

Universal JD T&F Meet, Sunday, May 18, 2025

Entry Deadline, Midnight May 14, 2025, 11:59 pm. EST

Hosted and Organized by *Universal Athletics Club*

Sanctioned By: BC Athletics Association

Meet Director: Sue Kydd, suekydd50@gmail.com

Meet Venue: All events will be held at North Delta Secondary School, 11447 82 Ave, Delta, BC V4C 5J6

Age Divisions:

- **Rascals** aged 6 to 8, (birth years, 2017/18/19.) **Activities:** LJ, Jav throw, low barrier run, 60m sprint
- **Junior Development Athletes, (JD's)** aged 9 to 13 will be scored in single age groups but will compete in multiple age groups within events.

Entry Information:

- Registration is only online via Trackie except for late entries at the meet. [Click here](#) to register.
- \$10.00 per Rascal for 4 activities.
- \$10.00 per Junior Development event.
- When entering athletes in Trackie, it's important to have the correct BIRTH YEAR. For example, you can use Dec. 31, 2012 for all 13-year old's. We don't need to know their actual birth date.
- Birth years (13yr = 2012) (12yr. = 2013) (11yr. = 2014) (10yr. = 2015) (9yr. = 2016)
- No refunds or changes once entries closed.
- Athletes must register by event.
- Athletes will be seeded by performances provided at time of entry within the online entry form.
- Non-BCA members must pay a one time \$3.00 insurance/membership fee for the meet.

Bib # Pick-up: Bib # will be available for pick-up after 8:45 a.m. at the registration desk at the east end of bleachers.

Late Entries and Fees:

- No late e-mail/phone entries will be taken.
- Late entries must be done at the meet and paid for at time of registration. Late entries will be cut-off 60 min. prior the event being registered for except 9:30am events which will be 30 min before
- Late fees are \$20.00 for all. Payable by exact cash or cheque made out to Universal Athletics Club.
- Late entries will not be seeded and may not be accepted in sprints if lanes are full.

Awards:

- Podiums will be available for photos.
- Awards for 1st, 2nd, & 3rd. Ribbons for 4th to 8th.
- Awards may be picked up 30 minutes after results are posted, (barring protests.)
- Unclaimed awards will not be mailed out.
- Rascals will receive a special gift at the completion of their events.

Results:

- Posted at meet and available on [Universal Athletics Club](#) and [BC Athletics](#) websites after meet.

Meet Rules:

- IAAF rules with BC Athletics Junior Development variations.

Equipment:

- Equipment will be supplied by Universal Athletics. **Competitors are required to use meet equipment.**

FIRST AID:

- An Emergency Room Doctor will be onsite. Surrey Memorial Hospital – 7 km away.

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Marshalling:

- The schedule lists the **START** of the competition, not the start of an athlete's warm-up.
- Field events will marshal at their venue. As soon as the prior event is finished athletes may start getting their marks and checking in with the official. Athletes may NOT use throwing equipment unless an official is present and says you may do so.
- Track events will marshal near the start lines. Older athletes should check in 15 minutes before the scheduled start time of the event. Younger athletes should check in when athletes who are 2 years older are actually competing. Checking in too soon will just slow things down.

Conflicting Events:

- Be advised there will be conflicts with some age groups between track and field events.
- To avoid missing field events or races, athletes should report to BOTH field and track events. Parents/Coaches should help their athletes keep track of when their events are being run.
- BCA officials will **TRY** to facilitate athletes doing both events. Athletes cannot "catch up" on missed rounds of field events, nor move into different heats/races and/or compete with other age groups because of missed events. **Read the schedule carefully before registering.**

Seeding:

- Athletes will be seeded randomly for 100m heats, the top 8 fastest times will proceed to the finals.
- Timed finals will be seeded according to provided seed times at the time of online registration. Timed finals sections will be seeded with the fastest seeds in the same section and the fastest section competing last. **Athletes will not be moved because they haven't provided a seed time.** Athletes without seed times may be placed in any heat or unfilled lanes.
- IT IS THE RESPONSIBILITY OF THE PERSON ENTERING THE ATHLETE TO FILL IN SEED TIMES ON THE ONLINE ENTRY FORM, AND ENSURE SEED TIMES ARE ACCURATE.
- The meet has the right to verify seed times and will adjust as necessary.

Preliminary Heats:

- Heats will be held in the 100M events. All other Track events will be run as timed finals.
- **If there are 8 or less athletes in a heat, that heat will be run as final at the time of the heat.**

Throws and Horizontal Jumps:

- Each athlete is permitted 3 attempts.

Vertical Jumps:

- The bar is to be raised by 5 cm in HJ. 3 consecutive failed attempts will eliminate an athlete.
- The starting height will be determined at the start of the event by the BCA official in charge.

Facilities:

- Spike lengths are 7mm with the exception of 9mm for high jump.
- Synthetic/Polyurethane track, jump and javelin run ups. Concrete throwing surfaces
- Finish Lynx Electronic Timing System

Protest:

- Athletes or a representative must attempt to resolve the concern, either verbally or in writing, within 30 minutes of posting, with the Event Referee. The Event Referee will deliver a decision.

