

2024 Athletics NS Indoor Open - 2025-01-17 to 2025-01-18

Canada Games Centre

Meet Program

Event 1 Women 14-15 2000 Meter Run

Friday 2025-01-17 - 7:00 PM

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Sweeny, Evelyn	Crown Athlet	NT

Event 2 Women 16-34 3000 Meter Run

Friday 2025-01-17 - 7:15 PM

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	Campbell, Ella	Acadia Axeme	11:05.00
2	Buchanan, Paris	Acadia Axeme	11:08.00
3	MacLeod, Clementine	Acadia Axeme	11:11.00
4	Le Rudulier, Anne-Sophie	Acadia Axeme	11:14.00
5	Joseph, Ava	Acadia Axeme	11:20.00
6	Hayduk, Mackenzie	St. Mary's H	11:30.00
7	Brady, Ashley	St. Mary's H	11:30.00
8	Burke, Bhreagh	St. Mary's H	11:30.00
9	Daniels, Amanda	Acadia Axeme	11:32.00
10	Williams, Georgia	Valley Athle	11:45.00
11	Tobin, Evelyn	Athletics Ea	12:00.00
12	Moore, Lucy	Valley Athle	12:05.00
13	Beach, Deborah	Indépendant	NT
Section 2 of 2 Finals			
1	Carruthers, Anna	Athletics Ea	9:41.00
2	Mosher, Zoe	Unattached N	9:50.00
3	Pert, Molly	Dalhousie Ti	10:00.00
4	Wasson, Allison	A.S.E.A.	10:04.65
5	Keefe, Danielle	Dalhousie Ti	10:15.00
6	Sandluck, Breanna	Dalhousie Ti	10:15.00
7	Canning, Mairin	St. Francis	10:30.00
8	Kriebel, Eva	Dalhousie Ti	10:30.00
9	Sandluck, Allie	St. Francis	10:30.00
10	Kerr, Frankie	Dalhousie Ti	10:30.00
11	MacLeod, Frances	Athletics Ea	10:30.00
12	Pulfrey, Juliet	Dalhousie Ti	10:30.00
13	Evers, Molly	Athletics Ea	10:49.00

Section 2 of 2 Finals

Lane	Name	Team	Seed Time
Event 3 Men 14-34 3000 Meter Run			
Friday 2025-01-17 - 7:45 PM			
Lane	Name	Team	Seed Time
Section 1 of 3 Finals			
1	Hubka, Oliver	St. Mary's H	9:50.00
2	Andrews, Declan	Crandall Uni	9:52.00
3	DeLong, Timothy	Athletics Ea	10:18.64
4	Quinton, Jack	Athletics Ea	10:30.00
5	Gillis, Travis	St. Mary's H	10:59.00
6	Ackerman, David	Athletics Ea	NT
7	MacKenzie, Cailean	Crown Athlet	NT
8	Jensen-Peacock, Sidon	Valley Athle	NT

Event 3 Men 14-34 3000 Meter Run

Friday 2025-01-17 - 7:45 PM

Lane	Name	Team	Seed Time
Section 1 of 3 Finals			
1	Hubka, Oliver	St. Mary's H	9:50.00
2	Andrews, Declan	Crandall Uni	9:52.00
3	DeLong, Timothy	Athletics Ea	10:18.64
4	Quinton, Jack	Athletics Ea	10:30.00
5	Gillis, Travis	St. Mary's H	10:59.00
6	Ackerman, David	Athletics Ea	NT
7	MacKenzie, Cailean	Crown Athlet	NT
8	Jensen-Peacock, Sidon	Valley Athle	NT

Section 2 of 3 Finals

1	MacNeil, Jack	Pictou Count	9:05.00
2	Piccinin, Stephane	Halifax Road	9:05.00
3	Himmelman, Bret	Unattached	9:15.00
4	Breen, Briac	Dalhousie Ti	9:15.00
5	Cuthbert, Riley	Dalhousie Ti	9:15.00
6	Kyle, Brady	St. Mary's H	9:20.00
7	Culberson, Jackson	Crandall Uni	9:28.00
8	Blanchette, Luc	Crandall Uni	9:28.00
9	Mundy, Matthew	St. Mary's H	9:30.00
10	Labrecque, Alex	St. Mary's H	9:30.00
11	Miller, Cole	St. Mary's H	9:30.00
12	MacKenzie, Calder	Sfx Track A	9:35.00

Section 3 of 3 Finals

1	Rogers, Alex	Dalhousie Ti	8:30.00
2	Patterson, Liam	St. Francis	8:30.00
3	King, Brett	St. Francis	8:30.00
4	Benoit, Jacob	Dalhousie Ti	8:30.00
5	MacLean, Isaac	Dalhousie Ti	8:50.00
6	Purdy, Luke	Crandall Uni	8:50.00
7	Pokotylets, Maksym	Dalhousie Ti	8:55.00
8	Langille, Jack	Dalhousie Ti	8:55.00
9	Butler, Grayson	Dalhousie Ti	8:55.00

Event 4 Women 12-13 60 Meter Hurdles 30"

Saturday 2025-01-18 - 12:15 PM

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Bates, Matilda	Truro Lions	NT
2	Roode, Dani	Truro Lions	13.86
3	Densmore, Mara	Truro Lions	NT

Event 5 Women 50-54 60 Meter Hurdles 30" - 7.00m

Saturday 2025-01-18 - 12:15 PM

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
6	Weeks, Angela	Athletics Ea	10.98

Event 6 Women 14-15 60 Meter Hurdles 30"

Saturday 2025-01-18 - 12:20 PM

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
3	MacEachern, Adriana	Truro Lions	11.58
4	James, Chelsea	Crown Athlet	12.00

