



# 2025 Kamloops Twilight Hammer Throw

Hosted by the Kamloops Track and Field Club  
Sanctioned by BC Athletics

**Friday, April 25, 2025**

**Location:**

Hillside Stadium, Thompson Rivers University, 910 McGill Rd, Kamloops, BC

**Facility:**

Concrete Throws circle

**Meet Manager:**

Judy Armstrong: Ph: (250) 319-6321      e-mail: [judy54armstrong@gmail.com](mailto:judy54armstrong@gmail.com)

**Meet Director:**

Wayne Elke: Ph: 250-554-4240      e-mail: [wcelke@shaw.ca](mailto:wcelke@shaw.ca)

**Eligible Athletes:**

- 2025 BC Athletics Annual Athlete members or equivalent from another Prov/Terr, or National Athletics Federation.
- 2025 School Club Members – Elementary, middle or high school students whose schools hold a School Club Membership are eligible to compete. The meet registrar must receive and validate the BC Athletics School Club membership number prior to athletes registering.
- **“Day of Event” School Club Members: This is only eligible to athletes attending elementary, middle or high school who are not members of BC Athletics – Elementary, middle or high school students whose schools **do not** hold a School Club Membership can purchase “Day of Event” School Club Membership insurance for \$5.00**

**Entry Fees:**

- U16 and older athletes - \$25.00/event.
- **Late entries after April 23 for individual events will be charged \$30.00/event.**

**Registration & Entries:**

**Entries Chairperson:**

Daniel Elke: Ph: 250-554-4240      email: [wcelke@shaw.ca](mailto:wcelke@shaw.ca)

All entries must be submitted to Daniel by the following method:

- **Online Form – Online at the TrackieReg website <https://www.trackie.com/event/2025KamloopsTwilightHammerThrow>**

**\*\*ENTRY DEADLINE\*\*:** 8:00 pm, Wednesday, April 23, 2025. All entries must be received by this time to avoid late entry fees and to ensure there is room in laned events.  
**Late Entry Deadline:** 8:00 pm, Thursday April 24, 2025.

## **COMPETITION RULES AND OTHER INFORMATION**

### **REGISTRATION PACKAGES:**

No registration packages will be given out at this meet

### **COMPETITION CATEGORIES:**

U16 (10/11), U18 (08/09), U20 (06/07), Senior (05-91), Master (35-and older as of 1<sup>st</sup> day of the meet). **Master athletes must include their full birth date in registration.**

### **AWARDS:**

No medals or ribbons will be given out at this meet

### **MARSHALLING:**

Check-in for all field events is at the event site. All athletes must check-in a minimum of 30 minutes prior to the scheduled start time.

### **COMPETITION NUMBERS:**

Competition numbers will not be used at this meet.

### **IMPLEMENTS:**

All implements will be supplied by the meet organizers. Athletes may use their own implements which must meet WA (World Athletics) standards. They must be weighed-in and measured at least 45 minutes prior to competition start. The weigh-in station will be located at the throws building on the lower field throwing area.

### **COMPETITIVE ATTIRE:**

All athletes are encouraged to wear their club uniform or other prescribed uniform if not a member of a club.

### **PROTESTS**

“Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event.” (TR8) Result postings should be time stamped, and that time is considered the beginning of the 30-minute period. The Protest is made orally to the Field Referee

Only an athlete, or his/her representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director or Technical Information Centre (if there is one) if the Referee is not immediately available. No deposit is required for a PROTEST.

The Referee should record his/her decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

### **Appeals to the Jury**

The original protestor, or anyone else affected by the Referee’s decision has the right to make an APPEAL TO THE JURY regarding the Referee’s decision, within 30 minutes of the official announcement of that decision. An APPEAL TO THE JURY shall be in writing, and should cite the relevant Rule number. A \$50 deposit shall accompany an APPEAL TO THE JURY. The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

### **JURY OF APPEAL:**

A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

### **MEDICAL:**

St. John’s Ambulance.