



VANCOUVER ISLAND 2025 KARATE CHAMPIONSHIPS



Presented by
Vancouver Island
Karate Society (Zone 6)

SUNDAY MARCH 9

Dover Bay Secondary School
6135 McGirr Rd, Nanaimo, BC V9V 1M1

KATA & KUMITE CATEGORIES

SAME FEE FOR ALL AGES!

Early Bird Registration (Deadline Sunday Feb 17):

\$35 first event \$20 each additional event

Standard Registration (Deadline Sunday March 2)

\$40 first event \$25 each additional event

EASY SIGNUP:



Scan for more details

Referee Kata & Kumite Refresher Clinic - Sat March 8

Location: Shima Karate, 3032 Barons Rd, Nanaimo

ONLINE REGISTRATION :

www.trackie.com/event/6thVancouverIslandKarate

Welcome to the Vancouver Island Karate Championships!

You're invited to the 6th Annual Island Championships, hosted by the volunteer Vancouver Island Karate Society (Zone 6).

The goal is to provide several matches for each athlete while also finishing the event before 6pm by utilizing three tatami mats. Therefore registration closes before the registration deadline if a maximum of 200 athletes have entered the event.

JAPAN TEAM ATTENDING! The Budo Martial Arts University's karate club, from Chiba, Japan, is entering 7 university karate students, plus 1 junior high student. Local athletes have a great opportunity to get competition experience with our visiting guests.

Divisions for Everyone: There are divisions for every level of competitor, from the novice elementary student to the advanced high-performance athlete.

Adult divisions run first: This way adult athletes may volunteer afterwards as officials and scorekeepers.

More for Referees: The annual Official's Clinic is being held the day before to train both new officials and to provide refresher training for returning officials. New officials who then participate in the tournament on Sunday can become certified with Karate BC.

Convenient Nanaimo location: Centrally located Nanaimo is accessible from anywhere in a day, plus from the BC mainland via the BC Ferries Departure Bay and Duke Point terminals.

"Fernando Correia Vancouver Island Champions" title: The "Correia Champions" title and keeper plaque is to be awarded to the club team with the most gold medals in honor of Correia Sensei who hosted the original Island Champs for many decades.

Thank you! The organizing committee warmly thanks all the volunteers, officials, clubs, Karate BC and event sponsors for helping to continue to host the Zone 6 premier annual event.

We look forward to seeing everyone in Nanaimo on Sunday, March 9, 2025!

Sincerely,

Richard Mosdell (Kenzen Karate)
Vancouver Island Karate Society, president
T 250-507-1441
E richard@kenzenkarate.com

Richard Jane (Shima Karate)
Vancouver Island Karate Society, tournament director
T 250-618-3595
E zone6viks@gmail.com

6th Annual Vancouver Island Karate Championships 2025 and Official's Clinic

DATES & LOCATIONS

OFFICIAL'S CLINIC & CERTIFICATION

Saturday, March 8, 9:00am – 5:00pm

Location: Shima Karate

3032 Barons Rd, Nanaimo, BC V9T 4B5

Registration: www.karatebc.org/kbc-calendar-grid-view/

REFEREE'S REGISTRATION FOR CHAMPIONSHIPS

Registration link:

[2025 Vancouver Island Karate Championships referees registration](#)

For more information please email Zone 6 chief official Brendan Flower;

brendan.flower@gmail.com

VANCOUVER ISLAND CHAMPIONSHIPS

Sunday, March 9, 9:30am – 5:00pm

Location: Dover Bay Secondary School

6135 McGirr Rd, Nanaimo, BC V9V 1M1

REGISTRATION DEADLINES

Early Bird, Sunday, February 16 \$35 first event, \$20 second event

Regular, Sunday, March 2 \$40 first event, \$25 second event

Registration turns off when 200 athlete registrations are reached.

REGISTRATION:

[2025 Vancouver Island Karate Championships Athlete registration](#)

HOST

Vancouver Island Karate Society (VIKS, Zone 6)

CONTACTS

Tournament Director

Richard Jane (Shima Karate)

zone6viks@gmail.com / mobile: 250-618-3595

PARTICIPANTS

Any Karate BC member (standard fees)

Non-Karate BC member (\$10 non-member extra fee as per Karate BC policy)

RULES

2024 World Karate Federation (WKF) plus Karate BC modifications

See below for an explanation

SANCTION

Karate BC (provincial sport organization with Sport BC)

SCHEDULE

8am

Gymnasium Opens

8:30am

Volunteer Meeting

9am

Coaches/Officials Meeting

9:30am

Opening Ceremony

9:35am

Competition Begins

6pm

Competition Ends & Championship Club announced

BE ADVISED

1. Times are approximate and the schedule is subject to changes without notice.
2. The final *Division Timetable* will be emailed to all competitors 24-48hrs prior to the event.
3. Divisions may run 60 MINUTES PLUS OR MINUS of the original posted start times.