Event 7 Women 16-17 60 Meter Hurdles 30"

Saturday 2025-01-18 - 12:25 PM

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
2	Jeong, Hana	Pace Athleti	NT
3	Barteaux, Raelin	Annapolis Co	NT
4	Matheson, Pyper	Truro Lions	NT

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Section 2 of 2 Finals...(Event 7 Women 16-17 60 Meter Hurdles 30")

2	Lodge, Molly	Pace Athleti	12.05
3	Burke, Kaydence	Truro Lions	10.19
4	Angus, Courtney	Truro Lions	12.05
5	Coles, Abby	Pace Athleti	NT

Event 8 Women 18-34 60 Meter Hurdles 33"

Saturday 2025-01-18 - 12:35 PM

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

2	Haberer, Emily	Unattached N	10.50
3	Black, Raeden	St. Mary's H	10.02
4	Fortune, Alyssa	Pictou Count	10.48
5	Lawton, Brianna	St. Mary's H	10.50

Section 2 of 2 Finals

1	LeBlanc, Claire	Dalhousie Ti	10.00
2	Covert, Claire	Dalhousie Ti	9.50
3	Gaudry, Abbi	Dalhousie Ti	8.80
4	Smith, Maryn	Truro Lions	9.26
5	Hadskis, Maggie	Dalhousie Ti	10.00
6	Westbrook, Emma	Unattached N	10.00

Event 9 Men 16-17 60 Meter Hurdles 36"

Saturday 2025-01-18 - 12:45 PM

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

2	Oakes, Logan	Adrenaline A	9.00
3	Manning, Kingston	Athletics Ea	9.00

Event 10 Men 18-19 60 Meter Hurdles 39"

Saturday 2025-01-18 - 12:45 PM

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

6	Riis, Izaak	Adrenaline A	8.80
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Event 11 Men 18-34 60 Meter Hurdles 42"

Saturday 2025-01-18 - 12:50 PM

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

2	Wall, Eric	St. Mary's H	10.95
3	Bonnington, Oliver	Dalhousie Ti	NT
4	MacGregor, Peter	Unattached N	10.00
5	Marshall, Braden	St. Mary's H	10.50

Event 12 Women 12-13 60 Meter Dash No Blocks

Saturday 2025-01-18 - 1:00 PM

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

2	Bates, Matilda	Truro Lions	NT
3	Roode, Dani	Truro Lions	NT
4	Densmore, Mara	Truro Lions	NT

Section 2 of 2 Finals

1	Macaskill, Zoe	Pace Athleti	NT
2	Salaudeen, Na'eemah	Athletics Ea	NT
3	Willsey, Makayla	Valley Athle	8.48
4	Goodland, Betty	Unattached N	9.24
5	Macdonald, Lily	Pictou Count	NT
6	Alvarez Martinez, Sofia	Pictou Count	NT

Event 13 Women 14-34 60 Meter Dash

Saturday 2025-01-18 - 1:05 PM

Lane	Name	Team	Seed Time
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Section 1 of 8 Finals

2	Bergeron, Zoë	Unattached	NT
3	Adams, Reese	Athletics Ea	NT
4	Fagan, Naomi	Valley Athle	NT

Section 2 of 8 Finals

1	Matheson, Pyper	Truro Lions	NT
2	MacKinnon, Isabelle	Islanders Tr	NT
3	Kolstee, Autaum	Truro Lions	NT
4	Coolen, Ava	Truro Lions	NT
5	Lozier, Giana	Pace Athleti	NT

Section 3 of 8 Finals

1	Knock, Ella	Valley Athle	NT
2	Mason, Bailee	Special Olym	11.05
3	Francis, Lily	Truro Lions	9.42
4	MacEachern, Adriana	Truro Lions	9.50
5	Johnson, Skylynn	Special Olym	12.01
6	Joseph, Abigail	Pace Athleti	NT

Section 4 of 8 Finals

1	Boudreau, Naomi	Pace Athleti	8.90
2	Majury, Cate	St. Mary's H	8.85
3	Oulton, Kaleigh	St. Mary's H	8.77
4	Kelloway, Gabby	Pace Athleti	8.77
5	Lapier, Adyn	Pictou Count	8.89
6	Jeong, Hana	Pace Athleti	9.23

Section 5 of 8 Finals

1	Budgell, Alayah	Adrenaline A	8.62
2	Doyle, Lydia	Unattached N	8.60
3	Sampson, Anika	Unattached N	8.53
4	Getchman, Lila	St. Mary's H	8.60
5	MacKenzie, Bella	Special Olym	8.61
6	Lightbourn, Penelope	St. Mary's H	8.70

Section 6 of 8 Finals

1	Nwobu, Chidigor	St. Mary's H	8.45
2	Wile, Claire	Adrenaline A	8.35
3	Oshikoya, Lola	Dalhousie Ti	8.30
4	Hoskin, Brianna	Pace Athleti	8.31
5	Remington, Tayah	St. Mary's H	8.42
6	Asoh, Fedora	Crown Athlet	8.52

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Section 7 of 8 Finals...(Event 13 Women 14-34 60 Meter Dash)

1	Marsman, Lori	St. Mary's H	8.28
2	Denton, Athena	Annapolis Co	8.20
3	Dunbar, Chloe	Crown Athlet	8.12
4	Seamen, Carmen	Upei Panther	8.20
5	Maclachlin, Joy	Special Olym	8.21
6	Gouthro, Isabella	Dalhousie Ti	8.30

Section 8 of 8 Finals

1	Goodland, Doris	Unattached N	8.05
2	Sheppard, Lynn	Dalhousie Ti	8.00
3	Poisson, Ali	Dalhousie Ti	8.00
4	Raymond, Annabelle	Pace Athleti	8.00
5	Landry, Zoe	Unattached N	8.04
6	Mead, Kaitlynne	No Limits AC	8.07

