



17TH ANNUAL
UNIVERSITY OF OTTAWA
WINTER CLASSIC

Friday-Saturday January 17th-18th 2025

MEET INFO:

- Location:** The Dome @ Louis-Riel High School (1659 Bearbrook Rd. Gloucester, ON K1B 4N3) – Dome is located at the back of the campus.
- Venue:** Indoor Dome that features Canada's only 400m track with 4 lane oval and 6 lane 120m straight away. Mondo Rubber Competition Track & Pro-turf grass infield. Change rooms are available but athletes will have to bring their own locks, towels etc. Teams will be able to set up camp and use the infield and court space for warm up. See venue layout at the end of the package.
- Parking:** Free, however, there is limited parking in the school lots. Buses are asked to park in the first lot located alongside Bearbrooke Rd. There will NOT be space to turn around in the rear parking lot!
- Spectators:** There is a small spectator section immediately after entering the facility rotating doors. We ask that spectators stay in this area. We will set up an area in the jumps section, but it is crucial that spectators watch when they cross the track to not impede a race. Please note that there is a 500-person capacity. Athletes/Coaches will receive priority on admittance if we approach 500 entries.
- Duration:** Due to high demand of facility bookings, we will be holding a short schedule of events and relays Friday evening. Saturday will feature a full schedule in a compact 5-hours. On Saturday, teams will be welcome to arrive at 10:00am, however, do they do not have access to the infield until 11:00am (with exception to the throws area at the far end of the facility). We must clear the fields by 4:00pm but the track is ours until 5:00pm.
- Invites:** University, colleges and clubs are asked to contact the meet director (rjohnston@ottawalions.com) to be invited and receive access to enter the meet on trackie.ca. Varsity entries will receive priority when event cap is considered.
- AGE MINIMUM** - Athletes born in 2009 or earlier (16+)

Edited – October 16th, 2024

EVENTS:

Friday: 3000m, 4x200m, 4x800m
Saturday: 60m, 60mH, 300m, 600m, 1000m, 1500m, 4x400m
PV, HJ, LJ, TJ, SP, WT

ENTRIES:

Trackie: All event entries will be completed on [HERE](#). Email the meet director to be invited and receive access to enter the meet. Not all Club athletes will be invited.

Payment: Payment must be made online for entry to be accepted. Cheques & Cash will only be accepted from academic institutions. Scratches are non-refundable.

Fees: \$20.00/Event
\$30.00/Relay
University Team Maximum Entry Fee \$400.00/Gender

Entry Quota: Each event will have a cap, so we remain on schedule and within our facility capacity booking. Event quotas are listed below. Universities will receive priority if entry cap is approaching.

Open: Entry window will open Wednesday, January 1st, 2025

Deadline: Entry deadline will be 11:59pm on Wednesday, January 15th, 2025

Late Entry: Late entry deadline will be Thursday, January 16th at 11:59pm \$40.00/Event.

Seeds: Top 10 seeds for oval events will be verified in open divisions (please seed accordingly, to most recent performances). Proof of performance may be requested.

Scratches: Non-refundable but are asked to be submitted to the timing team as soon as possible so we can have full competitive fields/lane assignments.

Relays: Relay cards will be available at the check in table and to be submitted to the timing team no later than **20min** before the race. Last minute substitutions MUST be reported to the timing team.

Implements: Athletes are asked to bring their own implements and have them checked in at the event site.

Hurdles: ONLY Senior/Open heights will be used Men will race over 42", Women will race over 33".

Packages: There will be no team packages. Chest and Hip numbers/relays cards can be picked up at the check in table located on the infield. Only athletes competing in the 600m, 800m, 1000m, 1500m, 3000m, 4x200m, 4x400m will required numbers.

EQUIPMENT:

Edited – October 16th, 2024

Spikes: Spikes no longer than 6mm (1/4).



Throws: We will have limited throwing implements available and shared in the competition pool, but athletes are encouraged to bring their own.

Pole Vault: Athletes are expected to bring their own poles.

Relays: Batons will be provided.

Hurdles: ONLY Senior/Open heights will be used Men will race over 42", Women will race over 33".

Therapy: Teams are welcome to have therapists set up on the infield.

First-Aid: A general First-Aid responder will be available on site with spare tape, support for injuries and in the case of EAP being implemented.

RESULTS:

Timing: All events will be electronically timed by the Ottawa Lions Timing Team.

Posting: Paper copies will be posted on the infield board and live results will be available at liveresults.ottawalions.com

