

**JUDO
SASK**



JOIN US!
March 21-23

FEMALE RETREAT

Train



Spend the weekend training with olympian:
Ana Laura Portuondo Isasi

Laugh



Make memories with exciting activities and new friends!

Grow



Build confidence, strength, and empowerment on and off the mat!

**FREE
FOR JUDO SASK
PARTICIPANTS**



Register:

**ACCESS THE TRACKIE LINK THROUGH
THE JUDO SASK EVENETS CALENDAR
[HTTPS://WWW.JUDOSASK.CA/EVENTS/
EVENTS-CALENDAR.HTML](https://www.judosask.ca/events/events-calendar.html)**