Event 15 Men 12-34 60 Meter Dash**Saturday 2025-01-18 - 1:55 PM**

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Seed Time</u>
Section 1 of 11 Finals			
1	Sparks, Jackson	Pace Athleti	NT
2	Shehata, Zain	Crown Athlet	NT
3	Himmelman, Bret	Unattached	NT
4	Skeete, Noah	Pace Athleti	NT
5	Armstrong, Spencer	Crown Athlet	NT
Section 2 of 11 Finals			
1	Young, Hudson	Pictou Count	NT
2	Albert, Oliver	Valley Athle	NT
3	Young, Nolan	Athletics Ea	NT
4	Loebel, Paul	Stfx Track A	NT
5	Nagiah, Ghanan	Grit Athleti	NT
6	Hanninen, Logan	Valley Athle	NT
Section 3 of 11 Finals			
1	Narvey, Attila	Pace Athleti	NT
2	DeWolfe, Connor	Athletics Ea	NT
3	Sommers, Ben	Truro Lions	NT
4	Aigbe, Jeremy	Crown Athlet	NT
5	Seneker, TJ	Pace Athleti	NT
6	Murphy, Oliver	Athletics Ea	NT
Section 4 of 11 Finals			
1	Yakubu, Joaquin	Grit Athleti	NT
2	Noyes, Justin	Special Olym	9.21
3	James, Anthony	Special Olym	8.45
4	Thornhill, Jack	Special Olym	8.98
5	Newton, Chase	Special Olym	11.05
6	Wile, Trenton	Athletics Ea	NT
Section 5 of 11 Finals			
1	Lahey, Kegan	Special Olym	8.04
2	Adaramodu, Emmanuel	Crown Athlet	8.00
3	Dias, Torrey	Pace Athleti	7.93
4	Wall, Eric	St. Mary's H	7.95
5	Barnes, Logan	Special Olym	8.03
6	Rockwell, Iassac	Special Olym	8.08

Section 6 of 11 Finals

1	Harmon, Jacob	Athletics Ea	7.80
2	Dempsey, Mason	No Limits AC	7.70
3	Sampson, Hendrick	Unattached N	7.69
4	Oakes, Logan	Adrenaline A	7.70
5	Merry, Bryson	Adrenaline A	7.80
6	Whitewick, Jack	Crown Athlet	7.87

Section 7 of 11 Finals

1	Zhao, Yunshu	Athletics Ea	7.60
2	Rafuse, Jacob	Special Olym	7.59
3	Magnus, Bilmer	St. Mary's H	7.53
4	Storry Trefry, Jaden	St. Mary's H	7.55
5	Bucci, Jonah	St. Mary's H	7.60
6	Forrest, Chase	Annapolis Co	7.67

Section 8 of 11 Finals

1	Riis, Izaak	Adrenaline A	7.50
2	Jefferies, Angus	Annapolis Co	7.50
3	Koughan, Matthew	Upei Panther	7.35
4	Foley, Liam	St. Mary's H	7.40
5	Thurston, Wyatt	Unattached N	7.50
6	Best, Elijah	Celtic Athle	7.52

Section 9 of 11 Finals

1	Macdonald, Liam	Athletics Ea	7.30
2	Smith, Jeff	Unattached N	7.30
3	Babalola, David	Unattached N	7.20
4	Isadore, Dante	St. Mary's H	7.26
5	Demone, Taylor	Adrenaline A	7.30
6	Tarnogorski, Nick	Unattached N	7.35

Section 10 of 11 Finals

1	Diakite, Sidiki	Upei Panther	7.18
2	Zinck Marier, Chandler	St. Mary's H	7.16
3	Macmullin, Andy	St. Mary's H	7.10
4	Vanderwal, Ryan	Adrenaline A	7.15
5	Delphin, Ethan	St. Mary's H	7.16
6	Macmullin, Innis	St. Mary's H	7.20

Section 11 of 11 Finals

1	Smith, Chad	St. Mary's H	7.03
2	Babalola, Praise	Dalhousie Ti	7.00
3	Akachukwu, Promise	Unattached N	7.00
4	Aftanas, Matt	Dalhousie Ti	7.00
5	Beaulieu, Nick	Dalhousie Ti	7.00
6	Gallant, Lamar	Pace Athleti	7.05

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Meet Program

Event 16 Women 18-34 1000 Meter Run**Saturday 2025-01-18 - 2:35 PM**

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	Watson, Sarah	St. Francis	3:00.00
2	Battams, Maisyn	Dalhousie Ti	3:00.00
3	Ross, Kristen	Dalhousie Ti	3:00.00
4	Richard, Katie	Upei Panther	3:05.00
5	Richard, Grace	Upei Panther	3:07.00
6	Black, Maya	St. Francis	3:10.00
7	Campbell, Alexandra	St. Mary's H	3:10.00
8	Angona, Stefania	Upei Panther	3:10.00
9	Bennett, Jillian	St. Francis	3:12.00
10	Moore, Jacqueline	St. Mary's H	3:15.00
11	Brunelle, Lindy	St. Mary's H	3:20.00

Section 2 of 2 Finals

1	Macdonald, Cara	Dalhousie Ti	2:55.00
2	Fullarton, Zoe	Dalhousie Ti	2:55.00
3	Lee, Caden	St. Francis	2:55.00
4	Ash, Caroline	St. Francis	2:55.00
5	Moon, Poppy	St. Francis	2:55.00
6	Macdonald, Aidan	Dalhousie Ti	2:55.00
7	McIntyre, Hannah	St. Francis	2:58.00
8	Benoit, Eileen	St. Francis	3:00.00