CANCELLATION POLICY

1. Full refund if a written email notice is received by the regular registration deadline.
2. No refunds issued after the registration deadline for any reason.
3. If a higher authority for the event (Karate BC, insurance agency, venue management, BC Government, etc) instructs VIKS to cancel the event, a refund of a full or partial amount is issued to registered participants. The final refund amount is determined on expenses VIKS may still be required to spend regardless of the event being canceled.

SAFETY PLAN

The association will do its utmost to reduce both the physical risk and financial risk of all participants for the event by following the current BC government event hosting safety guidelines. Any required safety instructions will be sent out with the final tournament event notices.

ATHLETE ONLINE REGISTRATION

1. Online registration may be done by a club coach for the whole team, or by individuals directly.
2. From the athlete registration data, the tournament director creates competitive divisions based on the entry information, sometimes having to combine divisions.
3. *Division Timetable* to be emailed to participants approximately 24-48hrs before the event.
4. *Division Draws* will be released on the morning of the event.

REFEREES, THE VANCOUVER ISLAND CHAMPIONSHIPS NEEDS YOU!

We welcome all levels of referee to help out at the event. If you are interested in starting officiating or in upgrading your certification, there is an official's clinic on Saturday.

TO OFFICIATE AT THE EVENT:

Please register using the following google form:

[2025 Vancouver Island Karate Championships referees registration](#)

Include: name, phone number, club and current officiating qualification in the WKF system (regional, provincial, national, continental and world)

Otherwise, please contact Brendan Flower (brendan.flower@gmail.com)

TO REGISTER FOR THE CLINIC & CERTIFICATION ON SATURDAY:

www.karatebc.org/kbc-calendar-grid-view/

ACCOMMODATIONS

www.tourismnanaimo.com/where-to-stay/

RULE EXPLANATION

WKF rules & Karate BC modifications [WEBLINK](#)
Also see Island Champs unique kata list

**PLEASE NOTE: SOME DIVISIONS HAVE UPDATED REQUIREMENTS FOR 2025.
PLEASE READ ALL RULES AND REQUIREMENTS CAREFULLY.**

DIVISION QUALIFICATION

1. Please use your best judgment. For example;
 - a. **Novice athletes:** normally this event is a novice's first or second tournament and they have less than two years of karate experience.
 - b. **Intermediate athletes:**
 - i. Normally an athlete has two to three years of karate experience.
 - ii. Has not competed in any Advanced, Black Belt, or Elite category at any Karate BC sanctioned tournament, including a Provincial Championships, a BC Winter Games zone tryouts, a Canada Open Karate Championships or BC Team Selections
 - iii. Does not possess a brown or black belt, or other belt equivalent to this rank in any Karate style as of the event date.
 - c. **Advanced athletes:** any athlete who does not meet the criteria for Novice or Intermediate as indicated above.
2. This event is open to all karate athletes who wish to compete under the WKF rule system.
3. Numbers indicate KYU (pre-black belt) RANK, and a Kyu rank is designated a belt color, different from dojo to dojo.
4. DAN means a black belt DEGREE, from SHODAN (1st degree) upwards.
5. EXPERIENCE relates to years practicing karate in the dojo.

	<i>Chito/ Shito</i>	<i>Gima- Ha</i>	<i>Wado</i>	<i>Goju</i>	<i>Uechi- Ryu</i>	<i>Shotokan/ Shukokai</i>	<i>Kyokushin</i>
<i>Novice ie. white-yellow belts 1yr +/- experience</i>	6 - 5	10 - 7	8 - 7	10 - 7	10 - 7	9 - 8	10 - 7
<i>Intermediate ie. orange-green belts 2-3yrs experience</i>	4 - 3	6 - 4	6 - 4	6 - 3	6 - 4	7 - 4	6 - 4
<i>Advanced ie. blue-brown belts 4-5yrs experience</i>	2 - 1	3 - 1	3 - 1	2 - 1	3 - 1	3 - 1	3 - 1
<i>Black Belts 5yrs+ experience</i>	All Dans	All Dans	All Dans	All Dans	All Dans	All Dans	All Dans

