




MATSURU

COUPE • CUP



WWW.MATSURUCUP.COM

1er Mars 2025 • March 1, 2025
Longueuil, Québec



CÉGEP ÉDOUARD-MONTPETIT
260 Rue de Gentilly E, Longueuil, QC J4H 4A4

U10 • U12 • U14
U16 • U18 • U21 • SR • VET



**ÉDOUARD
MONTPETIT**

CÉGEP D'AVENIR

juv
QUÉBEC



sponsored by

MATSURU



MARCH 1st 2025



CATEGORIES

MARCH 1st 2025

U-10, U-12, U-14, U-16, U-18, U-21/Senior et Veterans

LIMITE 800 PARTICIPANTS



WEIGH-INS

WEIGH INS - CENTRE SPORTIF - CÉGEP ÉDOUARD-MONTPÉTIT

260 Rue de Gentilly E, Longueuil, QC J4H 4A4

| U-10 | U-12 | U-14 | U-16 | U-18 | U-21/SEN/VÉT |
|---|---|--|---|--|--|
| BORN IN 2016 - 2017 | BORN IN 2014-2015 | BORN IN 2012-2013 | BORN IN 2010-2011 | BORN IN 2008-2009-2010 | U-21/Sén - 2010 & before Vét. - 1995 & before |
| Met W | Met W | Met F | Met F | Met F | Met F |
| Grade: White, W/Y, Yellow+ | Grade: Yellow + | Grade: Yellow & Orange Green + | Grade: Yellow & Orange Green + | Grade: Yellow & Orange Green + | Grade: Y-O-G Blue + |
| Weigh-In: Friday 18:30 - 20:30 Saturday 9:30 - 10:30 | Weigh-In: Friday 18:30 - 20:30 Saturday 9:30 - 10:30 | Weigh-In: Friday 18:30-20:30 Saturday 12:00 - 13:00 | Weigh-In: Friday 18:30 - 20:30 | Weigh-In: Friday 18:30-20:30 Saturday 13:30 - 14:30 | Weigh-In: Friday 18:30 - 21:00 |

WEIGH IN IS MANDATORY FOR ALL CATEGORIES

QUESTIONS?

support@matsurucup.com





MARCH 1st 2025

START TIME – MATCHES

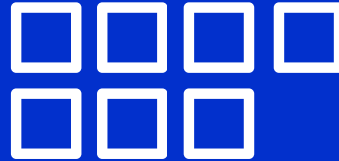
MARCH 1st

U-16 & U-21/Senior: 8:30

U-10 & U-12: 11:30

U-14: 14:30

U-18 et Vétérans: 16:00



7 mat areas



RULES

IJF RULES – NEW RULES FOR 2025

Match Duration

- U-10: 2 minutes continued
- U-12: 2 minutes
- U-14 et U-16: 3 minutes
- U18, U21/Senior : 4 minutes
- Veterans – 3 minutes



JUDOGIS

- WHITE JUDO GI for all
- BLUE JUDO GI mandatory for U-16, U-18 et U-21/Seniors & Veterans (GREEN BELT + ONLY)



MARCH 1st 2025



REGISTRATION

Online Via Website

www.matsurucup.com

U-10 & U-12

\$49 (Before Jan. 1 2025)
\$59 (2 to 25 Feb. 2025)

U-14 & U-16

59\$ (Before Jan. 1 2025)
69\$ (2 to 25 Feb. 2025)

U-18 / U-21
Seniors / Vet.

69\$ (Before Jan. 1 2025)
79\$ (2 to 25 Feb. 2025)

ONLY 1 DIVISION ALLOWED

✕ CANCELLATIONS

- \$20 cancellation fee
- No cancellation after Feb. 25th
- Refunds will be provided 1 week after the tournament