Event 17 Men 18-34 1000 Meter Run**Saturday 2025-01-18 - 2:45 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Brennan, Tim	Unattached N	2:25.00
2	James, Zach	Dalhousie Ti	2:25.00
3	Goslett, Aidan	Dalhousie Ti	2:25.00
4	Rudaitis, Lukas	Dalhousie Ti	2:28.00
5	Varley, Josh	Dalhousie Ti	2:29.00
6	Mundle, Ben	Dalhousie Ti	2:29.00
7	McCullagh, Liam	St. Francis	2:33.00
8	Macdonald, Luke	St. Francis	2:33.00
9	Purdy, Luke	Crandall Uni	2:40.00
10	Blanchette, Luc	Crandall Uni	2:40.00
11	Culberson, Jackson	Crandall Uni	2:45.00
12	Andrews, Declan	Crandall Uni	2:50.00

Event 18 Women 14-34 400 Meter Dash**Saturday 2025-01-18 - 3:10 PM**

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	Johnson, Skylynn	Special Olym	2:47.00
2	Brooks, Shylaijah	Pace Athleti	1:18.10
3	Ezurike, Amarachi	Pace Athleti	1:06.15
4	Vatcher, Eva	Pace Athleti	1:15.50
5	MacKenzie, Bella	Special Olym	1:25.00
6	Mason, Bailee	Special Olym	2:50.00

Section 2 of 2 Finals

1	Hanley, Lacey	Pace Athleti	30.60
2	McGuire, Jane	Pace Athleti	1:05.73
3	Jeong, Anna	Pace Athleti	1:04.95
4	Whitman, Charlotte	Athletics Ea	1:04.13
5	Sampson, Anika	Unattached N	1:05.01
6	Daye, Alexa	Pace Athleti	1:06.00

Event 19 Men 14-99 400 Meter Dash**Saturday 2025-01-18 - 3:20 PM**

Lane	Name	Team	Seed Time
Section 1 of 3 Finals			
1	Hanninen, Logan	Valley Athle	NT
2	Landry, Zackary	Pictou Count	NT
3	Lahey, Kegan	Special Olym	1:22.00
4	Noyes, Justin	Special Olym	2:11.00
5	White, Jacob	Valley Athle	NT

Section 2 of 3 Finals

1	Thornhill, Jack	Special Olym	1:20.00
2	Landry, Garrett	Pictou Count	1:10.00
3	Harmon, Jacob	Athletics Ea	58.00
4	Barnes, Logan	Special Olym	58.21
5	James, Anthony	Special Olym	1:10.00
6	Rockwell, Iassac	Special Olym	1:22.00

Section 3 of 3 Finals

1	Thurston, Wyatt	Unattached N	55.00
2	Thibault, James	Athletics Ea	53.98
3	Campbell, Quinn	Athletics Ea	53.29
4	Zhao, Yunshu	Athletics Ea	53.50
5	Dempsey, Mason	No Limits AC	55.00
6	Rafuse, Jacob	Special Olym	57.45

Event 20 Men 16-99 3000 Meter Race Walk**Saturday 2025-01-18 - 3:35 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Shreve, Jay	Truro Lions	18:07.00
2	Vesty, Philip	Truro Lions	19:30.00

Event 21 Women 12-13 150 Meter Dash No Blocks**Saturday 2025-01-18 - 4:20 PM**

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
2	Macdonald, Lily	Pictou Count	NT
3	Alvarez Martinez, Sofia	Pictou Count	NT
4	Zarczynski, Natalia	Grit Athleti	NT
Section 2 of 2 Finals			
1	Mukund, Malavika	Athletics Ea	NT
2	Muise, Zoe	Grit Athleti	NT
3	Willsey, Makayla	Valley Athle	21.01
4	Goodland, Betty	Unattached N	23.78
5	Salaudeen, Na'eemah	Athletics Ea	NT

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Event 22 Men 12-13 150 Meter Dash No Blocks**Saturday 2025-01-18 - 4:25 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
3	Armstrong, Spencer	Crown Athlet	NT

Event 23 Women 12-15 1200 Meter Run**Saturday 2025-01-18 - 4:35 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Joseph, Amelia	Unattached	4:53.00
2	Sweeny, Evelyn	Crown Athlet	NT

Event 24 Men 12-15 1200 Meter Run**Saturday 2025-01-18 - 4:45 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Jensen-Peacock, Sidon	Valley Athle	NT
2	Landry, Zackary	Pictou Count	NT
3	Liu, Kai	Athletics Ea	NT

Event 25 Women 14-99 1500 Meter Run**Saturday 2025-01-18 - 4:55 PM**

Lane	Name	Team	Seed Time
Section 1 of 3 Finals			
1	Brady, Ashley	St. Mary's H	5:10.00
2	Campbell, Alexandra	St. Mary's H	5:10.00
3	Zazueta Ibarra, Luciana	Crown Athlet	5:10.00
4	Brunelle, Lindy	St. Mary's H	5:15.00
5	Hayduk, Mackenzie	St. Mary's H	5:15.00
6	Rooks, Ashlyn	Athletics Ea	5:30.00
7	Moore, Lucy	Valley Athle	5:35.00
8	MacKenzie, Madeline	Pictou Count	NT
9	Beach, Deborah	Indépendant	NT
10	Reid, Rachel	Stfx Track A	NT