KATA RULES

	Novice	Intermediate	Advanced & Black Belt
Ring Size	10 x 10		
Performance	2 athletes at a time		1 athlete at a time
Scoring system	WKF Flags		
Performance kata and Number of matches (one to three)	May repeat same kata	May repeat kata, but not consecutively (ie. A-B-A is ok)	May repeat kata, but not consecutively (ie. A-B-A is ok)
Permitted Kata	See list below		
Uniform & Belt	White uniform Red and Blue belts (host can provide)		White uniform with Red and Blue belts (personal)
Awards	Gold, Silver Bronze (3rd & below)		

PERMITTED KATA LIST		
Novice	Intermediate	Advanced & Black Belt
Fugyugata 1-2 Gekisai Dai Ichi Happp Geri Heian 1-2 Kanshiwa Kihon Kata (any) Ni Sei Shi (dai) Pinan 1-2 Rohai Sho Sanchin Shi Ho Wari/Hai Tai Sabaki Tenshin Tensho Zenshin Kota any Taikyoku Kata	Gekisai Dai Ni Heian 3-5 Juroku Kanshu Naifanchin (1) Pinan 3-5 Rohai (Matsumura or Matsumora) Rohai Dai Saifa Seichin Seienchin Tekki Shodan Tsuki No Kata Yantsu <i>or</i> <i>any kata from the Novice list</i>	Any tokui kata from the WKF kata list WEBLINK <i>or</i> <i>any kata from the previous two lists</i>

The permitted kata list provides athletes with a more balanced and fair competition to match their

development level.

Allowing Advanced & Black Belt athletes to perform any WKF kata allows them to acquire beneficial tournament experience with their highest competitive kata prior to challenging elite divisions in the future.

KUMITE RULES

	Novice	Intermediate	Advanced & Black Belt
Ring Size	All Ages: 8m x 8m competition area including the one-metre red warning line, with the 10m x 10m rows being out of bounds		
Time	1 min 30 sec stop time	1 min 30 sec stop time	1 min 30 sec stop time
Points	First to 6 Senshu rule applied	First to 8 Senshu rule applied	First to 8 Senshu rule applied
Contact	No head touch with fist or foot Body touch is only light, zero transfer of energy		
Uniform & Belt	White uniform with Red and Blue belts (hosts can provide)	White uniform with Red and Blue belts (hosts can provide)	White uniform Red AND Blue belts (personal)
Mandatory Protective Gear	Mouthguard (Fitted, internal, upper) WKF fist protector (White, Red OR Blue) Groin protector (males)	Mouthguard (Fitted, internal, upper) WKF fist protector (White, Red OR Blue) Groin protector (males)	Mouthguard (Fitted, internal, upper) WKF fist protector (White, Red OR Blue) Groin protector (males)
Optional Protective Gear	Red & Blue belts WKF shin/instep protector approved head protector WKF chest guard	Red & Blue belts WKF shin/instep protector approved head protector WKF chest guard	WKF shin/instep protector approved head protector WKF chest guard
Awards	Gold, Silver Bronze (3rd & below)		

