Updated Jan 22, 2025



PANDAS Open: February 7-9, 2025

Hosted by Golden Bears and Pandas Athletics/Track & Field

University of Alberta - Universiade Pavilion 87 Ave & 114 st. Edmonton, AB

Full Mondo Surface 7 Lane, 200m oval, 60m 9 lane straight with 40m shut down + concrete & movable wooden circle

Event Info:	https://bearsandpandas.ca/sports/track-and-field
Register:	https://trackie.com/event/Pandas Open 2025
Live Performance Lists/Results:	https://live.windsortiming.com/meets/43137
Live Broadcast:	<u>https://canadawest.tv/</u>

Expected Timelines: Week of competition

5	- Entry & scratch deadline via trackie only
Wednesday @Noon	- Inclusion of club entries into USPORTS sections known and communicated via performance list
Wednesday @ 8:00PM	- Final Schedule
Thursday @ noon	- Heat Sheets posted (Sunday sections seeded and posted Saturday)
Friday @ 3:00PM	- Competition begins

No athletes on track level before 1:00PM on Friday

Sanctioned by Athletics Alberta

Primary Purpose & Intent of Competition:

The primary objective of the Pandas Open (PO) is to provide a high-quality competition for USPORTS athletes. All decisions about scheduling and seeding are made with that interest in mind.

All UNI events are governed by Canada West Playing Regulations All Club window – U12/ U14 / U16 / U18 / U20 / Senior / Masters events are governed by Athletics Alberta, Athletics Canada, and WA rules

Eligibility:

Pandas Open is open to the public to enter. Athletes and coaches must appear on a formal USPORTS eligibility roster or be active member of their respective provincial athletics association. International athletes should contact the meet director.

Refer to the event offerings table below for specific information on what events are offered for each category. Generally framework is most events for U16 and up, with 2nd year U14's being permitted in the U16 category. Select events for U12 and U14 category on Sunday.

Select events for masters athletes will be included. If an event is not offered, masters are welcome to enter the open category but will be require to compete under open specifications including potential minimum performances.

Inclusion into UNI categories:

This occurs by approval of request. At the closure of entries top entries within the U20+ category who have made a request, will be considered and included into UNI sections as deemed appropriate by event management team. These decisions will be made after the closure of entries. Individuals should check the meet program and start lists when they are published as per the timelines indicated.

Dates, Registration Links: Pandas Open:

February 7-9, 2025 10th Annual

https://trackie.com/event/Pandas Open 2025

Registration Deadli	ine: Tuesday Feb	oruary 4, 2025 @ noc	on (late entries not accepted)
Entry Fees:			
1 st event - \$30;	2 nd event - \$25;	3 rd event - \$15	Relays - \$30

Scratches / Entry Changes or Mistakes

Help us do a great job by doing your part!

<u>All registrations are the responsibility of the athlete or the club registering</u>. Verification of your entry is provided via trackie to the email inputted in the entry process. You can search your inbox by <u>noreply@trackie.com</u> If there is a mistake you need to deal with it in your trackie account and registration prior to the closure of entries.

If you have made a mistake or wish to scratch your entry, you are able to do this on your own prior to the closure of entries by logging into your trackie account. <u>https://www.trackie.com/my-account/</u>

Scratches that occur after the closure of entries should be emailed to the competition director (<u>robfisher004@gmail.com</u>) and cc'd to the meet director (<u>wes.moerman@ualberta.ca</u>). Scratches occurring after the closure of entries are not refunded, and are helpful to have to ensure proper seeding and great competitions for all athletes.

Seed Marks:

Seed marks are subject to verification using Athletics Canada Indoor Rankings or USPORTS Rankings (Jan 1 2024 – Tue Feb 4, 2025). This occurs through the automated process in trackie. Special requests for speculative seeds not found in either of the two primary ranking systems must be sent to meet director by Tuesday at NOON, with clear rationale and links to direct results provided to be considered.