Section 2 of 3 Finals

1	Hildebrand, Eden	St. Francis	4:50.00
2	Watson, Sarah	St. Francis	4:50.00
3	Haney, Rebecca	St. Francis	4:55.00
4	Evers, Molly	Athletics Ea	4:56.00
5	Humphreys, Victoria	Athletics Ea	4:58.13
6	Laycock, Emma	Athletics Ea	5:00.00
7	Quinn, Paige	St. Francis	5:01.00
8	Rotsaert-Smith, Quincy	St. Francis	5:05.00
9	Burke, Bhreagh	St. Mary's H	5:05.00
10	Barnett, Ada	Valley Athle	5:07.73
11	Williams, Georgia	Valley Athle	5:08.00

Section 3 of 3 Finals

1	Ash, Caroline	St. Francis	4:40.00
2	Moon, Poppy	St. Francis	4:40.00
3	Mosher, Zoe	Unattached N	4:40.00
4	Benoit, Eileen	St. Francis	4:40.00
5	Lee, Caden	St. Francis	4:40.00
6	Wasson, Allison	A.S.E.A.	4:43.28
7	McIntyre, Hannah	St. Francis	4:45.00
8	MacInnis, Gina	Stfx Track A	4:45.00
9	Thomson, Poppy	St. Francis	4:45.00
10	MacLeod, Frances	Athletics Ea	4:48.00
11	Wallace, Sarah	Stfx Track A	4:48.00

Event 26 Men 14-99 1500 Meter Run**Saturday 2025-01-18 - 5:15 PM**

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	Mundy, Matthew	St. Mary's H	4:25.00
2	Kyle, Brady	St. Mary's H	4:25.00
3	Miller, Cole	St. Mary's H	4:28.00
4	Labrecque, Alex	St. Mary's H	4:30.00
5	Hubka, Oliver	St. Mary's H	4:30.00
6	Trethewey, Ethan	Unattached N	4:30.12
7	Boudreau, Isaac	Pictou Count	4:40.15
8	Landry, Garrett	Pictou Count	4:50.00
9	Adams, Taylor	Unattached	4:55.00
10	Gillis, Travis	St. Mary's H	5:00.00
11	Terry, Kevin	Run Nova Sco	5:45.00
12	Sireyjol, Titouan	Valley Athle	NT
13	MacKenzie, Cailean	Crown Athlet	NT

Section 2 of 2 Finals

1	Goslett, Aidan	Dalhousie Ti	3:50.00
2	Benoit, Jacob	Dalhousie Ti	3:52.00
3	Rogers, Alex	Dalhousie Ti	3:55.00
4	Patterson, Liam	St. Francis	3:56.00
5	Macdonald, Luke	St. Francis	4:00.00
6	McCullagh, Liam	St. Francis	4:00.00
7	Lupenette, Andrew	St. Francis	4:05.00
8	Lawton, Mathew	St. Francis	4:10.00
9	Cooke-Brithrey, Landyn	St. Francis	4:15.00
10	Piccinin, Stephane	Halifax Road	4:15.00
11	Thompson, Adam	A.S.E.A.	4:19.47

Event 27 Women 12-15 300 Meter Dash**Saturday 2025-01-18 - 5:35 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Kolstee, Autaum	Truro Lions	NT
2	Goodland, Betty	Unattached N	51.02
3	Mead, Kaitlyne	No Limits AC	42.40
4	Goodland, Doris	Unattached N	42.93
5	Lapier, Adyn	Pictou Count	NT
6	Macdonald, Lily	Pictou Count	NT

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Event 28 Women 18-34 300 Meter Dash

Saturday 2025-01-18 - 5:40 PM

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	Lightbourn, Penelope	St. Mary's H	48.50
2	Marsman, Lori	St. Mary's H	45.88
3	Remington, Tayah	St. Mary's H	43.40
4	Crabbe, Sophie	Upei Panther	45.00
5	Leger, Stephanie	Upei Panther	46.00
6	Majury, Cate	St. Mary's H	49.50
Section 2 of 2 Finals			
1	Seamen, Carmen	Upei Panther	42.60
2	Landry, Zoe	Unattached N	42.00
3	MacVicar, Lillian	Islanders Tr	41.99
4	Sheppard, Lynn	Dalhousie Ti	42.00
5	Poisson, Ali	Dalhousie Ti	42.50
6	Gouthro, Isabella	Dalhousie Ti	43.00

Event 29 Men 14-34 300 Meter Dash

Saturday 2025-01-18 - 5:55 PM

Lane	Name	Team	Seed Time
Section 1 of 5 Finals			
2	Young, Hudson	Pictou Count	NT
3	Jefferies, Angus	Annapolis Co	39.00
4	Marshall, Braden	St. Mary's H	39.50
Section 2 of 5 Finals			
2	Koughan, Matthew	Upei Panther	38.50
3	Magnus, Bilmer	St. Mary's H	38.50
4	Hooper, Ethan	Adrenaline A	38.50
5	Bucci, Jonah	St. Mary's H	38.88
6	Storry Trefry, Jaden	St. Mary's H	38.50
Section 3 of 5 Finals			
1	Smith, Jeff	Unattached N	38.50
2	Blanchard, Colin	Upei Panther	38.00
3	Hall, Keegan	St. Mary's H	37.90
4	Zinck Marier, Chandler	St. Mary's H	37.50
5	Proietti, Samuel	Unattached N	38.00
6	Headley, Owen	Upei Panther	38.23
Section 4 of 5 Finals			
1	Smith, Chad	St. Mary's H	37.28
2	Delphin, Ethan	St. Mary's H	37.50
3	Gavel, Oliver	St. Mary's H	36.20
4	Babalola, Praise	Dalhousie Ti	36.00
5	Heffernan, Evan	Unattached N	37.00
6	Foley, Liam	St. Mary's H	37.50
Section 5 of 5 Finals			
2	Macmullin, Innis	St. Mary's H	35.79
3	Aftanas, Matt	Dalhousie Ti	35.40
4	Macmullin, Andy	St. Mary's H	34.75
5	Diakite, Sidiki	Upei Panther	35.85
6	Macdonald, Liam	Athletics Ea	36.00