Appeal:

- The decision of the Event Referee may be appealed, within 30 minutes, by any athlete or representative affected by the decision.
- The Appeal is made to the Jury Of Appeal, in writing, and must be accompanied by \$50.00 cash. If the appeal is upheld, the fee will be returned.
- Results officials shall be advised immediately if there is a protest/appeal so awards will not be given out until dispute is resolved.

Jury of Appeal:

- A jury, comprised of two BC Athletics officials (not involved in the conflict and experienced in the field of play questioned,) and the Meet Director or Meet Manager will be asked to resolve any appeal during the meet. The decision of the jury will be final.

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Schedule

Events NOT offered: 60M, 300M, 2000M 200MH, Racewalk, Relays, Triple Jump, Pole Vault, Hammer

All Track events except for the 100m will be timed finals

Events may be run up to 30 minutes earlier than the scheduled time after 12:00 pm

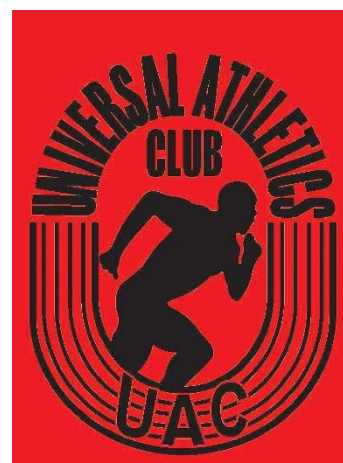
Competition bib numbers must be worn on the front for all events.



Start Lists and
Results QR Code

Track Events

9:30AM	200m F&M	11/12/13 Year Old's
10:30AM	60mHurdles F&M	9/10/11 Year Old's
11:15AM	80m Hurdles F&M	12/13 Year Old's
11:45AM	1000m F&M	9/10/11 Year Old's
12:15PM	1200m F&M	12/13 Year Old's
12:35PM	100m Heats F&M	9 to 13 Year Old's
	Lollipop Race	Under 9 Year Old's
2:10PM	600m F&M	9/10/11 Year Old's
2:35PM	800m F&M	12/13 Year Old's
3:00PM	100m Finals F&M	9 to 13 Year Old's



- **Track Events** will be scheduled **Youngest to Oldest, Girls then Boys**. Example, 13-year Girls then 13-year Boys. Hurdle events will follow distances/heights to efficiently setup the up the hurdles
- **Age groups** in distance races may be combined by gender where numbers warrant.
- The GRASS infield is **OUT OF BOUNDS**. Discus and Javelin events will be ongoing.
- Only Athletes and officials are permitted in the competition areas as defined by the BCA Official.

Field Events

Time	High Jump	Long Jump	Shot Put	Discus	Javelin
10:00AM	9/10/11M	12/13F	9/10/11F	12/13M	10/11M
11:35AM	12/13M	9/10/11F	9/10/11M	12/13F	12/13M
12:50PM	12/13F	9/10/11M	12/13M	10/11F	12/13F
2:00PM	9/10/11F	12/13M	12/13F	10/11M	10/11F

NOTE: High Jump and Javelin have the same schedule.

Rascal Events Start, 11:30 am

Rascal events will start at 11:30AM. and will use a running schedule, (one event after the other,) in the following order/location. Long Jump at the LJ pit, Low Barrier run and Nerf Javelin on the east apron near the javelin runup and the 60 Meters on the track.

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Useful Information

Competitive Ages for the 2025 Track Season

IF an athlete was born in a calendar year, (Jan. 1st through Dec. 31st.)
then they are deemed to be this competitive age.

Born in 2012 = 13-year old's or U14	Born in 2015 = 10-year old's or U12
Born in 2013 = 12-year old's or U14	Born in 2016 = 9-year old's or U10
Born in 2014 = 11-year old's or U12	Born in 2017/18/19 = Rascals



BCA Specifications for Hurdles and Throws

As per the

[Events & Technical Specifications Manual for Athletics, Sept. 2020](#)

Hurdles

We will be using practice/scissor /kick away hurdles. Distance colours are for the Delta track.

80 Meter, 8 Hurdles

13 Yr. M	30"	Black, 8.00M	12:00M to first hurdle
13 Yr. W		Grey, 7.50M	
12 Yr. W/M	27"	White, 7.0M	

60 Meter, 6 Hurdles

11/10 Yr. W/M	24"	Orange 6.5M	11:00M to first hurdle
9 Yr. W/M	21"		

Throws

Shot Put

Women		Men		Women		Men	
9 to 11	2 kg	9 to 11	2 kg	10 to 13	750g	10 to 11	750g
12 to 13	3 kg	12 to 13	3 kg			12 to 13	1K

Discus

Javelin

Women		Men	
10 to 13	400g	10 to 11	400g
		12 to 13	500g