ALL REGISTRATIONS AND PAYMENTS MADE ONLINE VIA TRACKIE

Coach Registration

Coaches who are not members of university coaching staff's must register in advance (same deadline as athlete entries). To be considered a coach you must be:

- a) Actively registered with respective provincial athletics association
- b) Have a current CRC completed, Safe sport course via coach.ca completed, completed Making Ethical decisions and be in training, trained or certified in the appropriate NCCP context

https://trackie.com/event/Coaches UA 2025 Pandas

Schedule notes:

Event & Time Emphasis

Friday Afternoon & Evening + Saturday Afternoon Saturday AM, PM + Sunday Sections

= USPORTS & Top Entries by approval of request= Remaining senior events and all other events offered.

Tentative schedule is posted on the trackie registration page and included below.

		2025 Pandas Oj	pen TENTATIVE SC	HEDULE
	Live Res	ults: https://live	e.windsortiming.c	om/meets/42758
Friday Nig	ght - Varsity V	Vindow		
Approxim	ately 2pm - 8	3pm		
Track			Field	
60m H	Pent	Timed Final	Long Jump	W/M/Pent/Hep
60m H	W	Heats	Pole Vault	М
60m H	М	Heats	Shot Put	M/Pent/Hep
60m	Нер	Timed Final	High Jump	Pent/Hep
60m H	W	Finals	Weight Throw	W
60m H	М	Finals		
300m	W/M	Heats		
3000m	W/M	Timed Final		
1000m	W/M	Timed Final		
300m	W/M	Finals		
4x800m	W/M	Finals		
800m	Pent	Finals		
Saturday	AM - Varsity	Window		
Approxim	ately 11am-	3pm		
Track			Field	
60m H	Нер	Timed Finals	Triple Jump	W/M
60m	W/M	Heats	High Jump	W/M
600m	W/M	Timed Finals	Pole Vault	W/Hep
60m	W/M	Finals	Weight Throw	М
1000m	М	Нер	Shot Put	W
4x200m	W/M	Timed Final		
1500m	W/M	Timed Finals		

4x400m	W/M Timed F	inals		
Saturday	PM - Age Class Window			
Approxim	ately 4pm-8pm			
Track			Field	
60m H	U16/U18/Open W/M	Heats	Triple Jump	W/M
1000m	U16/U18/Open W/M	Timed Finals	Pole Vault	W/M
60m H	U16/U18/Open W/M	Finals	High Jump	М
300m	U16/U18/Open W/M	Timed Finals	Shot Put	W/M
3000m	U16/U18/Open W/M	Timed Finals		
4x200m	U16/U18/Open W/M	Timed Finals		
Sunday - J	Age Class Window			
Approxim	ately 10am-4pm			
Track			Field	
60m H	U12/U14 W/M	Heats	Long Jump	W/M
1200m	U16 W/M	Timed Finals	High Jump	W + U14 M
1500m	U18/Open W/M	Timed Finals	Weight Throw	W/M
60m H	U12/U14 W/M	Finals	Shot Put	U12/U14 W/M
60m	All Ages W/M	Heats		
600m	U16/U18/Open W/M	Timed Finals		
60m	All Ages W/M	Finals		
	U16/U18/Open/Mas			
RW	W/M	Timed Finals		
150m	U12/U14 W/M	Timed Finals		
200m	U16/U18/Open W/M	Timed Finals		

Preferred Lanes, order of events and advancements:

Preferred lanes:	Oval preferred = 6 /7/5/4/3/2/1
Order of events:	Timed finals run FAST to SLOW
	Whenever possible women compete before men at Pandas Open

Alternates in finals:

For events having heats and finals, alternates in the finals will be listed. Meaning, if 8 athletes advance to the final, places 9-11 will be listed as alternates. Alternates will be permitted to race in the final should scratches occur in time.

300m / 4x200 / 4x400m Lane Draws:

Timed Final Structure

Top (fastest athletes) seeded in Lanes 6, 7 & 5 respectively according to seedtime. Remaining (slower athletes) seeded in lanes 4, 3. Example: Seed #4 would be Heat 2, Lane 6

Heats/Finals Structure

Heats are arranged according to seedtime in Lane 6, 7, 5, 4, 3 (ie not random draw) Finals are a twosection final of 4 athletes seeded in lanes 6, 7, 5, 4 according to heats performance.