Event 30 Women 12-99 200 Meter Dash

Saturday 2025-01-18 - 6:20 PM

Lane	Name	Team	Seed Time
Section 1 of 5 Finals			
2	Fagan, Naomi	Valley Athle	NT
3	Dunbar, Chloe	Crown Athlet	NT
4	Kolstee, Autaum	Truro Lions	NT
5	Macaskill, Zoe	Pace Athleti	NT
Section 2 of 5 Finals			
1	Sweeny, Evelyn	Crown Athlet	NT
2	Adams, Reese	Athletics Ea	NT
3	Alvarez Martinez, Sofia	Pictou Count	NT
4	Lapier, Adyn	Pictou Count	NT
5	Coolen, Ava	Truro Lions	NT
6	Joseph, Abigail	Pace Athleti	NT
Section 3 of 5 Finals			
1	Macdonald, Lily	Pictou Count	NT
2	Francis, Lily	Truro Lions	33.01
3	Boudreau, Naomi	Pace Athleti	30.90
4	Daye, Alexa	Pace Athleti	32.00
5	Lozier, Giana	Pace Athleti	NT
6	Pitts, Sophia	Pace Athleti	NT
Section 4 of 5 Finals			
1	Kelloway, Gabby	Pace Athleti	29.79
2	Sampson, Anika	Unattached N	29.13
3	Ezurike, Amarachi	Pace Athleti	28.73
4	Budgell, Alayah	Adrenaline A	28.97
5	McGuire, Jane	Pace Athleti	29.35
6	Hanley, Lacey	Pace Athleti	30.60
Section 5 of 5 Finals			
1	Hoskin, Brianna	Pace Athleti	27.88
2	Denton, Athena	Annapolis Co	27.43
3	Brooks, Shylaijah	Pace Athleti	27.10
4	Raymond, Annabelle	Pace Athleti	27.12
5	Goodland, Doris	Unattached N	27.55
6	Wile, Claire	Adrenaline A	28.00

Event 31 Men 12-99 200 Meter Dash

Saturday 2025-01-18 - 6:40 PM

Lane	Name	Team	Seed Time
Section 1 of 4 Finals			
2	Shehata, Zain	Crown Athlet	NT
3	Seneker, TJ	Pace Athleti	NT
4	Narvey, Attila	Pace Athleti	NT
5	Aigbe, Jeremy	Crown Athlet	NT
Section 2 of 4 Finals			
1	Merry, Bryson	Adrenaline A	NT
2	Oakes, Logan	Adrenaline A	NT
3	Sparks, Jackson	Pace Athleti	NT
4	Skeete, Noah	Pace Athleti	NT
5	Albert, Oliver	Valley Athle	NT
6	Yakubu, Joaquin	Grit Athleti	NT

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Section 3 of 4 Finals...(Event 31 Men 12-99 200 Meter Dash)

1	Loebel, Paul	Stfx Track A	NT
2	Young, Hudson	Pictou Count	28.32
3	Manning, Kingston	Athletics Ea	25.56
4	Harmon, Jacob	Athletics Ea	26.00
5	Doepner, Oliver	Unattached	29.03
6	Murphy, Oliver	Athletics Ea	NT

Section 4 of 4 Finals

1	Dempsey, Mason	No Limits AC	24.85
2	Campbell, Quinn	Athletics Ea	24.23
3	Vanderwal, Ryan	Adrenaline A	23.00
4	Demone, Taylor	Adrenaline A	23.75
5	Sampson, Hendrick	Unattached N	24.71
6	Forrest, Chase	Annapolis Co	25.00

Event 32 Women 12-99 800 Meter Run**Saturday 2025-01-18 - 7:00 PM**

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

1	Reid, Rachel	Stfx Track A	NT
2	Jeong, Anna	Pace Athleti	NT
3	Hiltz, Norah	Adrenaline A	2:45.00
4	Fortune, Alyssa	Pictou Count	2:53.00
5	Beach, Deborah	Indépendant	NT
6	MacKinnon, Isabelle	Islanders Tr	NT

Section 2 of 2 Finals

1	MacKenzie, Penny	Pictou Count	2:31.00
2	Whitman, Charlotte	Athletics Ea	2:29.00
3	Richard, Katie	Upei Panther	2:28.00
4	Richard, Grace	Upei Panther	2:29.00
5	Angona, Stefania	Upei Panther	2:30.00
6	Mason, Scarlet	Athletics Ea	2:39.59

Event 33 Men 12-99 800 Meter Run**Saturday 2025-01-18 - 7:10 PM**

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

1	Thompson, Adam	A.S.E.A.	2:08.93
2	Dewitt, Thomas	Athletics Ea	2:05.00
3	Stettler, Milo	Valley Athle	1:58.69
4	DeLong, Timothy	Athletics Ea	2:01.29
5	Quinton, Jack	Athletics Ea	2:06.00
6	Durber, Jacob	Valley Athle	2:16.00
7	Trethewey, Ethan	Unattached N	2:23.00
8	Ackerman, David	Athletics Ea	NT

Event 34 Women 18-34 600 Meter Run**Saturday 2025-01-18 - 7:15 PM**

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

2	Theriault, Marcienne	St. Mary's H	1:52.00
3	Westbrook, Emma	Unattached N	1:48.00
4	Hadskis, Maggie	Dalhousie Ti	1:48.00

