

| Friday January 10th, 2025 - Track | | | | | | |
|-----------------------------------|---------|--------|--------|------------|---------|---------|
| Time | Age | Gender | Event | Event Type | Entered | # Heats |
| 4:30 PM | Open | Women | 300m | Final | 30 | 7 |
| 4:48 PM | Open | Men | 300m | Final | 51 | 10 |
| 5:15 PM | Open | Women | 1000m | Final | 26 | 3 |
| 5:30 PM | Open | Men | 1000m | Final | 49 | 5 |
| 6:10 PM | Open | Men | 60mH | Prelim | 15 | 2 |
| 6:20 PM | Open | Women | 60mH | Prelim | 13 | 2 |
| 6:32 PM | Masters | Mixed | 60mH | Final | 1 | 1 |
| 6:32 PM | U16 | Women | 60mH | Final | 5 | 1 |
| 6:38 PM | U18 | Women | 60mH | Final | 5 | 1 |
| 6:43 PM | Open | Women | 60mH | Final | 8 | 1 |
| 6:47 PM | U16 | Men | 60mH | Final | 4 | 1 |
| 6:55 PM | U18 | Men | 60mH | Final | 4 | 1 |
| 7:02 PM | Open | Men | 60mH | Final | 8 | 1 |
| 7:20 PM | Open | Women | 3000m | Final | 10 | 1 |
| 7:35 PM | Open | Men | 3000m | Final | 14 | 1 |
| 7:50 PM | Open | Women | 4x200m | Final | 10 | 2 |
| 8:00 PM | Open | Men | 4x200m | Final | 10 | 2 |
| 8:00 PM | Masters | Mixed | 800m | Final | 0 | 0 |
| 8:13 PM | U16 | Women | 1200m | Final | 9 | 1 |
| 8:20 PM | U16 | Men | 1200m | Final | 10 | 1 |
| 8:28 PM | U18 | Women | 1000m | Final | 7 | 1 |
| 8:35 PM | U18 | Men | 1000m | Final | 9 | 1 |
| 8:40 PM | U16 | Women | 300m | Final | 16 | 3 |
| 8:48 PM | U16 | Men | 300m | Final | 6 | 1 |
| 8:52 PM | U18 | Women | 300m | Final | 12 | 2 |
| 9:00 PM | U18 | Men | 300m | Final | 6 | 1 |

| Saturday January 11th, 2025 - AM Track | | | | | | |
|--|------------|--------|--------|-------------|------------------------------|---------|
| Time | Age | Gender | Event | Event Type | Entered | # Heats |
| 9:15 AM | U14 | Girls | 60m | Triathlon | 29 | 4 |
| 9:30 AM | U12 | Boys | 60m | Triathlon | 15 | 2 |
| 9:45 AM | U12 | Girls | 60m | Triathlon | 9 | 2 |
| 10:00 AM | U14 | Boys | 60m | Triathlon | 15 | 2 |
| Saturday January 11th, 2025 - PM Track | | | | | | |
| 12:00 PM | Masters | Women | 60m | Final | 3 | 1 |
| 12:04 PM | Masters | Men | 60m | Final | 6 | 1 |
| 12:08 PM | U16 | Women | 60m | Prelim | 26 | 4 |
| 12:12 PM | U16 | Men | 60m | Prelim | Straight Final @ Final Block | |
| 12:16 PM | U18 | Women | 60m | Prelim | 18 | 3 |
| 12:25 PM | U18 | Men | 60m | Prelim | 15 | 2 |
| 12:35 PM | Open | Women | 60m | Prelim | 45 | 6 |
| 12:55 PM | Open | Men | 60m | Prelim | 70 | 9 |
| 1:35 PM | U16 | Women | 60m | Final | 8 | 1 |
| 1:40 PM | U16 | Men | 60m | Final | 8 | 1 |
| 1:45 PM | U18 | Women | 60m | Final | 8 | 1 |
| 1:50 PM | U18 | Men | 60m | Final | 8 | 1 |
| 1:55 PM | Open | Women | 60m | Final B + A | 16 | 1 |
| 2:05 PM | Open | Men | 60m | Final B + A | 16 | 1 |
| 2:15 PM | U18 | Women | 600m | Final | 7 | 1 |
| 2:20 PM | U18 | Men | 600m | Final | 5 | 1 |
| 2:25 PM | Open | Women | 600m | Final | 21 | 3 |
| 2:40 PM | Open | Men | 600m | Final | 37 | 6 |
| 3:10 PM | U18 | Men | 1500m | Final | 9 | 1 |
| 3:20 PM | U18 / Open | Women | 1500m | Final | 27 | 3 |
| 3:45 PM | Open | Men | 1500m | Final | 33 | 3 |
| 4:05 PM | Open | Women | 4x400m | Final | 4 | 1 |
| 4:15 PM | Open | Men | 4x400m | Final | 7 | 2 |
| 4:25 PM | Masters | Mixed | Mile | Final | 10 | 1 |