Female Divisions			
Female - Kata		Female - Kumite	
001	Girls 7 & Under - Kata All belts	028	Girls 7 & Under - Kumite All belts
002	Girls 8/9 - Kata Novice	029	Girls 8/9 - Kumite Novice
003	Girls 8/9 - Kata Intermediate	030	Girls 8/9 - Kumite Intermediate
004	Girls 8/9 - Kata Advanced	031	Girls 8/9 - Kumite Advanced
005	Girls 10/11 - Kata Novice	032	Girls 10/11 - Kumite Novice
006	Girls 10/11 - Kata Intermediate	033	Girls 10/11 - Kumite Intermediate
007	Girls 10/11 - Kata Advanced	034	Girls 10/11 - Kumite Advanced
008	Girls 12/13 - Kata Novice	035	Girls 12/13 - Kumite Novice
009	Girls 12/13 - Kata intermediate	036	Girls 12/13 - Kumite intermediate
010	Girls 12/13 - Kata Advanced	037	Girls 12/13 - Kata Advanced
011	Girls 12/13 - Kata Black Belt	038	Girls 12/13 - Kumite Black Belt
012	Girls 14/15 - Kata Novice	039	Girls 14/15 - Kumite Novice
013	Girls 14/15 - Kata Intermediate	040	Girls 14/15 - Kumite Intermediate
014	Girls 14/15 - Kata Advanced	041	Girls 14/15 - Kumite Advanced
015	Girls 14/15 - Kata Black Belt	042	Girls 14/15 - Kumite Black Belt
016	Girls 16/17 - Kata Novice	043	Girls 16/17 - Kumite Novice
017	Girls 16/17 - Kata intermediate	044	Girls 16/17 - Kumite intermediate
018	Girls 16/17 - Kata Advanced	045	Girls 16/17 - Kumite Advanced
019	Girls 16/17 - Kata Black Belt	046	Girls 16/17 - Kumite Black Belt
020	Women 18yrs & up - Kata Novice	047	Women 18yrs & up - Kumite Novice
021	Women 18yrs & up - Kata Intermediate	048	Women 18yrs & up - Kumite Intermediate
022	Women 18yrs & up - Kata Advanced	049	Women 18yrs & up - Kumite Advanced
023	Women 18yrs & up - Kata Black Belt	050	Women 18yrs & up - Kumite Black Belt
024	Masters Women 35yrs & up - Kata Novice	051	Masters Women 35yrs & up - Kumite Novice
025	Masters Women 35yrs & up - Kata Intermediate	052	Masters Women 35yrs & up - Kumite Intermediate
026	Masters Women 35yrs & up - Kata Advanced	053	Masters Women 35yrs & up - Kumite Advanced
027	Masters Women 35yrs & up - Kata Black Belt	054	Masters Women 35yrs & up - Kumite Black Belt

Male Divisions

Male - Kata		Male - Kumite
055	Boys 7 & Under - Kata All belts	082 Boys 7 & Under - Kumite All belts
056	Boys 8/9 - Kata Novice	083 Boys 8/9 - Kumite Novice
057	Boys 8/9 - Kata Intermediate	084 Boys 8/9 - Kumite Intermediate
058	Boys 8/9 - Kata Advanced	085 Boys 8/9 - Kumite Advanced
059	Boys 10/11 - Kata Novice	086 Boys 10/11 - Kumite Novice
060	Boys 10/11 - Kata Intermediate	087 Boys 10/11 - Kumite Intermediate
061	Boys 10/11 - Kata Advanced	088 Boys 10/11 - Kumite Advanced
062	Boys 12/13 - Kata Novice	089 Boys 12/13 - Kumite Novice
063	Boys 12/13 - Kata Intermediate	090 Boys 12/13 - Kumite Intermediate
064	Boys 12/13 - Kata Advanced	091 Boys 12/13 - Kata Advanced
065	Boys 12/13 - Kata Black Belt	092 Boys 12/13 - Kumite Black Belt
066	Boys 14/15 - Kata Novice	093 Boys 14/15 - Kumite Novice
067	Boys 14/15 - Kata Intermediate	094 Boys 14/15 - Kumite Intermediate
068	Boys 14/15 - Kata Advanced	095 Boys 14/15 - Kumite Advanced
069	Boys 14/15 - Kata Black Belt	096 Boys 14/15 - Kumite Black Belt
070	Boys 16/17 - Kata Novice	097 Boys 16/17 - Kumite Novice
071	Boys 16/17 - Kata intermediate	098 Boys 16/17 - Kumite intermediate
072	Boys 16/17 - Kata Advanced	099 Boys 16/17 - Kumite Advanced
073	Boys 16/17 - Kata Black Belt	100 Boys 16/17 - Kumite Black Belt
074	Men's 18yrs & up - Kata Novice	101 Men's 18yrs & up - Kumite Novice
075	Men's 18yrs & up - Kata Intermediate	102 Men's 18yrs & up - Kumite Intermediate
076	Men's 18yrs & up - Kata Advanced	103 Men's 18yrs & up - Kumite Advanced
077	Men's 18yrs & up - Kata Black Belt	104 Men's 18yrs & up - Kumite Black Belt
078	Masters Men's 35yrs & up - Kata Novice	105 Masters Men's 35yrs & up - Kumite Novice
079	Masters Men's 35yrs & up - Kata Intermediate	106 Masters Men's 35yrs & up - Kumite Intermediate
080	Masters Men's 35yrs & up - Kata Advanced	107 Masters Men's 35yrs & up - Kumite Advanced
081	Masters Men's 35yrs & up - Kata Black Belt	108 Masters Men's 35yrs & up - Kumite Black Belt