Section 2 of 2 Finals

1	Smith, Siduante	St. Mary's H	1:45.00
2	Snedon-Simons, Katherine	Dalhousie Ti	1:41.00
3	Richardson, Georgie	Dalhousie Ti	1:37.00
4	Harris, Ruby	Unattached N	1:40.00
5	Gaudry, Abbi	Dalhousie Ti	1:45.00
6	Covert, Claire	Dalhousie Ti	1:48.00

Event 35 Men 18-34 600 Meter Run**Saturday 2025-01-18 - 7:25 PM**

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

1	Hall, Keegan	St. Mary's H	1:27.50
2	Rogers, Zack	Athletics Ea	1:27.00
3	Proietti, Samuel	Unattached N	1:26.00
4	Sauer, Graham	Athletics Ea	1:27.00
5	Gavel, Oliver	St. Mary's H	1:27.00

Section 2 of 2 Finals

1	Ford, Eli	St. Mary's H	1:25.00
2	Tremble, Greysen	A.S.E.A.	1:24.65
3	Lord, Dan	Unattached	1:20.00
4	Paris, Josh	Dalhousie Ti	1:22.00
5	Heffernan, Evan	Unattached N	1:25.00
6	Vanderwal, Michael	Adrenaline A	1:25.50

Event 39 Women 12-19 Long Jump**Saturday 2025-01-18 - 9:00 AM**

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	Pitts, Sophia	Pace Athleti	ND
2	MacKinnon, Isabelle	Islanders Tr	ND
3	McLellan, Marley	Pace Athleti	ND
4	Macdonald, Lily	Pictou Count	ND
5	Miller, Marissa	Pace Athleti	ND
6	Knock, Ella	Valley Athle	ND
7	Lapier, Adyn	Pictou Count	3.83m
8	Angus, Courtney	Truro Lions	3.95m
9	Fortune, Alyssa	Pictou Count	4.68m
10	Gaudry, Catherine	Athletics Ea	4.82m
11	Fowler, Ailish	Athletics Ea	4.85m
12	Burke, Kaydence	Truro Lions	4.87m
13	Landry, Zoe	Unattached N	5.12m
14	Wilson, Myka	Truro Lions	5.13m
15	Hoskin, Brianna	Pace Athleti	5.28m

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Event 40 Women 18-34 Long Jump University**Friday 2025-01-17 - 7:15 PM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Lawton, Brianna	St. Mary's H	4.40m
2	Getchman, Lila	St. Mary's H	4.57m
3	Doyle, Lydia	Unattached N	4.79m
4	LeBlanc, Claire	Dalhousie Ti	4.80m
5	Covert, Claire	Dalhousie Ti	4.80m
6	Westbrook, Emma	Unattached N	4.80m
7	Hadskis, Maggie	Dalhousie Ti	4.80m
8	Black, Raeden	St. Mary's H	4.94m
9	Oshikoya, Lola	Dalhousie Ti	4.95m
10	Harris Bosancic, Daisy	Dalhousie Ti	5.00m
11	Husain, Maja	Dalhousie Ti	5.20m
12	Gaudry, Abbi	Dalhousie Ti	5.50m

Event 41 Men 12-99 Long Jump**Friday 2025-01-17 - 5:00 PM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Oakes, Logan	Adrenaline A	ND
2	Gallant, Lamar	Pace Athleti	ND
3	Muise, Aaron	Unattached N	4.20m
4	Wall, Eric	St. Mary's H	5.50m
5	Macdonald, Ciaran	St. Mary's H	5.55m
6	Magnus, Bilmer	St. Mary's H	5.83m
7	Riis, Izaak	Adrenaline A	5.90m
8	Fiala, Ondrej	Dalhousie Ti	6.00m
9	Tarnogorski, Nick	Unattached N	6.00m
10	Best, Elijah	Celtic Athle	6.10m
11	Mittelstadt, Drew	Truro Lions	6.33m
12	Babalola, David	Unattached N	6.50m
13	Demone, Taylor	Adrenaline A	6.63m
14	Conrad, Austin	Dalhousie Ti	6.70m
15	Beaulieu, Nick	Dalhousie Ti	6.70m
16	Isadore, Dante	St. Mary's H	6.88m

Event 42 Women 12-99 High Jump**Friday 2025-01-17 - 5:00 PM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Stevens, Willow	Truro Lions	1.00m
2	Silcox, Reagan	St. Mary's H	1.25m
3	Angus, Courtney	Truro Lions	1.38m
4	Hadskis, Maggie	Dalhousie Ti	1.40m
5	Lawton, Brianna	St. Mary's H	1.40m
6	Covert, Claire	Dalhousie Ti	1.40m
7	Westbrook, Emma	Unattached N	1.40m
8	MacKinnon, Isabelle	Islanders Tr	1.45m
9	Gaudry, Catherine	Athletics Ea	1.49m
10	Schaus, Kayla	St. Mary's H	1.50m
11	Black, Raeden	St. Mary's H	1.50m
12	McLellan, Marley	Pace Athleti	1.51m
13	Gaudry, Abbi	Dalhousie Ti	1.55m
14	Ellis, Avaya	Dalhousie Ti	1.55m
15	Hicks, Kiersten	Dalhousie Ti	1.55m
16	Henneberry, Samantha	Dalhousie Ti	1.55m
17	Wilson, Myka	Truro Lions	1.59m

Event 43 Men 12-99 High Jump**Saturday 2025-01-18 - 9:00 AM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Muise, Aaron	Unattached N	1.20m
2	A'Court, Daniel	Pace Athleti	1.68m
3	Whitewick, Jack	Crown Athlet	1.72m
4	Mittelstadt, Drew	Truro Lions	1.80m
5	Wall, Eric	St. Mary's H	1.90m
6	Dahr, Ethan	Dalhousie Ti	1.93m
7	Ejeckam, Derrick	Dalhousie Ti	1.96m
8	Marchand, Blake	Dalhousie Ti	2.05m

