



2025 Athletics NS Indoor Open - January 17-18 - Final Schedule

Friday, January 17th

Event	Gender	Age	Time	Heats	Event	Gender	Age	Time	Athletes
2000m	F	U14, U16	7:00 PM	1	High Jump	F	All	5:00 PM	17
3000m	F	U18, U20, Open, Masters	7:15 PM	1	Long Jump	M	All	5:00 PM	16
3000m	M	U18, U20, Open, Masters	7:45 PM	2	Long Jump	F	University	7:15 PM	12
4x400m	M	All	8:20 PM						

Saturday, January 18th

Event	Gender	Age	Time	Heats	Event	Gender	Age	Time	Athletes
60mH	F	U14 (30")/Masters (30")	12:15 PM	1	High Jump	M	All	9:00 AM	8
60mH	F	U16 (30")	12:20 PM	1	Long Jump	F	U14-U20	9:00 AM	15
60mH	F	U18 (30")	12:25 PM	2					
60mH	F	U20, Senior, University (33")	12:35 PM	2	Triple Jump	M	All	11:00 AM	8
60mH	M	U18 (36")/U20 (39")	12:45 PM	1	Triple Jump	F	All	3:40 PM	11
60mH	M	Senior, University (42")	12:50 PM	1					
60m	F	U14, U16, U18, U20, Open, Masters	1:00 PM	9					
60m	F	Tetrathlon (All)	1:35 PM	2	Shot Put	F/M	Tetrathlon	2:00 PM	14
60m	M	Tetrathlon (All)	1:45 PM	1	Long Jump	F/M	Tetrathlon	2:40 PM	14
60m	M	U14, U16, U18, U20, Open, Masters	1:50 PM	11					
1000m	F	University	2:35 PM	2					
1000m	M	University	2:45 PM	2					
600m	F	Tetrathlon (All)	2:55 PM	1					
600m	M	Tetrathlon (All)	3:00 PM	1					
400m	F	U18, U20, Open, Masters	3:10 PM	2					
400m	M	U18, U20, Open, Masters	3:20 PM	3					
3000m RW	M	U18, U20, Open, Masters	3:35 PM	1					
		Track Break	3:55 PM						
150m	F	U14	4:20 PM	1					
150m	M	U14	4:25 PM	1					
1200m	F	U14, U16	4:35 PM	1					
1200m	M	U14, U16	4:45 PM	1					
1500m	F	U18, U20, Open, Masters	4:55 PM	3					
1500m	M	U18, U20, Open, Masters	5:15 PM	2					
300m	F	U14/U16	5:35 PM	1					
300m	F	University	5:40 PM	3					
300m	M	All	5:55 PM	5					
200m	F	U16, U18, U20, Open, Master	6:20 PM	5					
200m	M	U16, U18, U20, Open, Master	6:40 PM	4					
800m	F	U14, U16, U18, U20, Open, M	7:00 PM	2					
800m	M	U14, U16, U18, U20, Open, M	7:10 PM	1					
600m	F	University	7:15 PM	2					
600m	M	University	7:25 PM	2					
4x200m	F	All	7:45 PM	1					
4x200m	M	All	8:00 PM	1					