



**41<sup>st</sup> Annual Don Wright Team Challenge & All-Comers**  
**Saturday, January 18<sup>th</sup>, 2025**  
**TECHNICAL PACKAGE**

**Location:** Thompson Recreation and Athletic Centre  
Western University – 1231 Western Road  
London, Ontario

**Meet Director:** Scott MacDonald

**Entries:** All entries to be completed at the link below:  
<https://www.trackie.com/event/2025DonWright>

**Entry Fees:** \$25 per athlete and relays or \$600 varsity team max  
Cheques payable to “Western University Track and Field”

**Deadline:** Tuesday, January 14<sup>th</sup>, 2025 at 11:59pm

**Prizes:** Prizes will be provided for the Don Wright portion of the meet only

**Maximum Entries per school in Don Wright Team Challenge sections:**

All Varsity teams may enter a maximum of 4 athletes per track event with the exception of the 300m (maximum of 2) unless they have achieved the standards below. Additional athletes without standard may compete in the morning all-comers sections.

Select post-collegiate athletes may be permitted to compete in the Don Wright sections, but must contact [scottmaclwtfc@gmail.com](mailto:scottmaclwtfc@gmail.com) to request an entry as an invited guest.

<b>EVENT</b>	<b>WOMEN</b>	<b>MEN</b>
60m	8.30	7.30
60m Hurdles	9.60	8.90
300m	43.50	37.50
600m	1:42.00	1:25.00
1000m	3:07.00	2:40.00
1500m/MILE	5:00.00/5:20.00	4:10.00/4:25.00
3000m	10:45.00	9:00.00



## TENTATIVE SCHEDULE

<b>Track Events</b>			<b>Field Events</b>		
<b>All-Comers</b>					
8:45am	60m U14 Kids Run	Girls then Boys	9:00am	Long Jump	U16/U18/U20 Girls
9:00am	60m All-Comers	Women/Girls	9:30am	Weight Throw	University/Open Men
9:10am	60m All-Comers	Men/Boys		Pole Vault	Girls 3.00 and under +
9:25am	1500m All-Comers	Women/Girls			All-Comers Boys
9:50am	1500m All-Comers	Men/Boys	10:00am	High Jump	All-Comers Boys
10:30am	300m All-Comers	Women/Girls		Long Jump	U16/U18/U20 Boys
10:55am	300m All-Comers	Men/Boys	11:00am	Weight Throw	University/Open Women
11:30am	600m All-Comers	Women/Girls		Triple Jump	University/Open Men
11:45am	600m All-Comers	Men/Boys	11:30am	High Jump	All-Comers Girls
12:10pm	60m Hurdles		12:30pm	Shot Put	University Men
<b>Don Wright Team Challenge</b>				Triple Jump	University/Open Women
<b>12:25pm National Anthem</b>			1:30pm	High Jump	University/Open Women
12:35pm	60mH prelims	University Men		Pole Vault	3.15m+ Women
12:50pm	60mH prelims	University Women	2:00pm	Long Jump	University/Open Men
1:00pm	60m prelims	University Men	2:15pm	Shot Put	University/Open Women
1:10pm	60m prelims	University Women	3:30pm	High Jump	University Men
1:25pm	60mH FINAL	University Women		Pole Vault	University Men
1:35pm	60mH FINAL	University Men	3:45pm	Shot Put	U18/U20/Masters Men
1:45pm	60m FINAL	University Men		Long Jump	University/Open Women
1:50pm	60m FINAL	University Women	4:45pm	Shot Put	U16/U18/Masters Women
2:00pm	60m run	Alumni			
2:05pm	60m run	Kids of Alumni			
2:15pm	1000m	University Men			
2:25pm	1000m	University Women			
2:45pm	300m	University Men			
2:55pm	300m	University Women			
3:10pm	3000m	University Men			
3:25pm	3000m	University Women			
3:40pm	600m	University Men			
3:50pm	600m	University Women			
4:05pm	4x200m	University Men			
4:15pm	4x200m	University Women			
4:25pm	1500m	University Men			
4:45pm	1500m	University Women			
5:05pm	4x400m	University Men			
5:15pm	4x400m	University Women			
5:25pm	4x800m	University Men			
5:40pm	4x800m	University Women			