). Please also refer to the remaining rules in RULE 8.4 for clarification of other potential issues.

The Referee should record his/her decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

APPEALS TO THE JURY

The original protestor, or anyone else affected by the Referee’s decision has the right to make an APPEAL TO THE JURY regarding the Referee’s decision, within 30 minutes of the official announcement of that decision. An APPEAL TO THE JURY shall be in writing and should cite the relevant Rule number. A \$50.00 deposit shall accompany an APPEAL TO THE JURY. The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

JURY OF APPEALS: A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

AWARDS

BC Athletics Championship medals will be awarded for 1st to 3rd place for all events, including BC and non-BC Athletes.

A medal ceremony will take place for each final event once the results are posted (30 minutes following the conclusion of the event). Medal ceremony location TBA.

MEDICAL + FIRST AID

Medical and First Aid Services to be offered onsite by St. Johns Ambulance. Please note the nearest hospital/medical center is 3Km from the track at:

Royal Inland Hospital
311 Columbia Street
Kamloops, BC V2C 2T1

MERCHANDISE AND CONCESSION

BC Athletics and Championship merchandise will be available for pre-order and onsite sales. Available styles, sizes and pre-order information will be announced on BC Athletics social media and event page registration.

There is a concession available during the meet, near the main entrance to the Tournament Capital Centre.

ACCOMMODATIONS

BEST WESTERN PLUS

660 Columbia Street West
Kamloops, BC V2C 1L1
(250) 374-7878

Booking URL: https://www.bestwestern.com/en_US/book/hotel-rooms.62122.html?groupId=S48FU5A9

Group Name: VanRywyk and BCA Indoor Championships – Track & Field

Contract Name: Judy Armstrong

Room Types:

QQH - \$115.00/night (up to 4 adults per room, extra person \$20.00)

QQ - \$115.00/night (up to 4 adults per room, extra person \$20.00)

Note: There are many other hotels near the Tournament Capital Site on Columbia Street West and on Rogers Way. The TRU Accommodations are not available. Please see the Tourism Kamloops website - <https://www.tourismkamloops.com/stay/> - for hotel suggestions. Use the Aberdeen – Sahali – Dufferin region for accommodation closest to the Tournament Capital Centre.

TRAVEL INFORMATION

FLYING

1. Air Canada – [BOOK NOW](#)
2. Pacific Coastal Airlines – [BOOK NOW](#)
3. Westjet – [BOOK NOW](#)

DRIVING

Arriving from the west (Highway #5): Exit to the right at exit 367 and turn left onto Hillside Way (this will take you across the highway). When you reach the end of Hillside Way turn right onto Hillside Drive and follow this road to the Tournament Capital Centre. **(NOTE:** left turns are not permitted on McGill to the TCC parking. Please continue through the light at Hillside Drive and follow University Drive. Then make your way through the parking area for Hillside Stadium.) Arriving from the east

(Highway #1): Exit to the right at exit 370 and turn right onto Summit Drive. Follow Summit Dr. and turn left after the Real Canadian Superstore onto McGill Rd. Follow McGill until you reach the Tournament Capital Centre.