| Friday January 10th, 2025 Field | | | | | V2 |
|---------------------------------|------------------|--------|----------------------|---------|---------|
| Time | Age | Gender | Event | Entered | Flights |
| 4:30 PM | U18 & Open (All) | Women | Pole Vault | 4 | 1 |
| | | | | 12 | |
| 7:00 PM | U18 & Open (All) | Men | Pole Vault | 3 | 1 |
| | | | | 10 | |
| 5:00 PM | Open | Women | Weight Throw | 13 | 1 |
| 6:00 PM | U18 | Women | Weight Throw | 5 | 1 |
| 6:50 PM | Open | Men | Shot Put | 18 | 1 |
| 8:30 PM | U16 | Men | Shot Put | 2 | 1 |
| 8:30 PM | U18 | Men | Shot Put | 3 | 1 |
| 8:30 PM | U20 | Men | Shot Put | 2 | 1 |
| 4:00 PM | Open | Women | Long Jump - Flight A | A - 12 | 2 |
| 4:55 PM | | | Long Jump - Flight B | B - 12 | |
| 6:30 PM | Open | Men | Long Jump - Flight A | A - 12 | 2 |
| 7:20 PM | | | Long Jump - Flight B | B - 12 | |
| 8:45 PM | U16 | Men | Long Jump | 3 | 1 |
| 8:45 PM | U18 | Men | Long Jump | 8 | |
| 6:30 PM | U16 | Women | High Jump | 9 | 1 |
| 6:30 PM | U18 | Women | High Jump | 1 | |

V2 - Numbers entered listed may NOT be exactly accurate at this time as scratches have been sent in.

| Saturday January 11th, 2025 - Field Events | | | | | V2 |
|--|-----------|--------|--------------------------|---------|---------|
| Time | Age | Gender | Event | Entered | Flights |
| 8:30 AM | U14 | Girls | Shot Put | 29 | 1 |
| 9:00 AM | U12 | Boys | Shot Put | 15 | 1 |
| 9:30 AM | U14 | Boys | Shot Put | 15 | 1 |
| 10:00 AM | U12 | Girls | Shot Put | 9 | 1 |
| 8:30 AM | U12 | Boys | Standing Long Jump | 15 | 1 |
| 8:30 AM | U14 | Boys | Long Jump Floating Block | 15 | 1 |
| 9:00 AM | U12 | Girls | Standing Long Jump | 9 | 1 |
| 9:35 AM | U14 | Girls | Long Jump Floating Block | 29 | 1 |
| 11:00 AM | U16 | Women | Long Jump | 18 | 1 |
| 11:05 AM | U18 + U20 | Men | Weight Throw | 3 + 2 | 1 |
| 12:00 PM | Open | Men | Weight Throw | 14 | 1 |
| 1:30 PM | Open | Women | Shot Put A | A - 6 | 2 |
| 2:05 PM | | | Shot Put B | B - 12 | |
| 3:45 PM | U16 | Women | Shot Put | 7 | 1 |
| 3:45 PM | U18 | Women | Shot Put | 4 | 1 |
| 1:00 PM | Open | Women | Triple Jump | 13 | 1 |
| 2:30 PM | Open | Men | Triple Jump | 11 | 1 |
| 3:45 PM | U18 | Women | Long Jump | 11 | 1 |
| 9:30 AM | U16 | Men | High Jump | 3 | 1 |
| 9:30 AM | U18 | Men | High Jump | 4 | 1 |
| 11:15 AM | Open | Men | High Jump | 18 | 1 |
| 2:30 PM | Open | Women | High Jump | 18 | 1 |