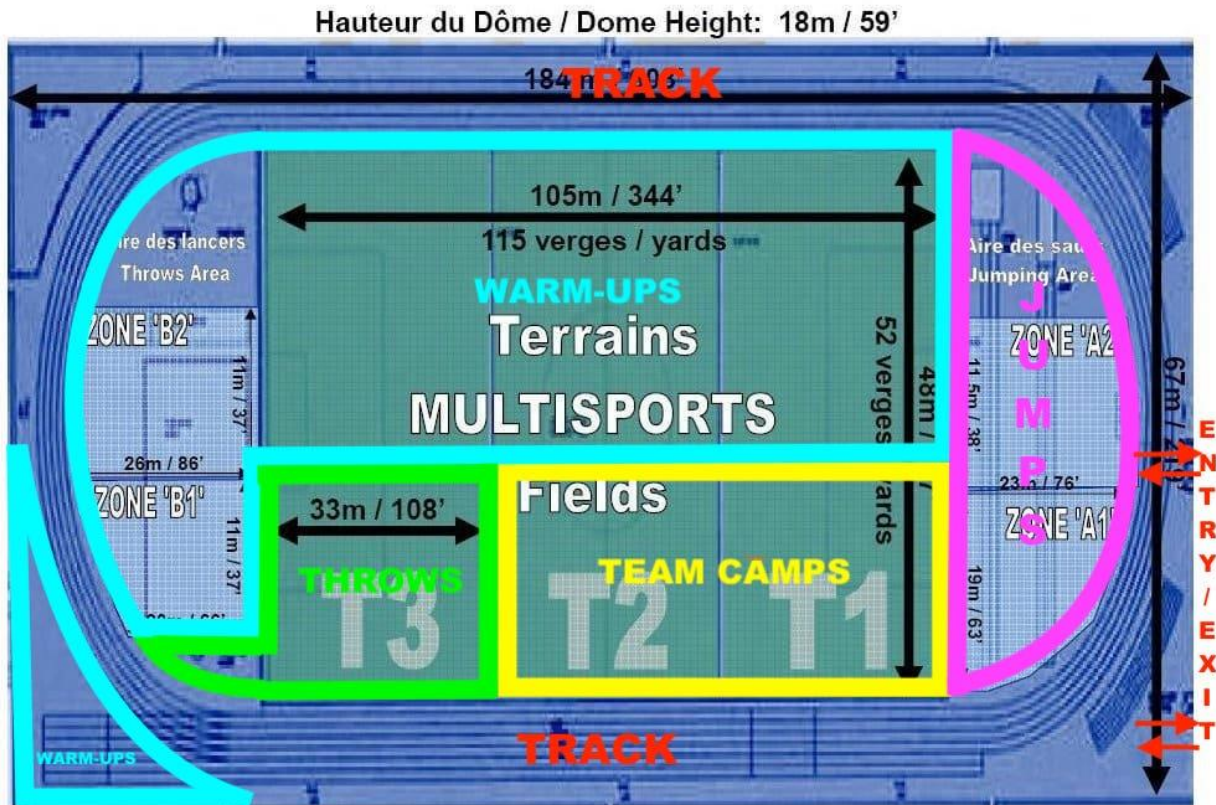
Emergency Action Plan:

First-Aid: A general First-Aid responder will be available on site with spare tape, support for injuries and in the case of EAP being implemented.

A defibrillator is located at the front desk of the Louis Riel Dome.

If EMS is required at the Louis Riel Dome the address is 1659 Bearbrook Rd. Gloucester, ON K1B 4N3. The best point of access is to enter the school parking lot and go to the very end of the driveway (the Dome is located behind the academic buildings of the campus). If a stretcher is required, EMS should park at the garage door which is located at the East end of the venue.

FACILITY LAYOUT:





2025 UOTTAWA WINTER CLASSIC Meet Schedule

- *We may proceed up to 20min ahead of schedule
- *All events will be run women followed by men (unless noted otherwise)
- *All events will be timed finals (unless noted otherwise)
- *Sections will be run fastest seeds to slowest (apart from sprint finals)

TIME	EVENT (Cap)	EVENT NOTES
FRIDAY - JANUARY 17th		
7:00 pm	Women - 3000m (32) Men - 3000m (32) Women - 4x200m Relay (12) Men - 4x200m Relay (12) Women – 4x800m Relay (12) Men – 4x800m Relay (12)	
SATURDAY – JANUARY 18th		
TRACK		
11:30 am	Women - 1000m (36) Men - 1000m (36) Women - 60m Hurdle Heats (24) Men - 60m Hurdles Heats (24) Women - 60m Heats (60) Men - 60m Heats (60) Women - 600m (40) Men - 600m (40) Men - 60m Hurdle Finals Women - 60m Hurdle Finals Women - 60m Finals Men - 60m Finals Track Break Women - 300m (60) Men - 300m (60) Women - 1500m (36)	(Top 12 times advance to A & B Final) (Top 12 times advance to A & B Final) (Top 12 times advance to A & B Final) (Top 12 times advance to A & B Final) (B final followed by A) (B final followed by A) (B final followed by A) (B final followed by A) (Blocks for only top 5 heats) (Blocks for only top 5 heats)

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Men - 1500m (36)

Women - 4x400m Relay (14)

(Blocks only for heat 1 & 2, waterfall for heat 2)

Men – 4x400m Relay (14)

(Blocks only for heat 1 & 2, waterfall for heat 2)

FIELD

10:30 am

Weight Throw – Women (10) / Men (10) throw together (separate weights)

Pole Vault – Women (10) / Men (10) Combined

Long Jump – Women (20)

Shot Put – Women (12) followed by Men (12)

Long Jump – Men (20)

High Jump – Women (12)

Triple Jump – Women (16)

High Jump – Men (12)

Triple Jump – Men (16)