Event 44 Women 12-99 Triple Jump**Saturday 2025-01-18 - 3:40 PM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Weeks, Angela	Athletics Ea	ND
2	Oulton, Kaleigh	St. Mary's H	9.50m
3	Getchman, Lila	St. Mary's H	9.50m
4	Lawton, Brianna	St. Mary's H	9.50m
5	Burke, Kaydence	Truro Lions	9.71m
6	LeBlanc, Claire	Dalhousie Ti	10.00m
7	McLellan, Marley	Pace Athleti	10.45m
8	Fowler, Ailish	Athletics Ea	10.52m
9	Husain, Maja	Dalhousie Ti	11.00m
10	Harris Bosancic, Daisy	Dalhousie Ti	11.00m
11	Wilson, Myka	Truro Lions	11.12m

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Event 45 Men 12-99 Triple Jump

Saturday 2025-01-18 - 11:00 AM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Lord, Peter	Unattached N	11.13m
2	Macdonald, Ciaran	St. Mary's H	11.80m
3	Ejeckam, Derrick	Dalhousie Ti	12.00m
4	Conrad, Austin	Dalhousie Ti	12.00m
5	Fiala, Ondrej	Dalhousie Ti	12.00m
6	Oshikoya, Biola	Dalhousie Ti	12.00m
7	Best, Elijah	Celtic Athle	12.52m
8	Oshikoya, Tobi	Dalhousie Ti	14.70m

Event 46 Tetrathlon: #1 Women 6-13 60 Meter Dash

Saturday 2025-01-18 - 1:35 PM

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
2	Goodland, Audrey	Unattached N	NT
3	Elmore, Gwen	Annapolis Co	NT
4	Wieczorek, Elle	Halifax Road	NT
Section 2 of 2 Finals			
1	McBride, Kenzie	Unattached	NT
2	Smith, Ryleigh	Unattached	NT
3	Muise, Emme	Unattached	NT
4	Smith, Avery	Unattached	NT
5	Jacquemin, Elea	Grit Athleti	NT
6	Blois, Charlotte	Pictou Count	NT

Event 46 Tetrathlon: #2 Women 6-13 Shot Put 2kg

Saturday 2025-01-18 - 2:00 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Blois, Charlotte	Pictou Count	ND
2	Jacquemin, Elea	Grit Athleti	ND
3	Smith, Ryleigh	Unattached	ND
4	Muise, Emme	Unattached	ND
5	Smith, Avery	Unattached	ND
6	Elmore, Gwen	Annapolis Co	ND
7	Wieczorek, Elle	Halifax Road	ND
8	Goodland, Audrey	Unattached N	ND
9	McBride, Kenzie	Unattached	ND

Event 46 Tetrathlon: #3 Women 6-13 Long Jump

Saturday 2025-01-18 - 2:40 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	McBride, Kenzie	Unattached	ND
2	Blois, Charlotte	Pictou Count	ND
3	Muise, Emme	Unattached	ND
4	Jacquemin, Elea	Grit Athleti	ND
5	Smith, Avery	Unattached	ND
6	Smith, Ryleigh	Unattached	ND
7	Elmore, Gwen	Annapolis Co	ND
8	Goodland, Audrey	Unattached N	ND
9	Wieczorek, Elle	Halifax Road	ND

Event 46 Tetrathlon: #4 Women 6-13 600 Meter Run

Saturday 2025-01-18 - 2:55 PM

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Blois, Charlotte	Pictou Count	NT
2	Smith, Ryleigh	Unattached	NT
3	Elmore, Gwen	Annapolis Co	NT
4	Jacquemin, Elea	Grit Athleti	NT
5	Muise, Emme	Unattached	NT
6	Goodland, Audrey	Unattached N	NT
7	McBride, Kenzie	Unattached	NT
8	Wieczorek, Elle	Halifax Road	NT
9	Smith, Avery	Unattached	NT

Event 47 Tetrathlon: #1 Men 6-13 60 Meter Dash

Saturday 2025-01-18 - 1:45 PM

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Ornetti, Theophile	Grit Athleti	NT
2	Kent-Hamilton, Wilder	Unattached	NT
3	Wencleary, O	Armbrae Acad	NT
4	Boyd, William	Athletics Ea	NT
5	Goodland, Jack	Unattached	NT
6	Campbell, Nolan	Grit Athleti	NT

Event 47 Tetrathlon: #2 Men 6-13 Shot Put 2kg

Saturday 2025-01-18 - 2:00 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Campbell, Nolan	Grit Athleti	ND
2	Kent-Hamilton, Wilder	Unattached	ND
3	Ornetti, Theophile	Grit Athleti	ND
4	Wencleary, O	Armbrae Acad	ND
5	Boyd, William	Athletics Ea	ND
6	Goodland, Jack	Unattached	ND

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Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Wencleary, O	Armbræ Acad	ND
2	Goodland, Jack	Unattached	ND
3	Ornetti, Theophile	Grit Athleti	ND
4	Campbell, Nolan	Grit Athleti	ND
5	Kent-Hamilton, Wilder	Unattached	ND
6	Boyd, William	Athletics Ea	ND

Event 47 Tetrathlon: #4 Men 6-13 600 Meter Run**Saturday 2025-01-18 - 3:00 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Campbell, Nolan	Grit Athleti	NT
2	Kent-Hamilton, Wilder	Unattached	NT
3	Boyd, William	Athletics Ea	NT
4	Wencleary, O	Armbræ Acad	NT
5	Goodland, Jack	Unattached	NT
6	Ornetti, Theophile	Grit Athleti	NT