Call Room / Check In / Numbers

Check in is required, however there will be no call room in effect. Track Events:

- You should be checked in for your event 20min prior to the event and arrive to the start line 5min prior to your event ready to race. We will not wait for you at the line.
- Field Events:
 - \circ Check in on site
- Numbers worn on back for races that finish in set lanes. Numbers worn on front for races that do not finish in set lanes. Hip numbers on right hip

USPORTS Minimum measurements

- A minimum measurement procedure will be in place for USPORTS Long Jump events. Marks will only be measured for distances above:
 - \circ LJ: Women: 4.50m and above

Men: 5.50m and above

Spectators/Parents

Fans, spectators and parents are encouraged to attend. You are asked to remain in the bleach sections are refrain from going onto the track and warm up areas.

It is our intention to provide a webstream of the event and hosted on <u>https://canadawest.tv/</u> Exact links will be communicated closer to the event date and will be found at <u>https://bearsandpandas.ca/sports/track-and-field</u>

Location

Entry location occurs at the top of the ramp on the south side of the Van Vliet Centre (87 ae). This is the concourse level above the 60m start line. Map locations can be found at:

Campus Map:

Building Map: https://www.ualberta.ca/campus-community-recreation/facilities/north-campus/map.html

Event Offerings:

U14/U12

- To support youth development, select events are offered on Sunday. They include 60m hurdles with scissor/breakdown hurdles, 60m, 150m sprint, long jump, high jump (U14 only) and shot put.

Contact Info / Role

Meet Director

Wes Moerman (head coach) wes.moerman@ualberta.ca 780.492.5097 Competition Director (schedule, entries, seeding) Rob Fisher (asst coach) robfisher004@gmail.com 780.975.2847 Timing/Results (results & live results) Vernon Schmid vernon@ellistiming.ca

2025 Pandas	UNI **By approval - see package**	Open (U20+) @ Senior Specs	U20 Specs	U18	U16	U14	U12	
Sprints / Hurdles								
60m Hurdles	1	1	1	1	~	1	 ✓ 	
60m	1	✓ as Open	(U20+)	~	1	1	~	
150m						1	 ✓ 	
200m		✓ as Open	(U20+)	~	~			
300m	1	✓ as Open	(U20+)	1	~			
Relays		•						
4x200m	1		1					
4x400m	1							
4x800m	1							
Mid D / Long D / Wa	alks							
600m	· ·	✓ as Open	(U20+)	1	~			
1000m	1	✓ as Open		1	~			
1200m					~			
1500m	1	✓ as Open	(U20+)	~				
2000m					~			
3000m	1	🗸 as Oper	n (U20+)	~				
Racewalk			✓ 800m					
Jumps								
Long Jump	1	✓ as Open	(U20+)	1	~	1	 ✓ 	
Triple Jump	1	✓ as Open		~	~			
Pole Vault	1	✓ as Oper		~	~			
High Jump	1	✓ as		~	~			
Throws / Multi Ever	nts	•						
Weight Throw	1	×	1	~	~			
Shot Put	1	1	1	1	~	1	 ✓ 	
Pent - W / Hep - M	1							
Masters								
	Masters	specific events	: LJ. HJ. SP. V	νT				
Para				· ·				
Wheelchair			50m & 200m					
AMB			er request					
		р р	ci icquest					
Multi's Events								
1 1411 3 275113								
	60mH				~	0m		
Pent	60mH	Hep - Day 1		60m		4		
Women	High Jump	Men		Long Jump		-		
vvomen	Shot Put			Shot Put		-		
	Long Jump			High Jump			-	
	800m	Hep - Day 2		60mH			4	
		Men		Pole Vault		4		
1000m				-				
Web Strear	n available at: https:/	/bearsandpand	as.ca/sports	s/trac	k-and	-field		
	/e Results: https://liv							
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